

# Cloverdale Connect

Bringing our community together since 2020

September 2025



## Editor's Note

I recently found an original hand thrown ceramic platter signed by Eric Norstad at the local thrift store, Heaven's Closet. I wonder how that specific platter ended up in Cloverdale for me to discover, like a hidden treasure? It now sits in the center of our dining table, overflowing with fresh-picked tomatoes, blackberries, and peaches and apples from our trees. Sitting in my fountain in the backyard, I have four little ceramic angels that one of his potters at the Norstad Studio made for me; I keep my pens on my desk in one of Eric's hand-thrown vessels; and I have a small Norstad vase where I put the roses I've cut from the garden.

I met Eric back in the 80's and enjoyed a wonderful close friendship with him and his family for years. Decades have gone by and so many things are different; lives have changed, and yet today, I can enjoy that artwork in my home. Lifelong friends represented in pieces of art scattered throughout my property.

Find the treasures; honor the friendships; keep the memories. I'll see you around town.

Dana



Sherry Slaght at  
Bella Moda takes a  
little pampering time  
to read  
*Cloverdale Connect*



Front Page Photo Contest Winner

Colleen Shields

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## Cloverdale Properties Wine Country Real Estate Network

Presenting for the first time on the market: 4-bedroom, 2-bathroom residence situated on one acre within the Palomino Lake subdivision. This property features sweeping views of the Alexander Valley, where you can appreciate remarkable sunsets while harvesting a variety of fruits from your garden. The grounds include numerous fruit trees, pear, peach, avocado, citrus, walnut, and apples as well as ample space for flower picking and vegetable planting, all supported by a dedicated irrigation well. \$925,000.00



Commercial property in downtown Cloverdale with over 4000 sq ft, featuring a prominent storefront, private offices, and rear storage. \$649,500.00.

**Shalia Vanderweken, SRES, CRS, GRI**  
**Associate Broker DRE#00517842**  
**707-321-9601**

## A Season of Growth, Patience, & Excitement Glen Senestraro, CUSD Superintendent

As we settle into the new school year, we would like to extend our heartfelt thanks to the Cloverdale community for your continued patience and support during the Jefferson School construction project. We know the work has brought temporary inconveniences — especially with traffic delays and detours — but we are confident the end result will be a campus that serves our students and families for decades to come. Your understanding during this process has been invaluable.

With students now back in school, our classrooms are once again buzzing with energy, curiosity, and learning. Teachers and staff are working hard to make this year one of the best yet, and we are excited to see our students thriving academically and socially.

We would also like to recognize and thank Edith Cardenas, Julie Lawson, Stephanie Fernandez, Maria Duna, Alanna Dawkins, Mac Butler, Angela Olsen, and Grant Azevedo for courageously sharing their personal stories with our entire staff. Your openness and vulnerability have inspired meaningful conversations, strengthened our sense of community, and reminded us of the power of connection in education.

Outside the classroom, fall sports are in full swing! From the roar of the football field to the focus on the volleyball court, the endurance on the cross-country trails, and the excitement on the soccer field, our student-athletes are showing determination, teamwork, and school pride. We encourage everyone to come out and cheer them on — your presence means so much to our players and coaches.

Once again, thank you for your patience, your enthusiasm, and your commitment to making Cloverdale Unified a place where students can learn, grow, and succeed. Together, we're building not only better schools, but a stronger community.

## CUSD Employee of the Month

**Maria "Patricia" Aguilar**

**Sponsored by**

**Dahlia & Sage Community Market**



We are excited to announce this month's Cloverdale Unified School District's employee of the month is Maria "Patricia" Aguilar. Patricia started her career with CUSD in 2019 as a Food Service Assistant at Jefferson School. In 2022 she moved to Cloverdale High School as Assistant Cook and in 2024 she was hired as Head Cook.

Patricia is kind, hardworking and extremely dedicated to her job. She always volunteers to assist with any additional requests and has a great rapport with the students. During the 2024-2025 school year, she had perfect attendance.

Patricia resides in Cloverdale with her son, who is a student in the district, and enjoys being with family and friends. When you see Patricia around town, please thank her for her hard work and dedication.



Looking for a copy of **Cloverdale Connect** in Hopland?  
Drop by and see Laura at The Golden Pig.

We leave a stack of FREE papers there now every month.



**Elissa Morrash**

Realtor/DRE 01872845

Mobile: 707.694.8821

Office: 707.669-2444

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Cloverdale, CA



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**PET  
 of the MONTH**

**Meet Eddy:**  
 "I am new to the neighborhood, originally from the South. I love sniffs and squirrels. Don't be fooled by my big bark, I am a sweetheart. You will catch me hanging outside of Dahlia & Sage most evenings"  
 Ariel & Cameron

Send your pet photos for  
 PET of the MONTH to:  
 info@cloverdaleconnect.com

**Prizes courtesy of DogGonit and  
 Cloverdale Connect**



**Whisker Talk**  
 Brigid Wasson

*Is your pet microchipped? Is the chip registered? If your answer to either of those questions is "No," or "I don't know," read on!*

Dogs and cats go missing every day. You see them all the time on our local Facebook and Nextdoor posts. Without ID, their chances of returning home are greatly reduced. A microchip provides lifetime ID to protect your pet, but it must be registered.


How do I know if my pet is chipped? Stop by Curly Doodle Dog Grooming or Doggonit Pet Supply any time during business hours for a FREE scan. The scanner will show a number something like this: 981020005551212. Go to www.PetMicrochipLookup.org and type in the number. This website will show you if the chip is registered and if so, with which registry (there are more than 40!), and on what date.

If it IS registered, contact the company via phone or online and make sure the info is correct. If it IS NOT registered, you can register it with any company. Most have both free and paid options. Read carefully before making your choice. See my microchip articles on FirstStreetPets.com for more details.



*Happy Birthday*  
**Don Reed**





**Connection Is Prevention**  
 September is Suicide Prevention Month

**When:** Thursday, September 19, 4-7pm  
**Where:** Downtown Plaza  
**Food:** Free hot dogs and hamburgers  
**Activities:** Family-friendly fun including face-painting and raffle prizes  
**Special Guest:** Mayor Todd Lands

Melissa Ledrech, the Behavioral Health Services Act Coordinator for the Sonoma County Department of Health Services, invites everyone to this event as part of the countywide effort to raise awareness about the importance of human connection in preventing mental health challenges and suicide. By coming together, we can foster a stronger, healthier, and more supportive community.



**New Look, Same Love**  
 The Zen Den at Studio 5 Yoga Has expanded!



Tucked just off the main drag in downtown Cloverdale, **Studio 5 Yoga** is a welcoming space created for anyone seeking connection — to themselves, to movement, and to community.

Whether you're brand new to yoga or a seasoned practitioner, you're invited to join us just as you are. Studio 5 offers a peaceful and intimate setting where you can slow down, build strength, and reconnect — body and mind.

Our classes are rooted in intention and guided by experienced, down-to-earth teachers who care deeply about your experience. More than just a yoga studio, this is a place to land, breathe, and feel supported — wherever you are in your journey.

We believe in making yoga feel personal, inclusive, and inspiring. Come roll out your mat and discover what's possible when you create space for yourself.


Sign up for a class today with the Vagaro app, or on our website at [www.studiofiveyoga.com](http://www.studiofiveyoga.com)

*Your mat is waiting.*




# Cloverdale Church Guide

Cloverdale Seventh-Day Adventist Church  
1085 S. Cloverdale Blvd.  
Cloverdale, CA 95425



**Good Shepherd  
Episcopal Church**  
*Open, Affirming, and Welcoming*  
**Sunday Services at 10 AM**  
Taize Meditation Hour Tuesdays – 9:30 AM  
  
122 North Main Street, Cloverdale  
707-891-6015 / [goodshepherdclloverdale.org](http://goodshepherdclloverdale.org)





**Grace Lutheran Church**  
890 N. Cloverdale Blvd. Cloverdale, CA  
[www.GraceCloverdale.org](http://www.GraceCloverdale.org)  
  
Join us for worship 10:00 am in person  
or by web - Facebook LIVE  
"Grace Lutheran Church Cloverdale CA"

Jehovah's Witnesses  
27100 Dutcher Creek Rd.  
Cloverdale, CA 95425  
Phone: 707.894.2742

Living Water Church  
450 S. Franklin St.  
Cloverdale, CA 95425  
707.894.3274


Oat Valley Baptist Church  
31000 Cooley Lane  
Cloverdale, CA 95425  
707.894.2998



Join us for our Sunday service at 10am.  
All are welcome!  
  
553 W. Second Street, Cloverdale  
Across from City Park  
  
For more information email us at  
[info.parksidecloverdale@gmail.com](mailto:info.parksidecloverdale@gmail.com)

St. Peter's Catholic Church  
491 S. Franklin St.  
Cloverdale, CA 95425  
707-894-2535

The Church of Jesus Christ of Latter Day Saints  
1011 S. Cloverdale Blvd.  
Cloverdale, CA 95425  
707.280.9433



**Our final worship service will be Sept. 28th, 10am**  
  
**UNITED CHURCH OF CLOVERDALE**  
An open and affirming congregation of the United Church of Christ  
439 N. Cloverdale Blvd., Cloverdale 707-894-2039 [www.uccloverdale.org](http://www.uccloverdale.org)  
(in person or via Zoom)  
YouTube @unitedchurchofclloverdale1906

## "F.A.S.T." Nora Archambeau, M.A.

"Go fast enough to get there, but slow enough to see."  
~Jimmy Buffett, 1946-2023

Time is speeding up. Whether it is, or it feels like it is, we see examples all around us. This past week, a member of our community lost her beloved cat on a residential street due to a speeding car. Active shooters in our country are increasingly on the rise, in part because their lives are spinning out of control. Then there is the realm of consciousness in which I believe that a new world is being born and multiple dimensions exist. For both aspects to occur, time itself is collapsing, hence the feeling, or the fact, that it is literally speeding up. If this is the case, we need to find ways to manage it anew.

We are all aware of the imbalances of simply living life. Myriad forces affect our being centered, grounded, and peaceful. If one believes that everything is made of energy and that we humans have five energy fields, or auras, we are constantly absorbing external energies from events, people, and pets, to name a few. "These layers are: physical body, etheric body, astral body, mental body, and spiritual body. Each layer is associated with different aspects of our being, from the physical to the emotional, mental, and spiritual." (Google, AI) An overload of external forces can throw us off kilter. What are some of the ways we can behave less frenetic?

**F** ~Focus on the "small" moments that take place every day. Savor their sweetness.

**A** ~ Align your intentions in the present as you listen to a colleague who is sharing a rough patch in their lives.

**S** ~ Slow Down to the point where you think "nothing" is going on, when indeed, much is happening. The "work" will get done!

**T** ~ Take heart that we are usually doing the best we can to pause and enjoy the journey.



**31<sup>st</sup> ANNUAL CAR & MOTORCYCLE SHOW**  
SATURDAY September 6  
8-10:30 am  
10am-3 pm  
2 pm  
Check out **THE PIT STOP** for beer, souvenirs, raffle gift baskets & music!



Brought to you by the Cloverdale Chamber of Commerce

## Ring For Peace

The people at Good Shepherd Episcopal Church (corner of Broad and Main Streets) continue to ring the church bell for peace each Tuesday at 10am. They invite you to take a moment to pause for yourself, give thanks and pray/intend for peace. If you can't hear the bell, no problem! Set your own bell on your phone ("Bell tower" ringtone is one option).

The UN International Day of Peace is Sunday, September 21



# Connect with Cloverdale High School

## June Schriener

CHS is gearing up for a new school year! August 6th was the high school orientation, in which students got to tour the school, join clubs, and meet with staff. Seniors have chosen their parking spots for the year and are open to decorate them, we are excited to see the creativity they bring to our school space! Congratulations to Rylee DeMarta for being selected as a National Delegate for the 98th National FFA convention this fall! With this title, Rylee will act for thousands of FFA members, work with student leaders from all over the US, and take part in discussions about the future of FFA. It's a huge honor to see CHS represented!

Thank you to everyone who showed up to the JV and varsity volleyball team car wash! Your support is entirely appreciated, and a great way to bring the community together.

As we kick off to a new school year, let's look forward to our growth ahead, whether it's on the field, in the classroom, or in our community!



### NOW AT CLOVERDALE ACE HARDWARE!

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Run! Don't walk! The pies are finally here!!!

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Be sure to check out the new playground equipment and refresh at Furber Park. Thank you Hector and crew!

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Creative Corner ~ Christy Anne

I simply refuse to believe that I am alone in nonsensical purchases made from random garage sales during the summer months when I am avoiding housework. – ME



As I am the one who said this, I should clarify that the purchase in question may have in fact been from 2 summers ago and is only being dealt with now as I am on a purging rampage. That being acknowledged, after 2 attempts at putting in our free cart, I found I was incapable of parting with this ridiculous (at the time a of questionable purchase – glow

in the dark green) dinosaur skull. As I began to chastise myself for my silly attachment, the proverbial light bulb was activated over my head!

As I had recently organized all the paints and chemicals in our arsenal, I was very aware that I had multiple cans of black spray paint. We own multiple drills. We have screws and drywall anchors coming out our ears...and folks, that is all it took. Plus a few well-intentioned shakings of his head by my husband, who has boundless patience with my whimsy. After making sure the aforementioned neon skull was clean and free of any loose dust and debris, I got to work.

A few coats later (pro-tip here: keeping random metal bits around come in handy when you need to suspend something with multiple holes in mid-air whilst making sure to cover all prior color with fresh paint comes in handy) and yes, let it dry for a good 24 hours so it won't chip when handling. I then held up to wall and figured out the best spots to drill holes for screws to go through. Once the holes were made and (here is second pro-tip), I put the 2 screws into the holes and held up to wall to mark where the anchors would need to be placed. I then swore a fair amount whilst screwing in the screws as the teeth scraped my hand. But when you get a "ya, it's pretty cool" from your spouse after install, you just might catch yourself thinking, "well thank God we held on to that."

LIFE NOTICES

Obituaries • Birthdays • Weddings • Retirements

Anniversaries • Birth Announcements

\$1 per word + photo in print edition and online

Submit to [info@cloverdaleconnect.com](mailto:info@cloverdaleconnect.com)

Washington Middle School Gym Mural

The Cloverdale Kiwanis is excited to announce the completion of the Washington Middle School gym mural celebrating the Home of the Eagles. Andrés Marquez of Symphonic Finishing along with Washington Middle School Gym Teacher Mac Butler, his wife Heidi Butler, as well as some help from family and students helped make this mural project a reality. Originally, Gary Evans, CUSD Transportation Coordinator, saw the opportunity to give the gym some cheer and Mac Butler envisioned the words "Home of the Eagles".



Together, with the design work and project management of Andrés, this mural has come to life, giving our students some extra Eagles Pride in their gymnasium. Mac, Heidi, and Andrés invested a week of their own time to paint this mural and we thank them for their passion and heart for the community. Kiwanis is proud to have sponsored this project and we look forward to our students and visiting teams enjoying the mural.



1st Annual Cloverdale HOPTOBERFEST  
4Miler Run & Chug Challenge

Saturday, September 27 | 8 AM – 3 PM  
Main Street & Wolf House Brewing Co. Lot

Brought to you by Wolf House Brewing & The IPA 10K and benefiting Courtney's Pumpkin Patch & CHS Boosters.

What to Expect:

- 4Miler Race & Beer Chug Challenge
- Courtney's Pumpkin Patch & Giant Pumpkin
- Bounce House, Face Painting & Games for the Kids
- Live Music All Day
- Local Food & Craft Vendors
- Oktoberfest Games & Contests
- Brewfest featuring top local Breweries, Cideries & Wineries

Run a fast, flat 4-mile course through downtown Cloverdale, starting and finishing at Wolf House Brewing Co. Afterward, celebrate with German-style Märzens, crisp lagers, and fall-inspired craft brews at the Hoptoberfest Brewfest—plus local wine!

**Want a challenge?** Take on the Run & Chug Challenge—a wild beer mile relay with 2-person and 4-person teams. Fast-paced, hilarious, and packed with camaraderie!

*Proceeds support scholarships through Courtney's Pumpkin Patch.*

Join Us on a Cloverdale Connect 2025 Cruise  
LAST CHANCE! 7 Day California Coast

Departs San Fransisco Sunday October 12, 2025

Ports of call – San Francisco; Catalina Island; Los Angeles; San Diego; Ensenada

On the beautiful Ruby Princess



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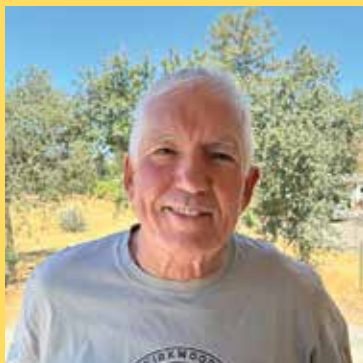
# September Gardening Tips from Sonoma County Master Gardeners

## Sponsored by Sanz Nursery

Growth is slowing for most perennials since they monitor day-length, not temperature, but your garden may still need extra water during particularly hot spells. September is generally a very dry month, and it is not unusual to have some periods of heat before cooler weather sets in.

- Before fall planting and winter-readying begins in earnest, take advantage of plant sales at local nurseries. Several specialty nurseries have fall sales lasting a few weeks or longer. Websites are a good way to get information quickly; shopping early yields best selections. Caution: many sale plants are pot-bound and need extra care when planting. Some can be divided, doubling your savings. Any that are not planted right away need to be kept well-watered.
- September is a good time to tour local gardens such as Sonoma Botanical Garden or Luther Burbank Gardens to observe their foliage displays.
- Fall is also the right time for planting California natives. Native plant sales offer numerous species, such as Arctostaphylos, Ceanothus, and Rhamnus for structure; Ribes sanguineum, native Salvia, Epilobium, Penstemon, and Eriogonum for color and to attract pollinators and other beneficial insects.
- Spring-flowering bulbs begin appearing in nurseries and garden centers. It is generally easier to wait until after the first rains to plant them, but make purchases ahead of time so you are prepared.
- Continue to build your checklist of fall chores, including plants that need to be moved or divided during shorter days and cooler, moister weather. With a few exceptions, fall-blooming plants should be divided in spring, spring-bloomers just after flowering, and summer-bloomers in fall. Share your divisions with garden friends.

## Two-Day Art Workshop



One day every February, I raise money for the "Friends of Lake Sonoma" at the Steelhead Festival. You might have seen me there?

By popular demand, this September event is an opportunity to learn basic clay sculpting, construction, and fundamentals of kiln formed

glass. The two-day workshop is on 9/27&28. Visit [kenyonlewis.com](http://kenyonlewis.com) to view my work and artwork I made designed by others. Once you are enrolled, we will plan your project together. Workshop fee is \$375. Space is limited.

Kenyon Lewis Glass, Clay, Art  
707-536-7250, 707-894-3000

## Poet's Corner ~ Howard Adler

### Please Don't Scold

For everyone's peace and ease,  
in mind and soul,  
man, woman, young or old.  
Please don't scold.  
It's best to suggest and correct with respect  
instead of scold.  
Even if we have to say it twice,  
we can still say it nice,  
and tell it like we like to be told.  
So please, don't scold.

(2004)

## SEPTEMBER COMMUNITY CALENDAR

### Sponsored By Cloverdale Grocery Outlet

- Sept. 6 Sat. 8-10:30am** Pancake Breakfast  
Cloverdale Senior Multipurpose Center
- 10am-3pm** Annual Car Show  
Downtown Cloverdale
- Sept. 9 Tues. 5-10pm** Latino Heritage Festival  
Citrus Fairgrounds
- Sept. 18 Thurs. 5pm** Rotary Bingo, La Tequila
- Sept. 19 Fri. 4-7pm** Connection Is Prevention  
Suicide Prevention Month, Downtown Plaza
- Sept. 20 Sat.** Russian River Watershed Cleanup  
Contact [ariel@russianriverkeeper.org](mailto:ariel@russianriverkeeper.org)
- Sept. 21 Sun. 10am-2pm** Dine & Donate  
Walk to End Alzheimer's  
The Beet Restaurant, 116 E. 1st St.
- 5pm** Organ concert, David Hatt  
St Paul's Episcopal Church, Healdsburg
- Sept. 22-28** Alexander Valley Wine Week  
Kenyon Lewis Glass and Clay Art Workshop  
(details on this page)
- Sept. 27 Sat. 8am-3pm** Hoptoberfest, Wolf House Brewing
- 12-3pm** Cruisin' For A Cause Car Show  
Vine Ridge Senior Living, 247 Treadway Dr.

## Alexander Valley Resort (AVR) Project Open Houses

Curious about the project proposed  
for the Alexander Valley Resort (AVR)  
site on the southeast of town?

We'd love for you to join the public process!  
[esmeralda.org/public-process](http://esmeralda.org/public-process)



## On the Wild Side

### Jennifer Molitor

In the hot landscapes of Cloverdale, the best time to spot wildlife comes in the cool of morning and the long, lingering evening of a summer day. Our own glorious watershed of Lake Sonoma offers swimming holes, hiking trails, camping, boating, and fishing as well as a hatchery for steelhead recovery.



While many bring the kids to splash at Yorty Creek, there's another opportunity many are missing in connecting with our local wildlife.

The secret is to go light and leave little trace. Slip into a kayak an hour before sunset and glide through the water quietly. Feel the coolness of water on your feet and

hands as you paddle along the banks. Float peacefully in the softer part of the day and enjoy the views.

You may see deer, California quail, dragonfly and ash-throated flycatchers, and rarely a nesting peregrine falcon or even a bald eagle. If you're lucky, you may see a majestic Great Blue Heron knee-deep in the shallows perusing fish, frogs and other food for supper.

Great Blue Herons are the largest wading birds in Sonoma County, with distinctive gray-blue plumage. They are patient hunters and live in colonies called heronries. These beautiful neighbors of ours are protected by law under the Migratory Treaty Act and their habitat is easily disturbed.

So if you see one of these graceful beings, do not approach, shoot only a photo, then slip quietly back home and share your story with the rest of us in Cloverdale.

Nature reminds us how interconnected we are in our community. Everything we need to sustain life depends on ecosystems around us that we share with wildlife: clean air, healthy lands, rivers, forests, and lakes.



# Aging in Northern Sonoma County

Sponsors: Restore Elder Care, Fred Young Funeral Home, Alexander Valley Healthcare

**HERE TO HELP OUR CLOVERDALE SENIORS STAY HEALTHY AND INDEPENDENT**



**Alexander Valley Healthcare**

Delivering Primary Medical Care, Dental Services and Behavioral Health Counseling to over 4,000 community members

**AlexanderValleyHealthcare.org (707) 894-4229**

## Building The Capacity Of Mental Health Professionals

The Healthcare Foundation is committed to leading the conversation around mental health, ensuring that critical information and resources are shared widely across the region. By spotlighting local services, support networks, and culturally responsive care, the Healthcare Foundation empowers individuals and families to seek the help they need.

### Laura Capinas



As a licensed clinical social worker, I am trained to diagnose and treat mental health disorders, while always considering social inequities and injustices. My area of expertise is in trauma diagnosis and treatment for children and adults, anxiety disorders, family therapy, parent coaching, family law, coparenting and family therapy, and presenter for California Bar Association in mental health and trauma education. I love to educate clients I work with, as well as, the courts to offer research-based treatment plans

to help individuals and families struggling with adverse life situations.

Many clients tell me they have been told they need therapy "forever" or that they cannot be helped unless they commit to an undefined timeline for therapy. This is simply untrue. Solution focused therapy with a limited time frame can be extremely helpful by setting concrete goals and using research-based methods to learn tools to decrease symptoms.

In our busy lives with lots of stimulation, it is too easy to "check out" mentally. After assessing how you are feeling in the moment, ask yourself what you need to feel more balanced. In addition, checking in with a loved one or friend can be equally as rewarding.

## "Fall" Awareness Month

### Melanie Hall, Cloverdale Senior Multipurpose Center

It is my pleasure to be part of a dynamic team that keeps our beloved Senior Center operating smoothly. According to the National Council on Aging, senior centers are "a community focal point and have become one of the most widely used services among America's older adults. Senior Centers serve as a gateway to the nation's aging network. Senior centers work in partnership with other community agencies, organizations, and businesses to provide access to an array of opportunities for older adults to stay safe, active, and healthy." Research shows older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being. Did you know that more than 11,000 senior centers serve over one million older adults every day in their communities?

September is Falls Prevention Awareness Month, which is to educate older adults and others on how to identify and mitigate fall risks while promoting safety and independence. Some of the ways that you can reduce your risk of falling are to look for potential hazards in your home, like loose rugs and clutter, make lifestyle changes such as wearing appropriate shoes, and do strength and balance exercises. You can also take a class like A Matter of Balance, which is sponsored by the Sonoma County Area Agency on Aging. The class will help you learn about fall prevention as well as provide you with resources.

The best way to take care of yourself is to be proactive by educating yourself about fall risks and prevention, assessing your home for hazards and making changes if needed, and engaging in regular exercises that focus on strength and balance. Don't let a fall become your downfall. Remember that we are never too old to learn or to make a new friend. I hope to see you soon.

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## Aging and Spirituality ~ Rev. Tim McDonald The Episcopal Church of the Good Shepherd

I believe that aging and spirituality are deeply intertwined, offering profound opportunities for reflection and growth. In our later years, life invites us to reconsider the paths we've walked, the choices we've made, and the treasures we've sought. Soul searching often reveals the true riches that surround us—love, peace, and purpose—far surpassing the fleeting ambitions of youth.

I find that aging to be a contradictory wisdom: surrendering what we once clung to uncovers what truly matters. Forgiveness, gratitude, and humility become lifelines for the soul, offering clarity and serenity that guide spiritual growth. The experiences intrinsic to aging—mourning loved ones, celebrating milestones, and embracing gentler rhythms—create intimate connections with the divine.

Spirituality, at its core, is a tapestry woven with threads of sorrow, joy, loss, and hope. Aging opens pathways to communities where we feel valued, supported, and integral to something larger than ourselves. These connections affirm that we belong and matter for a greater purpose.

As a pastor, I've witnessed the transformative power of embracing aging as a sacred gift. It is a call to live in the presence of limitations while reveling in the abundance of grace. Wrinkles and aches are not mere signs of decline but testaments to resilience and the grace of a life fully lived.

Aging is not simply survival—it is a profound blessing. It invites us to deepen our faith, affirm the enduring presence of a Creator God, and view our years as steps on the soul's enduring journey.

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# Aging in Northern Sonoma County

Sponsors: Restore Elder Care, Fred Young Funeral Home, Alexander Valley Healthcare

## As We Age ~ Janet Seaforth

Cloverdale is small enough to get around and close enough to Santa Rosa with the great services provided by Sonoma County. Shopping is fun and its good exercise - hold on to the cart and walk around, see what's new, chat with the cashier, and people out and about. At some point, it's good to have a personal caregiver to help. In our community, we have Local Care for Local Elders, a local registry of vetted local caregivers that can be accessed through the Cloverdale Senior Center.

Cloverdale also has three accredited "assisted living" facilities: Vine Ridge, Clearwater Lodge and The Villas. They are different environments with different offerings for different budgets. Memory care units are offered by Vine Ridge and Clearwater, which are secure units for residents with dementia and Alzheimer's. Cloverdale Health Center is a skilled nursing facility, which serves as respite care, rehabilitation, and low income clients.

For "end of life" care Hospice is usually provided by your hospital or doctor. This wonderful service is free and can be in your home or in a facility. In Home Supportive Services, available through Social Services, serves low-income people that need help with meals, showers, shopping, medical appointments, laundry, house cleaning, etc., who have run out of money. You can own your own home or rent but have very limited savings or assets. It's good to have help and a companion. A few hours a day can make a big difference in the well-being and quality of life.

## High-Tech Healing

### Patients with chronic wounds accelerate healing in the only advanced hyperbaric chamber in Sonoma County

When you have a wound, waiting for it to heal can feel endless. While most wounds heal right on schedule, some just don't. If this happens, you can experience prolonged pain, disability and emotional distress. In a worst-case scenario, you may even develop sepsis or require an amputation. Fortunately, if you have a wound that doesn't heal within 30 days, you can receive specialized care that speeds healing in Healdsburg.

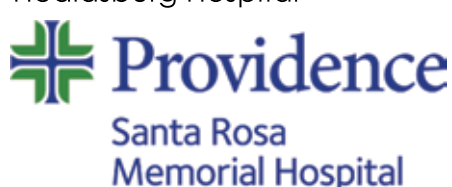
"Our individualized approach to evaluating, treating, educating and supporting patients has resulted in a healing rate of 97% in an average of 31 days, as compared with the national average of 65 days," says Belinda Uribe, RN, nursing manager at Healdsburg Hospital's wound care clinic. "We have a team of specialized surgeons, podiatrists, nurses and others who work with patients weekly to speed healing, relieve pain and restore proper movement and functioning to the affected body part. Sometimes we are the last stop between healing and losing a limb."

Founded in 2010, Healdsburg Hospital's wound care clinic cares for 4,000+ patients annually. "We treat people of all ages, but the majority are 60 and older and have underlying conditions that prolong healing, particularly diabetes," Uribe says.

Some people, including those who have undergone radiation therapy, may benefit from treatment in the hospital's hyperbaric chamber. In fact, Healdsburg Hospital is the only facility in Sonoma County to offer advanced hyperbaric healing. "You breathe 100% oxygen inside a pressurized chamber, which stimulates circulation and allows the body's natural wound-healing mechanisms to function more efficiently," Uribe explains.

Besides the physical toll, you can understandably feel anxious, embarrassed and hopeless if you have a wound that won't heal. Healdsburg Hospital's care team will work with you to determine your most pressing psychological and emotional concerns and help alleviate them.

To make an appointment at the wound care clinic (1540 Healdsburg Avenue), call 707-473-4400, ext. 3, Healdsburg Hospital



## Important Fraud Information from Redwood Credit Union

### Protect Yourself from Fraud

Seniors are often targeted by financial scams, but there are ways to protect yourself.

### Never share your banking information.

Legitimate companies will **never** reach out to ask for your passwords, account numbers, PIN, security codes, or the 3-digit code from the back of your card. If anyone requests this information, **do not** give it to them.

### Know the warning signs.

Redwood Credit Union highlights four tactics to watch for:

1. **Impersonation** – Scammers can fake caller ID, emails, photos, videos, and even voices using artificial intelligence to sound or look like loved ones or officials from trusted companies.
2. **Fear and pressure** – Fraudsters prey on your emotions. They may say your grandchild is in trouble and needs money immediately. Or threaten you with jail for fake unpaid bills.
3. **Doubt and dishonesty** – Scammers may claim that your financial institution is stealing your money and urge you to withdraw funds and lie about it.
4. **Odd payment instructions** – Demands for gift cards, cryptocurrency, cash, or gold—especially if a courier is involved—are major red flags.

Remember: If anything feels suspicious or sounds too good to be true, it's probably a scam.

### If you suspect a scam:

- **Stop and think:** No matter what the scammer says, hang up or ignore the message. Don't panic and don't click any links.
- **Verify the story:**
  - o Call or text your family member to see if they're actually in trouble.
  - o If someone claims to be from a company or government agency, find the published phone number for that organization and call them directly. Don't use the number the scammer gave you.
  - o Contact your credit union or bank's fraud department.
- **Speak up.** You may feel embarrassed, but don't let that stop you from taking action. Reporting scams and talking about them is the best way to get help and make sure others don't fall victim.

## Local Elder Placement Options Kristi Shehan, Restore Elder Care Consulting

As we age, I often find my client and/or client's family in "CRISIS" mode when the need to be placed into a higher level of care i.e. Assisted Living, Memory Care, Residential Care Facility for Elderly (RCFE) or a Skilled Nursing Facility (SNF) has to happen. I can't stress enough why it is so important to work with a LOCAL experienced Placement Agency in the County you live in. This service is FREE to the client or the family and/or DPOA of the client.

Local Placement Agencies are a great resource as they have often times already toured the facility, know the type of care levels the facility provides, the price points of the facility including the Community Fee, the base price with level of care pricing and any additional costs that will be incurred and will review the Dept. of Social Services licensing reports. It is so important to know what a monthly budget you will have for housing/care/incidentals during this Placement call.

Any facility licensed through the Department of Social Services will require a LIC-602 Physician Report to be completed by their Medical Professional, a medication list & cleared TB test to start the admission process. I also like to suggest having your Medical Professional complete a Physician Orders for Life Sustaining Treatment, the pink form, often known as a POLST, if they do not already have one completed.

Legal documents, like Durable Power of Attorney (DPOA) for Finances & Medical, are very important documents that tend to be missing during this "CRISIS" admission.

Council on Aging, Redwood Caregiver Resource Center, Senior Advocacy Services & Alzheimer's Association are a few great FREE local resources to use as well. Restore Elder Care Consulting also offers FREE Placement services in Sonoma County.



# Aging in Northern Sonoma County

Sponsors: Restore Elder Care, Fred Young Funeral Home, Alexander Valley Healthcare

## Storing Your Estate Plan Paula Hall

Stores have binders and pencils for back-to-school. You've done your homework and have established an estate plan. Where should you keep your estate plan and other important documents? Safe deposit boxes come to mind first. After death, if the person you've nominated to administer your estate (a successor trustee or executor) has a key, a death certificate and identification are required to access and inventory the box under bank supervision. Copies of the estate planning documents, and other items must remain in the box until formal legal access is established either by Probate Letters or authority as successor trustee. Without a key, formal legal access is required before opening the box. Joint owners may have access at any time.

An in-home fireproof safe is another good place to store your estate plan, provided your loved ones know the code or have a key. After the fires, we have learned that fireproof safes are not completely fireproof. You want your documents to be secure, accessible upon your death and available for you to review during your lifetime. Security comes from having a backup. Most attorneys retain originals or copies. A digital copy can be given to your successor trustee/executor. You can give a hard copy or a thumb drive to a loved one for safe keeping.

Regardless of where you store your documents; a safe deposit box, an in-home safe, or simply in a file cabinet or on a bookshelf, ensure the person handling your affairs can find them when the time comes. Let the person know that you have named them as trustee or executor, give them a copy of the documents. Show them how to access your safe. Tell them the location of your safe deposit box and consider adding them to your safe deposit box.

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## The Benefits of Assisted Living and Our Role in Supporting Independence Carla Lua, Vine Ridge Senior Living

Assisted living offers seniors the perfect blend of independence, safety, and support. For many older adults, it's not about giving up freedom—it's about gaining the peace of mind that comes from knowing help is available when needed.

**Safety and Security** – Residents benefit from a secure environment designed to prevent falls, provide emergency response, and ensure around-the-clock monitoring. Families can rest easy knowing their loved ones are safe.

**Personalized Care** – Assistance is tailored to individual needs, whether that's help with dressing, bathing, medication management, or mobility support. This allows residents to focus on enjoying life rather than worrying about daily challenges.

**Social Engagement** – Loneliness can have a serious impact on health. Assisted living communities offer daily activities, group outings, and shared meals, fostering friendships and a strong sense of belonging.

**Convenience and Comfort** – From freshly prepared meals and housekeeping to transportation services, residents have fewer household responsibilities, leaving more time and energy for hobbies, socializing, and relaxation.

At Vine Ridge Senior Living, we go beyond providing care—we serve as a hub for connection and community involvement. Our mission is to help residents remain as independent as possible while enhancing their overall well-being. We design care plans that honor each person's preferences and abilities, ensuring dignity and choice remain at the heart of everything we do.

We believe that independence is strengthened when people feel supported, valued, and engaged. That's why our staff works closely with residents and families to create a warm, encouraging environment where confidence can flourish.

As a proud part of the local community, Vine Ridge Senior Living is committed to helping seniors live life to the fullest—safe, supported, and surrounded by people who care.



## Alexander Valley Healthcare: Caring for Our Community Since 1994

Alexander Valley Healthcare (AVH) has been serving Cloverdale, Geyserville, Hopland and beyond since 1994, offering a wide range of services to help seniors stay healthy, active, and supported. AVH welcomes everyone, no matter your insurance status or age, and is proud to be the provider of choice for local seniors right here in your own back yard!

### Convenient Medical Care

Seniors at AVH receive regular check-ups, help managing chronic conditions like diabetes, heart disease, and high blood pressure, and important preventive screenings. AVH's care teams create personalized plans to help seniors manage their health. Medication management is also available to help keep track of prescriptions and avoid dangerous interactions. Telehealth visits can let seniors see their doctor from home.

### Personalized Dental Care

AVH is the only dental provider in the area that accepts Medi-Cal and offers sliding scale discounts. Services include cleanings, exams, fillings, and more.

### Compassionate Behavioral Healthcare

AVH provides counseling and support for seniors dealing with depression, anxiety, grief, or other mental health concerns. Telehealth options are available for those who prefer care from home. Support is also available for substance use and medication management.

### Helpful Support Services

In addition to Medicare, Medi-Cal and private insurances (including Blue Cross, Sutter, Providence St. Joseph, Delta Dental and more), AVH offers sliding scale fees based on income, so cost is never a barrier. Case managers help seniors navigate coverage, connect with community resources, and access help for food, housing, or transportation. Extended clinic hours and a central location in Cloverdale make it easy to get care right in your own back yard and interpretation services are available to all patients.

All of this care and more (including pharmacy, lab and Urgent Care) will be available in the new **Health & Wellness Center** finally starting construction in 2026!

AVH is here to help you stay healthy!





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## City Council Report

### Eleanore Webster

On July 23<sup>rd</sup>, Council proclaimed July Disability Pride Month, recognizing that even after the Americans with Disabilities Act was passed decades ago, individuals with disabilities continue to face systemic inequities. The Council proclaimed August 5<sup>th</sup> as National Night Out in Cloverdale, an evening for the public to meet first responders and discuss crime, drug and violence prevention. Council adopted a Resolution to update the City Services fees, so that they better reflect actual expenses. Council adopted a Resolution to adopt the Environmental Impact Report. This General Plan section addresses transportation around town, including buses, roads, bikes, etc. Council discussed a new Cloverdale Citizen Recognition Program, to recognize outstanding efforts on behalf of Cloverdale.

On August 13<sup>th</sup>, Council proclaimed Aug 3–9 as National Health Center Week. Debbie Howell of Alexander Valley Healthcare was present to accept the proclamation and hear Council members' appreciation. The 2025-2026 Cloverdale Assessment Roll was presented by the Sonoma County Assessor. This provides information on assessment values for the County and determines the tax rates and bills that are sent out to property owners. The presentation is available with the Agenda and on the video recording. Prop 13 is still the driving force in property taxes. Prop 19 also affects property values and transfers of property, especially with intergenerational transfers. The Council extended Terracon Constructors' contract for the water treatment projects. West Yost Assoc agreement was renewed for City Engineer services. Yost has brought in significant amounts of grant money and has performed admirably, according to City staff.

Potter Valley Project was discussed at both meetings. Council Members have been in meetings with Sonoma Water and State Representatives and feel better about Cloverdale's inclusion in the planning. The current decommission plan does not provide adequate water protection for Cloverdale, and representatives are working with PG&E on this. Cloverdale will prioritize the water project and County/State will work with Cloverdale to make sure water is sufficient for residents and fire safety. Thanks were voiced to Supervisor Gore. More information can be viewed on the video recording. This will no longer be a regular agenda item, but will be raised as the need becomes evident.



## Cloverdale Cemetery Has a History of Its Own

### Mary Jo Winter

The Cloverdale Cemetery, located on E. First Street, just west of the First Street Bridge, is really two cemeteries in one. Riverside Cemetery, on the hill next to the Russian River, was established in 1860 by Peter Ludwig on land he purchased from John Goettleman to keep his cattle from going to the river. Louis J. Hilt, a 34-year-old stage coach driver, was the first burial. He drowned April 11, 1860, crossing the river to town while helping his neighbors recover the body of another neighbor killed in a land dispute.

Another early burial was Louis M. Hilibi, who died January 2, 1862. He owned and lived on the land that is now City Park. Harry M. Hayward later purchased the Riverside Cemetery and opened Mt. Olive Cemetery on the lower section of land between the hill and railroad tracks. Both cemeteries were purchased in 1912 by pharmacy owner Elizabeth "Bettie" Dineen, who deeded them to the city in 1932.

The large, impressive monument on the hill belongs to her and her husband, Daniel. Early one morning in July 1917, a much-admired civic leader and prominent businessman ended his life at the cemetery with a 22-caliber rifle while visiting his parents' graves.

A portion of the cemetery with no burial sites sits on top of a train tunnel. In 1987, a fire in that tunnel made national news when, unable to stop, a Northwest Pacific Railroad engineer gunned his six-car train, including two of which were carrying propane, safely through the blazing 350 ft. tunnel. More recently, a Veterans Memorial was created and installed at the entrance by members of Cloverdale's Disabled American Veterans, the American Legion, and Sons of the American Legion. Since the 1980s, efforts continue to be made by city staff and volunteers to restore and maintain the 13.5-acre cemetery, the final resting place for many of Cloverdale's pioneer founders.








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## Roots of Rock MJ Girard ~ KOWSfm.com

September Song... reflecting upon the summer's activities, preparing for the upcoming holidays, hoping that the American Dream will come to fruition. So much has happened in such a short amount of time, many changes. We live in a dangerous world, not because of the evil that prevails, but because of those of us who do nothing about it.

What does it mean to be a human being, what is this experience called Life? Only you can answer this question. As a broadcasting veteran, over 60 years to be exact, I have seen and heard many explanations of just that question. Hopefully, your answer will bring into focus the path that will take you to Peace and Harmony with the universe. As you reflect upon this and other challenges of the human experience, remember to treat those around you with respect, as you expect to be treated.

Lynda and I were in Wales during August visiting family and friends. We bring back beautiful memories of Love and appreciation for the basics of life. Love truly is essential in humanity's quest for happiness.

Tune into the "Roots of Rock" every Sunday morning at 7am and enjoy the fond memories elicited with the music of our youth.



## Cloverdale Kiwanis Vineyard Races

On October 19th runners and walkers will turn their steps into books and other types of literacy support. Starting at a brand-new location, the Cloverdale Municipal Airport, this year's Cloverdale Kiwanis Vineyard Races will make it possible for the Kiwanis Club of Cloverdale to continue their tradition of putting over 5,000 new books into the hands of Cloverdale kids and support many other literacy programs.

The races help all of our community's kids. The local chapter of the Dolly Parton Imagination Library gives books monthly to kids from birth to age 5 annually. Each Jefferson School student gets to select 2 new books from the Kiwanis giant book inventory, and both the Washington and Jefferson Schools' book vending machines are refilled by the club. At the high school level, the race provides funding for a number of scholarships and funds for field trips and special curriculum to JEH. Throughout the community the club helps several Little Free Libraries.

"One thing most people don't know", explained Julie Carter, the Kiwanis Club's Literacy Chair and Race Director," is that over half of the race volunteers are youth representing a variety of sports teams and social groups. These include the Kiwanis Key Club (high school) and Builders Club (jr. high). A donation is made to each of these groups after the race. The club is proud to encourage these kids' community spirit while showing them that we appreciate their efforts.

Registration is still open at [cloverdalevineyardraces.org](http://cloverdalevineyardraces.org). For sponsorship opportunities please contact Julie Carter at [info@runthewinecountry.org](mailto:info@runthewinecountry.org)



## Traffic "pawses" for tree work on 128

~ Mark Henderson

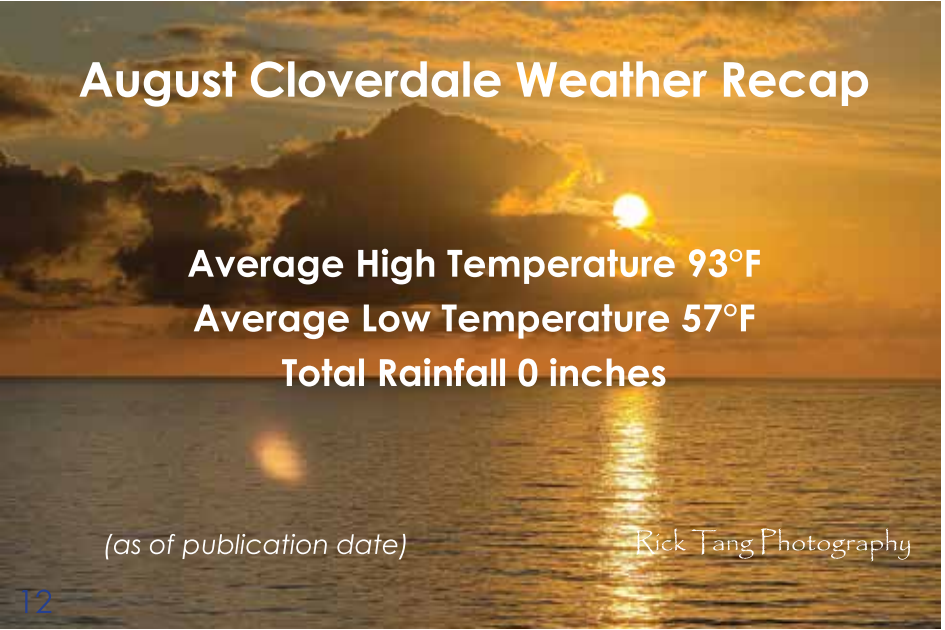


**August Cloverdale Weather Recap**

**Average High Temperature 93°F**  
**Average Low Temperature 57°F**  
**Total Rainfall 0 inches**

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Rick Tang Photography



**Out & About**

**Woodley Frampton** enjoys a tropical breeze while reading **Cloverdale Connect** in the Philippines.

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### Let's Travel Craig Clark

If you have thought about a visit to Alaska, you can enjoy a 10-day round trip cruise from San Francisco, or a 7-day round trip from Seattle with Princess Cruises. The Alaska cruise season is from May through September.

If you are sailing from SF there is bus service from the Santa Rosa airport directly to the cruise terminal. If you are sailing from Seattle there are daily non-stop flights from Santa Rosa. You will want to arrive a day early for your cruise to visit the new aquarium, ride the monorail, tour the underground, or just enjoy the waterfront.

Seattle also offers the Port Valet program, which transports cruise passenger's bags from the ship directly to the airline. Passengers place their bags in the hallway on the last night of the cruise and pick them up again at their destination airport.

<https://www.portseattle.org/page/port-valet-enjoy-seattle-luggage-free>

I found this article from Elliott.org about the worst seat on the plane. It's about the real dangers that you deal with every time you fly — getting whacked by a meal cart, inhaling lavatory fumes, or being trapped in a seat that leaves you with aching knees and a stiff back. Bulkhead seats might seem like a luxury, until you realize you are in prime baby bassinet territory. Steer clear of the seats near the galley, or bathrooms if you want a little peace and quiet. Watch for passengers trying to stuff too much luggage into the overhead bin; that extra stuff can easily fall on your head. A good choice is an aisle seat within three rows of an exit because being close significantly increases the chances of a swift evacuation in an emergency.



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### Hub Meets Grub Michele Armanino

**David Maciel** grew up on his parents' ranch in the San Joaquin Valley and attributes his love of good food to his Portuguese grandmother. "I also grew up with an affinity for bicycles," he says. So, it's no surprise that David manages and repairs bicycles at **The Bike Shop** in Furber Plaza and writes a monthly food column for **Cloverdale Connect**, transitioning seamlessly from hub to grub!

Maciel worked in the food business in the late 70's, but switched to the circuit board industry a decade later, which brought him to Mountain View. A sales opportunity eventually led him and his wife to Cloverdale which reminded him of the little town he grew up in. "It's a little town with a big heart," he says fondly.

Around 2020, David started refurbishing bikes out of his garage and donating them to underprivileged children. "The Press Democrat featured an article on me and... wow, things took off from there!", David says. He was awarded the North Bay Spirit Award for his outstanding contribution to the community. Last year, eighty percent of The Bike Shop business was repair work. "We focus on ebikes too. In fact, the majority of ebike purchasers are baby boomers who want to get out there on the road! A main focus of mine is safety on bikes," David says. He is currently collaborating with Cloverdale's police chief, educating youngsters about bike safety.

"About the grub part," David says, "I have so many restauranteur friends in San Francisco from my food industry days." Back then, he would visit his chef friends in the kitchen at some of the top restaurants in San Francisco, throw on an apron and get a glimpse of the behind-the-scenes kitchen world. "That's where I learned to make sauces and stocks," he says. The recipes that I write for the **Cloverdale Connect** are simple, like Arroz con Pollo, so anyone can follow them. You can start with just three ingredients, a little creativity, and come up with something really special," he says. Wheels or meals, David's got Cloverdale covered.



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Richard “Dick” Wallace



Richard “Dick” Wallace, a retired mission designer who originated the Jet Propulsion Laboratory peanut tradition for JPL mission personnel, passed away on June 12, 2025 at age 84 in Cloverdale CA. In 1978 to 1982, as a member of the Advanced Projects Group (Any Body, Any Time), he led numerous studies that provided mission options for the NASA planetary program. In 1972 he was a member of the team that developed options for what became the Voyager missions to the four outer planets. Those spacecraft, which launched in 1977, are still returning data from beyond the solar system – part of Dick’s legacy.

Born in NY, Dick earned a bachelor's degree in Aeronautical Engineering in 1962 from Princeton, and in 1964 a Master's in Aeronautical Engineering from the University of Washington before joining JPL. In 1964 Dick was a member of the Ranger operations team. After six failures to reach and provide close up images of the moon, JPL was under intense national scrutiny for the seventh launch, he brought in peanuts. “I thought they might take some of the edge off the anxiety in the mission operations room. The rest is history”. Ranger 7 was a resounding success that supported the Apollo Program. The peanuts showed up for each launch, and even showed up on the informal Ranger check lists. A tradition was born and lives on.

Early on, Dick worked on the future of JPL and NASA outer planet missions. In 1977-1978, Dick was a JPL detailee to NASA Headquarters as the NASA Advanced Studies Manager, responsible for planetary exploration future mission studies. In 1978 to 1982, he was the Design Team Leader for future missions: Mariner Mark II, Outer Planet, Shuttle Contingency, Future Mission Models, Plasma Turbulence Explorer, and Close Solar Orbiter Study. In 1985 to 1988, he was Manager for Planetary Observer Studies/ Lunar Observer Mission Design. In 1988 he was the Lunar/Mars Unmanned precursor Mission Studies Manager and in 1989 the NASA Headquarters Office of Exploration Science-Engineering Analysis Team Manager.

You could say that Dick Wallace looked to the future, and helped establish a path to get there. Prior to his retirement to the Sonoma Wine Country, he was developing a mission to Alpha Centauri, a star system in the southern constellation of Centaurus.

Dick is survived by his wife of 40 years, Madeline Wallace, whom he met on the SP-100 Project at JPL, his daughter, Dr. Cary Finale, whom he was so very proud of, and his brother Robert Wallace.

In Loving Memory of Darrell Lee Petersen  
May 29, 1941–August 3, 2025



It is with deep sadness that we announce the passing of our esteemed friend, Darrell Lee Petersen. Darrell relocated to Cloverdale as a child, with his parents, Bert and Virginia Petersen, moving from Tacoma, Washington. Darrell had four brothers and two sisters. In his early years, he met Bobbie Jean Petersen (Durbin), with whom he established a devoted family life. He is survived by three children and nine grandchildren and three great grandchildren. Throughout his life, Darrell was committed to his roles as husband, father, grandfather, great grandfather and friend, fulfilling each with sincerity, humility, and unwavering faith.

In his professional career, Darrell was a dedicated carpenter, contributing significantly to the construction of numerous homes across Cloverdale. He was widely respected for both his appreciation of the community and his readiness to assist others, embodying generosity and reliability. Darrell valued not only his family and personal experiences but also his friendships, which spoke to his character.

To honor his memory, his brothers will share reflections on his life on September 13th at 4:00PM at 27100 Dutcher Creek Road (Kingdom Hall of Jehovah’s Witnesses). Zoom is available, meeting ID# 857 1641 3923, Passcode 845997 (opens at 3:30PM, talk at 4:00PM). As an active member of Jehovah’s Witnesses, Darrell found great purpose in sharing the hope of God’s Kingdom and the assurance of resurrection to life in a restored paradise on earth. His integrity and compassion left a meaningful legacy among all who knew him. While his absence is deeply felt, we draw comfort from the words of Revelation 21:4 “He will wipe out every tear from their eyes, and death will be no more.” We look forward to the time when we may be reunited in the promised new world.

We recognize the demands on everyone's schedules; nevertheless, we welcome all friends and acquaintances to join us in remembering Darrell according to his wishes. The Petersen Family extends an invitation to all to attend the service. Following the gathering, all are invited for refreshments and fellowship at the Veterans building at 5:00 PM. Thank you for your support and remembrance.

Sincerely,  
The Petersen Family



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1st Wed. of the month 50%  
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## DONATIONS

M-F 8:30-4 PM, 311 N. Main St.  
Please get in touch with the Senior  
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All proceeds support our local  
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Senior Center  
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Friday, Saturday & Sunday

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## Cloverdale's New Cat Rescue: Helping Cats and Our Community!

Exciting news for Cloverdale! Our town now has its very own cat rescue and adoption service: **Cat Rescue of Cloverdale**. We're dedicated to tackling cat overpopulation right here in Northern Sonoma County.

**We are in urgent need of foster homes for cats and kittens waiting for adoption!** If you or anyone you know can open your home, you would be providing a lifeline for cats in our community.

### Our Mission:

- **Helping Homeless Cats:** We rescue feral cats from the streets, providing them with essential medical care, spay/neuter services, microchipping, and flea and worm treatments. Once they're healthy, we work to find them loving, permanent homes.
- **Supporting Our Neighbors:** We also extend a helping hand to community members who are overwhelmed with too many cats and kittens. We offer the same vital services – medical care, spay/neuter, microchipping, and treatments – and then find forever homes for the kittens.

707.280.4556 [Catrescueofcloverdale.org](http://Catrescueofcloverdale.org)



## ALL VETERANS ARE INVITED

American Legion  
Wednesdays

8:30AM FREE Morning Coffee Hour

205 W First Street  
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## Cloverdale Earns Eagle Scout Rank With Service Project for Local Seniors



Patrick Driver, Troop Leader, and Travis Ward

Here is an update to our recent article about the new bench at the Cloverdale Senior Center and the craftsman who created it. Travis Ward, of Troop 121, achieved the Boy Scouts' highest honor, Eagle Scout, completing the journey in just 25 months. His Eagle service project created a comfortable outdoor space where seniors can relax and enjoy their surroundings. While only 6% of Scouts earn the Eagle rank, fewer than 1% achieve it in under 25 months.

For his Eagle project, Travis led the construction of a handcrafted redwood bench for the Cloverdale Senior Multipurpose Center. He organized a team of Scouts and adults, and secured the redwood donated from All Coast Forest Products. The project was especially meaningful as Travis has volunteered at the center since freshman year.

"It felt like coming full circle," he said noting the center's director was his preschool teacher. "My brother and I started volunteering there in high school writing letters to seniors during the pandemic. This project continues that service."

He credits much of his Scouting success to Scoutmaster Patrick Driver: "Mr. Driver's dedication to Troop 121 has had a lasting impact on my growth as a leader and individual," Travis shared.

"Becoming an Eagle Scout isn't the finish line, it marks the beginning of a lifelong journey of leadership, service, and integrity," he said.

This fall, Travis is hosting a fundraiser for the Cloverdale Senior Multipurpose Center. To support go to: [www.cloverdaleseniorcenter.org](http://www.cloverdaleseniorcenter.org) and click on the blue Donate button in the upper right and enter "Eagle" in the comments.

## Enrollment Open For Infants, Toddlers, And Preschoolers At Cloverdale Eaglets

Mary Jo Winter

Each day of the decade she owned Boehm Family Daycare brought Jeanette Boehm one step closer to realizing a long-held dream of relocating to a larger site and owning her own preschool. She wanted to help more children than her home could hold so she started getting her teaching degree by taking classes online and at night, while still working full time.

In 2019, she and her husband, Mike, were able to purchase the former Imagination Station Preschool building, across from the high school at 530 N. Cloverdale Blvd., when it came up for auction. The auction purchase required payment in full, though, so the Boehms turned to hard money loans with high interest rates to seal the deal. They did much of the cleanup themselves, and, with the help of Todd Lands, renovated the entire interior. It took many months, and the costs kept mounting. COVID hit and licensing shut down just as they were ready to open, leaving them with high mortgage payments, but not the expected income to cover them. It took until Oct. 31, 2020, for Cloverdale Eaglets Preschool & Daycare Center to finally open.

In addition to providing childcare for toddlers, 18-36 months, and preschool for ages 2 to entrance into first grade, they are now accepting enrollment for infants ages 0-18 months. Childcare for this age group is notoriously difficult to find and usually quite expensive. Their huge backyard features play structures, benches, and picnic tables, with plenty of room for hosting birthday parties. Jackie Evans has even offered his large inflatable screen so they can offer outdoor movie nights.

Jeanette suggests parents check with 4Cs of Sonoma County for a list of local childcare providers, as well as financial help for income-eligible parents to pay childcare costs, including at Cloverdale Eaglets. For more information or to tour the facility, call (707) 318-3951.

## Cloverdale's Women's Christian Temperance Union Water Fountain

Kevin Moore and the staff of the Cloverdale Historical Society



In 1901 the Women's Christian Temperance Union of Cloverdale joined with a national movement to provide public drinking fountains. The temperance movement was growing in America and the WCTU believed that making clean, fresh water available would encourage people to abstain from drinking alcohol. Each local chapter was encouraged to raise funds and install a fountain.

Newspaper accounts from the time clearly show the fund-raising efforts and the dedication of the fountain was a great source of pride for

Cloverdale's WCTU and the religious groups who supported the endeavor.

On the dedication day, the program listed six speakers and the Cloverdale band played the national anthem. The fountain was very ornamental with a large marble ball on top. The letters W.C.T.U. were engraved on the ball with gold lettering.

The fountain was installed on West Street (now Cloverdale Blvd) just west of the current plaza.



## That Extra Touch of Magic

Elissa Morrash

Dining at home with friends and family are where our greatest memories are made. Whether this is the first holiday season in your new home, or you are the perennial host, check out these unique decorating ideas for transforming your table and adding that extra touch of magic.

**Snowy Winter.** Borrow from snow-country motifs with pine branches and natural outdoor elements. Lean into Scandinavian minimalism with delicious soft colors and textured ceramics for your table settings. A plush white runner will make your table irresistible.

**The Artisan In You.** Guests love to be around creative people. Surround them with seasonal colors, petite unusual artifacts, and original holiday garlands of green leaves and dried orange slices. Layer strings of golden lights over your table and select dinnerware in white and olive colors. Your table will delight.

**Old Meets New.** You can't go wrong when combining fine bone china, stemmed crystal and intense color holly berry wreaths. Family heirloom pieces, perhaps your grandmother's soup tureen, may be out of place most of the time but are perfect here. Balance seasonal hues with neutral shades or opt for muted colors like merlot red and olive green. Your table will dazzle your guests.

For a copy of American Lifestyle "Design Discipline" Magazine, let me know!

*Elissa Morrash is a licensed Realtor® DRE 01872845 with W Real Estate in Cloverdale. She serves on the Board of Directors of the Cloverdale Chamber of Commerce and recently retired as the Executive Director of the Cloverdale Museum of History. Follow her on social media and reach her in person at (707) 694-8821, text, or [elissa.morrash@gmail.com](mailto:elissa.morrash@gmail.com)*

## Cloverdale Library Community Connection

### John Koetzner, Children's Services Librarian

It is difficult to believe that children are back at school, and that summer days give way to fall in just a few weeks. As many people who visit the library know, we had a patio and bathroom renovation project that began in March. This project was thanks to the Claire McGowan Trust and additional monies from Measure W. We are close to having a ribbon cutting for it in a few weeks (watch the library's online calendar for an announcement), and we suspect the design will be a new way that the community enjoys the Cloverdale Library even more.

The project turned out very nicely and it does make the patio more inviting and usable for a variety of purposes. We can hold storytimes for children, teen activities, along with music and other programs for all ages on the newly built stage.

September also marks the beginning of our fall menu programming. For children, we will have weekly storytime on Thursdays at 10:30 am, Spanish Music and Movement monthly on the first Tuesday of the month at 10:30 am, and special monthly afternoon programs on Tuesday afternoon. This month, illustrator Tenisha Bernal will teach a drawing class to children grades 2-6 at 3:30 pm on September 23. For Teens, the popular Game On! will continue Wednesday afternoons at 3:30 and a monthly Friday afternoon Japanese animated film program called Studio Ghibli at 3:30. This month there is also a special Introduction to Dance class for teens on September 5 at 4:00 pm. Adults have the popular Cloverdale Library Book Club on the second Tuesday of the month at 6-7 pm, a CPR Instruction and certification class on September 14 from 2-3:30 pm, and on September 28, a UC Master Food Preservers: Herbs Fresh and Dried class from 2-3:30 pm.

Want to see some different programs at the library in the winter and spring? Drop by and let us know at the Cloverdale Library!

## There's No Place Like Home, There's No Place Like Home

Sylvia Hale

Our cat Azula disappeared in April. I got an email this week from Healdsburg Humane Society. I had posted on Facebook; called the veterinary clinic; and posted on a missing pet sight. They scanned her chip at Healdsburg Humane Society and contacted me via email that she was found.



I was thinking "awesome I'll come over and get her". I contacted the person who found her in the beginning of July in Healdsburg on Center Street. Kathy had found her in Healdsburg and fed her for two weeks. When I got in contact with the woman who was feeding her, Azula heard my voice over the phone and started meowing because she recognized my voice. I was able to talk to her over the phone. We love her and missed her. I brought Azula home and it was apparent that she missed us. Our dog missed her too - 145lb Newfoundland mix. It was a very happy reunion. We are so glad she's home.

## Artist's Spotlight ~ Bryan Tedrick

Sponsor: Erin Mavis

Bryan Tedrick has two pieces on the Boulevard, Thistle, which is in front of the Cloverdale Nursery and was spotlighted last year and Nataraja, which was installed in 2024. Nataraja is located on Cloverdale Blvd. between 2nd and 3rd streets on the East side of the Boulevard.

### Artist's Statement:

Nataraja was first created in 2009 and sold. The buyer passed away and willed the piece back to me. As my artistic sensitivities have developed since 2009, I couldn't keep my hands off the piece and did a full make-over. I took a "stream-of-consciousness" approach and spontaneously added details and additions, not worrying about it being too "weird". The surfaces now undulate and morph into unexpected entities that I really enjoyed imagining into being. The Lord of Dance continues to be a recurring theme in my work because the combination of the figure and spiritual recognition speak of dual nature of our being here on Earth.



Pictured on left is Dr. James Novak, Rotary Club of Cloverdale's foundation chair, presenting past president Robert Redner with his 2nd Paul Harris Award for continued financial involvement in Rotary's endeavors and support. Paul Harris funds are used by Rotary in all parts of the world to better advance Rotary's mantra of "Service above Self."



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To ESU, Or Not To ESU, That Is The Question  
Will Carter

In July, Microsoft announced that users of Windows 10 might be eligible for another year of security updates under their ESU program. Previous to this, all Windows 10 systems used in homes and small businesses across the world were slated to stop receiving any updates after October 14th of this year. So, is the new ESU offer worth taking and what exactly is it?

Microsoft's Extended Security Update (ESU) program has existed for years, but this is the first time consumers have been offered the updates. In the normal Microsoft Windows lifecycle, operating systems have a primary support period, then extended support to the end of life for the product. This is usually where the story stops for most of us, but for government agencies, educational institutions, and businesses the ESU has allowed three additional years of security and critical updates, however, the consumer ESU option will not be extended past October 13th, 2026.

While anyone is now allowed to participate in the ESU for the first year, there are still many restrictions. You must:

- Be running the up-to-date Windows 10, Version 22H2.
- Use a Microsoft Account as your system administrator.
- Pay Microsoft for this service, ala carte, or with another product.

If the prior is all true, then you might be able to enroll. The bigger question, whether you should enroll is a little harder. While I do love Windows 10, and I will use ESU for a couple of shop systems, I expect my answer will be 'no, skip the ESU and upgrade or replace your computer instead.' Easy words for a computer salesperson, I know, but I would only delay if you cannot afford a new computer until next year. Ultimately, there is no wrong answer and if you are uncertain which is the better path forward for you, check out Microsoft's overview and instructions at [ESU.CarterSystems.com](http://ESU.CarterSystems.com), ask a techy friend, or call a trusted technology services provider!

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"I read it cover to cover every month!"

"I LOVE this newspaper!"

"Thanks for all you do!"

"Well done – you have so much useful content!"

"Love it all!"

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**Cloverdale Connect** publishes and distributes almost 6800 copies of the paper each month FREE to every household, business and post office box in the greater Cloverdale and Geyserville areas. This equals over 20,000 readers, calculated by industry standards. The papers are also at many "drop" locations from Hopland to the Sonoma County Airport. Since we began publishing **Cloverdale Connect**, our printing and postage costs have gone up and yet we continue to provide the paper free to our readers, including delivery.

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