

July 2023

Celebrating Our Third Anniversary!

























Here are some of the wonderful comments about Cloverdale Connect from our readers:

Hove the Cloverdale Connect because it's positive, informative, and local. **Stephanie** I love the Cloverdale Connect. It's got lots of info about things in Cloverdale. Renee

I love Cloverdale Connect for providing the local info right to my doorstep! It's so nice to be able to see what's going on in our community. Alicia

I love Cloverdale Connect because walking to the mailbox is the only exercise I get and Frida and I read it cover to cover to catch the local happenings.

where to shop local. **Lori**

I love Cloverdale Connect for keeping us connected, especially those who have no internet. Glennda

I love that Cloverdale Connect keeps us connected to our community. Angela

I like Cloverdale Connect because it helps me stay updated on what is happening in town plus my husband and I read it together over coffee and tea. Elizabeth

I love Cloverdale Connect for the great I love reading Cloverdale Connect! IT Tells local shops shout outs. Let's me know me what's happening in my little town. Can't imagine NOT having a local paper.

I love Cloverdale Connect! It brings joy to the happy people of Cloverdale and ruffles feathers of the grumpy grinches. Be happy! Marisa

I love reading Cloverdale Connect! Great information about events and fun stories!

CUSTOMER JAT209 Petaluma CA 94999 PERMIT #16 **GIA9** ECRWSS US POSTAGE PRESRT STD

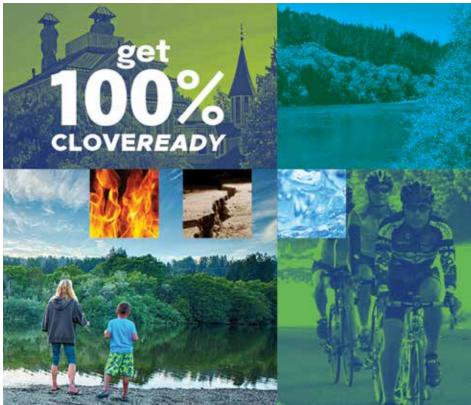


Grange Mural, Event Calendar, Rattlesnakes, Projects in Development, Grugs Thugs, Gardening tips, and more!









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CLOVEREADY.org



CUSD Teacher of the Month Casey Berry

Sponsored by Dahlia & Sage Community Market

Mr. Casey Berry has been teaching in our district for the past eight years and is a committed teacher to our students. Mr. Berry understands the meaningful

impact an educator's role has on student learning, and he strives to make important connections with his students while providing individualized support and highly engaging classroom instruction.

After graduating from the University of Davis, Mr. Berry returned to Cloverdale and worked in the Specialized Academic Instruction program at Washington School. Later, Mr. Berry taught Social Studies at Washington Junior High and then moved to the CHS Social Science Department where he continues to teach history.

Additionally, he is the Athletic Director for CUSD and he coaches Track and Field at the high school level. During his time with CUSD, Casey has also coached 7th and 8th grade Boys Basketball, 6th, 7th, and 8th grade Track and Field, Cross Country, and has taken many students and parents on unforgettable school trips to Washington DC and New York with Worldstrides Tours.

Casey Berry returned to our community to teach because it was important to him to be able to give back to Cloverdale, the town and district where he grew up and thrived as a student. Casey enjoys living in Cloverdale and is one of our exceptional teacher leaders!



Editor's Note

It's hard for me to believe that this is already our THIRD ANNIVERSARY issue of Cloverdale Connect. A huge thank you goes out to all

our readers and to our local businesses who support the paper. I appreciate every positive comment we receive and welcome suggestions for ways we can improve YOUR community paper.

It's summer vacation time – what are your vacation plans? Wherever you go, take along a copy of Cloverdale Connect, snap a photo reading it in some exotic or mundane location and email it in – you might be featured in "Out & About" and win a prize!

Let's see how many Cloverdale events we can attend this summer as we get out and enjoy the sunshine, music, movies and great food from our local restaurants. Have fun in this issue taking "A Trip To Cloverdale!" There is always something fun going on in Cloverdale, so...

I'll see you around town!



CELEBRATION NOTICES

Birthdays • Weddings • Memorials • Retirements

Anniversaries • Birth Announcements

\$1 per word (700 words max.) + photo in print edition plus online at cloverdaleconnect.com

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PET of the MONTH

Hi! my name is **Riley.**I'm a four year old
Black Mouth Cur. My
mom found me at the
Mendocino Coast
animal shelter and
brought me home. I
am living my best life



with her. If there was a dating app for dogs this would be my cover photo. ~Pamela Powers

Send your pet photos for PET of the MONTH to: info@cloverdaleconnect.com, Prizes courtesy Clover Dog Pet Supply & Wash and Cloverdale Connect

Virtual Reality in 2023 Will Carter

On June 5th Apple announced their new VR headset called the Apple Vision Pro - Apple's first foray into the world of VR headsets. Given Apple's reputation for accelerating consumer interest and adoption of cutting-edge technology, the Apple Vision Pro might make VR more widely popular. The Vision Pro's price point of \$3500 is likely to exclude all but the most committed Apple enthusiasts.

What makes a VR experience

Headset: The headset is the heart of any VR solution with two extremely high-resolution screens, with a set of lenses to focus your eyes. These screens either display the world around the user with additional overlays (augmented reality) or shows an entirely imaginary world (virtual reality). The headset tracks the position of the user's head, allowing them to "look around" in the virtual environment.

Controllers, body motion, and haptics: Most VR solutions will also include motion tracking controllers, which allow the user to have virtual 'hands' as well as numerous buttons to control other functions. Even greater body tracking can be achieved by cameras or other sensors facing the area of use. These additional sensors allow the user to not only move their hands and head relative to one another, but to also track their motion when walking, crouching, or moving through space. Some users purchase apparel which can vibrate to simulate touch or impact.

How do we use VR

This question seems to still be the biggest hold-up for VR. In 2012 the Oculus Rift was funded on Kickstarter, beginning the modern VR era, But in the eleven years since, the way people use VR hasn't changed much. Video games are still the dominant VR software segment, and it seems likely to stay that way. These days, modern VR titles are capable of recreating incredible visual scenes, tracking movement of all limbs and facial expressions, and creating a truly immersive experience. Despite the failure of the Metaverse to take off and the Vision Pro's absurd price tag, VR continues to develop and thrive, even if it's mostly for fun!

Cloverdale Citrus Fair Rodeo

For those that may not know, Cloverdale used to hold a rodeo and the Cloverdale Citrus Fair is looking at bringing it back. As a community member or neighboring community member, would this be of interest to you? Let them know by filling out their survey today.

If you have experience or would be willing to join the organizing committee, fill out the interest form and join the fun. Contact info@cloverdalecitrusfair.org for the survey form and the interest form.





Cloverdale Church Guide

The Church of Jesus Christ of Latter-day Saints 1011 S. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church 1085 S. Cloverdale Blvd. Cloverdale, CA 95425



Good Shepherd Episcopal Church

Sunday Services At 10:00am Coffee Hour Immediately Following

The church is open Tuesday mornings from 9-10am for quiet meditation and prayer

goodshepherdcloverdale.org 122 N. Main St, Cloverdale

(707) 891-601



Grace Lutheran Church

890 N. Cloverdale Blvd. Cloverdale, CA www.GraceCloverdale.org

Join us for worship 10:00 am in person or by web - Facebook LIVE "Grace Lutheran Church Cloverdale CA"

Jehovah's Witnesses 27100 Dutcher Creek Rd. Cloverdale, CA 95425 Phone: 707.894.4490

Living Water Church 450 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.3274

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 Teaches that the Bible is
- without error
- Enjoys music that has blessed Christians for years
- Desires to have a spirit of

thanksgiving 24/7

Worship Sundays 10:30 am

Parkside Christian Chapel 553 W. 2nd St. Cloverdale, CA 95425 Phone: 707.894.2893

St. Peter's Catholic Church 491 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.2535

The Bridge Foursquare 50 Commerce Lane Ste. C Cloverdale, CA 95425 Phone: 707.894.5050



We are a church that tries to follow the example and the teachings of Jesus through the kindness and compassion of our missions. We welcome all of our neighbors with an open mind and without discrimination or judgement. Our messages and music give us hope and lead us to a closer spiritual relationship with God. Please join us.

UNITED CHURCH OF CLOVERDALE

439 N. Cloverdale Blvd. Cloverdale 707.894.2039 www.uccloverdale.org

Parkside Christian Chapel Summer Vacation Bible School Day Camp

All kids ages 3 (potty trained)-5th grade are invited to join Parkside Christian Chapel for Summer VBS Day Camp, July 10th-14th, 9am-12noon. Crafts, Songs, Games, Activities and Snacks. Contact Parkside at 707-894-2893.





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Good Shepherd Joins Pride Parade

Last month, a group from Good Shepherd Episcopal Church in Cloverdale joined over 50 other Episcopalians who marched in the Sonoma County Pride Parade in Santa Rosa. Their message was that God loves everyone, no exceptions! Representing Good Shepherd were Rev Tim, Rev Bob, Trudie Folsom, Jim Alexander, Mario Dell'Olio, Paul Cowden, and Chuck Levine.









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Road Trip?

Check tire condition and tire pressure. Don't forget the spare! Listen to and feel the brakes. Check engine oil and other fluids. Check belts and hoses. Make sure A/C is working and all filters are clean. And don't forget to replenish emergency kit supplies! We're here to help! Call for an appointment today! As always, feel free to stop by for complimentary battery test, tire pressure and tire check!

> Jeff & Tina CLOVERDALE AUTOMOTIVE & TIRES **AAA Authorized Repair Facility** (707) 894-1072

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Imagination Library Efforts Expanding



The State of California is now helping to support of Dolly Parton's Imagination Library, sponsored locally by Kiwanis Club of Cloverdale. In the early stages the State will start by paying for 50% of the cost of books currently paid for by sponsoring organizations, like the Kiwanis Club of Cloverdale. Over the next 5 years they will be working to

increase the coverage by nonprofits and local governmental agencies. It is their plan to find book partners for the entire state by the end of 2028. During this time, the State will increase the availability of enrollment opportunities through schools, libraries, medical and government offices.

In Cloverdale, the Kiwanis Club will continue to manage and fund 50% of the program for the foreseeable future. The state expects enrollment in Cloverdale to double within the first two years of the expansion program. In short, the Kiwanis Club will still be spending the same amount however they will be getting books into the hands of twice as many Cloverdale kids.



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Steve Taylor Award Sage Smith Taylor



This year, Clifford Berry and I were excited to see the Steve Taylor Award given to the US Naval Sea Cadets at the Memorial Day services at the Cloverdale cemetery. I am super excited to announce that we just finished setting up a 501(c)3 called "Grug's Thugs" - a charity

that has started collecting money to help teenagers afford California's 6 hours of mandatory driving lessons so they can afford to get their licenses and also help young racers acquire safe racing equipment.

The best news is that the Cloverdale Lions Club are making a huge donation in honor of Steve's contributions to our community. Thank you, Cloverdale Lions! Steve Taylor surely is smiling down on us as we figure out a way to help young people learn to drive and to drive safely!!

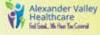
To make a donation (EIN 92-3994224) to Grug's Thugs, please send check to: 29730 River Road, Cloverdale, CA 95425



Not only is **Cloverdale Connect** fun to read, it can also be used to create paper mache. That's what Dan Seisdedos recently did for a community children theater production of Seussical the Musical

APPRECIATE YOUR LOCAL HEALTH CARE HEROES

DURING NATIONAL HEALTH CENTER WEEK AUGUST 6th-12th





- The U.S. has 14,000 health centers like AVH.
- 42% of combined patients live in rural communities like Cloverdale.
- Together we provided medical, dental and behavioral health services to 30 million patients in 2021,
- And employed 270,000 Americans.

Heads up! Watch for our events during August 6-12

For more info about Nat'l Health Center week go to www.healthcenterweek.org www.alexandervalleyhealthcare.org

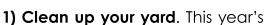


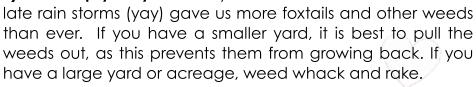
Whisker Talk

Brigid Wasson Good Dogs Pet Sitting

"Helping pet lovers live their best life"

It's that time of year again! The dreaded foxtail season. What can you do to keep your canine family members safe?





- 2) Watch where you walk. Dogs love to hike but they don't love coming home covered in foxtails, burrs, and other debris. Choose trails that are clean or where foxtails don't grow generally more wooded, shady areas to walk. After hikes check your dog over to see if any seeds have stuck to the body, especially the ears and paws.
- **3) The Summer Cut**. While owners of Doodles and other long-haired breeds love that cute fluff, it is a liability this time of year. Ask your groomer for a summer cut which is very short on the body, and scissor-trimmed on the face and tail. This keeps your dog cool and makes it harder for foxtails to embed in the fur.



Local Agave Plant Reaches For The Sky

A rare sight of Agave American formed at the Gerald and Kelli French's yard at 112 Clover Springs Drive. It's the Agave Americana plant. The Agave belongs to the asparagus family of plants. The cacti plant pikes now have grown to fifteen feet and it is in full bloom with clusters of green and yellow flowers. Within a month or so the whole plant will die. Usually, it takes five to ten years to bloom. It's also known as "The Century plant," since it takes so long to bloom.



Cleo Zanzi enjoying the June issue of Cloverdale Connect





Mural For Grange Hall

Robert Rodriguez handles the renovations for the Grange



renovations for the Grange Hall #456, located at 201 N. Commercial St. The Grange is a fun and affordable place to rent for parties and celebrations including birthdays, anniversaries, quinceañeras, and baptismal celebrations, with a capacity of 80 people. It is where the Cloverdale Performing Arts Center started many years ago.

Looking around the interior, he was inspired to ask Deven Walton, art teacher at Cloverdale High School, to create a mural for the interior back wall. Ms. Walton's art class submitted 6 designs for consideration. The chosen mural design was submitted by Rocio Hernandez, CHS Senior.

On Friday May 26th, the final mural was unveiled at celebratory event with a video of the work in progress from start to final mural. The



project was created in 3 main steps – first a grid work was created, then the design was taped, then the painting was done. The mural project took many days to complete. As project supervisor, Rocio said it was not difficult leading the group of artists in creating the mural. In fact, Rocio said that she was "glad to be able to work with my friends" on the mural. At the conclusion of the unveiling event, the students signed and dated the mural. Art students involved in the project are the main designer Rocio Hernandez, along with Joana Arevalo, Victor Gonzalez, Grace Kelder, Jacob Ambrosi, Caroline Koch, Billie Hager, Teresa Garcia, Ruby Coleman, Kaylie Tipton, Ayal Fichtelberg, Kristin Meyers. Desmond Driver, Agjes Nerguti, and the Art 2/AP class at CHS.



Check out the Cloverdale Connect Special Coupon Section on page 10



July Monthly Gardening Tips from **Sonoma County Master Gardeners Sponsored by Sanz Nursery**

- We are now well into the hot, dry season; check to make sure all irrigation systems are working and drip lines have not been disturbed by pets or wildlife.
- If you planted any trees, shrubs, or perennials this spring or summer, they likely need extra irrigation to adjust. Foliage and root growth may be stressed. Root balls must never dry out while plants are getting established. Water them evenly and thoroughly to encourage both lateral and deep root growth. Test root balls frequently for moisture.
- Avoid killing spiders in your garden. Spiders do not harm plants and they help keep down other insect populations.
- Weeds are usually more vigorous than flowers and will rob plants of water and nutrients. Remove weeds regularly especially before they produce seed.
- Cut back flowering perennials such as nepeta, diascia, and penstemon to force new growth and keep their blooms coming.
- Deadhead perennials and annuals such as heuchera and petunias to prevent them from setting seed, which slows continued flowering.
- If you are looking for summer color, continue to add annuals to beds and containers. However, no matter how tempting it is, try not to do any major planting of perennials, shrubs, or trees in summer.
- If you find plants at the nursery that you cannot resist, make sure that if you plant them in established beds, you are vigilant about keeping them frequently watered. Another solution is to designate an out of the way, shaded spot and group together any summer purchases. Check them every other day or so and water as needed. Small pots may need watering once a day during heat waves. Plant them in the fall once rains resume.
- Garden work lessens in July, a good time to observe and plan. Many gardeners take a notebook and pen and look around the garden, making a list of plants pleasing for their color and location and those that are not. Note particularly successful combinations that deserve to be repeated elsewhere in the garden when new planting begins in fall.

Community Calendar Sponsored by: Clear View Optometric: "Clear Vision, Clear Choice"

Saturday, July 01

One-on-One Tech Help 1:30 Cloverdale Library

Tuesday, July 04

4th of July Faire and Parade 9:00am Downtown Cloverdale

Cloverdale Certified Tuesday Market 4pm Cloverdale Downtown Plaza

Planning Commission Meeting 6:30 Cloverdale

Thursday, July 06

Family Storytime w/ Mr. John 10:30am Cloverdale Library

Friday, July 07

Friday Night Live Presents: The Nth Power 6pm Cloverdale

Saturday, July 08

One-on-One Tech Help 1:30pm Cloverdale Library

Cloverdale Certified Tuesday Market 4pm Cloverdale Downtown Plaza

Cloverdale Library Book Club 6pm Cloverdale Library

Wednesday, July 12

Pokémon Club 2pm Cloverdale Regional Library City Council Meeting 6pm Cloverdale

Thursday, July 13

Family Storytime w/ Mr. John 10:30am Cloverdale Library

Friday, July 14

Friday Night Live Presents: QUITAPENAS 6pm Cloverdale

Saturday, July 15

One-on-One Tech Help 1:30pm Cloverdale Library

Sunday, July 16

Spicy Vines Presents A Taste of Pine Mountain 11am Cloverdale

Tuesday, July 18

Cloverdale Certified Tuesday Market 4pm Cloverdale Downtown Plaza

Wednesday, July 19

Teen Anime Club 3pm Cloverdale Regional Library

Thursday, July 20

Family Storytime w/ Mr. John 10:30am Cloverdale Library

Friday, July21

FoSo Fridays: Music in the Vineyard 5pm Foley Sonoma Winery | Geyserville

Friday Night Live Presents: Shinyribs 6pm Cloverdale

Saturday, July 22

One-on-One Tech Help 1:30pm Cloverdale Library

Tuesday, July 25

Cloverdale Certified Tuesday Market 4pm Cloverdale Downtown Plaza

Wednesday, July 26

City Council Meeting 6pm Cloverdale

Thursday, Jul 27

Family Storytime w/ Mr. John 10:30am Cloverdale Library

Friday, July 28

Friday Night Live Presents: Roy Rogers & The Delta Rhythm Kings 6pm Cloverdale

Saturday, Jul 29

One-on-One Tech Help 1:30pm Cloverdale Library

For complete event details and more local events go to www.cloverdaleconnect.com

Happy Birthday Cloverdale, USA!

A great time will be had by all who gather together Good old fashion, fun, food and festivities will be abundant. this Fourth of July to celebrate the birthday of our beloved country. The second annual July 4 parade in Fair, co-sponsored by the Cloverdale Chamber of Commerce in Cloverdale, Citrus Fair, provides a free, family – friendly, full day of celebration.

Just another reminder of how lucky we are. We hope you all enjoy some apple pie and being part of the Cloverdale community.



City Manager David Kelley

On July 1st, The City of Cloverdale is about to wrap up the current fiscal year (FY 2022-23) and embark on a new fiscal year (FY 2023-24). Cities, like most government entities, operate on a fiscal year. A fiscal year is a 12-month period that serves as the financial accounting period for budgeting, financial reporting, and resource management purposes. While the calendar year follows the January to December timeline, the Fiscal Year for the City of Cloverdale is July 1st to June 30th.

With the completion of the Fiscal Year 2022-23, we strive to keep you informed about the various departments and initiatives that contribute to our shared progress over the last year. In this edition, we bring you updates from the Police Department, Finance Department, Public Works Department, and Planning Department. Read on to stay connected and engaged with the City of Cloverdale!

Police Department:

The dedicated officers of the Cloverdale Police Department continue to work tirelessly to ensure the safety and security of our residents. Initiatives for the new year include the development of a new website for the Police Department that will enable the Police Department to provide a web-accessible police log (currently the police log is available for review at the Police Department) to enable community members to stay updated on recent police activities in the City. The digital police log is expected to promote transparency by making incident information readily available via the City's website to the community. In addition to a new website, in the coming months the Police Department will introduce a city-wide Automated License Plate Recognition (ALPR) camera system. ALPRs capture computer-readable images of license plates and vehicles, allowing officers to compare plate numbers against those of stolen cars or wanted individuals in various crime databases. The new ALPR system is expected to be a valuable tool for our Police Department.

The Cloverdale Police Department is hosting the annual National Night Out event at the Downtown Plaza on Tuesday, August 1st, from 6 pm to 9 pm. National Night Out is an opportunity for the community to meet and greet local emergency and public service personnel. Multiple emergency preparedness booths and fire, ambulance, and police emergency vehicles will be displayed. The evening will be filled with free activities for the kids, free food, candy, and snow cones while supplies last. Over \$1,000 in raffle prizes-bicycles, scooters, gift cards, and more will be given out throughout the evening (must be in attendance to win).

Finance Department:

The Finance Department has been diligently managing the city's budget and resources to support the operations of the Cloverdale. We are pleased to report that our financial health remains strong, allowing us to invest in essential services and infrastructure improvements.

During the City Council meeting on April 12, 2023, the FY 2021/22 City of Cloverdale Audited Financial Statements were accepted, identifying a surplus of \$1,745,900 in the general fund balance compared to the previous year. In accordance with the General Fund Surplus Policy, the surplus was allocated based on specified priorities. First, \$100,000 was transferred to the Emergency Reserve, increasing the balance to \$688,105. Then, \$48,894 was moved to the Contingency Reserve, bringing the balance to \$1,668,436. The remaining surplus was allocated to various reserve funds, including the Equipment Replacement Reserve, Police Vehicle Replacement Reserve, Facility Replacement and Maintenance Reserves, and Compensated Absences Reserve, resulting in current balances of \$171,891, \$279,215, \$235,596, and \$113,061, respectively. Additionally, \$318,519 was transferred to assigned fund balances. It is worth noting that the general fund balance reserves also include \$900,816 in American Rescue Act Funds previously assigned to specific projects in the water and wastewater enterprise funds.

Despite the City's strong financial position, the City is facing strong headwinds that affect the City financial standing. With the slowing of the global economy, the City is forecasting a reduction in key revenues includes sales tax revenues and a slowing of growth in property tax due to a reduction in property sales and is witnessing significant increase in the cost of goods and services much of which has been driven by the increase in global inflationary rates. The Finance department is closely monitoring the City's financial positions and will embark on preparation of an updated financial audit starting in July for fiscal year 2022-23 completed on June 30.

Public Works Department:

The Public Works Department continues their work to maintain and g improve our city's infrastructure. Over the past months, the Public

Works department has been hard at work maintaining the water system that provides Cloverdale residents with clean drinking water year-round. Our Senior Water Treatment operator Darren Hernandez and Water Treatment Plant Operator Trevor Andersen are tasked with the production of approximately 20+ million gallons of clean drinking water to supply the City of Cloverdale each month. The Water Treatment Plant team is overseeing water plant maintenance projects, including well rehabilitation projects and effluent pump rebuilds and replacements. The rehabilitation of the City's Wells will provide for the upcoming high demand summer months. The Water treatment plant employs a Supervisory control and data acquisition (SCADA), providing around the clock access to important treatment plant operational data and automated function control. The SCADA system is also undergoing much needed updating and maintenance to provide safety of operation and security of the treatment plant computerized system.

The City of Cloverdale is continuing steps to enhance its drought response and improve water management through the WaterSmart project, an Advanced Metering Infrastructure (AMI) system. This project involves replacing and upgrading approximately 3,300 water meters with "WaterSmart Meters," enabling near real-time updates to the city's customer portal. The AMI technology aims to conserve water, enhance customer service, and increase operational efficiency. Through an online web portal, residents will have the ability to monitor their water consumption and make informed decisions to manage their usage. The installation process will occur over the next year, with minimal water shutoffs anticipated. The city's Utility Billing Team will also receive upgrades to detect leaks and securely share water use information with customers. As the project progresses, the city will provide updates on connecting to the WaterSmart web portal for monitoring water usage.

Planning Department:

The Planning Department plays a vital role in shaping the future of Cloverdale. Over the past month, Community Development staff have been busy working on planning initiatives to update the General Plan and Zoning Ordinance. At the June 14th City Council meeting, the Council adopted an Ordinance amending the Municipal Code in order to improve the general community and residents' quality of life by ensuring conformity with state law, as well as consistency with the City's General Plan. The Zoning Amendment made a number of updates to the City's Zoning Code.

In addition, our City staff have been busy addressing development projects underway in the southwest area of the City. Current development project include two residential projects that will provide affordable housing for Cloverdale. These housing projects aim to address the diverse housing needs of different groups. Let's take a closer look at each project: BI'DU KHAALE SENIOR HOUSING PROJECT.

The first project known as the BI'DU KHAALE HOUSING PROJECT is designed to provide housing for senior members of the Dry Creek Rancheria Band of Pomo Indians. The project includes 25 singlestory detached homes located on an 87-acre site. The project also includes a 1,600 square foot community building for events and gatherings.

The second project known as the Baumgardner Ranch affordable housing project consists of three phases, the first two of which are currently under construction. The first phase is a 101 multi-family unit affordable project, with on-site amenities including a Tot Lot, open space, and a Creekside trail. The second phase of the project provides 60 affordable townhouse style units, a club house, and other amenities. A third phase of the project includes singlefamily residential lots and dedication of land to the City for a future community park.

If you would like any additional information about these or other projects, please email Kevin Thompson, Assistant City Manager/ Community Development Director at kthompson@ci.cloverdale.

Conclusion:

As we conclude this edition of the City of Cloverdale newsletter, we want to express our gratitude for your continued support and engagement. The City of Cloverdale thrives on the active participation and enthusiasm of its residents. We encourage you to stay informed, get involved, and be part of the positive changes happening in our community.

Remember, your voice matters, and together we can build a brighter future for Cloverdale.







Encore Dance recently presented three "Dancer of the Year" awards to the following students: Kayla Clark, Fin Simmons and Cooper Llapitan. These dancers exemplify Encore's motto of "Passion, Precision and Community".

Along with their title of Dancer of the Year, they will each receive a \$200 tuition voucher and have their pictures and titles posted for all next season at the Encore Dance studio.

Creative Corner Christy Anne

The dictionary defines "freedom" as the quality or state of being free. So, I figured I would focus on something that is not always talked about comfortably. The freedom in older age and/or with disability to move around with some ease and safety, using a walker. Sure, we all know about them, but why is there still such a stigma to utilize one? Perhaps I am too much like my father and pragmatic in my approach to life and am missing the gene that cares about what others think regarding my personal appearance.

Walkers are no longer the clunky, hard-to-maneuver beasts they once were. They are lighter, fold down, have seats, storage and even often drink holders! Still feeling self-conscious? Decorate the heck out of it! Dust off your glue gun and box of rhinestones you've been saving. All those hardware stickers floating around from tool companies you don't know what to do with – slap 'em on! Or grab yourself some acrylic pens and paint something that makes you smile.

My point is, perhaps take what is making you self-conscious and make it your own – take your power back. Needing a walker to help you safely get around shouldn't be any different than wearing glasses when needed to drive or shoes to be welcome in a grocery store.

So, to celebrate the 4th of July this year and one of the many freedoms available I have purchased a Medline Premium Empower Rollator Walker and have painted California Poppies along its legs for a smile whenever one needs one. I will be selling raffle tickets for \$25 to win this walker and 100% of monies raised by tickets will be donated to The Cloverdale Senior Center.

On the 4th of July I will be outside of Plank Coffee from 9-11am with the walker enjoying some tea & selling tickets. Please come check it out, buy a raffle ticket and not only help to raise money for the senior center, but score yourself a one-of-a-kind painted walker signed by me!

FREE Drive-In Movie At Cloverdale Citrus Fairgrounds



Experience the nostalgia and charm of a classic Drive-in movie at the Cloverdale Citrus Fairgrounds! Join AVFilm for a fan-favorite evening under the starry sky, where you can enjoy the magic of cinema from the comfort of your own vehicle.

Gates will open an hour before sunset, giving ample time to find the perfect spot and soak in the atmosphere. The movie will commence at dusk, and food options will be available for purchase.

ZOMBIELAND plays Saturday, July 15, 2023, 7:30 PM, at Cloverdale Citrus Fair. No ticket needed.

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Cloverdale Connect Coupons

Enter to Win! Win this Blackstone 22 in. W Steel Nonstick Surface Tabletop Griddle #8023375 \$169.99 Value from Cloverdale Ace Hardware Name: Phone: Address: Email: Submit your entry during the entire month of July 2023. Ace Hardware Cloverdale 750 S. Cloverdale Blvd. One entry per person. Drawing will be held August 1st 2023.





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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
10-11)55am	Adult Swim		Adult Swim			Adult Swim		
Noon-1 00	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Aqua Class	Family Swim	
1:00-2:00	Family Swim	Family Swim	Femily Swim	Family Swim	Family Swim	Swim Lessons	Family 5wim	
2:00-3:00	Adult Swim	Adult Swim	Adult Swim	Aqua Class	Adult Swim	Family Swim Start 2:30pm	Adult Swim	
3:00-5:00	Family Swim	Family Swim	Family Swim.	Family Swim	Family Swim	Family Swim	Family Swim	
5:00-6:00	Adult Swim	Aqua Class	Swim Lessons	5wim Lesson		Family Swim	Family Swim	

* Swim Lessons will begin Wednesday, June 14th. More details coming soon*

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	- Poor air quality due to fires, etc
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PASS TYPE	CATEGORY	PASS FEE			
DAY PASS	Youth (under 18) Senior 55+	\$4			
DAY PASS	Adults 18+	\$5			
SEASON PASS	Youth/Senior 55+	\$125			
SEASON PASS	ADULT 18+	\$165			
SEASON PASS	Family Pass *up to 2 adults & their minor children in same household*	\$290			

Sonoma County Family YMCA *1111 College Ave* Santa Rosa, CA 95404 707-545-9622 * www.scfymca.org The Y is a non-profit, community organization. Financial Assistance is Available.

National Night Out Event



The Cloverdale Police Department is gearing up for their annual National Night Out Event in the Plaza on Tuesday, August 1st, 2023, 6 PM to 9 PM. Come out and meet the Police Officers, Dispatchers, Chief of Police, and more. They

will have emergency preparedness booths, recreation, face painting, and over \$2000 in raffle prizes that were donated and are being raffled off (Must be present to win). Police vehicles and equipment will be on display. Meet Darth Vader and other cosplay characters for a photo opportunity. Northbay Animal Control will be doing a safety presentation and have pets you can meet who need a home.



ALA Selects Jerisne Guerrero As 2023 Girls State Delegate



The Cloverdale Unit of the American Legion Auxiliary selected Jerisne Ceja Guerrero as its delegate to Girls State for 2023. Guerrero will be a senior at Cloverdale High School in the fall, where her favorite subjects are chemistry, biology and earth science. She plans to take AP environmental science in her senior year,

saying, "We will learn what kinds of energies are sustainable for the planet and are generally healthier for people."

Jerisne believes that issues around immigration are important. She was born in Santa Rosa but didn't learn to speak English until she went to kindergarten. "If you don't give a minority an opportunity to grow and expand, you'll never see what they're capable of doing," she said.

When she's not in school, Guerrero works in her dad's office, and paints in acrylics and watercolors. "I like painting mountain views, and trees," she explained. "A tree can have cool and warm tones at the same time; it all depends on how the light is hitting the tree." She also took a drama class and appeared in two plays during her junior year.

Girls State, a week-long program to teach leadership through civic responsibility, is sponsored by the American Legion Auxiliary of California. Individual Auxiliary Units, such as Cloverdale's, select a delegate, a first alternate and a second alternate. Savannah Lands was selected as first alternate for 2023, with Shea Santana selected as second alternate. The session is held between the delegate's junior and senior years.

As a Girls State delegate, Guerrero joins a distinguished group of women. Notable Girls State alumnae include broadcast journalist Jane Pauley; Brigadier General Michelle Johnson, the first female Wing Commander of the U.S. Air Force Academy; Lynne Cheney, wife of former Vice-President Richard Cheney; and talk-show host and reporter Leeza Gibbons. Several noted governors and state legislators also attended Girls State. The first Girls State session in the United States was conducted in 1938, and the first California session followed in 1940.

Happy Fourth of July! Word Search Puzzle

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Word List

BALLOONS BEACH BUBBLEGUM CASEYBERRY FIREWORKS FRIDAYNIGHTLIVE FUN GRUGSTHUGS HOTDOGS ICECREAM KIDSRIDEFREE MURAL PARADE POOL RATTLESNAKE RIVER SHOUTOUT SUMMER SUNSHINE SWIM



Joan Tillman
enjoying
Cloverdale Connect

after being FLOCKED by Cloverdale Rotary Club



Send in a picture reading

Cloverdale Connect

and you will qualify for a chance to win a gift

Submit photos to info@cloverdaleconnect.com

The tacos were delicious at the recent Open House held at **Sanz Nursery** in Cloverdale a couple of weeks ago. Visitors could check out the retail displays and merchandise in the store and roam the rows of plants while enjoying great food.



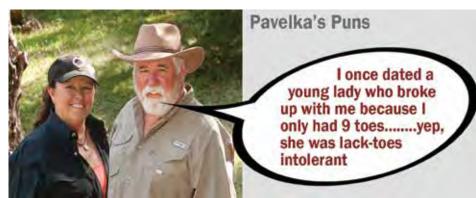
New! TRANSLATE to Spanish Button

Easily translate Cloverdale Connect articles from English to Spanish on our website

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www.CloverdaleConnect.com





Demystifying Macros Gina Berry, MS, RD, CLT

At the core of a balanced diet are macronutrients, the essential components of food that provide us with energy and nourishment. Macronutrients are the three major nutrients that our bodies require in large quantities: carbohydrates, proteins, and fats.

Carbohydrates are often misunderstood, but the truth is they are an essential source of energy. Found in foods such as grains, fruits, and vegetables, carbohydrates are broken down into glucose, which serves as the primary fuel for our bodies. They are especially important for physical activity and brain function. Look for complex carbohydrates like whole grains, legumes, and fiber-rich fruits and vegetables, as they provide sustained energy and essential nutrients.

Proteins are vital for the growth, repair, and maintenance of our body tissues. Proteins are made up of smaller units called amino acids, and our bodies require a variety of these amino acids to function. Foods rich in protein include meat, poultry, fish, eggs, dairy products, legumes, nuts, and seeds.

Fats are actually an important part of a healthy diet. Fats provide energy, help absorb fat-soluble vitamins, and contribute to the production of hormones in our bodies. Focus on consuming healthy fats like monounsaturated and polyunsaturated fats found in avocados, nuts, seeds, and fatty fish.

Carbohydrates, proteins, and fats work together to provide us with energy, support growth and repair, and maintain overall well-being. Remember, the key to a healthy diet is to focus on consuming a variety of whole foods including a colorful array of fruits and vegetables, lean sources of protein, and fiberrich whole grains.

One More Father's Day Photo



My Dad & Hero Carson Hawk

~ Beverlee Laird





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Cloverdale Ponytail League Opening Ceremony

The Cloverdale Ponytail League opening ceremony for 2023 Season was held recently at City Park. The evening included introductions of the CPL Board Members, the many Community Sponsors, as well as the 12 teams that make up this year's league. Each of the 116 registered players were introduced along with their volunteer coaches.



A couple of the highlights of the evening were the introductions of two of the current and long running CPL Board Members. Cloverdale Mayor Todd Lands, who currently serves the role of Board Member at Large, and Cherna Alliston who most recently served as the Trusted Treasurer. Mayor Lands has been volunteering in various capacities with CPL for well over 10 years and threw out the first pitch of the 2023 season to close out the Opening Ceremony.

A very special moment was the honoring of their Trusted Treasurer, Cherna Alliston, who was involved and serving as a Board Member the year that CPL became incorporated as a non-profit organization in 1988. Long before that, Cherna started helping with the league in the early 1970's. She helped recruit girls from the community to play softball, helped on and off the field, and served as the CPL President for many years. Cherna took over as the Trusted Treasurer after her time as President and has served in that role ever since, only stepping away last year to take care of her own health. Her work with CPL, along with the many other volunteers over the years, played a key role in keeping the league running.

To honor her many years of service, CPL President Patty Bird presented her with the Cherna Alliston Rookie of the Year award. The annual award will be given at the end of each season to a Farm Division player who earns the title. It was a great way to honor her service and love for the game.

Traffic Signal Upgrade



The City of Cloverdale has contracted with DC Electric to install an updated traffic light control unit at the First St. and Cloverdale Blvd. intersection. The updated controller is fitted with backup batteries that will provide 6+

hours of full traffic signal functionality in a power outage situation.

The controller is also fitted with a generator power input plug and switchgear to allow a generator to power the traffic signal in a prolonged power outage situation.





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Let's Travel Craig Clark

4 Things the TSA really doesn't want you to bring on an airplane:

Guns

Many people seem to forget that guns are not allowed as carry on items. Passengers bringing firearms to the TSA security checkpoint face suspension of their TSA PreCheck eligibility for five years and a maximum civil penalty of \$14,950.

Firearms can be in checked luggage but must be unloaded and checked in a locked, hard-sided container and declared to the airline at check-in.

Liquids and Gels

The most common prohibited items that travelers have in their carry-on bags that are prohibited through a TSA security checkpoint are liquids, gels, aerosols and spreadables larger than 3.4 ounces. Basically, if you can spill it, spray it, spread it, pump it or pour it, and it's larger than 3.4 ounces, then it should not be packed in a carry-on bag. TSA makes exemptions for medically necessary liquids, medications and creams of more than 3.4 ounces or 100 milliliters in your carry-on bag.

Alcohol

You can bring your own alcohol on a flight — but with several limitations. Beverages with more than 24% but not more than 70% alcohol can be brought in checked bags no more than 5 liters per passenger and they must remain unopened in their original retail packaging. Miniature bottles of alcohol can be brought in your carry-on but must fit in a single quart-size bag.

However, federal law prohibits travelers from consuming their own alcohol on board as a flight attendant must serve the alcohol.

Fertilizer

If you have a green thumb, fertilizer unfortunately is not allowed in carry-on or checked luggage as it can be flammable. However, you can bring plants (and planting seeds) if your plant fits in the overhead bin or underneath your seat.

From The Points Guy.com







Katie Silva, DVM Amy Smith, DVM

707.894.3951 20 Industrial Drive Cloverdale, CA 95425

"Celestial Poodle"

Robyn Spencer-Crompton and Peter Crompton are a well-known husband and wife team. They collaborate on many creative projects ranging from theatre design to fine art. Peter specializes in the sculptural form and Robyn in mosaic surface design. Together, they have created a body of work that blends formal beauty and metaphorical power.

Robyn and Peter's sculpture on the 2022-2024 Trail is "Celestial Poodle". This sculpture originated as a pink poodle created for Jesus Christ Superstar. Herod created quite a splash when he rode in on him. Subsequently the Cromptons



decided to adorn her with stars and constellations since that seemed to match her haughty demeanor.

The poodle, sponsored by Bob Scott and Tim McDonald is 5'6"H x 2'6"W x 5'D, weight 400 lbs., composition is concrete over fiberglass mesh over structural foam with steel base. The Celestial Poodle adorns the sidewalk on Cloverdale Blvd. and the north side of E. 3rd Street. Photo by Jude Gibson

A Trip To Cloverdale! (a "Mad Libs" type game) My family and I are going to Cloverdale near _____ (noun) (adjective) this summer. Cloverdale is so _____ (adjective) because you can _____ and ____ (verb) all over town. When we _____ our ____ (verb) (noun) to Cloverdale, we like to _____ (verb) (adjective) We like to go ______(verb ending in "ing") ___ fish for dinner. Our favorite place in Cloverdale (adjective) _____, where we___ (business name) (verb) every time we are there. We tell all our _ that they should (plural noun) come to Cloverdale too. Cloverdale is _ (adjective) because it is -_ and (adjective) (adjective) no matter what time of year.



Let's Welcome All N One Kustomz Collision & La Joya Detailing

All N One Kustomz Collision is excited to bring to Cloverdale All N One La Joya Detailing located at 50 Commerce Ln. Unit E in the Reuser Industrial Park - Cloverdale's one and only detail shop. Jesse Fox & Jorge Tapias-Morales (Owners of All N One Kustomz Collision) have always been passionate and knowledgeable about auto detailing especially when it comes to Restoration cars, motorcycles and customer vehicles. Jesse grew up in Cloverdale and it was always a dream to open a detail shop to serve the community, something Cloverdale has always needed. Jesse & Jorge decided to team up with Carlos Montesinos of La Joya Detailing, who at the time was doing mobile detailing locally in town but after that discussion a dream team was created & that's when All N One La Joya Detailing was born.

The mission was to create a one stop shop for Auto Body, Auto detailing, custom paint, airbrushing - basically anything under the sun. Currently open 9am-5pm every day, call them at 707-955-4494 or stop by. They're excited to be here and look forward to meeting more people in the community and they thank Cloverdale for all the support.









July 4th Memories From Not So Long Ago **Mary Jo Winter**



the 4th of July in Cloverdale meant gathering up the family and heading to City Park for Family Fun Day.

The daylong festivities would sometimes start as early as 8 a.m. with a free pancake breakfast. One year, the Cloverdale Fire Department sponsored a "Pump, Dunk & Poker Race," a 12 and 25mile bike ride to get the day started.

Music, food, raffles, face

painting, contests and even fortune telling were the order of the day. Games included Sack Races, Bubble Gum Blowing, Egg Toss, Water Balloon Toss, Horseshoes and a Cake Walk, as well as the ever-popular dunk tank featuring local celebrities in the hot seat.

One of the most popular events was the Pretty Legs Contest. Open to men only, ages 16 and up, it attracted as many as 28 contestants each year.

A little over 30 years ago, A make-shift curtain, raised only about two feet off the ground, was strung on a rope between two trees. One by one, much to the delight of the cheering crowd, each of the contestants strutted their stuff" behind the curtain, hoping to capture

> the judges' favor. One fella by the name of Bob Sams came all the way from Virginia to compete.

No doubt most of the winners have either lost or tossed their souvenir t-shirts, but two of the former winners, Tom Kurpinsky and Michael Bradford, still have their Best Legs t-shirts. Kurpinsky claimed the top honor in both 1989 and 1991, while Bradford was deemed to have the 2nd Best Legs in 1991.



Then as now, the day ended at dusk with a spectacular aerial fireworks display on the high school field, sponsored by the Cloverdale Lions.

Let's support our Cloverdale businesses!



Each business featured in Cloverdale Connect's "Shout Out" receives a window sticker suitable for display, acknowledging that they are supported by our community.



Thanks to **Burchett's Heating and Cooling** we just finished our very first home improvement project as new homeowners!!! What an amazing feeling of pride it is. Jeff and Jenna Burchett are wonderful people who truly took care of our needs with professionalism and care. We couldn't be happier with the work they did for us. Highly recommend them if anyone needs any heating or cooling services.

Jessica Angel

I would love to give a HUGE shout out to the amazing and incredibly generous Max & Angela Cordova and Pastor Michael from St. Peter's Church! They selflessly donated hundreds of socks to our agency Redwood Community Services! One 17 year old living in the office said he instantly took off the socks he was wearing to put on his new ones! Today when I dropped some off at our homeless shelter, an older man hugged the box and said "thank you"! I cannot Savannah Del Campo-Snyde say thank you enough!

Thank you, **DenBeste Soils** for delivering sand for my round pen!!! Great prices. Great service. Angela Cordova

I just wanted to do a shout out for Cloverdale Retail Therapy. Every time I come over to visit my sister, I make a point to shop at Cloverdale Retail Therapy because I can always find quality clothes for any occasion as well as the many unique gifts the shop carries. I have purchased fun gifts for each holiday. I especially loved the Christmas decorations. It is a very unique store with lots of wonderful finds and the staff are always so helpful and friendly. They really go above and beyond to make each customer feel welcomed. Looking forward to my next visit. Mindy Frost

Thanks again to the **Wolf Pack** boys for another amazing yard work job! I've been having the boys come out to weed and clean up my front yard area and never do they disappoint. Hard working young men for sure.

Crystal Nicole Dagler

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Cloverdale Library Community Connection John Koetzner, Children's Services Librarian

July begins the second month of summer reading, and we celebrate our nation with July 4th celebrations. The library still has plenty of free books for children through adults who read at least a total of five hours. For ten hours, you get a second free book. The best way to record your time reading is online at our Beanstack database and choose summer reading 2023. Each hour you read, you are entered into drawings for gift cards.

Our summer lunch program runs Mondays through Fridays at noon at the library. Summer lunch is free on a first come, first served basis for children and teens 18 years and under.

Kids

Diane Ferlatte (Storyteller) - Saturday July 8, 11:00 am

James Chan Magic-Tuesday July 11, 10:30 am

Mexican Amate Painting Tuesday July 18, 10:30 am (Grades K-6)

Onye Onyemaechi – Friday July 21, 10:30 am

Natasha Yim – Young Authors Writing Program Fridays July 21, 28, & August 4, 11, 1:00 pm

Paint A Glow Rock – Paint a glow-in-the-dark rock (Grades 4-6) Monday July 24, 1:00 pm*

Jose-Luis Orozco - Tuesday July 25, 10:30 am

Teen

Northern Lights Paint Party - Thursday July 20, 1:00 pm * Art Journals- Thursday July 27, 1:00 pm

Adult

Sabor de mi Cuba Music - Sunday, July 9, 2pm Bilingual Paint Party – Tuesday, July 18, 5:30pm * The Veggie Queen – Sunday, July 23, 2pm

* Registration through the Sonoma County Library website is required for these programs.

Congratulations to the CHS Class of 2023



Thank you, Cloverdale Lions, for cooking a great Senior breakfast, and for all you do for our community!



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sonomalibrary.org











Rotary Club of Cloverdale donated their time and effort to clean up Kleiser park recently - thank you for all you do for our community.



TRANSCEND



Laura Paine Carr Jane Gardner Pamela Heck Terry Holleman Kathleen McCallum Hanya Popova Parker David Taber Clay Vajgrt

David Taber - 3-D Art



Terroir is a French term known throughout the wine industry as the natural environmental factors that affect wine grape production, from climate and soil to topography.

Jim Young, CEO and winemaker of Kelley and Young Wines is well versed in terroir as his family has been farming in the Alexander Valley since 1858. Young, also CEO and vineyard manager of his family's two hundred fiftyacre Robert Young Estate Winery, hand selects the fruit

from seven varietals producing fifteen hundred cases of wine a year.

Michele Armanino

Kathleen Kelley and Jim Young established Kelley and Young Wines in 2005. They opened a tasting room in 2017, Kelley and Young Wines at the Library, at 119 S. Cloverdale Blvd., the original location of Cloverdale's first library. Sadly, Kathleen passed away from cancer in 2021, but their versatile, gold medal-winning wines continue in popularity as evidenced by their charming tasting room and sunny garden patio where customers can relax and sample their many varietals.

Nancy Freitas, Kelley and Young's wine educator and tasting room liaison, enthusiastically describes each wine's attributes to her patrons in a simple and knowledgeable manner. "A light, crisp and refreshing 2020 Sauvignon Blanc is a perfect summertime accompaniment to chicken, fish and spicy dishes." Freitas describes their hint-of-spice, 2018 Zinfandel as a great balance of "fruit and terroir". "It's a perfect pairing for roast beef sliders, pizza and blue cheese", she exclaims!

Sales executive and tasting contact Erika Spencer is excited about Left Bank, an upcoming wine and food event in August. "Kelley and Young Wines is partnering with four other wineries for a day of wine tasting and food pairing. It's an intimate affair, and tickets are limited so the event can be informal and relaxed." Spencer says.

Kelley and Young Wines appreciate serving the Cloverdale community as evidenced by their continued support of Friday Night Live, La Familia Sana, The Boys and Girls Club and more. "Kathleen was all about supporting the arts and community," Spencer says. "That's why I get up every morning and come to work - to continue her legacy and purpose."



Kathleen McCallum - Photography

Cloverdale Arts Alliance Gallery

204 N. Cloverdale Blvd. Downtown Cloverdale

July 16-September 17, 2022 Reception - Saturday, July 16, 2022 5:30-7:30 pm



Featured Resident Artist: Clay Vajgrt - Acrylic Painting



Our Cloverdale Community Cares sponsored by



Jane & Ron Pavelka (Lions Cloverdale Lions





Alexander Valley Healthcare



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Savings Wednesdays Sidewalk Sale Table (up to 50% off select items) 1st Wed. of the month 50% off store wide! (except yarn)

DONATIONS

M-F 8:30-4 PM, 311 N. Main St. Please get in touch with the Senior Center to make arrangements before you bring items to donate.

All proceeds support our local Cloverdale Senior Multipurpose Center.

Senior Center (707) 894-4826 311 N. Main Cloverdale, CA.





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u or anyone you know is in need of food, please come to one of our food distributions. The ones listed below are regular locations in North Sonoma County: however, we have 300+ locations where you can get free food. Please call (707) 523-7903 or visit getfood refb.org to find a site near you. All food is free and all are welcome.

CLOVERDALE LOCATIONS & TIMES:

Cloverdale Citrus Fair 1 Citrus Fair Drive, Cloverdale Groceries to Go & Senior Basket Every Monday 4:00 pm - 5:30 pm

Cloverdale Rancheria

555 5 Cloverdale Blvd #1, Cloverdale Groceries to Go & Senior Basket. 4th Thursday of the month 11:00 am - 12:00 pm

St. Peter's Church 491 S. Franklin Street, Cloverdale Groceries to Go & Senior Basket 2nd & 4th Thursday of the month 10:00 am - 11:00 am

WINDSOR LOCATIONS & TIMES:

Shiloh Neighborhood Church 5901 Old Redwood Hwy, Santa Rosa Groceries to Go & Senior Basket Every Wednesday 1:30 pm - 2:30 pm

Windsor Senior Center 9231 Foxwood Drive, Windsor Groceries to Go & Senior Basket. 1st & 3rd Friday of the month 10:00 am - 11:00 am

Our Lady of Guadalupe 8400 Old Redwood Hwy Groceries to Go & Senior Basket 2nd & 4th Saturday of the month 8:00 am - 9:00 am

HEALDSBURG LOCATIONS & TIMES

Corazon Healdsburg 1557 Healdsburg Avenue, Healdsburg Groceries to Go & Senior Basket Every Tuesday 9:30 am - 10:30 am

Healdsburg Senior Center Groceries to Go & Senior Basket 9:15 am - 10:00 am

Healdsburg City Hall 401 Grove Street, Healdsburg Groceries to Go & Senior Basket 2nd & 4th Wednesday of the month

Trinity Baptist Church SIS Powell Avenue, Healdsburg Groceries to Go & Senior Basket 1st & 3rd Saturday of the month 7:30 am - 9:30 am

GEYSERVILLE LOCATIONS & TIMES:

21485 Geyserville Avenue, Geyserville Groceries to Go & Senior Basket 1st & 3rd Wednesday of the month 4:00 pm - 5:00 pm

Get Help Paying for Groceries.

Apply for CalFresh benefits today. Call our Food Connections team at (707) 523-7903.

THE RECIVIORD EMPIRE FOOD BANK IS AN EQUAL OPPORTUNITY PROVIDER

New Citrus Fair Board Member Robert Montes



Robert Montes, former Board President and wizard of Paella has rejoined the board of directors as of May 8, 2023.

Robert was the first bilingual board member, a mentor of the Citrus Queen pageant. Robert recently was selected to cook for a dinner honoring the finest chefs in the country.

heaven's

Thrift Shop Now Accepts Credit/Debit Cards

i ¡La tienda de segunda mano Heaven's Closet está aceptando tarjetas de crédito / débito!

Thrift Shop is Open Thursday and Saturdays 10am to 3pm!

They are accepting your clean and gently used donations! Thrift Shop está abierto los sábados y jueves de 10am a 3pm. Estamos aceptando sus donaciones usadas en buen estado hov!

Our community thrift store, Heaven's Closet, is looking for volunteers. Help support this great community resource by helping out in the store.





News From Supervisor James Gore's Office

Community Improvement Projects In Progress

1. Crocker Road Pedestrian & Bicyle Bridge

The Sonoma County Department of Public Infrastructure is proceeding with this significant development that when completed will greatly enhance safety for cyclists, pedestrians, and recreational enthusiasts.

This state-of-the-art bridge represents a pivotal milestone in the county's commitment to promoting active transportation and creating a safer community for all. This new pedestrian bridge offers a range of benefits that will positively impact the lives of residents and visitors. The key advantage of this project are:

- a. Increased Safety The pedestrian bridge and bicycle provides a dedicated pathway, completely separated from vehicular traffic, ensuring the safety of pedestrians and cyclists. This eliminates the risk of accidents and encourages more people to utilize active modes of transportation.
- b. Recreation and Leisure The new bridge not only benefits commuters but also caters to the recreational needs of residents. It provides access to scenic routes and trail networks.

2. Cloverdale River Park Expansion

The vision is to expand the Cloverdale River Park to include the heavily used area surrounding the Crocker Road Bridge to provide accessible safe recreation, reduce fire and trespass and other impacts on neighbors, and to improve water quality and habitat.

Project Elements:

- a. Connected, safe trails Sonoma County Public Infrastructure is leading the Crocker Bike & Pedestrian bridge to provide a safe crossing to both sides of the river.
- b. Safe Parking designated parking with accessible parking at the east side of the bridge
- c. Access Trails sustainable and accessible routes
- d. Restrooms permanent accessible restrooms to improve water quality and use experience
- e. Trash & Dumping trash and recycling receptacles and service; barriers to prevent dumping; debris removal from river; regular clean-ups
- f. Signage regulatory, navigational, educational, and "Leave No Trace" signs will be provided

Project Steps:

- a. Acquisition Negotiations for fee title or public recreational easements with two private landowners are underway
- b. Master Planning Proceed once acquisition is near completion. Master planning will include community engagement, biological/vegetation studies, cultural resource studies, traffic studies and other analysis.
- c. Construction The Crocker Road Pedestrian & Bicycle Bridge is scheduled for Fall 2023. Phase 1 of the park expansion is dependent upon the acquisition.
- d. Funding Sources Parks for All Measure M (\$125,000), Park Mitigation Fees North County Area (\$10,000), Sonoma County Regional Parks Foundation (\$15,000) and pending 4th District Infrastructure Funding (\$100,000). Additional fundraising will be needed for development.

3. Asti Permanent Bridge Update

The Permanent Asti Bridge will provide an additional reliable, year-round ingress/egress, particularly during disaster emergencies. On April 28, 2023, the Board of Supervisors authorized the Department of Public Infrastructure to proceed with Phase 2 of the design work for the Asti Bridge Project. Phase 2 includes preparation of environmental documents for the CEQA analysis and acquisition of right-of-way. With studies on track for completion in the next several months, it is estimated that the effort to create a Special Financing District to support the project will begin at the end of the year.

4. Soda Springs Ranch Open Space Preserve

In partnership with the City of Cloverdale and the Lyda family, Ag + Open Space is in the process of conserving Soda Springs Ranch Open Space preserve, a 209-acre property directly west of the City of Cloverdale. Ag + Open Space will purchase the ranch and then immediately transfer ownership to the City upon closing. A conservation easement will be held by the City, with a recreational covenant in perpetuity, ensuring that it will be a natural and recreational resource for generations to come.

5. Schellenger Road Communications Tower

In partnership with Northern Sonoma County Community Emergency Response Team (CERT), Northern Sonoma County Fire (Cloverdale & Geyserville), Fireball Information Technologies, a selected group of Sonoma County radio communications leads, North Bay Mesh, Krasisla Pacific Farms, and the Sonoma County Infrastructure, the first grassroots installation of a communications tower is now a realty.

Located east of the City of Cloverdale, the General Mobile Radio Service (GMRS) repeater makes it possible to communicate with the Graton and Geyserville Fire Stations, Fitch Mountain, and areas of Petaluma, Knights Valley, Hopland, and Ukiah during emergencies.

The North Bay Area Mesh (NBAM) is a fail-safe, digital communications network run by licensed amateur radio operators. It is designed expressly to strengthen emergency communications for disaster responders, fire stations, local polices, and volunteer amateur radio operators. The mesh is a regional intranet and does not connect to the internet.

The fire cameras are part of a remote wildfire early detection system and overlook both incorporated and unincorporated Cloverdale, Mendocino County's southern border, the City of Healdsburg, and the Town of Windsor. The tower, upon completion, will host essential communications infrastructure, cameras, and a weather station.

6. Russian River Parkway

The vision of the Russian River Parkway is to provide safe, clean and unique river access along a heavily used 2 to 3-mile stretch of former Highway 101 between the former Preston Bridge at Cloverdale and the Sonoma-Mendocino County line area. By formalizing high-use, unregulated river access sites, Regional Parks can provide the community with accessible safe recreation, reduce trespass and other impacts on neighbors, and improve water quality and habitat.

Project Elements

- a. Safe Parking designated parking lots with accessible parking; formalize roadside parking on Geysers Road.
- b. Access Trails Steep and erosional trails will be replaced with sustainable and accessible routes
- c. Restrooms permanent accessible restrooms to improve water quality and user experience
- d. Trash & Dumping trash and recycling receptacles and services; barriers to prevent dumping; debris removal from river; regular clean-ups
- e. Signage regulatory, navigational, educational, and "Leave No Trace" signs will be provided
- f. Potential Camping limited, supervised camping is being explored to address high demand in the area.

Project

- a. Acquisition of the 19-acre river park was completed in 2020
- b. Master Planning is nearly complete, with preferred alternate, special studies and CEQA document to be published this summer. Input has been provided by neighbors, greater community, the City of Cloverdale, Cloverdale Pomo, user groups, and other stakeholders.
- c. Construction of Phase 1 is scheduled to be completed by Fall 2024 and estimated at approximately \$900,000-\$1,000,000. Debris removal began in 2021.
- d. Funding Sources to date are State Resources Agency River Parkways Grant (\$1,125,000), Park for All Measure M (\$300,000), Park Mitigation Fees North County Area (\$136,000). Total project budget is approximately \$1,561,000.

Cooking with David Maciel

Sponsored by Ray's Food Place

In July we celebrate our country's independence and with the warmer temperatures, I look at fresh garden salads to beat the heat. This is one I make frequently and what's best is you can add in more veggies, cheese, and cooked chicken or shrimp.

Corn Avocado and Tomato Salad

Salad Ingredients

- 2 cups fresh cooked corn or canned as a substitute
- 1 pint cherry or grape tomatoes, halved
- 1/2 cup finely diced red onion
- 1-2 avocados, cut into 1/2-inch cubes

Dressing Ingredients:

- 2 tablespoons olive oil
- 1/2 teaspoon grated lime zest
- 1 tablespoon fresh lime juice
- 1/4 cup chopped cilantro
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

Combine the cooked corn, tomatoes, and onion in a large glass bowl. Mix together the dressing ingredients in another bowl, pour over the salad, and gently toss to mix. Chill salad for an hour or two to let flavors blend. Add avocados right before serving so they don't brown. Adding a squirt of lime directly to them will help them not brown.



Free County Chipping Program Opens For 2023 Season

The County of Sonoma has begun accepting applications for its seasonal Chipper Program, which provides free chipper services to residents seeking to make their property more wildfire safe. Provided through the Permit Sonoma Fire Prevention Division, this free service assists property owners in creating defensible space, which can be critical in preventing the spread of a wildfire to a home.

The program is available on a first-come, first-served basis for properties in the unincorporated areas of the county. The free chipping service helps create defensible space around homes and roadsides and reduces vegetation along access routes.

Those interested in participating are encouraged to review the program guidelines and submit their online applications as soon as possible. To learn more about the program, visit permitsonoma.org/chipperprogram.



Snakes on a Trail: Tips for Hiking in Rattlesnake Country

Sonoma County's rattler is the northern Pacific rattlesnake - most active between April and October. It's rare for a human to suffer a rattlesnake bite, and extremely rare for a human to die from a bite. Here are some rattlesnake facts to help you stay safe.



A rattlesnake has a distinctive triangular shaped head, with a tapered neck and thick body, large scales, and (unless they lose it, which they can) a rattle at the tail. Rattlesnakes can't regulate their temperatures and look for sunny spots to warm up after a cool night. Rattlesnakes need to find sheltered places out of the sun to keep from overheating: shady places along or under logs, rocks, heavy shrub or woodpiles, even the foundations of buildings.

Rattlesnakes are most active in the morning and from dusk into the night. They hunt mice and rodents in darkness because they can sense body heat with special organs on their faces.

Rattlesnakes aren't aggressive to humans unless threatened or frightened. They eat mice and rodents and are shy of bigger animals.

Don't wave things at them because that may agitate them. Don't try to push them off the trail with a stick – that's often how people get bitten.

Shouting won't scare them off either - they don't have external ears – but they can "hear" really well by picking up vibrations in their jaw and bones. They can sense the impact of feet on ground, which helps them escape before you get there.

A rattlesnake can lunge about two thirds of its body length. Stay as far as possible from any rattlesnake, aim for at least 10 steps away, to ensure safety no matter which direction the snake moves.

If the snake won't move off the trail, it's safest to wait it out or turn back. Don't try stepping over or around it and watch where you step. Keep an eye on the snake in case it decides to escape your way. When motivated, they can glide fairly quickly.

A rattlesnake bite can cause painful swelling, bruising and tissue damage. Rattlesnake venom can be lethal after several hours if not treated, but bites are rarely fatal because antivenom drugs are so effective.

In a state of 39 million people, approximately 300 rattlesnake bites are reported annually to the California Poison Control System.

What should I do if one bites me?

Act quickly to get help, but stay calm. Get medical attention as soon as possible. Antivenom sweeps up the venom. Exertion spreads the venom faster, so keep your heart rate as slow as you can. Don't waste time trying to catch or kill the snake. Remove rings, watches or bands that may restrict swelling. Keep the bite about level with your heart. Do not apply a tourniquet or cut the bite to get the venom out. Don't apply ice or drink alcohol.

Use your phone to call for help and follow the instructions you're given. It's better to move toward help than wait, if you're uncertain when help may come.

A California study found two-thirds of rattlesnake bites were on the hand or arm, and 80 percent of victims were young men. Most bites occur from handling or accidentally touching snakes.

- Don't pick up or get close to snakes.
- Make sure you can see where you plan to step or put your hands. Step on, not over, large rocks or logs.
- Stick to trails, avoid tall grass and heavy underbrush where snakes may shelter out of the heat.
- Wear long pants and sturdy shoes. Don't wear sandals in bushy, wild areas.

Rattlesnakes can swim, so be careful about grabbing what look like sticks or branches in lakes and rivers.

Keep dogs on leash so they don't investigate snakes. If bitten, get them quickly to a vet for antivenom shots.

Edited from an article by Stephen Nett, a Bodega Bay-based naturalist, writer and speaker.