

c. C. Craale Connect

Bringing our community together since 2020

February 2023



Editor's Note

Here it is - the annual February LOVE Album, a community favorite, plus a new book feature, wonderful photos of the recent CHS alumni tournament, some special comments

about Cloverdale Connect from our readers, your free copy of the new community map, plus all of the monthly features - this issue is packed with information, photos and stories.

Make sure to take time to celebrate your love for family and friends this month. We all need to be loved and appreciated, so spread the love around town. Take someone special out to eat in town, surprise them with a gift from a local store, maybe go to a movie, or a local performance and don't miss the Cloverdale Citrus Fair.

I'll see you around town!





almost everything, including how much they enjoy reading Cloverdale Connect.



Front Page Photo **Contest Winner**

Stephanie Freele

Congratulations! She won a Gift Card from Pick's Drive-In



There's No Such Thing As A Sleepy February In Cloverdale

While many towns are hibernating after a busy Holiday Season, Cloverdale is in full swing! The month kicks off with the first ever, monthly, Cloverdale Wine Walk.

Local restaurants and merchants will host wineries and pop-ups, on the first Saturday of each month through May, for a Wine Walk around town. Tickets are available at Kelley and Young Tasting Room and ISee Optical, in advance or day-of.

Speaking of swings, don't forget to mark your calendar for the return of the Annual Cloverdale Citrus Fair, February 17th-20th. Grab your tickets, grab your friends and family and celebrate Cloverdale's rich history and modern-day fun.

It truly is a "Wonderful World"! EXPERIENCE CLOVERDALE



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Jane & Ron Pavelka

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LOVE Album, Book Nook, AVFilm News, Alumni Game, 2023/2024 Community Map insert and more!



in

Cloverdale Connect Inc PO Box 404 Cloverdale CA 95425



CUSD Teacher of the Month Joe Dobbins

Sponsored by Dahlia & Sage Community Market



Mr. Dobbins is the 12th grade English teacher, advisor and drama teacher for Cloverdale High School (CHS) for twenty plus years.

He has been described by his students and coworkers as charming, caring, and funny - always volunteering to help with covering teachers when there's a need. He never

complains and is always upbeat and positive and would give the shirt off of his back for anyone.

He works at least 10 hours a day and is always there for students to help them become the best they can be. Mr. Dobbins shows the most school spirit of any staff member, and makes the most delicious chocolate chip cookies and lemon chicken pasta.

He loves his wife and daughters and his dogs and loves his students. His dedication to them is obvious. In his spare time, Mr. Dobbins volunteers and acts in performances at the Cloverdale Performing Arts Center.

Mr. Dobbins loves teaching Shakespeare to students to understand life. And, let's not forget, he is the best creamfaced loon there is! We love you Mr. Dobbins.

CELEBRATION NOTICES

Birthdays • Weddings • Memorials • Retirements
Anniversaries • Birth Announcements

\$1 per word (700 words max.) + photo in print edition plus online at cloverdaleconnect.com

February Love Linda R. Butler, MFT



AVH (Alexander Valley Healthcare) offers much more than just medical services for your physical wellbeing – they also have a staff of caring, non-judgmental experts of the mind. In our busy lives, we sometimes forget that both our body and our mind need self-care; one is intimately connected to the other. This month

one of AVH's behavioral health providers shares her thoughts.

"Many times, I have heard clients in unsatisfactory relationships say that they are hoping or waiting for their partners to change. This statement seems to communicate that the present behavior of the partner is not favorable. We think that is we just love the other enough, they will change. We think if we are patient, kind or supportive, they will change. We think that moving, or having children, or getting a new job, will change them. Moreover, while waiting for the other person to change, we are often not pursuing our own growth. This frequently leads to the stagnation of a relationship and greater dissatisfaction. Change can only come from the person wanting change.

"Instead, consider doing something healthy for yourself and valuing your own happiness. Find a path towards self-love, whether it is coffee with a friend, reading your favorite book or taking a walk. If you find yourself stuck and unable to act, you might want to get outside support from a counseling professional."

Behavioral health services are available to established AVH patients. To register and become a patient, please go to www.alexandervalleyhealthcare.org.



Our Gift To You

Inserted into this issue of *Clowerdale Connect* is the new 2023/24 Cloverdale Community Map. This handy map can be used by residents, new-comers to our area, visitors and people considering relocating to our wonderful Cloverdale community. Additional copies of the map are available FREE at the Cloverdale Chamber of Commerce.

Convertable Connect thanks the many local businesses and non-profits who made this project possible.

New! TRANSLATE to Spanish Button

Now you can easily translate Cloverdale Connect content from English to Spanish on our website by using the orange TRANSLATE button in the upper right-hand corner.

¡Pruébalo!

www.CloverdaleConnect.com

Translate >>



Tickets include:

- Complimentary wine & beer tastings
- · Olive oil tasting
- Complimentary wine glass
- · Live music
- Special lunch discounts
- · Pop-Up vendors at select locations

Saturdays 11am - 3pm February 4, 2023 March 4, 2013 April 1, 2023 May 6, 2023

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\$30- per person. Tickets and check-in at I.SEE. Optical or Kelley & Young or get your tickets online before the event at:

www.kelleyandyoung.com/winewalk

DOWNTOWN CLOVERDALE

@cloverdalewinewalk

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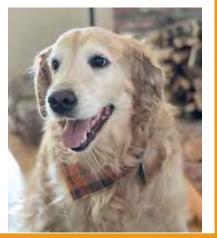
Golden Retriever Molly is a wonderful pet. She is smart, happy and playful.

Michelle Daunch

Send your pet photos for PET of the MONTH to:

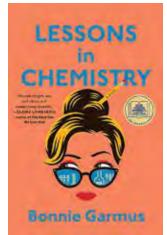
info@cloverdaleconnect.com

Prizes courtesy Clover Dog Pet Supply & Wash and Cloverdale Connect



New! Erin's Book Nook Erin Mavis

Sponsored by erin mavis clothing



Lessons in Chemistry by Bonnie Garmus is a fun, quirky read that also addresses some very serious social issues.

This book came highly recommended and I have seen multiple glowing reviews. I hesitated to pick it up, but am ultimately so glad I did. The bright, cartoonish cover is misleading. This book, while certainly humorous, is not so much a comedy as it is a clever observance of gender inequality in the 1950's.

Elizabeth Zott, the main character, is a

chemist, a mother, a feminist and very reluctantly the host of a television show aimed to teach housewives how to cook healthy meals.

Lessons in Chemistry is an ode to women born before their time. Women who wanted to be scientists, not secretaries. Women who wanted to take charge, not take notes. The message is timeless and the writing is delightful.

February is National Heart Health Month Celebrate someone you love!





Take a walk 3 times this week

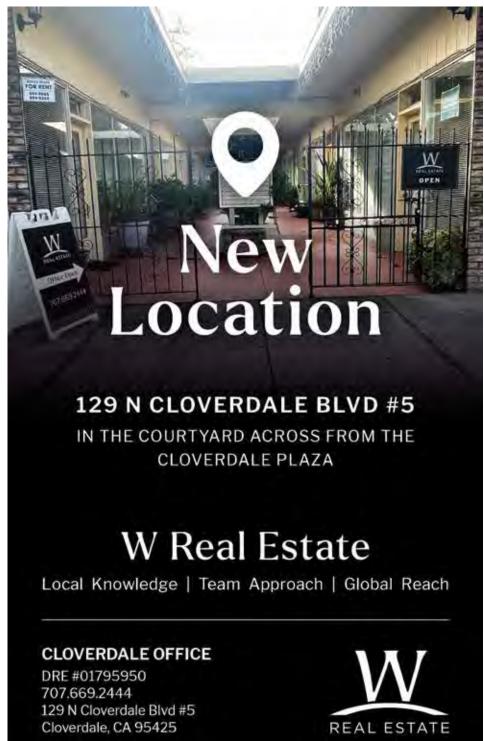


Cook a heart-healthy meal together



Schedule a health check-up for them





Take A Book, Leave A Book

All over town, you'll find small free libraries where you can take any book you like and leave off any books to share. Some are affiliated with "Little Free Library", and you can search on their website for more locations – littlefreelibrary.org





3rd & Washington

114 S. East Street

405 Muscat



37 Clark Ave.

Chablis Way & 323 Pepperwood Chardonnay Ct Drive

N. Cloverdale Blvd. & School St.

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Cloverdale Church Guide

The Church of Jesus Christ of Latter-day Saints 1011 S. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church 1085 S. Cloverdale Blvd. Cloverdale, CA 95425



Good Shepherd Episcopal Church

Sunday Services At 10:00am Coffee Hour Immediately Following

The church is open Tuesday mornings from 9-10am for quiet meditation and prayer

goodshepherdcloverdale.org 122 N. Main St, Cloverdale



Grace Lutheran Church

890 N. Cloverdale Blvd. Cloverdale, CA www.GraceCloverdale.org

Join us for worship 10:00 am in person or by web - Facebook LIVE 'Grace Lutheran Church Cloverdale CA"

Jehovah's Witnesses 27100 Dutcher Creek Rd. Cloverdale, CA 95425 Phone: 707.894.4490

Living Water Church 450 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.3274

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Worship Sundays 10:30 am

Parkside Christian Chapel 553 W. 2nd St. Cloverdale, CA 95425 Phone: 707.894.2893

St. Peter's Catholic Church 491 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.2535

The Bridge Foursquare 50 Commerce Lane Ste. C Cloverdale, CA 95425 Phone: 707.894.5050

We are a church that tries to follow the example and the teachings of Jesus through the kindness and compassion of our missions. We welcome all of our neighbors with an open mind and without discrimination or judgement. Our messages and music give us hope and lead us to a closer spiritual relationship with God. Please join us.

UNITED CHURCH OF CLOVERDALE

439 N. Cloverdale Blvd. Cloverdale 707.894.2039 www.uccloverdale.org

What Plaza Cinema Center Means For Cloverdale

AVFilm has signed the leases to build Plaza Cinema Center, a non-profit, two-story campus for film and media arts exhibition and learning in downtown Healdsburg. The center aims to (a) serve Healdsburg with a local movie theater and (b) serve the greater region with arthouse programming, film and media arts educational opportunities and (c) the annual film festival each spring.

The Healdsburg location ensures that AVFilm will continue to deliver ongoing collaborations, support, and services to the people, businesses and the City of Cloverdale.

Cloverdale students have and will continue to receive more than 50% of AVFilm's educational resources through subsidized classes, camps, and workshops. The center will aid in the fundraising efforts around these programs.

AVFilm has pledged a \$25,000 grant for on-screen advertising at Plaza Cinema to be administered by the Cloverdale Chamber of Commerce on its behalf and on behalf of its members over the first three years that Plaza Cinema is in operation. On-screen advertising will place businesses and events in front of movie goers made up of families and arthouse audiences, bringing increased awareness to Cloverdale.



Jenny Gomez & Kathryn Hech

"We are proud that Cloverdale produced one of our region's most valuable creative assets and look forward to the organization's support of Cloverdale in the years to come," says Neena Hanchett, Cloverdale Chamber of Commerce.

Plaza Cinema Center will also support AVFilm's efforts to provide the following benefits to Cloverdale:

- Cloverdale students will continue to enjoy on-location services or free transportation to our Healdsburg campus.
- AVFilm after-school partnerships will expand, covering most if not all costs, to include CUSD and La Familia Sana to bring students media arts and filmmaking skills training.
- The annual film festival AVFest now spans a 10-day celebration, featuring an opening night block party at the Clover Theater and Cloverdale's First Street, complete with wineries, multiple bands, and food vendors entertaining more than 1,000 local residents. AVFest will spend all of the opening weekend in Cloverdale before moving to other Northern Sonoma County locations and closing in Healdsburg.
- AVFilm provides unique outdoor screenings in Cloverdale with partners in the private and non-profit sectors serving more than 1,000 local movie lovers. All screenings are free to the public and presented in English and Spanish.
- AVFilm will continue to sponsor Cloverdale Youth Soccer League through an end-of-the-season screening event.
- Finally, AVFilm created a restricted fund to support AVFilm services and programs in Cloverdale. Donors may now request that their contributions go entirely to Cloverdale.

For questions or naming inquiries for Plaza Cinema Center, please contact Executive Director Kathryn Hecht at Kathryn. hecht@avfilmpresents.org or 707-278-9624.

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Getting Online in Cloverdale Will Carter

There are five types of internet service available in Cloverdale from several different vendors. Some are a better fit than others. So, whether you've just moved to town or want to upgrade your internet service, read on to learn about your options!

Cable, from Xfinity/Comcast Business – Comcast is by far the fastest internet available to Cloverdale residents. The slowest package is 75Mbps. The combination of these high speeds and the ability to combine your landline, cellular, and television services makes Xfinity/Comcast the easy first choice.

DSL, from AT&T & Sonic.net – Built on the landline phone infrastructure, DSL internet service is the oldest service available in Cloverdale. Since the service from the two providers is the same, I would recommend getting any DSL service via Sonic.net. Sonic is a local company, based in Santa Rosa, and is actively expanding their fiber internet services.

Cellular, from most cellular carriers – Whether sold as a "Home Internet" product, or an addition to your cellular plan, cellular internet can be a good solution for those who need internet outside of town or when on the go.

Fixed Wireless, from AVISP, Vista Broadband, & others – Fixed wireless is a technology which allows a customer to be connected to the internet via a wireless signal. While this might sound like cellular internet, dedicated hardware provides a further reach, allowing very remote locations access to the internet.

Satellite, from HughesNet, Viasat, & Starlink – While Starlink has been in the headlines a lot, their offering is only a small improvement on existing service. Satellite internet is an option for folks who have no other option, and despite what the marketing might say, it is best to exhaust other options first.

No matter which service provider is best for you, be sure you read the fine print to make sure you understand the pricing, terms, and any data use restrictions or limits.



Lester Milfred Herring 1924-2023

Lester Herring passed recently in McMinnville, Oregon, age 98.

A celebration of life will be held February 18th at the Church of Christ in McMinnville, Oregon.

Lester, the first of three children born to Lester Lee and Minnie Maude (Carter) Herring in Fresno, CA, attended school in a one room school, taught by his mother. He graduated from Sunflower School in a class of one in 1938, graduated in 1942 from Avenal High School, and attended Pepperdine College, Los Angeles, graduating with a B.A. in Business in 1949. Lester served in the Navy during World War II from 1943 to 1945 and was a Photographer's Mate with Air Crew Wings. During his Pepperdine years he met the love of his life, Evelyn Coburn, and they were married in Pensacola, Florida, on July 1, 1944.

After college he worked as Office Manager at Productol Chemical Co. in Santa Fe Springs, CA, opened the bicycle shop in Cloverdale, CA, and owned a Montgomery Ward Catalog Store also in Cloverdale. While living in Cloverdale, Lester was involved with the Cloverdale Historical Society and the Pacific Coast Air Museum in Santa Rosa, CA.

His special interests included photography, genealogy, history, travel, and house-boating. One of his favorite vacations was to organize a large group and rent house-boats on Lake Powell. He also travelled to Europe, Australia, New Zealand, and the United States, including Hawaii and Alaska.

Lester is survived by his four children, seven grandchildren and four great-grandchildren and his sister. He was predeceased by his wife of 69 1/2 years, Evelyn, and a brother and son-in-law.



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Use this handy QR code that will take you right to **www.CloverdaleConnect.com**



You'll find all past issues of **Cloverdale Connect** archived in pdf form plus bonus content, David Maciel's recipes, our new translate to Spanish button and expanded articles.

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Cloverdale Connect Supports



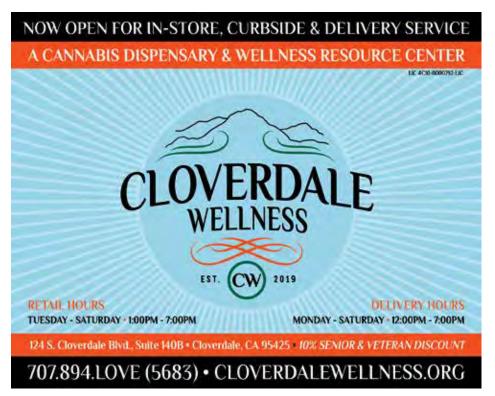


Dr. Jeff and Fran Templin lost their 24-year-old son, Zane Templin, to suicide in 2016. Zane was an amazing person, son, brother, and a friend to many. He was a black belt in Tang Soo Do at the age of 13. Zane, a scholar-athlete, graduated with honors from Santa Rosa High. He went to University of California

at Davis and received a degree in neurobiology, physiology, & behavior. He attended the prestigious Arthur A. Dugoni School of Dentistry in San Francisco. His smile lit up any room that he entered, and he is loved and missed by many.

The Zane Templin Foundation, a nonprofit 501(c)(3) organization, was formed in Zane's memory. Their mission is to support mental health awareness and suicide prevention. Their focus is on the children, teens, and young adults of Sonoma County. They believe in funding research, educating the public about mental health and suicide prevention, and supporting survivors of suicide loss and those affected by suicide. They are also involved in the Out of the Darkness Community Walk held every year. Team Zane – "You Matter" has raised over \$139,000 for the American Foundation for Suicide Prevention since 2016.





Cloverdale Senior Multipurpose Center Melanie Hall

Happy Heart Month! There are several new classes going on at the Senior Center that will either make your heart happy, healthy or both.

One of our classes is being led by William Cordingley who has practiced and taught mediation for over 50 years. His style of meditation and breathwork has been proven by Stanford researchers to reduce stress. We all know that in the last few years there has been an additional layer of stress that we have experienced, what better way to relieve stress than by just learning to breathe in a way that our anxiety levels are lowered and our body physiologically relaxes. His meditation class is every Tuesday and Thursday, 8:45-9:45 A.M.

If you want to get your heart pumping and put a big smile on your face then get out your dancing shoes and come join our Country Fusion Dance class on Thursday mornings, 8:45-9:45, (no class February 9). The music is lively and so are the participants who are kicking up their heels with Dance instructor Mo. This class is a low impact cardio class done to popular country music.

Speaking of getting your body moving, belly dancing classes will begin on Thursdays, 3-4 PM starting March 2. Classes will be taught by Viviane Furlong, who has been belly dancing since 1973.

Maybe you having been thinking about putting into writing some stories from your life, Valentine's Day is the perfect time to start. Join Kay Wells on February 14, 10-11:30 AM to learn some tips on writing your story of love and more. You can start by reminiscing about the valentines you received from friends and even your high school crush when you were younger, Kay will give you some tips on getting started.

Another way to make our heart happy is to listen to music. On March 14, 5-7 PM, Peter Van Gelder and Friends will be performing a musical benefit at the Senior Center. Peter, who is an acclaimed sitar disciple and has performed all over the world will be joined by Tim Witter on the tabla (drums) and singer Eric London who has sung with many well know musical artists. Food and complimentary drinks will be served prior to the concert. Tickets are \$25 for members, \$30 for guests.

Please call the Senior Center at 707-894-4826 for more information.



5th Annual Community Basketball Event Was A Huge Success Charlie Delfino

The excitement built from the very first basket, a deep 3 pointer by Battalion Chief Justin McNulty and grew throughout the event. Game one was the perpetual trophy game between the Cloverdale Fire & Police with their honorable Mayor Todd Lands against the Cloverdale Teachers & Coaches.



The talent was definitely being showcased as the crowd could visually see the competitive juices flowing as the game progressed. There were tough battles and lots of laughs throughout the contest while everybody had their eye on the prize, a large shiny gold basketball trophy which came with a year full of bragging rights.

The Police & Fire team won the trophy game 40-30 and are champions until they defend their title next year. The Most Valuable Player award was presented to Fire Captain Kevin Sauder.

The second game of the night was the Veteran Alumni game where the teams were decided by graduation year as the odd year graduates took on the even year squad. The even squad took the victory 56-46. The Co-MVP's were Tyler Lawson and Whitney Edens.



The third and final game of the night was the Rookie Alumni odd years versus even years as graduates of Cloverdale High School. The Blue/Gold game.



The announcement came that the first team to 56 wins, and after a few battles at both ends of the court, the game was won on an incredible power slam dunk by John McMillan to give the gold team the victory 56-53. The Co-MVP's were Josh Lemley and Spencer Hoover.

From that exciting 3 pointer to open game one, to the powerful dunk to end game three, it was a night of great competition, laughter and fun for everyone.



A fun fact was that there were 6 sets of siblings participating in the evening including the following: Edens, Pesce, 3 Sauders, Alverez, Hoover and McMillan.

A special thank you goes out to Host Mac Butler, Heidi Butler, Tom Stone, Sean Geske, Julie Axell, Rocky Moffett, Tom Kurpinsky, Dennis Kurpinsky,

Teyla Caturegli and the sponsor of the evening's halftime half court contests, Papa's Pizza. And a super thank you goes out to Ryan Moffett for announcing all three games on the night.

In Loving Memory Courtney Jade Davis February 6, 1991-January 5, 2008



Courtney,



Hey There....Here's looking at you, Now, you would be age 32, A short life...if we only knew,

Cancer sucks...that is very true.
Happy Birthday Courtney.

Love, Dad and Mom

Hope to see anyone who would like to join us at the Cloverdale River Park on February 6th for another bat house installation.

"Life is only as bad as you make it"



¡Únete a nuestro equipo! Join our team!

La Familia Sana is in search of a part-time bilingual Community Outreach Advocate to join our team.

Community Outreach Advocate/Bilingual La Familia Sana Reports To: Executive Director Part-Time Non-Exempt Location: Cloverdale and Geyserville

Salary: \$24.00 NTE: 20 hours per week Work Hours: TBD

Email cover letter sharing experience and interest with resume attached addressed to the Executive Director, Jade Weymouth Jweymouth@lafamiliasana.org. Please write "Bilingual Community Outreach Advocate" in the subject line

233 North Cloverdale Boulevard, Cloverdale, CA, USA

707 669 0289



Alan Dale Chestovich January 8, 1952 - December 12, 2022

Al Chestovich, long time Cloverdale resident, passed away in the comfort of his home on December 12, 2022. Al was born and raised in Gary, Indiana. At the age of 19 he came to California. He was a machinist for PG&E at the Geysers. He continued his career at

other locations, retiring in 2007. He was preceded in death by his parents Milan and Thelma (Meeks) Chestovich and his oldest brother Edwin M. Chestovich.

Al and Valerie, his wife of 36 years, enjoyed traveling and took several river cruises in Europe, especially loving the culture and cuisine of Italy. Al was a car enthusiast and restored a Model A. He loved Ford Mustangs and entered his cars at various shows. He and Valerie attended Hot August Nights for many years.

Grandchildren brought great joy in his life and he was fortunate to visit with them in his final days. Al leaves behind his wife Valerie (Ottoboni) Chestovich, his daughter Elizabeth Lopez (Francisco), grandchildren Damiyon Tamayo (Sierra), Ashton, Legacy and Legend Lopez, great grand-daughter Damirra Tamayo, and Al's brother Robert Chestovich of Martinsville, Indiana. He is also survived by numerous nieces, nephews and dear friends.

Per his request, no services are planned; interment Oak Mound Cemetery, Healdsburg, CA. Special thanks to Sutter Care at Home Hospice and compassionate nurse Bob Herold.

Cloverdale Library Community Connection John Koetzner, Children's Services Librarian

The months of the calendar are falling like the last leaves, faster and faster it feels. We've had some welcome rain, but we'll get more before we move into spring. So, for some of those rainy days, or days where you just don't have plans, don't forget the Cloverdale Library has plenty of programs for all ages throughout the month of February. I'll be returning to my Storytime duties for children on February 23 at 10:30. In the meantime, the wonderful Children's Librarian Carol Singleton will be presenting on February 2, 9, & 16 at 10:30 am. Our adult book club has two options this month: an evening program and a new addition, the Sunday Tea Book Club. Talk to Adult Services Librarian Amanda Cronkright to find out more about these book club options.

More news coming up for next month as we read, listen, learn, and enjoy activities at the Cloverdale Library. In the meantime, join us this month to energize yourself with new ideas and activities.

February Events at the Cloverdale Library

Feb. 9, 16, 10:30-11am
Family Storytime with Carol
Feb. 3, 4-5pm
Intro to Self Defense for Teens
Feb. 12, 2-3pm
Author Talk Screening of How to Talk
About Race
Dec. 12, 4:30pm
Maker Studio: Light Up Cards
(grades 4-6)
Feb. 14, 11am
Spanish Music & Movement (ages 0-6)
Feb. 16, 4-5:30 pm
Cloverdale Library Book Club:
The Jenna Artist

Workshop (All Ages)
Feb. 19, 1:30-2:30pm Sunday Tea Book Club:

Feb. 16, 4-5:30pm

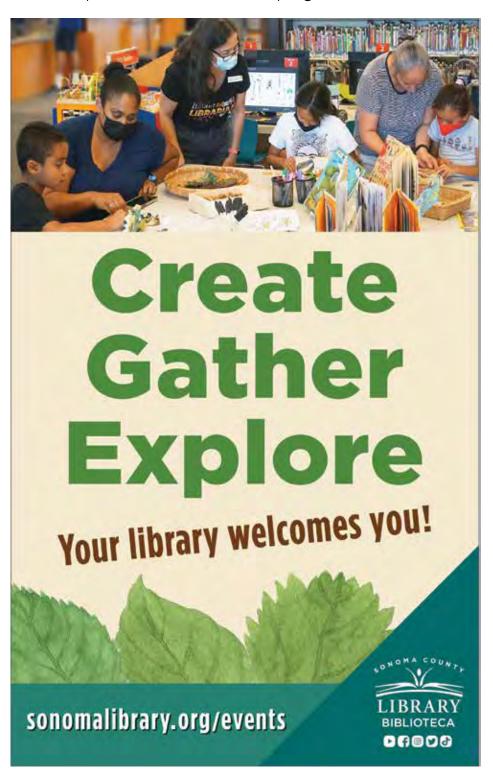
The Henna Artist
Feb. 20 Holiday - The library w

Feb. 20 Holiday - The library will be closed.

All February Events For more events this month, go to:

https://events.sonomalibrary.org/events/month

Korean Culture & Lotus Lantern





Update on the City of Cloverdale's Two- Year budget and Established Budget Goals

City Manager David Kelley

In June 2022, the City Council adopted a two-year budget for the period of July 1, 2022 through June 30, 2023, and July 1, 2023 through June 30, 2024. The two-year budget consisting of two one-year budgets is referred to collectively as the Fiscal Year (FY) 2022-24 Budget. This is the first time in recent history that the City has developed and adopted a two-year budget.

The Goal of a two-year budget process is as follows:

- Save time and Effort Two-Year budgets make strategic use of City Council and staff time
- Reinforce long term fiscal health Broadening the time horizon for the City's finances from 12 months to 24 months.

The adopted budget includes:

- \$18.7 Million in operating revenue and \$18.5 million in operating expenses in fy 2022-23
- \$18.1 Million in operating revenue and \$17.8 million in operating expense in fy 2023-24.

The budget is expected to fund all City operations, projects, and programs over the two-year cycle and provide a plan for revenues and expenditures.

Budget Goals

The City Council establishes budget goals and strategies to assist with prioritizing operational activities, capital projects, plans and program activities. This enables the City to fund necessary and planned expenditures based on realistic revenue estimates while maintaining minimum required reserve balances in each of the fund accounts contained within the budget. The City's reserve policy requires maintenance of a 25% fund balance in the general fund and enterprise funds.

The FY 2022-24 Budget goals adopted by the City Council are as follows:

- **Drought Response** Promote water conservation and water development projects that enhance and support our local water supply. Continue developing response to the on-going drought conditions by pursuing federal and state funding.
- Revenue Enhancement (economic development) Explore and Implement Progressive Strategies to enhance fiscal responsibility and raise municipal revenue to fund vital public services and projects that enhance Cloverdale's energy usage and save on energy bills quality of life.
- **Housing and Homelessness** Address the City's housing needs with a primary focus on completing the update of the General Plan Housing Element. Complete, adopt and begin implementing the homelessness strategic plan that provides permanent housing options and addresses the fundamental causes of homelessness.
- Infrastructure Invest in the completion of key infrastructure (streets, parks, water/wastewater and city facilities) projects.
- Technology Invest in technology improvements Information Technology that enhance cyber security and protect the City's IT Infrastructure.
- **Planning & Sustainability** Implement planning initiatives that reduce costs and improve resiliency while meeting sustainability targets and environmental goals.
- **Emergency Preparedness** Continue to support investments that enhance emergency preparedness and response.

What about Capital Projects?

Budget outlays for capital projects and one-time initiatives are a significant part of their budgeting process. In 2021, the City Council adopted a five-year capital improvement plan (CIP) that includes all the potential capital projects identified as necessary. CIP projects are categorized by their role and function including, Water, Wastewater, Streets, Airport, Public (civic) Facilities, Storm Drainage and

Parks. The CIP includes not only major capital construction, capital improvement, or capital equipment purchases, but also one-time expenditures items such as major studies, comprehensive plan updates, and software upgrades that are planned for the next five years. Most of the CIP projects funded in the budget are directly tied to the budget goals listed above. For instance capital outlays for the Advanced Metering Water Meter Infrastructure project is in direct response to the Council's Drought and Infrastructure goals.

Mid-Year Budget Review

During the budget cycle, the City Council periodically reviews and updates the budget as needed to ensure that expenditures are addressing ongoing priorities and objectives. Following the midway point of the current fiscal year, the Council conducts a "Mid-Year Review" of the budget to conduct a "check-up" on revenue and expenditures through the first six months of the budget cycle. The process entitled the "Mid-Year Budget Review" is planned to be conducted by the Council on February 8th. The mid year budget report prepared by Finance Director Susie Holmes will be posted on the City's website and will be published with the City Council agenda for public review

The City Council will review current accomplishments towards meeting adopted budget goals and will discuss key budget initiatives that set for the City's work plan during the remainder of the budget cycle. This process enables the City Council to make any adjustments needed to respond to current conditions and revise planned expenditures.

Key Budget Initiatives

Drought Response

- Advanced Metering Infrastructure (AMI) Upgrades
- Replace and upgrade approximately 3,300 existing water meters throughout the City AMI system with radio read capabilities.
- Well Replacement & Rehabilitation Replacement of supply Well 7 and rehabilitation of supply Well 8.

Revenue Enhancement

- Implementation of Low Income Household Water Assistance Program
- Implementation of the PG&E Turnkey Program to reduce

Housing & Homelessness

- Update of the City's General Plan Housing Element -In Process
- Adoption of Camping Ordinance to address Homeless Encampments and protection of Critical infrastructure

Infrastructure

- Annual Striping & Pavement Maintenance Funding totaling \$200,000 included in the budget
- Asti Road Pedestrian Improvement Project

- Cybersecurity Enhancements Multifactor Authentication for access to the City's IT systems
- Improvements to City Website and investment in online permitting software

Planning & Sustainability

- Rate & Apportionment Study for Community Facility District for Fire Department
- Housing Element Update
- Updated Code Enforcement Ordinance

Public Safety & Emergency Preparedness

- Approval of Hiring a 10th Police Officer
 - Implementation of a School Resource Officer Program
- Resilient Cloverdale & CloveReady Campaign

For more information about the City's budget visit: https://www.cloverdale.net/482/Budgets

Join us for the 14th Annual Lake Sonoma Steelhead Festival Saturday, February 11, 2023 10:00 am – 4:00 pm



This is a free, family friendly event offering fun entertainment and activities everyone will enjoy.

- Art Projects
- Bubble Show
- Archery
- Live Music
- Food Trucks
- Silent AuctionDry Creek Valley Wines
- Local Breweries



Milt Brandt Visitors Center & Congressman Don Clausen Fish Hatchery 3288 Skaggs Springs Road, Geyserville

This event supports educational programs for local students.

Hosted by:





















Anything's Salvageable Michele Armanino

As a teenager, Bruce Reuser was told by a high school administrator that he wasn't doing anything for their school and the school wasn't doing anything for him. "I was dyslexic," Reuser says, "and back then, they didn't know what that was." As time moved on, Reuser, who found himself a 24-year-old, single father of four, knew he had to bring home a paycheck. "I got into the metal business because I was fortunate enough to have had a caring teacher who taught me a trade."

In 1978, after toiling in the timber industry, Reuser founded Reuser, Inc., a company that innovatively repurposes wood waste from sawmills into mulch and soil conditioners and distributes the product state-wide. Reuser built the machinery that processes the wood waste thereby preventing the toxic burning of scrap.

It's no wonder that Reuser, who can "make a dollar go as far as it can," has dedicated his time and money to funding non-profits here in Cloverdale. "I keep my ear to the ground," he said, "always listening to what is needed, and what's not working." Reuser helps fund projects for organizations for which he has a passion. The 4Cs Cloverdale preschool, which offers low-cost child care on a sliding scale, sports a new floor funded by Reuser as he noticed a need for its replacement while touring the facility.

Reuser agreed to this interview with the thought that he might inspire other people to volunteer or fund an organization of their choice. "Find something you are passionate about even with a donation of one dollar or a thousand dollars...." When asked about the success of the many projects he has funded, he chuckled and said, "When one is doing God's work, one shouldn't blow one's own horn!" To know Reuser is to appreciate a humble, kind and generous man who listens and moves quietly through the Cloverdale community.

"At twenty-four years of age I was given a one hundred percent failure rate." Bruce says. But he knows from life experiences that anything can be salvageable in one way or another. "You have to find your passion..." and, like Reuser, keep your ear to the ground.



Call or Text for an Auto Insurance Quote

Erica Bishop State Farm is proud to donate \$20 on your behalf to a

LOCAL league of your choice.

Cloverdale Sports Corner ~ Amanda Miller February

- Ponytail League: Early Bird Registration begins https://www.cloverdaleponytailleague.org
- Cloverdale Youth Soccer League Board: Positions will be open to join. Email: cloverdaleyouthsoccerleague@gmail.com
- Encore Dance Theatre: Open Enrollment through Feb. 12. Visit encoredancecloverdale.com for more info March
- Cloverdale Youth Soccer League: Registration begins for August season start
- **Pony Tail League** Last day for registration March 31 April
- Little League: Opening Day, April 1
- Joe Pardini Youth Football League: Registration begins for August season start

Мау

- Cheer: Registration begins. Email: Jennhuls@hotmail.com
- Pony Tail League Season starts end of May August
- Cloverdale Youth Soccer League: Season starts
- Joe Pardini Youth Football League & Cheer: Season Starts

September

- **CYO Basketball** More info to come *November*
- Wrestling Club: Early Bird Sign ups begin
- DecemberLast chance to sign up for Wrestling Club
- Little League: Early Bird sign ups begin



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Billy and Gail Bland

had visited 48 states when the pandemic hit.

So recently, they flew to Tulsa. Being in Oklahoma made it 49.

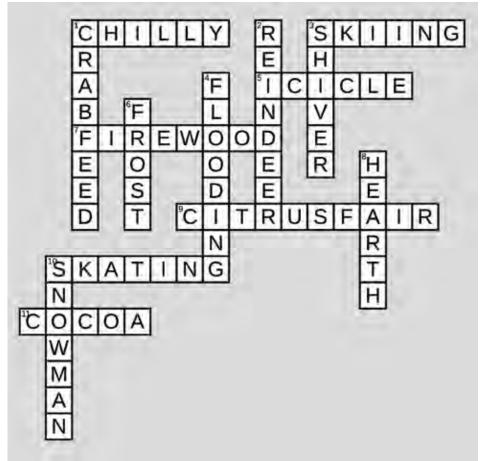
Then they rented a car and drove to Arkansas. Number 50.

Cloverdale represent!





The Big Chill - January Puzzle Solution





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Jesus Chavez





Good Dogs Pet Sitting LLC



Let's support our Cloverdale businesses!

Submit your "Shout Out" to info@cloverdaleconnect.com

Each business featured in Cloverdale Connect's "Shout Out" receives a window sticker suitable for display, acknowledging that they are supported by our community.

Shout out to **Cloverdale Retail Therapy!** I was in desperate need for an outfit for the next day at a wedding. I called the store just before my lunch on a Friday and spoke to Molly about a blouse I saw there and asked if she could please grab that and to find a few black pairs of slacks that I could run in and choose from. She was so great to help me like she did! I got so many compliments about my outfit and I made sure to mention Molly & Cloverdale Retail Therapy to everyone at the wedding who commented and told them how she saved the day!!

Juli Southard

Repeat rave for **Papa's Pizza Café**. Every order has been delivered correctly, with a polite smile and in great time. My friend heard the ribs were the bomb so she tried them last week. Loved them! Repeat order tonight and the ribs were just as good as the first time. Tonight, she said "Now I know of at least one place in town with great ribs". (It's the only place she's tried the ribs at but Vel Gruidl Bakes

We went to **Farmyard Feed and Country Store** the other day to get birds for a Christmas present. They were SO kind and helpful. I'm disappointed to see they're going out of business, and thankful I got to meet them and shop this holiday season *Christina Amaral*

Just wanted to post about the amazing job **Eagle Tech** did on my car. I so appreciate their attention to detail and the timely way they conduct their business!
Seriously, if your car is in need, this is the place to take it.
Thank you, Eagle Tech.

Carolyn Peterson

I would like to shout out to **Ray's!** Yes, I know it's, "Just" a grocery store. However, they are always kind. When we need last minute shopping, when we are running around like crazy, when they sometimes get treated horribly, impatiently. Ray's customer service is outstanding. They deal with locals, out of towners and even the uninvited sometimes. Their lines get long but their spirits never do!!! I always have a great shopping experience there! From an anonymous shopper

Thank you to this group for recommending **Fitzgerald Decorating & Painting!** They just did an amazing job on our interior. Can't wait to use them for future projects.

Liz Hodgdon

Delicious menudo from **Flavia's**! Thank you, Emma, for taking such good care of me. A great Cloverdale staple.

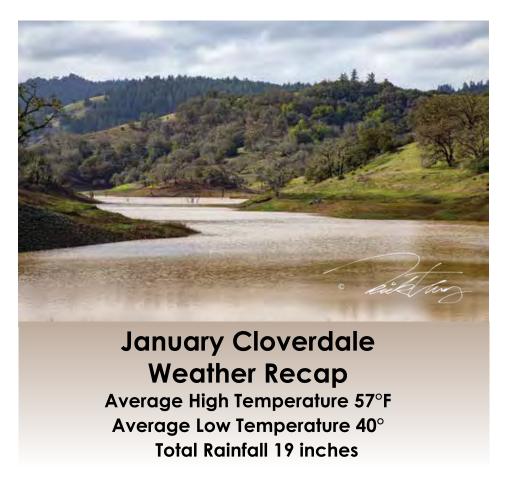
Deborah Mitchel Rust

Want To Know What's Going On In City Government?

Go to: https://www.cloverdale.net/list.asp and have Cloverdale city news delivered directly to your email or via text message. Sign in to subscribe, unsubscribe, or manage your subscriptions

City Council Agendas

City Council Subcommittee Agendas and Minutes Cloverdale Police Department News and Information Planning Commission Agendas and Minutes The Cloverdale Newsletter



Thank You To A Good Samaritan Kathie Mcadams

My companion who has dementia and is at Vine Ridge Assisted Living Center wandered out into the road last night at 11:30 p.m. in a wheelchair - scared and lost and totally soaked. Somebody saw her and called the police and they were able to get her back in. I just wanted to say thank you so much for the Good Samaritan that saw her and called. She was very scared and very wet. So for whomever called, thank you, thank you, may Good Karma follow your life.

Thank You Cloverdale Post Office Melissa and Bill Cox

My husband had been helped a great deal before Christmas by Jeremy and suggested we give him a box of chocolates I made as a thank you. So I took the box to the Post Office to give him but, Jeremy wasn't there. I set the box down on the counter and paid for two letters to England to be sent. I went home, forgetting the box and didn't think anything about it again. Another senior moment. The next day the box of chocolates was put in my mailbox along with other mail. There was a note on it to return it to our address.

Someone in the Post Office took the time to see my return address on the letters to England and asked my mail person to return it to me with my mail. I was so touched that someone took the time to do that during the busy Christmas season. So thank you to the personnel at the Cloverdale Post Office. I am taking them a box of chocolates and a box of cookies for everyone at the PO and hope I don't leave them on the counter.





dunaconstructioninc@yahoo.com



Katie Silva, DVM Amy Smith, DVM

707.894.3951 20 Industrial Drive Cloverdale, CA 95425

Our Community LOVES Cloverdale Connect Here's what our community has to say about Cloverdale Connect

•

⁶⁶For being a small town, we definitely have the best newspaper. ⁹⁹ Carmen

66 love that Cloverdale Connect keeps us connected as a community. 99 Angela

⁶⁶Sooooo grateful to Cloverdale Connect for bringing the true Cloverdale spirit back to our small, but wonderful, community.⁹⁹ Colleen

⁶⁶Our family LOVES Cloverdale Connect! We look forward to its arrival and read it cover to cover. We love knowing what's going on in our wonderful Cloverdale Community. It is so great to have a local paper once again. ⁹⁹ Rachel

**Cloverdale Connect is a perfect way to connect people in the community with current events and information about the best little town in California. It is so wonderful to have a newspaper that is not only informative but also interesting and fun. ** Aileen

⁶⁶I enjoy reading Cloverdale Connect. I appreciate receiving a complimentary paper copy in my mailbox instead of reading the articles online. I especially like to check out the local events and historical articles and photos. Thank you Cloverdale Connect. Heather

We recently moved to Cloverdale and when the Cloverdale Connect arrived in the mail, I was pleasantly surprised to find that this quaint little town had such a great way of connecting with the community and people. I learned so much about the community and the events. I look forward to receiving the Cloverdale Connect each month to stay up to date with our great little town. Love it!

Cloverdale and all the wonderful people. Liz

Best of Show "The Disc"

David Mudgett applied his skill as a pipefitter to create Best of Show "The Disc". This sculpture grew out of a series of pieces where David explored the heating, bending, and combing of the pieces. The hollow disc itself was made to appear solid with the installation of very thick sleeves where the pipe passes through. The sleeves were welded in, ground flush, and then scarfed to fool the viewer.

According to David, "The pipe that runs continuously through the disk was inspired by a childhood introduction to the Mobius strip. I remember my dad cutting, twisting and taping the strip for me to examine."

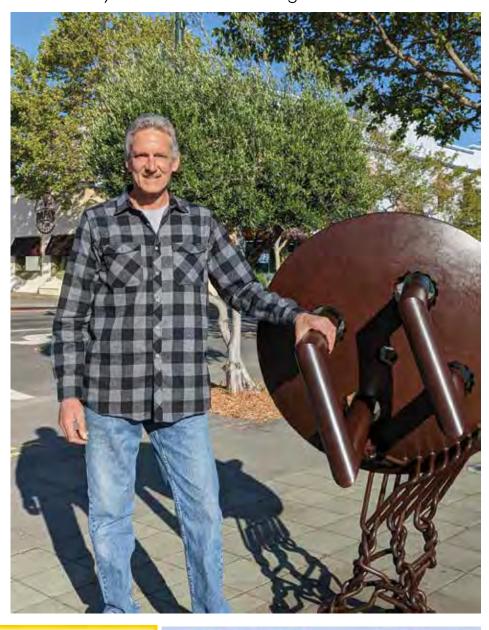
The sponsor of David's "Disc" is Papa's Pizza Cafe and can be viewed at the northeast corner of Cloverdale Blvd. and First Street.

Artist's Statement

"I've been building things my whole life. Always encouraged to repair rather than replace, I became mechanically inclined at a young age. I have always gravitated towards shape, sound and movement.

"I was first drawn to metal by my grandfather, a pipe-fitter. Intrigued by his metal finesse, and surrounded by his many projects, I was lured in. Staring at the fire, and witnessing the magic as the molten metal danced around him has indelibly burnt itself into me.

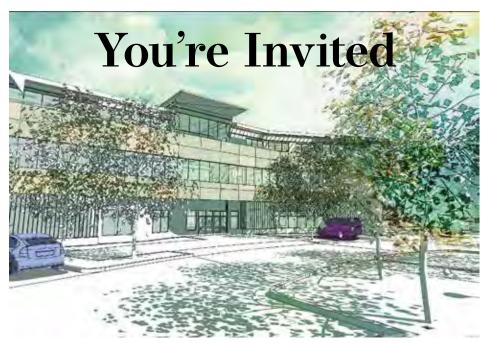
"I was fortunate to serve my apprenticeship in a large pipe fabrication shop and spent years as a pipe-fitter. The ease at which large pieces of metal could be formed into limitless objects fascinated me. Urged to apply my metalworking skills to art, I produced my first sculpture. This new-found form of expression was exhilarating. I had stumbled onto the creative freedom that I was searching for. Having now spent the better part of my life working with steel, I am incurably hooked. Its strength and versatility afford me the liberty to take a piece in almost any direction." David Mudgett











Please join the AVH Board and leadership as they share their vision to increase access to healthcare in our region with the presentation of the plans for a new Health & Wellness Center in downtown Cloverdale.

Sunday, February 26, 2023, 2pm - 4pm The Old Crocker Inn, 1126 Old Crocker Inn Road, Cloverdale

Questions? Contact Kirsten Tellez, Director of Development kitellez@alexandervalleyhealthcare.org (707) 203-2135

Let's Travel Craig Clark

Travel insurance claim denied? Here's how to turn a "no" into a "yes". How travel insurance works - a "named perils" policy covers only what is written in the policy, but even when a peril isn't named, there's still some wiggle room. Travel insurance companies usually assign appeals to a senior adjuster. That person will carefully review the claim to ensure the initial adjuster didn't overlook anything. If your claim is denied review your policy to find out if it made a mistake. Read the policy carefully.

Sometimes, a travel insurance company will list the reason for the denial. "No" doesn't always mean no. Take your appeal to the next level. Enlist the help of the insurance agent or travel agent who sold the policy. Agents can often act as intermediaries when something goes wrong with a policy.

Insurance commissioner

He or she may be able to help if your insurance company rejected your claim for no good reason.

Small claims court

You don't need to hire an attorney to go to small claims court, but there's a limit on the claim amount. This is often your last resort. If your agent or insurance company prevails in small claims court, that's it.

A consumer advocate

A third party may be able to help you get a claim honored, depending on the type of claim and the advocate.

The Creative Corner Christy Latchford

Oh my, one can already feel the twitterpating in the air as it descends on us at its annual appearance (for those too young to understand the reference: watch Bambi). Now of course this does not mean the same thing to everyone. For many Valentines Day is just around the corner, for others, Spring is nearly here. Whatever the thing might be that gets your heart pumping, it can be a fun time for decoupage. The art of cutting out paper items and transforming them into perhaps a card, a collage, or in my case an art project for my wall as I can't dole out that much cash to adorn my wall currently.

Post-Christmas, pre-tax season, you may commence!

Many of us will remember this practice from our childhoods, since it merely requires some good old Elmer's glue and water. For those who don't, a brief explanation. By combining equal parts of Elmer's glue and water you create a thin and easy to use medium to adhere paper to other suitable surfaces and create an albeit simple, but unique result. Again, limited only by your imagination! Well, physics may make an appearance depending on what you are trying to do.



For my art project I got a 6-pack of 8"x 8" canvases at Ross and printed out the five pictures I wanted, and with that 50/50 mixture, I used a paint brush to paint a thin coat on the canvas and pressed the picture onto it. Once dried, I used the same 50/50 mixture and did a few thin coats, allowing it to dry in between, which left me with little canvases of art to be used in my larger project. Valentines, family memories, selfies you wish to immortalize; the possibilities may not be endless, but at a nominal cost, anyone can explore their creative side!



Donna and David's cat Leo takes a nap after reading *Cloverdale Connect.*

So much information and so many articles make him exhausted!





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LOVE Album





Our beloved horse Outlaw passed away May 2022. We miss you, big guy. Love you. Angela Cordova



Sending my love to my Husband Justin Key and our new Son, Leo Key. Sunny



Daniel, Eleanor & Marley



Brodie and Christy Anne



Charlie and Erin Delfino



Beverlee & Michael



Chandra and Tony



Rocky and Tig



Peach And Harry



Kevin and Sheila Kostoff



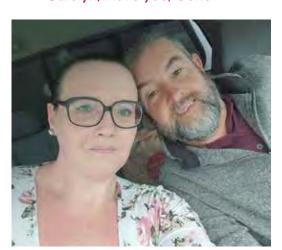
61 years of joy, happiness, and more! Carolyn, I love you, Gene



Mattie, Amelia Rose and Eddie



Kim and Kose Maya



Audra Montenegro & Rico Mendez



Martina and April

Adam and Crystal Dagler





Ernest Nicholas Frandsen

Ernest Nicholas Frandsen passed away on Wednesday, January 18th after a sudden decline in health caused by pneumonia and cancer. He was vibrant and physically active until December 29th. At age 92, he loved to shop, read, go out to dinner with family and friends, watch movies, decorate, give

See's candy, drive downtown, buy and give flowers, visit grand and great-grandchildren, catch up on the family news and share conversation with everyone in the community. Ernie lived a long and happy life, and he will be missed by the multitude of people who had the good fortune to meet him.

Ernie was born on Easter, April 20, 1930. He met his future wife, Marilyn June Watkins, while attending Healdsburg High School. They married in 1950 and had four children. Ernie owned The Redwood Market grocery store in Healdsburg until 1960. Later, he owned Fred Young & Company Mortuaries in Healdsburg and Cloverdale. Ernie retired in 1997. After he lost Marilyn in 1999, he spent his time with family, Kiwanis, church, and "the kids" (classmates from high school). He traveled to Denmark, Sweden, Switzerland, Italy, Greece, and Hawaii. He donated generously to Jefferson Elementary School in Cloverdale, the ICF, Good Shepherd Lutheran Church, and many other organizations and people in the community. Ernie will be remembered for his generosity, good will, and happy attitude. He retained his sharp mental faculties and wit until the last moments of his life.

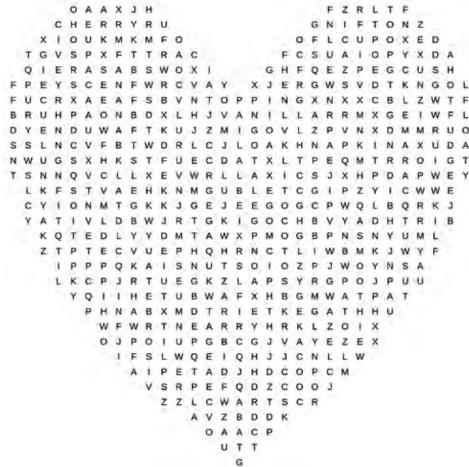
Ernie is survived by his daughters Claudia Jean Frandsen, Marjorie Ann Mielke (Roy Glassett), Elaine Marie Sutton (Mike), and Rebecca Lyn Sutton (Dave). His grandchildren Emily Austin (Josh), Amanda Gulsrud (Erik), Meagan Mielke, Samuel Mielke, Joshua Sutton (Lindsay), Tobin Sutton, Zachary Sutton (Janine), Nathaniel Sutton (Melissa), Hannah Sutton, Maxwell Sutton (Marguerite) and 13 great-grandchildren.

Ernie was preceded in death by his wife Marilyn, sister Elizabeth (Frandsen) VanBuren, granddaughter Dorothy Sutton, and his parents, Ernest W. and Elizabeth Frandsen. Also, his grandparents, Minna and Charles Frandsen, who were Ernie's greatest loving guides, role models, and inspiration throughout his life.

Ernie's memorial will be held at Good Shepherd Lutheran Church, 1402 University St., Healdsburg, on Saturday, February 4th at 11:00 a.m.

Please donate in Ernest N. Frandsen's name to any of the charities listed below: Cloverdale Kiwanis, ICF at St. John's Catholic Church in Healdsburg, the Healdsburg Museum, or your favorite charity that benefits children.

We Love Ice Cream



Word Search List

BANANA BIRTHDAY CAKE CARAMEL CHERRY CHOCOLATE CONE CUP FLOAT GELATO HOTFUDGE MALT NAPKIN

NUTS

PARFAIT SCOOP SHAKE SHERBET SMOOTHIE SORBET

STRAW SUNDAE SYRUP TOPPING VANILLA WHIPPED

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David Stapp January 11, 2023

loving husband on January 11th, 2023. He was

preceded by his devoted wife Marilynn in September 2016.

Dave was raised in beautiful Paradise, CA as the middle child of three. He found life to be an adventure, enjoying camping, traveling, skiing, and motorcycles. Dave multiplied his joy when he married Marilynn Ehle in June 1970. A position as Manager of Shop'n'Save (later Clover Market) brought them to Cloverdale in 1973.

David Stapp, Many in the Community got to know the bounce in his step and the smile in his blue and father, fell eyes as worked there with him. In 1975 they asleep in death welcomed their only daughter Heather (Cleveland) into the world.

> Dave and his family came to love and cherish so many friends in the Cloverdale community and especially in our beloved congregation of Jehovah's Witnesses. The list can't be contained on these pages! That's why we warmly invite all that shared this journey to join in remembrance of Dave's beautiful life on February 11th, 2023 at the Kingdom Hall of Jehovah's Witnesses on Dutcher Creek Road at 2:00pm. Reception to follow.



Introducing: Evan and Chris Dilks **Mary Jo Winter**



EMT-Paramedic Evan Dilks and his wife, EMT Chris Dilks, have been with the Cloverdale Ambulance for about a year. Between them, they have more

than 60 years' experience as emergency medical responders.

They met at Sonoma Life Support where Evan was a Paramedic Supervisor and Chris was an EMT. The couple, who now have four children and two grandchildren, will celebrate their 29th anniversary in August.

Evan currently works full time at Coast Life Support in Gualala and part time in

Cloverdale, while Chris works full time in Cloverdale and part-time at the South Coast Fire Protection District.

They enjoy spending time with their family, grandkids, and dogs, as well as traveling to visit their daughter who is in the Navy. They also enjoy camping and riding dirt bikes.

The first of two state-of-the-art cardiac monitors goes into service this month. Taxdeductible donations for the second one are still being accepted at

Cloverdale Health Care District P.O. Box 434 Cloverdale CA 95425.

Newberry & Verch To Play In Cloverdale February 16



On Thursday, February 16, the Cloverdale Arts Alliance's Americana Night will feature Newberry & Verch, a world-class duo of fiddle, dance, banjo & song from the Ottawa Valley to the Hills of Appalachia. Joe Newberry and April Verch showcase tunes, ballads, step dancing, and original songs by way of Canada and the Ozarks. With beautiful harmony singing, breathtaking instrumentals, and exquisite dancing, these two singular musicians hit the stage in perfect rhythm, making audiences remember why this music existed in the first place.

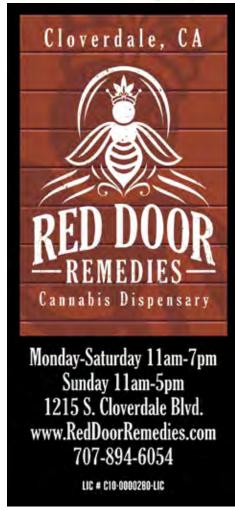
Americana Night is hosted at the Cloverdale Arts Alliance Gallery located at 204 N. Cloverdale Blvd. Tickets are \$20 for Cloverdale Arts Alliance members and \$25 for non-members. Doors open at 7:00pm; music from 7:30 – 9:30pm. Americana Night takes place the third Thursday of each month from October through May.

To receive reserved seating privileges, purchase advance tickets online at

www.cloverdaleartsalliance.

Tickets, if available, may also be purchased at the door.





Connect with C.H.S. **Cheyenne Schriner**

Sponsored by:

Management Connections

Additional support provided by: Papa's Pizza

Cupid is back in full swing at CHS, with the first ever Valentine's dance put on entirely by the student body and hosted inside the west gym, February 11th. Students can look forward to a Saturday night full of dancing with customized music by their peers, contrary to DJ- acting as an opportunity for underclassmen to attend a second semester dance.

With the introduction of a new student-run mental health club, Bring Change To Mind, comes an affirmation wall filled with words of encouragement for students facing heavy loads, stressful classes, and social/academic anxieties. Led by senior Jasmine Corral, it promotes effective coping strategies and relatability amongst peers. It creates an environment where students are not alienated from their worries, but understood.

CHS staff, students and community members have finished a self-study report as part of our reflection of who CHS is, what we do well, and areas for growth. The self-study is a collaborative process that helps schools engage in continuous school improvement that focuses on high-quality learning and well-being for all students. Our self-study is an ongoing process and is a part of what we do in preparation for the WASC (Western Association of Schools and Colleges) visit February 5 - 8. Accreditation is one of the most important aspects of a high school, as it demonstrates that we are teaching students at a level that is nationally acceptable, and can be assured that colleges accept our courses and employers recognize our school as preparing students for career readiness. It acts as an opportunity to show off student success in all areas- arts, athletics, academics.

Our Future Farmers of America members have just returned from their annual leadership conference held in Monterey. The Made for Excellence (MFA) program designed for underclassmen and Advanced Leadership Academy (ALA) for upper classmen is held by California State. It offers and focus a deep dive into what attributes make up a great leader. Promoting trust, self-growth, and empathy- it acts as an opportunity to enhance selfesteem and grow confidence in future relations.

Tree Climbing Dog Kirsten Tellez



Walking on our property, Blue heard something in the tree - squirrel? Cat? Raccoon? Who knows? But she thought she could go and check it out. Next thing vou know, she had jumped onto, then climbed up the tree. She started to go out on one of the limbs but realized that was not a good idea. After a while she climbed, then jumped back down. Kadie. meanwhile, kept lookout while safely on the ground. Blue is a 2 year old Akbash/Kelpie mix, Kadie is a 7 year old Blue Heeler mix.



Cloverdale Rotary Interact Club recently delivered presents of stuffed animals to the Cloverdale Healthcare Senior Nursing Home and Vine Ridge Senior Living Center

Whisker Talk

Brigid Wasson, Mission Reunite

"Helping pet lovers live their best life"

Nail trimming is an important and sometimes neglected part of cat care. Since a cat's claws retract out of sight under their paws, you may not notice when they are growing too long.



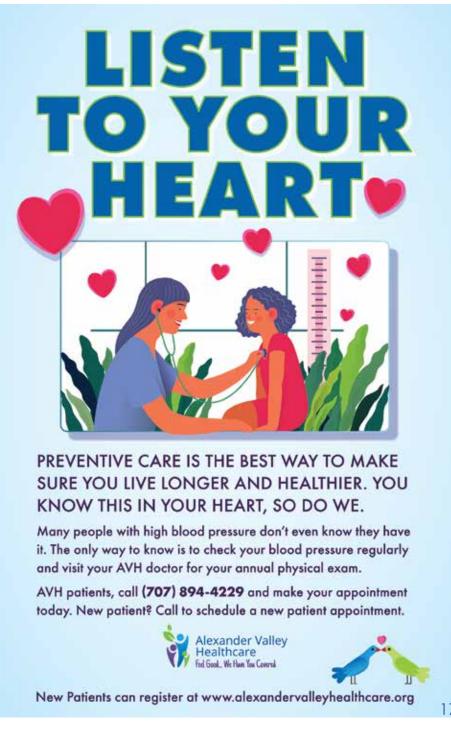
Outdoor cats may naturally wear their claws down from activities like climbing trees, but they should still be checked to see if a trim is necessary. Indoor cats need their claws trimmed because they are not engaging in this kind of activity. How do you trim your cat's nails? Holding the cat in your lap, take a paw in your hand and gently squeeze one toe top to bottom. You will see the nail extend out to its full length. Cat claws are curved and taper to a sharp tip. Most cat nails are white, so you can see the quick (vein) inside as a pink line.

Use only a cat nail clipper, not the human kind in your manicure set. I recommend the scissors type which can be purchased at Clover Dog. Clip only the sharp tip of the nail, leaving the blunt part and staying well away from the quick. Cat nails should be trimmed about every 6-8 weeks.

Good Dogs Pet Sitting offers nail trimming for cats in the comfort of their home.

Call 707-814-5935 to make an appointment. Mission Reunite: Bringing missing pets and their people back together. Please donate to help support our lifesaving programs!





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Creative Notions of (707) 894-4110 119 1st Street, Cloverdale, CA.



NEWHOURS

Tuesday 10-1 PM
Wednesday 10-4 PM
Thursday 10-4 PM
Friday 10-4 PM
Saturday 1-4 PM

Donations

M-F 8:30-4 PM 311 N. Main St.
Please contact the Senior
Center to make arrangements
before you bring items to
donate.



The Friends of the Cloverdale Library happily accept donations of clean books, magazines, CDs and DVDs in good condition. Because of limited space, we can only accept 3 bags or 2 boxes of donations at a time. Drop off donations at the library when open.

Recovery Begins Here

Alcoholics Anonymous

Cloverdale Sunday Group Parkside Chapel Church 553 W. 2nd St. Cloverdale Sundays, 2pm

Cloverdale Newcomers Parkside Chapel Church 201 Commercial St. Cloverdale Tuesdays, Noon

Last Saturday Potluck Parkside Chapel Church 553 W. 2nd St. Cloverdale, 6pm

24 Hour AA Hotlines English: 707-544-1300 Espanol: 707-623-6702 www.sonomacountyaa.org

Narcotics Anonymous

Cloverdale Back To Basics United Church of Cloverdale 439 N. Cloverdale Blvd. Cloverdale Tuesdays, 7:30pm

What's Happening
United Church of Cloverdale
439 N. Cloverdale Blvd.
Cloverdale
Fridays, 7:30pm

24 Hour NA Hotline 707-324-4062 www.sonomacountyna.org













Important Phone Numbers

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Citrus-C! Gina Berry, MS, RD, CLT

It's citrus season - our favorite time of year in Cloverdale! As you probably know, citrus fruits are packed with vitamin C, also known as ascorbic acid. Vitamin C has many jobs throughout the body including immune support, antioxidant, and maintenance of connective tissue and blood vessels through collagen synthesis. Humans are unable to make vitamin C and must get it from our food, unlike many other animals. Smokers and those exposed to smoke need extra vitamin C due to oxidative stress. Additionally, grapefruit may interact with your medication, so talk with your doctor or pharmacist. Citrus also supplies calcium, potassium, and vitamin A in considerable amounts! You'll get a hefty dose of fiber when eating the whole fruit rather than just drinking the juice, so don't always rely on OJ for your citrus. Most citrus comes in its own secure packaging – just peel and enjoy!

If you have a few extra minutes, try a tasty high protein smoothie: Blend 2 whole oranges (peeled), 1 frozen banana, ½ cup vanilla Greek yogurt, ¼ block silken tofu, ½ cup milk (any kind). For a real treat, make a delicious citrus salad with sliced orange, tangerine, and grapefruit; garnished with shallot, fresh mint, and a light honey vinaigrette dressing. Enjoy Cloverdale's cherished fruits!

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Volunteer

Pick up litter • Help your neighbors • Stay informed Donate – your time, your money, your expertise



February

HAM - 3PM

2023

WINE WALK

SPECIAL GUESTS

- Amista Winery
- · Charles Krug Winery
- Dutcher Crossing Winery
- Ettore Winery
- · Hawley Winery
- Jean Hager Home
- Kelley & Young Wines
 MacPhail Family Winery
- MacPhail Family Wines
 Moondog Olive Oil Co
- ONEONTHEHILL Wines & Olive Oil
- Rodney Strong Vineyard & Winery
- Showa Farm Olive Oil
- · Ullage Wines
- Wolf House Brewery

MUSICAL GUEST

Tellez & Jones
 performing a mix of country and rock & roll music

TICKET INFO

- purchase online \$30- per person www.kelleyandyoung.com/winewalk
- check in and in person ticket sales are at LSEE. Optical Company. 210 N. Cloverdale Blvd -0r-

Kelley & Young Wines, 119 S. Cloverdale Blvd

Cooking With David Maciel

Sponsored by Ray's Food Place

February brings us Valentine's Day. I always make salmon but this year I'm pulling out a favorite of mine that's easy & oh so tasty, a savory one pan chicken recipe that combines many of my favorite ingredients. It's smooching good.

Savory One Pan Chicken **Ingredients**

- 3 tbsp. olive oill
- 1 10-ounce package cremini mushrooms, quartered
- Kosher salt
- Pepper
- 1 large shallot, finely chopped
- 2 Gala apples, cut into 1/2-inch-thick wedges
- 1 tbsp. butter
- 4 small chicken legs (about 2 lbs)
- 1/2 c. dry white wine
- 1/2 c. low-sodium chicken broth
- 6 sprigs thyme, plus more for serving
- 1/4 c. heavy cream
- 1 tbsp. Dijon mustard

STEP 1. Heat oven to 375°F. Heat 2 tablespoons oil in large oven-safe skillet on medium-high. Add mushrooms and pinch of salt and cook, tossing occasionally, 5 minutes. Add shallot and cook, stirring occasionally, until mushrooms are golden brown, 2 to 3 minutes; transfer to a plate. Add apples and butter to the skillet and cook, tossing occasionally until beginning to turn golden brown, 2 to 3 minutes; transfer to a second plate and wipe skillet clean.

STEP 2. Return skillet to medium. Rub chicken with remaining Tbsp oil, season with 1/2 teaspoon each salt and pepper, and cook, bone side up first, until browned on all sides, 10 to 12 minutes; drain excess fat. Turn chicken skin side up, add wine and cook 1 minute, then add broth and thyme. Return apples to the skillet, transfer skillet to oven, and bake until chicken is cooked through (165°F), 7 to 8 minutes.

STEP 3. Transfer chicken and apples to plate, discard thyme, and return skillet to medium heat. Whisk in cream and mustard, then fold in mushroom mixture and cook until heated through, about 2 minutes. Serve with chicken and apples and additional thyme if desired.



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Recycled Water: A Necessary Resource for Sustainability ~ Michael Harrigan

Recycled water is one of the most strictly regulated water sources in the country and is required to adhere to strict health and safety criteria imposed by the California Department of Health as well as environmental quality standards set by Regional Water Quality Control Board. Recycled water is rigorously inspected and tested on a constant basis by regulatory organizations to guarantee the safety of this water supply.

Nationally, California leads in the way in recycled water use. To promote its use across the state, our Legislature and regulatory bodies have given recycled water regulations top our significant water resources sustainably. priority. Within the Russian River watershed, recycled water is

used for landscaping, agricultural irrigation, construction, and other authorized uses in communities such as Healdsburg, Rohnert Park, Windsor, and Santa Rosa.

Water recycling has been demonstrated to be an efficient and successful way to create a fresh, dependable water supply while also protecting water quality and public health. As water demands and environmental needs increase, water recycling will play a larger role in our entire water supply. If we work together to overcome obstacles, water recycling, along with water conservation and efficiency, can help us manage



