

July 2025

FREE

Cloverdale Connect

Celebrating Our Fifth Anniversary!





DAHLIA & SAGE
COMMUNITY MARKET

DOWNTOWN CLOVERDALE @115 EAST 2ND STREET 707-669-2320

July at Dahlia & Sage

We're excited to welcome Stratton to the Dahlia & Sage team! He's bringing fresh energy to our meat department with new marinated meats, specialty cuts, and handcrafted poke. Stratton's all about quality, flavor, and making it easier to bring home something really good—whether you're throwing dinner on the grill or just trying something new.

Next time you're in, say hi and check out what he's been working on!

This month's Round-Up supports Cloverdale Performing Arts. In April and May, your generosity raised \$648 for the Eagle Pride Boosters—and of course, we rounded it up to a nice, even \$700. Every bit helps keep great things happening in our community.

And don't forget—4th of July is around the corner! We've got plenty of festive snacks, grill-ready meats, and last-minute picnic picks to help you celebrate in tasty, local style.

See you at the Sage!

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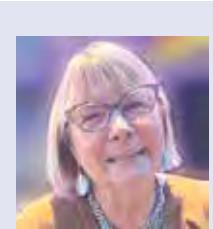
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Editor's Note

It's our 5th Anniversary publishing **Cloverdale Connect!** Thank you, Cloverdale community, for embracing our endeavor to bring the community together. The mission of

Cloverdale Connect is to bring us together and celebrate what good things are happening in our community. Over the past five years we have shone the spotlight on dozens of community members who are making a difference; we have promoted non-profit endeavors and the service clubs who work tirelessly to make Cloverdale a better place; we have celebrated individuals from children to seniors who are all unique and have a story. We are all an important part of this community.

This month's issue contains our annual Reader Survey. Please take a moment to fill it out and add any comments. Submit it either by mail, email or text a photo so we can make sure our content continues to please our readers. We want to especially acknowledge all our contributors who each month provide informative and interesting content.

A sincere 'thank you' goes out to our **Cloverdale Connect Champions** for their generous financial gifts that help keep us going. We appreciate you so very much.

I'll see you around town!

Dana

Cloverdale Performing Arts Center **COMING SOON**

July 12-27 "The Sugar Bean Sisters" *Stage Play*
 Aug 2 Open Mic Night
 Aug 23 Comedy Night with *Marc Yaffee*
 Sept 12-14 "Battle of the Detectives" & "Poirot vs Holmes" *Radio Plays*
 Sept 20 Robert Goleman *Magician and Mentalist*
 Sept 27 Joni Mitchell Situation *In Concert*
 Oct 5 Amy Zanrosso *In Concert*
 Oct 17-26 "Clue" *Stage Play*
 Nov 15 3 Acre Holler *In Concert*
 Dec 5-14 "You're A Good Man Charlie Brown" *Stage Play*

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Ringing For Thanksgiving and Peace

The people of Good Shepherd Episcopal Church are ringing the bell at 10am every Tuesday in solidarity with the International Day of Peace, September 21st. This is to remind the community to pause, give thanks, and make a prayer for peace, following your own personal tradition or practice.

Good Shepherd invites all churches and individuals to join them in making "a joyful noise" every Tuesday morning at 10am as a demonstration of peace.

Suggested prayer: "May there be peace in the world; peace in our families; peace in our hearts. Let's join together for peace."



Sharon Schriner, Bell Ringer

Join Us on a Cloverdale Connect 2025 Cruise **7 Day California Coast**

 **Departs San Francisco Sunday October 12, 2025**

Ports of call – San Francisco; Catalina Island; Los Angeles; San Diego; Ensenada

On the beautiful Ruby Princess

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129 N Cloverdale Blvd., Cloverdale, CA 95425
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Mark Your Calendar ~ Funk/Rock Band

On Saturday, August 2, North Bay funk/rock band the Heard Eye will be playing at Railroad Station in Cloverdale, 7:00 - 10 PM, in the back patio stage area. The band features Cloverdale resident Hannes De Kassian on guitar, and former Cloverdale resident Paul Schneider on vocals, trumpet, and guitar.

**NOURISHING HOPE
THROUGH
COMMUNITY**
FRIDAY 11:00 - 1:00 PM

**202 COMMERCIAL STREET
(COMMERCIAL AT SECOND)**
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DEADLINE for ad space reservations, artwork, and content 3rd Friday of every month, 5pm

Cloverdale Connect Inc. 6800 published monthly, distributed via direct mail, and at participating merchants
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PET of the MONTH

Moose being paws-itively patriotic

Owners: Mollie & Chad Asay
(although he really owns us)

Send your pet photos for PET of the MONTH to:
info@cloverdaleconnect.com

Prizes courtesy of DogGonit and Cloverdale Connect



Whisker Talk

Brigid Wasson

Is your dog matted?

As a groomer, it surprises me to see how many owners who love their dogs are unaware of matting. Doodles, Poodles, and similar breeds have fur that grows continuously. If not groomed regularly, the fur will tangle and stick together like felt, pulling on the dog's skin and trapping dirt and debris inside.

How to tell if your dog is matted? Take a comb all the way down to the skin. If the comb won't go through the fur, the dog is matted. While properly used slickers and other brushes are great, they won't pass the mat test because they only go through the top layer of fur. Once the dog is matted, your best bet is to go to the groomer. Do not try to brush it out, as it is painful.

How to prevent matting in future? Keeping a short haircut is comfortable for summer and reduces matting. For a longer style, more frequent grooming and brushing are a must. Ask your groomer to demonstrate "line brushing." Use a detangling spray like Mane-n-Tail to reduce pulling and breakage. Do not bathe your long-haired dog and let them air dry, as this can cause fur to mat.



Summer's the Sweet Spot to Buy or Sell

Elissa Morrash

If you're thinking about buying or selling, now is the time to move. Summer is peak season—buyers are active, listings look their best, and deals move fast. Once October hits, everything shifts: the weather turns wet, the days get shorter, and the holidays pull focus. By then, momentum fades and so do opportunities. Don't wait. Take advantage of the summer surge before it slips away.

This all takes a lot of energy. If you're having trouble breaking the inertia, realize this: sometimes the reluctance comes disguised as being too busy, but if you're honest with yourself, it might be more about fear that this isn't the right time, or not knowing where to begin. Or maybe you're so wrapped up in taking care of others' needs that your house projects slip to the bottom of the list. The trick is to get quiet for a moment and listen to what's actually holding you back. Try shrinking the task: don't "start the whole project," just do one small thing. Motion invites momentum. The first step doesn't have to be right. It just has to be real.

Want help getting unstuck on buying or selling? I'd love to help you take that first step.

Elissa Morrash is a licensed Realtor® DRE 01872845 with W Real Estate in Cloverdale and is an active member of the local professional real estate community. Follow her on social media and reach her in person at (707) 694-8821 text or elissa.morrash@gmail.com.



Happy Birthday America!

BUYING OR SELLING?

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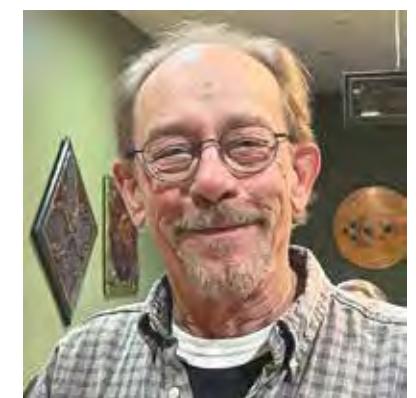
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From Health Care to Ornithology

Robert Bauer

Born and raised in Chicago, I attended Catholic schools through high school where my interest in science was encouraged and nurtured. I attended several colleges after that, working toward a degree in bioengineering, but life and personal problems kept getting in the way, and I eventually left academia for good, never finishing my degree. I enlisted in the Army/Texas National Guard, where I found success, ultimately graduating from OCS as a 2nd Lieutenant.



After my discharge, I began working at a small rural hospital in Bryan, Texas as a supply processing and dispatch runner. I enrolled in two of the hospital's in-house training programs: the certified respiratory therapy technician program, and then the LVN program. For the next ten years or so I worked in these two capacities in hospitals and outpatient clinics.

Later, I took the leap into health care management, and transferred to San Rafael, California in 1987, eventually becoming the Director of Patient Financial Services for Community Hospital. I finished my career in the legal department at State Compensation Insurance Fund, retiring from the State of California in 2016.

I've been involved with community theater as an actor since 2008, and have served on the Cloverdale Performing Arts Center's BODs for about 4 years. I was a member of the Cloverdale Community Outreach Committee for 10 years, where we first operated Wallace House, and then developed the Cherry Creek Village supportive housing project. I resigned from that board, when I moved to the theater board.

Getting back into science, and specifically natural science, has been a dream. For several years I've been eyeballing the Certified California Naturalist program offered by the University of California. I attended at their UC Hopland Extension and Research Center, and the program lasted three months, meeting a full day every other weekend.

A requirement for graduation was a capstone project. I chose to do my project at the Bird Rescue Center. Volunteering at the BRC requires 16 hours of training and a 6-month commitment. I first became a fan of the BRC when my wife Ginny and I discovered an injured Cooper's Hawk in our front yard. We brought it to the center, and went home hoping for the best. About three months later we received a call from the BRC informing us that they had released our hawk back into the wild. I was amazed at their thoughtfulness. Since then, we've brought several birds to the center, but the hawk was the only one that survived. In each case they called us to let us know what happened. When the idea of a capstone project came up, my first, and immediate thought was the bird center.

I'm currently taking a journalism course online from NYU. My goal is to become a nature writer.

LIFE NOTICES

Obituaries • Birthdays • Weddings • Retirements
Anniversaries • Birth Announcements

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Cloverdale Church Guide

Cloverdale Seventh-Day Adventist Church
1085 S. Cloverdale Blvd.
Cloverdale, CA 95425



**Good Shepherd
Episcopal Church**
Open, Affirming, and Welcoming
Sunday Services at 10 AM
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122 North Main Street, Cloverdale
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Jehovah's Witnesses
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Phone: 707.894.2742

Living Water Church
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Cloverdale, CA 95425
707.894.3274

Oat Valley Baptist Church
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Cloverdale, CA 95425
707.894.2998

Join us for our Sunday service at 10am.
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St. Peter's Catholic Church
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Our CCCommunity-to the Stars

Nora Archambeau, M.A.

"Look at the Stars ~ see their beauty. And in that beauty, see yourself." Draya Mooney

There we all are on stage at the Cloverdale Performing Arts Center ready to give it our all as members of the Cloverdale Community Choir. Giddiness, laughter, and picture-taking happening, paralleled with nervousness, uncertainty, and a laser-focus. As a community choir, we all want the very best for each other's anticipated performance, as well as being able to offer a delightful and enjoyable experience for the audience...our larger community. At the beginning of rehearsals, our music director, Dr. Mario Dell'Olio, highlighted three pieces of wisdom: Trust, Patience, and Kindness. He suggested (perhaps instructed?) that we might apply the concepts to how we could learn the repertoire of new songs. We could practice these theories with each other and for ourselves as friendly reminders whenever we got a little (a lot?!) frustrated. This collective "mantra" was so impactful that I immediately started using it at my new job. E.V.E.R.Y.D.A.Y. The words repeatedly helped to lessen anxiety and to soften my approach with the task, situation, or colleague before me. Thank you, Maestro!

Cloverdale has so many "little" communities everywhere around! If we were to string them all together, we could have **ONE Community**, right? Let us remember to believe and practice this concept. There is already a daily dose of angst, hate, fearmongering, and contempt to last several lifetimes. Recently, I learned "The Tale of the Starfish" from a good friend. It was shared at her granddaughter's graduation ceremony. The story is about how one small act can make a big impact, www.thestarfishchange.org. I/we/you can do just that. Imagine releasing resistance to embrace true and real community. What might that feel like? We could let down our guard a little, trust in the "other" a smidgen more, and feel more connected. Before passing on, the beloved Pope Francis shared his thoughts on how to dream a better life. From Positive on Facebook, <https://www.facebook.com/reel/980218460923482>. **Dream, my Friends!**

New Chapter for Beloved Space

La Familia Sana (LFS) and United Church of Cloverdale (UCC) are honored to share that the property at 439 N. Cloverdale Blvd—affectionately known as the Ivy Church—will become the future home of the Cloverdale's Family Resource & Resiliency Center, led by LFS.

This space will house offices for family support services and community resiliency programs. The transition will take time, and we are grateful for the volunteers and supporters who have helped to bring it to life. As part of this evolution, LFS will continue the thrift store. While it may take on a new look and feel, the heart of its mission—affordability and accessibility—will remain.

A formal legal transfer is underway, and more details will be shared in the coming weeks. In celebration, UCC is planning a community gathering to honor its 156-year legacy and welcome this new chapter together. LFS humbly accepts this sacred gift—shaped by generations of faith, love, and service—and pledges to carry its spirit forward.

This is not an ending. It's a continuation. What once nourished a congregation will now nurture an entire community through healing, advocacy, education, and joy. LFS believes in a Cloverdale where neighbors look out for one another, where shared spaces create belonging, and where legacy becomes a catalyst for transformation. This partnership is built on love—not fear—and on unity, not division. While some may resist change they don't yet understand, we invite those who lead with light to imagine what's possible when growth is guided by compassion and hope.

We're not just making history. We're making home. A home rooted in love, resilience, and shared purpose.

With love and unity,

United Church of Cloverdale and La Familia Sana



Law Offices of James F. DeMartini

James F. DeMartini, Esq.
David A. Douglas, Esq.
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Cloverdale History at West Coast Sourdough

West Coast Sourdough has recently added historical photos of Cloverdale on their walls. Now you can dine and learn about Cloverdale at the same time. Be sure to go into West Coast Sourdough and see all the photos. Thanks to Kevin and the Cloverdale Historical Society!





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Call For Artists!

The Cloverdale Arts Alliance Gallery is welcoming proposals from local Cloverdale and regional artists in the immediate area for their new exhibit showcase: **The Community Arts Annex** - a sectioned area of the Gallery dedicated to exhibiting notable amateur and emerging local artists. Through their new Community Arts Program, they seek to support the many artists in the city and area who are new to, or may not have been quite ready for, a professional exhibition. This can be your first step. Or, this can be your next step, if you have exhibited before and want to resume your art career.

The Cloverdale Arts Alliance Gallery is offering space in their dedicated Community Art Annex section of the Gallery, and present six exhibits a year. You will exhibit for two months. **They would like to feature artistically talented Cloverdale High School students for the November 2025 Exhibit. Although this is not a competition, they ask for quality art and there will be a selection process. Please contact Jason Taylor Morgan by email below.**

Adult artists: your proposal should include up to five sample images (jpgs) of your work, preferably the pieces you plan to submit. Please include information about the work, including the title, date, medium, dimensions, and a brief description of each piece submitted. Please include a short Bio, your Artist Statement, and your plans to further your art journey. (Brief descriptions are fine - they just want to get to know you a little.) Direct your submission to Jason Taylor Morgan, Co-director: jasontaylormorgan9@gmail.com.

Rotary Helping Rotary

Taking a break after helping the Healdsburg Sunrise Rotary Club with their bike ride rest stop are Cloverdale Rotarians (back row) President Robert Redner, (standing LtoR) Kevin Kostoff (incoming Rotary president), Lynn Hoyer, Jim DeMartini and Will Jobson. Seated are Frank Crivello and Ann Elston. Proceeds from the Healdsburg ride are donated to deserving programs county wide. The Cloverdale Rotary Club was honored to help.



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GALLO

Barbara Jean Avila
April 11, 1936 – June 13, 2025



Barbara Avila passed away with family at her bedside on June 13, 2025 in Napa, California. She was born April 11, 1936 in Oakland, California to Fred Herod and Cliffie Gunter. She moved to Petaluma with her mother, father, and two sisters, where she graduated high school. Soon afterward, she married James Rufus Brattin, and together had three children – Sue Brattin, Randy Brattin, and Sandy Brattin. The marriage ended and she moved to Sonoma. Soon she met her life mate and married Bill Avila, who had two children of his own – Bob Avila and Dave Avila. Bill Avila was a cattle rancher in Glen Ellen. Barbara worked for many years at the Sonoma State Hospital as a Psychiatric Technician, and later in life became a Registered Nurse. As the children grew up and out of the house, Barbara and Bill moved to a ranch they built in Covel, California. As they aged and health became a problem for Bill, they moved to Reno, Nevada, where they both enjoyed life there and had many friends.

Bill Avila passed away while there, but Barbara continued to live there until she decided to move back to Sonoma County, moving in with her son, Randy Brattin and Phoebe LeMay Brattin in Cloverdale in June 2018. Barbara made many friends easily with many wonderful people. She loved the Senior Center, card games, Yahtzee, dinner dates with close friends and looked forward every week to Friday Night Live with some of her most dear and favorite friends. Barbara was loved by all who knew her and will be deeply missed by all.

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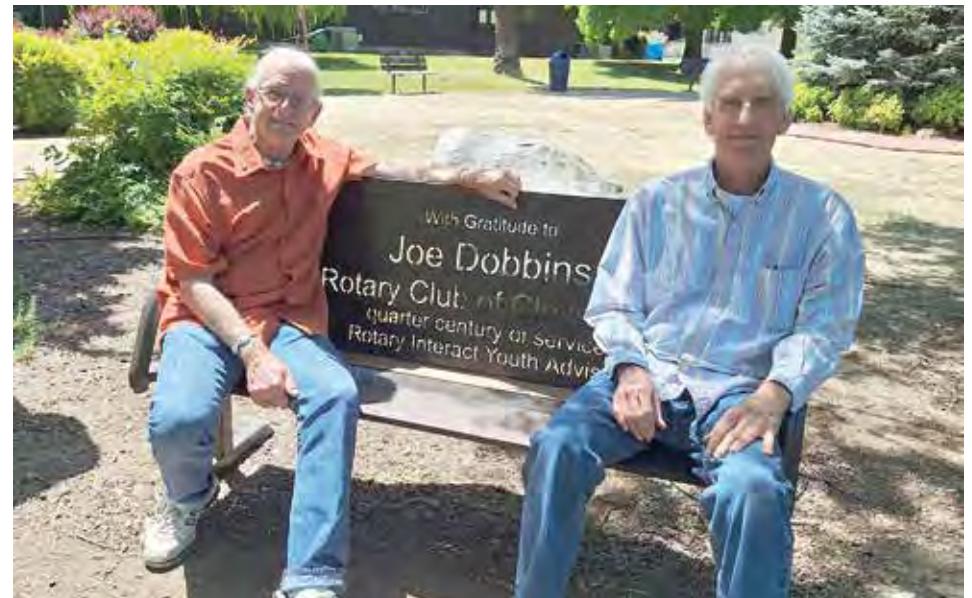


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Cloverdale, CA

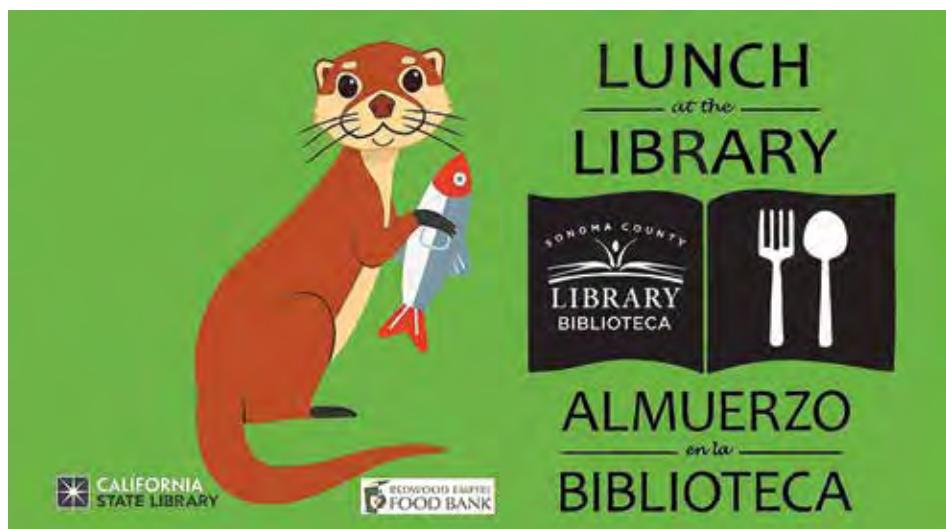


This special promotion is made possible through the generous support of Sonoma County grant funding. Thank you for helping us serve our community!

Honor Bench



Seated with Rotary President Robert Redner (on left) is Joe Dobbins, retired Cloverdale High School teacher, relaxing on the bench dedicated in his honor for over a quarter century of service to both the high school and his position as student advisor for the Cloverdale High School Rotary Interact Club. Built by Roger Fletcher, of Fletcher Fabrication here in Cloverdale, this memorial will be a lasting testament to Mr. Dobbins dedication to both the city and its youth.



The library is feeding hungry minds and bellies this summer. Now through Friday, August 8, Sonoma County Library is running its **Lunch at the Library** program for youth up to age 18 at six libraries, including Cloverdale, during weekdays.

Learn more: <https://sonomalibrary.org/lunch>

Cloverdale Performing Arts Center Presents

COMEDY NIGHT

A Jackie Evans Production

MARC YAFFEE

Co-star of the Showtime special, *Goin' Native*. He can also be seen on Amazon Prime and heard on SiriusXM. Marc has two Dry Bar comedy specials and was named one of the 25 Indigenous Comedians to watch.



Myk Powell
Must be
18+

Wendy Lewis

Saturday, August 23, 7:30pm

Lobby Doors Open at 6:30pm

Tickets: \$35 online - \$40 at the door

Cloverdale Performing Arts Center
209 N. Cloverdale Blvd.
www.CloverdalePerformingArts.com



July Gardening Tips from Sonoma County Master Gardeners Sponsored by Sanz Nursery

- If you have planted any trees, shrubs, or perennials this spring or summer, they likely need extra irrigation to adjust. Foliage and root growth may be stressed. Root balls must never dry out while plants are getting established. Water them evenly and thoroughly to encourage both lateral and deep root growth. Test root balls frequently for moisture.
- Avoid killing spiders in your garden. Spiders do not harm plants; they help keep down other insect populations.
- Weeds are usually more vigorous than flowers and will rob plants of water and nutrients. Remove weeds regularly especially before they produce seed.
- Cut back flowering perennials such as nepeta, diascia, and penstemon to force new growth and keep their blooms coming.
- Deadhead perennials and annuals such as heuchera and petunias to prevent them from setting seed, which slows continued flowering.
- Continue to add annuals to beds and containers. However, no matter how tempting it is, try not to do any major planting of perennials, shrubs, or trees in summer.
- If you find plants at the nursery that you cannot resist, make sure that if you plant them in established beds, you keep them frequently watered.
- Garden work lessens in July, a good time to observe and plan. Many gardeners take a notebook and pen and look around the garden, making a list of plants pleasing for their color and location and those that are not. Note particularly successful combinations that deserve to be repeated elsewhere in the garden when new planting begins in fall.

JULY COMMUNITY CALENDAR

Sponsored By Cloverdale Grocery Outlet

July 4 Fri. **10am** 4th of July Parade
Downtown Cloverdale
11am 4th of July Celebration
Downtown Cloverdale
4-8:30pm 4th of July Celebration
1 Citrus Fair Drive

July 6 Sun. **9:30am-1pm** Cloverdale Farmer's Market
Downtown Cloverdale

July 11 Fri. **6pm** Street Fair, Downtown Cloverdale
7-9:30pm The Great North Special
Friday Night Live, Downtown Cloverdale

July 12-27 The Sugar Bean Sisters
Cloverdale Performing Arts Center

July 13 Sun. **9:30am-1pm** Cloverdale Farmer's Market
Downtown Cloverdale

July 18 Fri. **6pm** Street Fair, Downtown Cloverdale
7-9:30pm Roy Rogers & the Delta Rythm Kings
Friday Night Live, Downtown Cloverdale

July 20 Sun. **9:30am-1pm** Cloverdale Farmer's Market
Downtown Cloverdale

July 22 Tues. **5-6:30pm** Cloverdale Orthodontics
Ribbon Cutting & Grand Opening
421 S. Cloverdale Blvd. #B

July 25 Fri. **6pm** Street Fair, Downtown Cloverdale
7-9:30pm Moonalice, Friday Night Live
Downtown Cloverdale

July 27 Sun. **9:30am-1pm** Cloverdale Farmer's Market
Downtown Cloverdale

July 30 Wed. **1:30-2:30pm** Fraud Prevention & Awareness
Presented by Redwood Credit Union
Cloverdale Senior Multipurpose Center

Coming Up:

Aug. 2 Sat. **7-10pm** North Bay funk/rock band the Heard Eye
Railroad Square

Aug. 23 Sat. **7:30pm** Comedy Night with Marc Yaffee
Cloverdale Performing Arts Center

Neidi Calvillo SSU Graduation Speaker

Congratulations to Cloverdale's own Neidi Calvillo, who was the Student Speaker at the Sonoma State Universities 2025 Latino Cultural Graduation Ceremony. Neidi continues to strengthen Cloverdale through her work at The Citrus Fair, as a former Key Club member and current Kiwanis Club of Cloverdale member.



Congratulations, Neidi, on your Bachelors degree.

Curly Doodle Dog Grooming

Brigid Wasson relocated to Cloverdale in 2013 for a job that didn't work out. She opened Curly Doodle Dog Grooming in 2023 to provide premium service to Sonoma County pets and their people. This isn't just a sign, it's an anchor in the harbor of home.



Introducing the new team member at Curly Doodle Dog Grooming – Sierra. She is a student at Cloverdale High School, and she is training as a Grooming Technician

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Summer Music on the Patio

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Sunday July 6th	Heidi Peterman	2:30-5:30
Sunday July 20th	Dustin Saylor	4-6
Sunday Aug. 3rd	Heidi Peterman	2:30-5:30
Sunday Aug. 17th	Rice & Beanz Project	2:30-5:30
Labor Day Weekend- TBA		
Friday Sept. 12th	Dustin Saylor	3-6
Friday Sept. 26th.	Open Hearts.	2:30-5:30



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Our mystery reader from "the past" reading the "original" **Cloverdale Connect** from 1879.

Russian River Parkway Project



The northern stretch of the Russian River is getting a major investment that will make it safer and easier for people to enjoy this beautiful waterway. Earlier this month, the Board of Supervisors approved the Russian River Parkway Project, which will create three formal public access points to the river between Cloverdale and the Mendocino County line.

Sonoma County Regional Parks will build trailheads, restrooms, picnic areas and river access trails along a 1.75-mile stretch of Geysers Road, bringing long-awaited improvements to a previously unmanaged section of the river.

The project responds to long-standing community concerns about illegal dumping, trespassing, and safety along the northern Russian River by providing managed, maintained access points. Construction is expected to begin in the fall, with the first phase of improvements completed in the summer of 2026.

Let's Remember

This July 4, 2025, we reflect on the founding ideals of our nation—and how far we've drifted from them. Across the country, our democracy faces grave threats from those who seek to erode freedoms, spread disinformation, and divide us.

But Cloverdale is not powerless. We are a small town with a long memory, a strong heart, and a shared belief in looking out for one another.

In 1776, 13 colonies declared independence from Great Britain, breaking free from the control of King George III. The American Revolution was a fight against tyranny—but also a declaration of hope: that people deserve liberty, dignity, and a government that serves them.

The Declaration of Independence laid out timeless truths:

- That all people are created equal and have inalienable rights,
- That government exists to protect those rights,
- And that when it fails to do so, people have the right to stand up and create change

These ideas have never been fully realized—but they remain our North Star.

Today, immigrant communities, communities of color, LGBTQ+ people, and others are being scapegoated and targeted by those who fear inclusion. The same forces that once oppressed the colonies now show up in new forms—silencing dissent, spreading fear, and undermining truth.

Cloverdale must choose a different path. We must stand shoulder to shoulder with our neighbors. We must speak out when others are dehumanized. And we must remember that the promise of democracy is only as strong as the people willing to defend it.

This Independence Day, let us celebrate not just with fireworks, but with conviction. Let us choose unity over fear, courage over silence, and justice over comfort. Let us be known as a town that stood on the right side of history—when it mattered most.

The future is not yet written. But here in Cloverdale, we have the chance to write it together.

**Jade Weymouth, Executive Director, LaFamilia Sana
Vicky Groom, Founding Member, Cloverdale Indivisible**

Dog Park Upgrade

Thank you to the Cloverdale Rotary Club, for this shelter at the City Dog Park. Pictured is the 3rd pergola installed by the Rotary Club of Cloverdale. The new unit has a solid and slanted roof for those rainy dog days and shelter from our hot summer sun. Special thanks go out to Todd Lands Construction, Karma Dog Construction, and Barnes Lumber for their donations of time and materials.

Now you and your pup can "Sit, Stay!" a little longer with the comfortable shade. Big shoutout to our City crews for helping with the installation.



2024 Annual Report

Providence builds healthier communities across Northern California in partnership with local organizations

Care extends far beyond the walls of Providence hospitals and deep into the communities the organization serves.

Each year, the not-for-profit health organization provides hundreds of millions of dollars in community health services such as accessibility to essential medical care, resources and more.

In 2024, Providence contributed \$188 million to programs, charity care and unpaid costs of Medicare and MediCal across Northern California according to the recently published Annual Report to Our Communities.

"Across California, we partner with like-hearted organizations to help ensure our communities have access to care, food, shelter and other critical resources," said Laureen Driscoll, chief executive of Providence South Division, serving all California operations.

These community benefit services are based on three-year assessments that determine individual community needs. The Annual Report details contributions in Northern California:

- Community health improvement and strategic partnerships: \$26.5 million
- Health professions education and research: \$3 million
- Subsidized health services: \$815,000
- Free and discounted care for uninsured and underinsured: \$19 million
- Unpaid costs of Medicaid and other government programs: \$139 million

"We are bound by our vision of Health for a Better World to care for all. Our team of community health caregivers partners with other organizations and individuals to identify and remove barriers to health," shared Kenya Beckmann, chief philanthropy and health equity officer for the Providence South Division. "We are grateful for the expertise of our partners to meet our shared goal of building healthier communities."



Santa Rosa
Memorial Hospital

Learn more at
providence.org/annualreport

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City Council Report ~ Eleanore Webster

May 28th meeting: Brooke Greene spoke about Pride Month; Cloverdale's public library is the only County library not flying the pride flag in June. The City has a policy of only flying commemorative flags on the designated commemorative flagpole.

New Police Sergeants, Damian Eglesfield and Beau Gastineau, were sworn in. Family members pinned on their badges. The student liaisons, Keiko Saito and Lara Gallego, received scholarships from Council. The Canine Photo Contest winners, selected by Mrs. Heath's second grade class, were recognized. First prize went to Buddy, who handled the ceremony with pride and a calm demeanor. Buddy is comfortable with fame and his newly found fortune of pet food donated by DogGonit. May 18 to 24 was proclaimed Public Works Week to recognize the staff that focuses on the city's infrastructure. May was proclaimed Lyme Disease Awareness Month.

A member of the public submitted a letter about the Potter Valley flyer that was in the Water Bill. He felt the flyer was not factual. For more information, see the meeting video on YouTube; the flyer is on the City website. (see article page 14, **Cloverdale Connect** July 2025)

June 11 meeting: Nikki Lane spoke about the food pantry. Due to cuts in grants, they need to use operating funds to purchase food. Their primary income is from dwindling donations. They are asking the City for help. The annual Engineer's budget and report on Cloverdale lighting and landscaping districts were presented and approved. The budget has increased by 14% from last year. The budget is attached to the agenda. The Citizen Oversight Committee for Sales and Utilities Tax was discussed. Council resolved to establish a 3-member committee to meet annually and review how revenue is spent. The Council will interview candidates. An update on Potter Valley Water Project was presented by Mayor Lands. There is much activity in process with Sonoma Water and Alexander Valley.

Mayor Lands announced that a new car wash will soon be built in Cloverdale. Member Marquez will work with the Food Pantry and Member Morgenstern suggested Council proceed with forming a new subcommittee to focus on issues involving senior citizens.

Author Vingie E. Roe Had Long, Brilliant Career Mary Jo Winter

Vingie Elizabeth Roe, a well-known Western novelist and writer of short stories, lived in Napa County for over two decades before moving to Cloverdale in 1942 and spending the last 16 years of her life at her home on Lake Street. Born in Oxford, Kansas in 1879, her father was a country doctor who moved the family to Oklahoma when the Indian territory was first opened. She drew much of the inspiration for her writings from the wild, uncultivated plains of Oklahoma, calling them her university. To save her eyesight, Vingie was taken out of school in the sixth grade. From then on, she studied nature. Astride a horse or on foot, she covered the unfenced acres, discovering the secrets of earth while developing a keen understanding of animals.

Altogether, she penned 30 full novels, numerous short stories, and many serials published in leading magazines throughout the nation. Her stories were adapted into eight silent films and one sound picture. Vingie's very first book, "The Maid of the Whispering Hills," published in 1912, is a historical romance set in the rugged frontier of early America. Copies are still available for purchase today. Many of her stories are written around early California history. One of her favorites was "The Splendid Road," a story about the California gold days. "Tharon of Lost Valley," set in Mendocino County's Round Valley, was inspired by an actual incident. "Bitter Laurel" is about life in San Francisco in the year 1854.

The Vingie E. Rose Collection is archived at Oklahoma State University. Copies of her books can be found at Amazon, Barnes and Nobel, and on eBay. Most prices range from \$0.01 to about \$75, but one eBay seller is asking \$225 for his copy of "The Splendid Road."

Vingie died in 1958 and is interred at Tulocay Cemetery in Napa.

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Passwords are Dead, Long Live Passwords

Will Carter

In 2023 I wrote an article about password managers, a type of tool that securely stores your passwords, like a high-tech, secure, password book. Today, in 2025, the very idea of passwords is in question, as new alternatives are becoming mainstream.

Verification codes are one of the most popular accompaniments to passwords. You have probably used your phone, a text message, or email as an additional security step when signing into an account, this is called two-factor authentication (2FA). Now many accounts, notably including Microsoft, will allow you to sign in with only a verification code. This option allows you to stress less about passwords, while still having relatively convenient access to your account. However, things can get even more convenient.

Passkeys are the best alternative to passwords currently. Passkeys behave in a manner like a password manager, except it doesn't use your password and doesn't need to be updated if you change your password. Passkeys are a digital credential that can be used by your device to access an account securely. Passkeys can also be tied to your account with Apple, Google, or Microsoft to allow one passkey to power all your devices!

There is always the chance that something will go wrong, so what happens if your account is stolen or your device fails? Well, then you might still need to know a password of sorts. When passkeys, verifications codes, and other two-factor authentication systems break you will often need a recovery key to get back in. Recovery keys can either be a code created for you which you should store securely or some services allow you to set your own PIN to protect your accounts.

My advice: Don't shred that password book quite yet! However, passwords as we've known them are on the way out and you should be prepared. Try using passkeys if you are given the option and be sure to check the settings in your important accounts to make sure you have accurate recovery information and that two-factor authentication is enabled. If you need pointers on passwords or account security reach out to a trusted friend or technology professional!



Attention Music Lovers



The Cloverdale Senior Center is looking for someone willing to donate a new or gently loved piano. It will be used for special events and for Cloverdale Community Choir rehearsals. Needs to be in tip top condition and not larger than 3' x 5'. Please call the Senior Center at 707 894- 4826 for more information.

This is tax deductible donation and a very much appreciated gift to our musical community!

The Never-Ending Threat of Fire

Kevin Moore and the Cloverdale Historical Society

This 1909 postcard from the Alder Glen Springs resort located on highway 128 just west of Cloverdale has many interesting details. Fires were just as worrisome in 1909 as they are now, if not more so. A large water pipe leading to a fire standpipe (small fire hydrant) can be viewed in the photo. A kerosene lantern is hanging on the fire hose connection. It appears that the lens of the lantern may be red and could have been used as a nightlight to illuminate the pathway and mark the fire connection. A fire hose reel is clearly visible attached to the wall to the right of the doorway.



The building in this photo stood until it was destroyed by fire in the early 1980's. Do you have photos or memorabilia of the Alder Glen Resort?

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Roots of Rock MJ Girard ~ KOWSfm.com

Happy Independence Day! Hopefully we are all celebrating the Founding Fathers well-conceived outline for a just government, one based on the rule of law and checks and balances. As a Vietnam Veteran, I pray that violence will not become the norm here in America.

Just recently we lost two of Rock and Rolls "founders". Brian Wilson of The Beach Boys, and Sly Stone of Sly and the Family Stone, both of which were great influences and innovators of the progressive popular music scene. They and other artists who were prominent during past decades of summertime activities will be featured on the "Roots of Rock" this summer. The history of the Beatles dominated June's "RoR" broadcasts and are available for streaming on the studio's website archives. Enjoy!

Your special requests may be made directly at: www.Girard.org Thanking you for your support and Love... KOWSfm.com where local talent and "Free Speech ~ No Bull" rule the airwaves! Thanks for tuning in.

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Out & About

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— Halie Selassie





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Clover Springs Dog Parade

Everyone loves a parade – even the doggies at Clover Springs!



Diane Molyneux & Doobie



Tim & Beau



At the Starting Gate

Kindness Continues

Melanie Hall, Program Manager at the Cloverdale Senior Center, taught both Tyler and Travis when they were in preschool. She has stayed in contact with their mother, Heather over the years. Fast forward, and Tyler approached Melanie about doing his Eagle Scout project, which included a fundraiser and a planter box to benefit the Senior Center. Then his brother, Travis, approached Melanie about creating a sturdy bench for the front garden sitting area of the Senior Center, where people gather for "Coffee With the Mayor & Friends". Both Tyler and Travis oversaw their projects with their Scout Troop.

To quote Travis when asked how his project would be helpful to the Senior Center and why it was needed, "The bench will provide comfortable seating for members of the Senior Center and create a place to gather and socialize for years to come. Additionally, the director of the Senior Center was my preschool teacher, and my family and I have kept in contact with her over the years. This project is special for both of us since I have known her for over fourteen years."



Travis with his mom and dad sitting on the bench that he and his scout troop made for the Senior Center.

It's Mariachi Time!

Michele Armanino

If you happen to catch the sound of a Mariachi singer while doing business at **Cloverdale Auto and Tires**, you're certainly not imagining things! **Fernando Barragan**, a nine-year employee of the auto and tire shop is also, part of a Mariachi band!

Barragan came from Michoacan, Mexico to Santa Rosa in 1979 when he was fourteen years old. He saved his money and bought himself a guitar. "I always loved music." Barragan says. "My father used to sing around the house so I learned how to sing from him." Barragan taught himself to play the guitar by ear and memory. By the time he was twenty-one years old, he was playing with Bay Area Mariachi in Santa Rosa. "I started with a six-string acoustic Mexican guitarrón and now I play a five-string acoustic."

Currently Barragan plays in the band Mariachi Hernandez (you can hear them on Youtube and Facebook) from Ukiah. There are seven instruments that make up the vibrant, lively, world-wide-loved music - two violins, one bass, two trumpets and two guitars. "Some clients like more instruments so we add on whatever they want." Barragan says. Summer time is usually their best season, he says, but they play year-round from Fort Bragg, Ukiah and Booneville to Clearlake and, of course, Cloverdale. The sonorous band is very popular at Quinceaneras, weddings, birthdays, anniversaries and even funerals.

"People from all over the world love Mariachi music," Barragan says. The history of this rich, regional music dates back to at least 18th century Mexico. "Vicente Fernandez was one of the most famous Mariachi singers from Mexico. And Mariachi Vargas is a huge band in Mexico that plays all over the world." And Barragan is dedicated to the craft, practicing with the band every Friday for at least two hours. "One of our most popular songs is called Son de la Negra. It's a beautiful song about women." Barragan says.

It's a thrilling moment as a line of white-suited Mariachi band members step up to the stage with their brass and string instruments ready to jolt the air with music!



Cloverdale Kiwanis recently helped out with the Cemetery Clean up in preparation for Memorial Day.

CLOVERDALE Saw & Mower Center



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Cloverdale Unified School District Glen Senestraro

2024-25 Year in Review: Cloverdale Unified School District

As the 2024-25 school year wraps up, Cloverdale Unified celebrates a year of achievement, growth, and community collaboration.

Academic & Program Highlights

Cloverdale High School expanded Career Technical Education (CTE) offerings, giving students broader college and career pathways. Staff across the district engaged in ongoing MTSS training to better support every learner.

Student Wellness & Engagement

Social-emotional learning programs and increased counseling access helped nurture positive school climates and student well-being.

Athletics & Activities

CUSD sports programs thrived this year, with student-athletes excelling and building strong school spirit and community pride.

Facilities & Development

Construction began on eight new TK/K classrooms at Jefferson Elementary School, scheduled for completion in May 2026. The CHS farm project also moved forward, expanding hands-on learning opportunities for students.

Gratitude for Our Staff

CUSD extends heartfelt thanks to our incredible teachers, support staff, and administrators for their dedication, flexibility, and unwavering commitment to student success. Your hard work has made a lasting impact across our schools.

Looking Ahead: With strong momentum and shared purpose, Cloverdale Unified is ready to build on this year's successes in 2025-26.



Building The Capacity Of Mental Health Professionals In North County

As a central connector in northern Sonoma County, the Healthcare Foundation plays a vital role in bringing together community partners, providers, and residents to strengthen access to care and promote well-being. The Foundation is committed to leading the conversation around mental health, ensuring that critical information and resources are shared widely across the region. By spotlighting local services, support networks, and culturally responsive care, the Healthcare Foundation empowers individuals and families to seek the help they need—fostering a healthier, more connected community for all. The Healthcare Foundation, in collaboration with local providers and media partners, is sharing timely mental health information and resources to support community awareness and access to care.

Alliance Medical Center

Mission: We are here to improve the health and wellness of our diverse communities. We provide accessible, caring & high-quality healthcare services.

What kind of help or services do you offer, and who can use them?

Alliance Medical Center offers compassionate Behavioral Health

City of Cloverdale May water bills included a flyer regarding the Potter Valley Decommissioning Project. Subsequently, a letter in response was submitted to the City Council by resident David Fowler*, containing some independent fact checking.

Here are excerpts from that letter:

- 1) The Van Arsdale Diversion has only provided approximately...5% of the flow in the Russian River over the last 20 years (source: California Department of Water Resources (DWR), California Data Exchange Center (CDEC), PG&E diversion volume reports);
- 2) The proposed project includes maintaining the Van Arsdale Diversion at a volume slightly greater than the historical average by installing the New Eel-Russian Facility, a pump station in the Eel River at the current location of the Cape Horn Dam (source: Draft Application for Surrender of License and Application for Non-Project Use of Project Lands (Draft Application));
- 3) The removal of both the Cape Horn and Scott Dams will improve the ecosystem of the Eel River upstream of the dams by reopening many miles of watercourses for salmonid anadromy, which were cut off by the construction of the dams (source: California Department of Fish and Wildlife);
- 4) The Potter Valley Power House has not operated since 2017 and is not planned to be reopened whether or not the dams are removed (source: PG&E);
- 5) Lake Mendocino will receive more flow than currently during the winter months and therefore refill faster after summer drawdown (source: Draft Application).

*Mr. Fowler has 40 years of experience in surface water and ground water management. Additionally, the implementation of Lake Mendocino's Forecast Informed Reservoir Operations (FIRO) has facilitated vastly improved management as we adapt to live within the means of the Russian River Watershed.

The Mission of the CloDems is to foster an informed and engaged electorate.

services, including counseling, therapy, psychiatry, and substance use treatment. Our services are available to all patients, regardless of income or background.

What is a common myth about mental health that you wish more people understood?

Seeking help is a sign of weakness. Reaching out for support—whether through therapy, counseling, or talking to a trusted friend, is a sign of strength and self-awareness.

Mental health struggles are always visible. Many people assume that if someone looks fine on the outside, they must not be struggling. In reality, mental health challenges like anxiety, depression, and trauma can be invisible, and those affected may become experts at masking pain. That's why it's important to approach others with empathy and kindness—because we never truly know what someone might be going through.

What is one simple tip to help people take care of their mental health?

Listen to your mind and body. Small, intentional pauses throughout the day can make a significant difference in overall well-being.

Our Cloverdale Community Cares

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Tuesday 10:00 AM-4:00 PM
Wednesday 10:00 AM-4:00 PM
Thursday 10:00 AM-4:00 PM
Friday 10:00 AM-4:00 PM
Saturday 10:00 AM-1:00 PM

Savings Wednesdays
Sidewalk Sale Table
(up to 50% off select items)
1st Wed. of the month 50%
off store wide! (except yarn)

Donations

M-F 8:30-4 PM, 311 N. Main St.
Please get in touch with the Senior
Center to make arrangements before
you bring items to donate.

All proceeds support our local
Cloverdale Senior Multipurpose Center.

Senior Center
(707) 894-4826
311 N. Main
Cloverdale, CA.



Cloverdale High School Awards Night 2025

Our community came together to present scholarship awards to seniors from the 2025 Cloverdale High School and Johanna Echols-Hansen graduating classes on a recent hot, summer evening. Through the generosity of local businesses, service clubs, non-profits, individuals, memorials, and organizations, more than \$153,000 was awarded to the students. These students were honored for academic achievement, leadership, community spirit and hard work.

Cloverdale Connect was honored to present a \$1200 scholarship to Cheyenne Schriner, who has served as our high school intern for the past three years. Each month she crafted an article about the great things happening at the high school, made her deadlines, and showed an exemplary upbeat attitude. Her contribution to **Cloverdale Connect** will be greatly missed.



Pictured Cheyenne Schriner and
Cloverdale Connect publisher Dana Johnson

CLOVERDALE CARES FOR OUR KIDS!
SUPPORT OUR SCHOOLS

DONATE AT

www.cusdcare.org



Thank You, Cloverdale!!!

Fraud Awareness and Prevention

Presented by Redwood Credit Union at the Cloverdale Senior Center, 311 N. Main St.

Wednesday, July 30, 1:30-2:30 PM

A discussion on current scams, including impersonation, romance, cryptocurrency, investments, and more, including information on steps you can take to protect yourself and your loved ones from falling victim to scams. This is a free event open to the public.

Volunteer Opportunities

The Senior Center is looking for individuals who are willing to provide rides locally in or out of town or willing to run errands, shopping, deliveries, etc. for seniors in our community.

Please contact Melanie Hall 707-894-4826 or
melanie@cloverdaleseniocenter.org

FRIDAY NIGHT LIVE at the plaza

JULY LINEUP:

July 4 • No FNL - Happy 4th of July!
July 11 • The Great North Special Psych-Rock
July 18 • Roy Rogers & the Delta Rhythm Kings Slide Guitar Blues
July 25 • Moonalice Psychedelic Soul

Brought to you by:
CLOVERDALE ARTS ALLIANCE
www.cloverdaleartsalliance.org



Opening Reception of FAMILY at Cloverdale Arts Alliance Gallery

Jason Taylor Morgan

Please join us for the opening of FAMILY, our newest exhibition at the Cloverdale Arts Alliance Gallery. We are proud to feature the masterful work of Laura Paine Carr, our Featured Resident Artist, along with the exhilarating artwork of Guest Artist Rosalie Paine. In our Community Art Annex, we're showcasing painting, illustration, and photography by Gulliver Perry, as well as photography by Jared Burton; also included: new artwork by Resident Artists Pamela Heck, Jennifer Weiss, Terry Holleman, Jane Gardner, and Jason Taylor Morgan.

The Opening Reception will be held on **Saturday evening, July 26, 2025, from 5:30 to 7:30 PM** - enjoy beautiful artwork, stimulating conversation, artist talks, wine, and hors d'oeuvres at the Arts Alliance Gallery: 204 N Cloverdale Blvd. Exhibition runs from **July 26 through September 27, 2025**.

We're also excited to announce our first-ever raffle—offering a significant discount on select pieces by three of our Resident Artists!

Thank you for supporting the Cloverdale Arts Alliance and our Gallery. We look forward to seeing you there!

Coming to Cloverdale Performing Arts Center

THE SUGAR BEAN SISTERS



**JULY
12-27**

**SATURDAYS
AT 7:30PM**

**SUNDAYS AT
2:00PM**

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\$15 STUDENTS/SENIORS**

**SPONSORED BY DAVID MCCHESEY
DIRECTED BY ROBERT ZELENKA**

www.CloverdalePerformingArts.com

Free Food Distributions In Our Community

- **Cloverdale Citrus Fairgrounds** - Mondays, 4-5pm (Except on Federal holidays)
- **St Peters Church** - 2nd & 4th Thursdays of the month, 10-11am
- **Cloverdale LDS Church** - 1st & 3rd Fridays of the month, 9:30-10:30am
- **Cloverdale Food Pantry** - Fridays, 11am – 1pm

2025 Cloverdale Connect Reader Survey

Please take a moment to complete this survey and send it to us so we know what recurring features our readers are enjoying. You may cut it out of the paper and mail to P.O. Box 404, Cloverdale 95425 or take a photo and email it to: info@cloverdaleconnect.com. **Deadline Friday, July 18th.** There is also room at the end for any comments and/or suggestions. Thank you!

Feature	Never Read	Sometimes Read	Always Read
Armanino (community member spotlights) by Michele Armanino			
City Council Report by Eleanore Webster			
CloDems (author varies)			
Connect With CHS (high school news) by Student			
Cloverdale History by Kevin Moore			
Cloverdale Senior Multipurpose Center (news) by Melanie Hall			
Cloverdale Unified School District (news) by Glen Senestraro			
Computer Advice & Information by Will Carter			
Cooking With Dave (recipes) by David Maciel			
Creative Corner (crafting) by Christy Anne Lathford			
Event Calendar sponsored by Cloverdale Grocery Outlet			
Gardening Guide sponsored by Sanz Nursery			
History by Mary Jo Winter			
Legal Advice & Information sponsored & written by Paula Hall			
Let's Travel by Craig Clark			
Library News (author varies)			
Mindfulness by Nora Archambeau			
Out & About			
Pet Column by Brigid Wasson			
Pet of the Month sponsored by Animal Hospital of Cloverdale			
Real Estate sponsored & written by Elissa Morrash			
Roots of Rock by M.J. Girard			
Shout Out (local business recommendations)			
Teacher of the Month sponsored by Dahlia & Sage			
Wild Side by Jennifer Moldior			
Weather (data from previous month)			

Comments and/or Suggestions:

Contact information (optional)

Are You a Cloverdale Connect Champion? Go to cloverdaleconnect.com, click

Thank you to our **Cloverdale Connect Champions** as of 6/25/25

Allen Roberts
Audrey Brush
C. D. Grant
Carolyn Adkins
Cecily G. Henry
Deborah Hall
Debra Jack
Deborah Hacker
Denis Thoms
Ellen Boulanger
Frances Giacalone
Frances Ramage
Gail Collins
Gaudelia D. Newhart
George Artemoff
Gina Haehl
Jeanine Thorpe
Joy Camilli
Joyce Sartori
June Drake
Krista Rector
Laurie Kneeland
Lawrence Lossing
Linda Elliott

Lucille Ogden
Lynn Caruso
M.R. Wallace
Maria Erickson
Mary Jo Winter
Melanie Hall
Michael Olson
Michele Armanino
Mike Barnett
Nancy Lloyd
Carolyn Ramos
Ray & Ann Smith
Millie & Phil Thomas
Neva Godman
Robert Redner
Shelli Byers
Susan Lile
Susan & Phil Brooks
Thana Brunges
Valerie Chestovich
William Wagy
Al & Melonie Delsid
Ann & Jack Mackenzie
Bob & Jeanne Cox
Dan Henkle & Steve Kawa

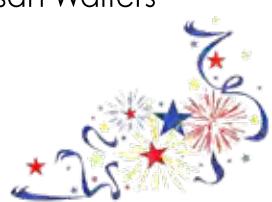
David & Beverly McChesney
David Karp & John Postma
Deborah & Patrick Nurisso
Earle & Susie Cummings
Elaine & Scott Carlson
Francoise & Burt Lang
Gene & Carolyn Marcinkowski
Gene & Polly Lile
Karma Dog Construction
Kathy Herman & Gary Giovannoni
Lewis Nashner & Ann Flores
Pat & Cindi Buell
Rich & Michele Stratton
Robert Scott & Tim McDonald
Richard & Brooke Greene
Scott & Rachel Allred
Sharon & Thomas Koch
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Contact us at info@cloverdaleconnect.com,
mail a check to PO Box 404 or sign up at
www.cloverdaleconnect.com

Barbara Steel
Chuck Harris
Melissa & Bill Cox

SUPER CHAMPIONS!

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Joseph Wiedman
Kiwanis Club
Mark Thayer
Marne Dupere
Nancy Dalwin
Richard Price
Stephen & Dianne Oliver
Wyatt Shook
Paul Cowden & Chuck Levine
Ricky Serbin
Dennis & Catherine Davis
William & Susan Walters





Support our Cloverdale businesses!

Submit your "Shout Out" to info@cloverdaleconnect.com

Wanted to give a shout out to **Make Shirts Now** here in Cloverdale. I needed two custom shirts for an awesome Christmas gift, and they made them exactly as I wanted right before Christmas at a great price! Bonus, you can have them shipped or pick them up.

Merwyn Welch

Shout out to Ernesto Lopez and his team at **Lopez Unlimited** in Cloverdale. They painted the exterior of our home and did a phenomenal job. My wife and I were impressed with the unmatched attention to detail and precision of their work.

Rob Koslowsky

I continue to be impressed with **Brigid** at **Curly Doodle** taking care of our dogs (3 doodle mixes, and one oddball). Brigid has accommodated our communication challenges like a champ! My big Doodle, Molly has never felt softer and more touchable with her dense 2nd gen Labradoodle coat!

DeeDee Robbins

I have a 20-year-old Trek Madone. **David Maciel** at **The Bike Shop** performed his magic on it, and it now rides better than when it was new. We are so fortunate to have such a local resource. Highly recommend The Bike Shop for all your cycling needs.

Bill Stockton

I would like to give a Shout Out to **Italivi Bakery** – I was lucky to win one loaf of sourdough bread. I chose garlic and herb and then purchased a loaf of the double chocolate loaf and both are amazing! Thank you so much Claudia! We will definitely be ordering again.

Virginia McIntyre DeGrazia

Just an FYI and Shout Out to **Los Pinos Deli Market!** They just popped up on my Door Dash. Made my sandwich to order with DUTCH CRUNCH (my favorite) to perfection. Also, thanks to my Dasher, Daniel – you communicated well and went above and beyond.

Liane Fabian

Tom Koch, dba About Town Home Improvement, has been doing repairs in Cloverdale for decades. Tom installs, repairs and improves electrical and plumbing fixtures, and is skilled at carpentry, painting, lighting, and much more. He installed a doggy door in our house and extensive shelving in the garage. The quality of his work is exceptional and his prices are reasonable.

David Karp & Jon Postma

A big Thank You to **Cloverdale Lock & Key** for coming out right away to help with a locked door! Great customer service, fast and efficient.

Anonymous

A huge thanks to the **Cloverdale Police Department** for their exceptional service! On two separate occasions within the past month, I have reported shoplifting incidents to them. In both instances, they have successfully apprehended the offenders and recovered the stolen merchandise within a remarkable one-hour timeframe. Outstanding work!

Grocery Outlet

La Tequila – carnitas taco salad - \$12.99. Best dinner I've had under \$15. Good service as well!

Randy Tremayne

I want to Shout Out what an amazing job **Enrique Tree Trimming** did in our back yard. Carlos and crew were top notch and very professional. I highly recommend them.

Cary Watts Fraser

Shout out to **Nick Kennedy**, we are new to Cloverdale, needed some plumbing done to our house and I came here looking for recommendations for a plumber. Several people mentioned Nick so we reached out to him and we are so glad we did! He knows his plumbing and he has done an amazing job with what we needed. Highly recommend him for any size job you may need.

Cathi Pritchard

Special Shout Out to **Piacere Ristorante Italiano** for going above and beyond to make my milestone birthday so special!

Liane Fabian

Delicious prosciutto sandwich and fries for lunch at **The Beet!** Support your favorite Cloverdale businesses as much as you can!

Dan Richert

Just wanted to give a Shout Out to **Logan Sauder**. He did my vinyl floors for me and I couldn't have asked for a better job. He has great work ethics, great attention to detail, is very meticulous, takes pride in his work, great communicator, also has the best prices. He's local and he grew up here in Cloverdale. If you're looking to get some new floors installed, I highly recommend you give him a call. You won't regret your decision.

Chayton Osmon

Three Cheers! Can't say enough good about Sonoma County's **Capstone Roofing**. Great local business that demonstrates care for both product and customer. Started work at 7:30 this AM finishing and thoroughly cleaned up by 3:00 PM.

Dave Delgado

Shout Out to **Terry Hatcher** and his "parts guy" for fixing my 2007 Saturn Sky convertible top! For free! **Eagle Tech** is that kind of great customer service place! We are lucky to have them in Cloverdale!

Francesca Giacalone

Thank you, **Eric's Performance** for working on our older temperamental truck. So nice to have an old school mechanic in town. Great rates. Great service.

Max and Angela Cordova

I want to give a Shout Out to the lovely ladies at the new pet store **DogGonit** on Cloverdale Blvd. As my son and I were on our walk with our two dogs today, we realized we had no doggie poop bags with us. I saw that the new store door was ajar so I peeked in and asked if I could buy a roll. She was gracious enough to just give them to me. Thank you for your kindness.

Virginia McIntyre DeGrazia

Shout Out to **Cloverdale ACE Hardware**! I have been working on a lot of do-it-yourself projects around the house and there is always someone at ACE who will answer your questions and offer good advice. Their customer service never disappoints.

Denise Rogers

Our local veterinary team and staff at **Animal Hospital** of Cloverdale are amazing people. They helped us today at a most difficult time.

Merwyn Welch

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"Agraria" The Hand Rick Tang

Recently, "Agraria", the hand sculpture (9 tons) that was in the front of the Santa Rosa Plaza since 1996, was lifted by Precision Crane Services, and transported to Geyserville. It was installed after four days of preparation by Bob and his Sherman and Sons crew.



On the Wild Side Jennifer Molidor

Summer is a good time for blackberry picking. I have happy childhood memories of stained purple fingers, delicious juicy fruit, and getting poked by angry bramble. But don't forget the raspberries, mulberries, and blueberries too. Other edible plants you can safely forage include dandelions, wood sorrel, nettles, echinacea, rosemary, violets, miner's lettuce, wild mustard and fennel, wild grapes and strawberries, acorns, wild onion, and even edible seaweed on the coast where you'll also find mushrooms at Salt Point State Park.

Eating something wild every day, can reconnect us with nature, and develop our sense of place (even better if you're removing invasive plants!) It's a way to build our relationship with the sky, land, water, and the wild creatures who help keep our shared habitat healthy. We become attuned to seasonal changes and look more closely at our landscapes. Protecting wild plants means protecting the water and the land and reminds us how we are all interconnected.

Be safe: Plants are easy to mix up and you don't want to eat the poisonous variety. Bring an experienced forager and guides like Seek by iNaturalist (don't start your foraging journey with mushrooms). Groups like LandPaths, ForageSF, and the SoCo Herb Assoc., provide workshops.

Be responsible: Leave seeds and roots so plants can reproduce, and don't strip the leaves. Avoid polluted areas and try not to forage near roads or areas sprayed with pesticides (like too many of our schools and parks are). Only take what you will use that day or the next, as wild plants don't always store well and you don't want to waste the wild. Only harvest in abundant areas and leave enough for wildlife and regrowth.

But most of all, enjoy your time outdoors and peaceful moments in nature. My personal favorites are red clover for tea and wild rosehips. What's your favorite wild plant to eat?

Frontline Worker Education & Advocacy

La Familia Sana is teaming up with Sonoma COAD (Sonoma County Community Organizations Active in Disaster) and amazing local partners to launch the Frontline Worker Education & Advocacy initiative. This effort is part of California's Extreme Heat and Community Resilience Program, led by the Governor's Office of Land Use and Climate Innovation (LCI) through ICARP (Integrated Climate Adaptation and Resiliency Program (ICARP)—helping us prepare, protect, and thrive as our climate changes.

4TH OF JULY
HAPPY
INDEPENDENCE DAY
United States Of America
Red, White, & Cool

Beat the heat! Now is the time to schedule your A/C tune up.
A/C Diagnostics | Recharge | Cabin Filters | Leak Detection | Repair

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210 S. Cloverdale Blvd.
(707) 894-1072



Cooking with David Maciel

Sponsored by Ray's Food Place

The Fourth of July always means firing up the BBQ. I really enjoy making these cheesy stuffed burgers. They come out juicy with every bite and are always a crowd pleaser.

Cheesy Stuffed Burgers

Ingredients

- 8 slices thick-cut bacon
- 1½ pounds of ground beef 75% to 80% lean
- 1 medium sweet yellow onion, sliced or dice
- 1 cup sharp cheddar cheese, shredded
- ¼ tsp kosher salt
- ¼ tsp black pepper
- drizzle of olive oil
- ½ Tbsp butter
- Your favorite all-natural barbecue sauce
- 4 hamburger buns, toasted

Instructions

Pre heat the BBQ to a medium to high heat.

In a large skillet, add bacon strips and heat over MED-LOW heat. Cook until bacon is cooked to your desired crispness, then transfer bacon to a paper-towel lined plate to cool. Drain all but about a tablespoon of the bacon grease, reserving that last Tbsp in the pan.

Increase heat under the same skillet to MED heat. Add sliced onion and cook 8-10 minutes, or until golden brown. Remove onions to a plate, and turn off heat.

Divide the beef into 8 equal portions and shape into balls. On a flat surface, lay down a sheet of wax paper and top with a ball of ground beef. Top with another sheet of wax paper and use a flat bottomed pan to press the meat into ¼-½ inch patties. Repeat with remaining patties.

To one of the thin patties, top with 1/8 cup cheddar cheese, a tablespoon or two of the onions, and another 1/8 cup cheese. Leave a border around the patty. Top with another thin patty, pressing the edges of the top and bottom patty together to seal well. Shape into a thick burger patty.

Double check burger to make sure there are no holes, then season well with salt and pepper.

Heat the BBQ to medium high or indirect charcoal. Add burgers to the grill (I like to cook 2 burgers at a time to make sure I have room to flip them carefully), and cook approximately 8 minutes, until burgers are brown up the sides. Use a wide spatula and carefully flip burger to the other side and cook another 5 minutes or so, until golden brown.

Add BBQ sauce and bacon to the bottom bun, top with burger, top with additional caramelized onions and a drizzle of more BBQ sauce. Top with the top bun and enjoy!

Courtney Jade Davis Memorial Scholarship

On behalf of the board of directors of Courtney's Pumpkin Patch, we are pleased to announce the recipients of the Courtney Jade Davis Memorial Scholarship at Cloverdale High School.

Ten graduating seniors were awarded this year and we extend our heartfelt thanks to each of them for their dedication to volunteerism and community service during their four years at CHS.

The recipients are as follows:

Alexis Jimenez	Daniella Garcia Zambrano
Santino Demattei	Logan Glasson
Isabella Sanchez	Amelia Mae Doyle
Camryn Ann Donohoo	Abigail Vizcano
Edgar Arellano	Brandee Bernal



Let's Travel

Craig Clark

Travelers, Prepare for Hurricane Season* The National Oceanic and Atmospheric Administration is predicting a 60 percent chance of an above-normal Atlantic hurricane season this year, forecasting a range of 13 to 19 named storms.

Be aware that warnings for strong storms and hurricanes could come later than normal or be less accurate, potentially creating more unpredictability and therefore, more risk to safety.

Traveling anywhere within the Atlantic hurricane zone, which includes landlocked regions in the American South and even into states like Pennsylvania, monitor local weather forecasts and be prepared for potential weather dangers as the season progresses. Airports with the highest weather delay rates are Dallas/Fort Worth, Minneapolis-St. Paul, Detroit Metropolitan, Oklahoma City, and Grand Rapids.

Money Matters, Keep your options open. Acceptance of credit cards and contactless payments has become far more prevalent among merchants worldwide. Still, you may find places that don't accept cards. Best to have some cash on hand for emergencies, gratuities or small purchases and at least one Visa or Mastercard since those remain the most widely accepted card networks. If you're going to exchange money or withdraw cash from an ATM, do it at your foreign destination, as the rates will likely be better than at your home airport.

When paying with your card always choose to pay in the local currency. When swiping your card, you may be asked if you want to pay in the local currency or your home currency. Always choose the local currency for a much better exchange rate.

And now we're hearing about the danger of scooters and e-bikes to tourists. While walking stay off your phone and watch where you're going. Never step into the bike lane unless you first look both ways. And be aware that e-bikes and scooters are fast and heavy — and very quiet.

* TravelPulse



Hop aboard and go green with SMART!

Youth (ages 0-18) and Seniors (ages 65+) can now ride the SMART train fare-free. They can take any SMART train on any day of the week, and no Clipper card or tickets are needed. Train conductors may ask for proof of age (such as a state ID, license, or student ID).

Ride SMART to your favorite destinations, including schools, parks, recreation centers, summer jobs, movie theaters, shopping centers, libraries, museums, restaurants, and downtown areas. Bicycles and scooters are welcomed aboard the SMART train!



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