

Arist: Joe Cotruvo



January 2023

Cloverdale Connect

Happy New Year!



Editor's Note

"Days when the rain came..." It felt good to get some rain recently and now the chilly days have set in and a new year begins. Luckily, I don't write very many checks anymore as it always was a challenge for me to remember that it's a New Year and I'd have to cross out the previous year and scribble in the new year every time I made out a check.

January is traditionally the month when we make an effort to list detailed resolutions on being a better person going forward whether it's our health, or our family relations, or work - writing down things like: lose weight, quit smoking, drink less, work harder. I gave up making a detailed list years ago and now I just tell myself every day "just do better".

I wish you all a Happy New Year filled with good health and great experiences.

I'll see you around town!

Dana



Carol Russell knows the best thing to read every month is *Cloverdale Connect*.



Happy New Year Cloverdale!

The turn of the calendar is the perfect time to reflect on all the special memories from the previous year, and look forward to all of the new adventures that await in next.

There are so many exciting things happening in Cloverdale. Our local retailers are wrapping up their holiday season and preparing for exciting new inventory. Our restaurants are embracing the dishes that keep us warm during winter and looking forward to seasonal bounty of Spring.

Our businesses are making plans and setting goals to make the New Year their best one yet.

Our Chamber of Commerce is busy as can be!

We have so many wonderful events in store for 2023.

We invite you all to join us as Friends of The Chamber. Whether you want to join a committee, sponsor an event, or volunteer at one of our parades or festivals. Let's all join together to make this New Year a success.

Here's to 2023!

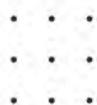


Front Page Photo Contest Winner

Congratulations! Tania Nava

She won a \$10 Gift Card from **Pick's Drive In**

There is no replacement for local expertise.



Our love for Sonoma County began in 1984. During our 35+ years enjoying all Wine Country has to offer, we have raised our family, given back to the community through volunteer work and donations, and leveraged our local knowledge to support clients through real estate transactions.

Visit pavelkas.com to start your real estate journey with us.

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Look
Inside!

New website translate button,
Gentle Giant, Garden Club sponsorships
and more !

Cloverdale Connect Inc PO Box 404 Cloverdale CA 95425



Show Your Love in the February Issue

Deadline is Friday, January 20th!



- 1. **Submit a photo** – wedding, engagement, couple, you & your favorite pet – with just first names and year. Featured for FREE in the “Love Album” in February issue
- 2. **Post a “Love” message** – 15 words or less for \$15.00

Please send photos and “Love” messages to:
info@cloverdaleconnect.com or mail to
P.O. Box 404 Cloverdale

Sorry, photos cannot be returned



CUSD Teacher of the Month
Julie Lawson

Sponsored by
Dahlia & Sage Community Market



Ms. Lawson attended Cloverdale schools and graduated from CHS and has a Bachelor’s Degree and a Multiple Subject Teaching Credential including math and general subjects. Julie has been teaching for 21 years, 18 for CUSD. She also coached CHS Boys JV Basketball. She has taught at each site following her children from Jefferson, Washington and CHS. She has three children (Colby, Amanda & Emmett) who also attended Cloverdale schools, graduated from CHS and continued on to graduate from 4 year colleges. Julie lives with her husband and dog (Sadie) in Cloverdale. She has grandchildren that she adores and visits them whenever she can. Her parents also live in Cloverdale and are an integral part of her life. Julie loves her family, her dog, her students and gardening more than anything!

Julie currently is the sole teacher at Johanna Echols-Hansen Continuation School (JEH) adjacent to Cloverdale High. JEH is an alternative education program to regular high school for students at risk of not graduating. Her students love her and have strong relationships with her individually and with their families. She puts all of her efforts to ensure these students attend school regularly and proceed to graduate with a high school diploma.

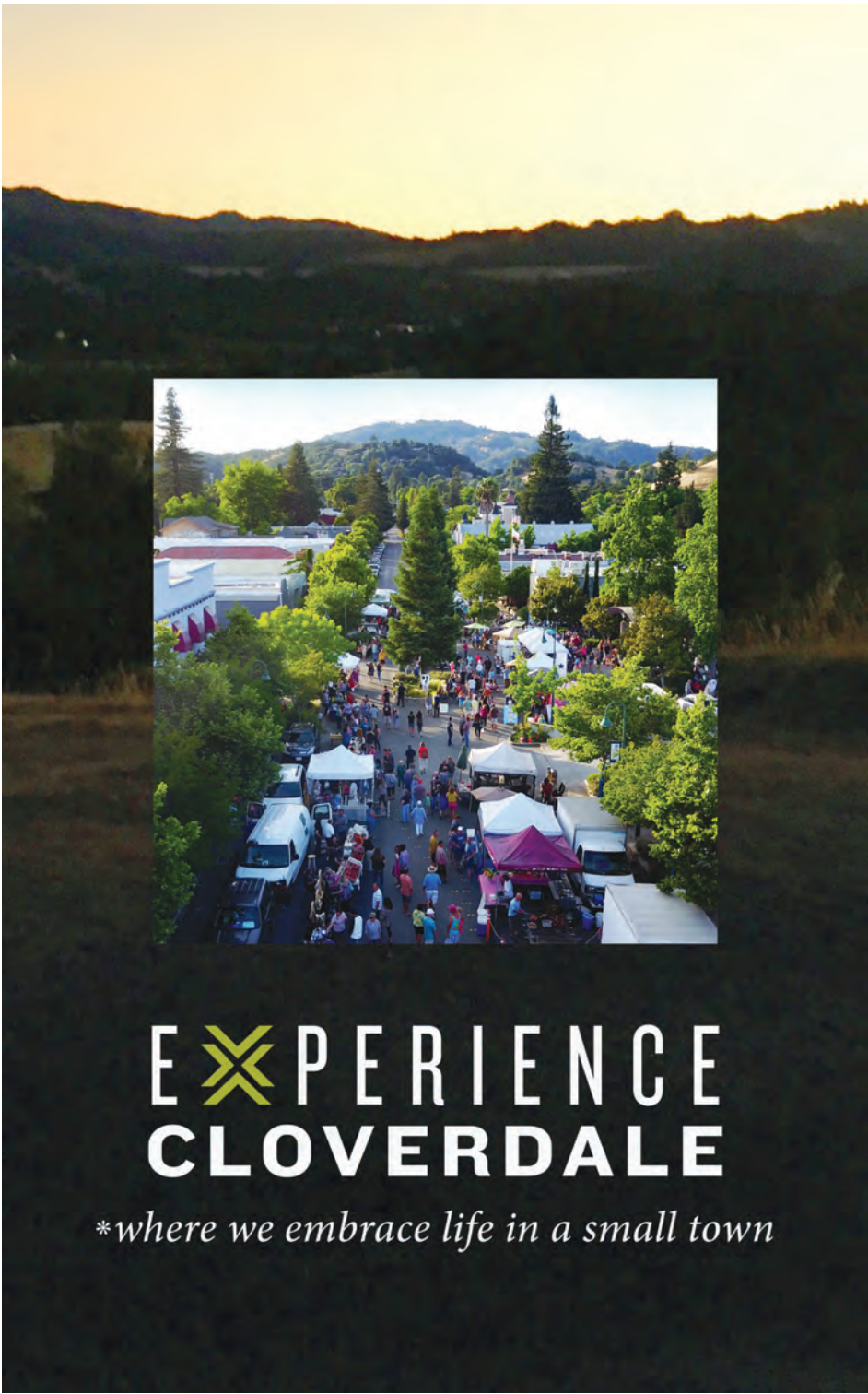
CUSD is blessed to have you Julie. We thank you for your years past and look forward to years to come.



2023/2024 Cloverdale
Community Map

Look for your copy of the 2023/2024 Cloverdale Community Map that will be Included in the February issue of *Cloverdale Connect*. It’s our gift to you.

This handy map will be used by residents, newcomers to our area, visitors and people considering relocating to our wonderful community. Additional copies of the new map will be available FREE at the Cloverdale Chamber of Commerce. Thank you to the many local businesses and non-profits who made this project possible.



New! TRANSLATE to Spanish Button

Now you can easily translate *Cloverdale Connect* content from English to Spanish on our website by using the orange TRANSLATE button in the upper right-hand corner.

¡Pruébalo!

www.CloverdaleConnect.com

Translate >>





PET of the MONTH

Miss Kitty

Miss Kitty, 18 years old, lived most of her life in Willits on a ranch and now spends her days sunbathing by our koi pond and enjoying retirement here in Cloverdale. She is a perfect blend of sugar and spice. Sweet as can be and tough, as you would expect from an old ranch cat.



Katie Moore & Thomas Hervé

Send your pet photos for PET of the MONTH to:
info@cloverdaleconnect.com

Prizes courtesy Clover Dog Pet Supply and Wash & Cloverdale Connect

NEW YEAR!
NEW DREAMS!
NEW CONNECTIONS!
NEW JOB!

2023
EMBRACE NEW OPPORTUNITIES!



Management Connections

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W Real Estate

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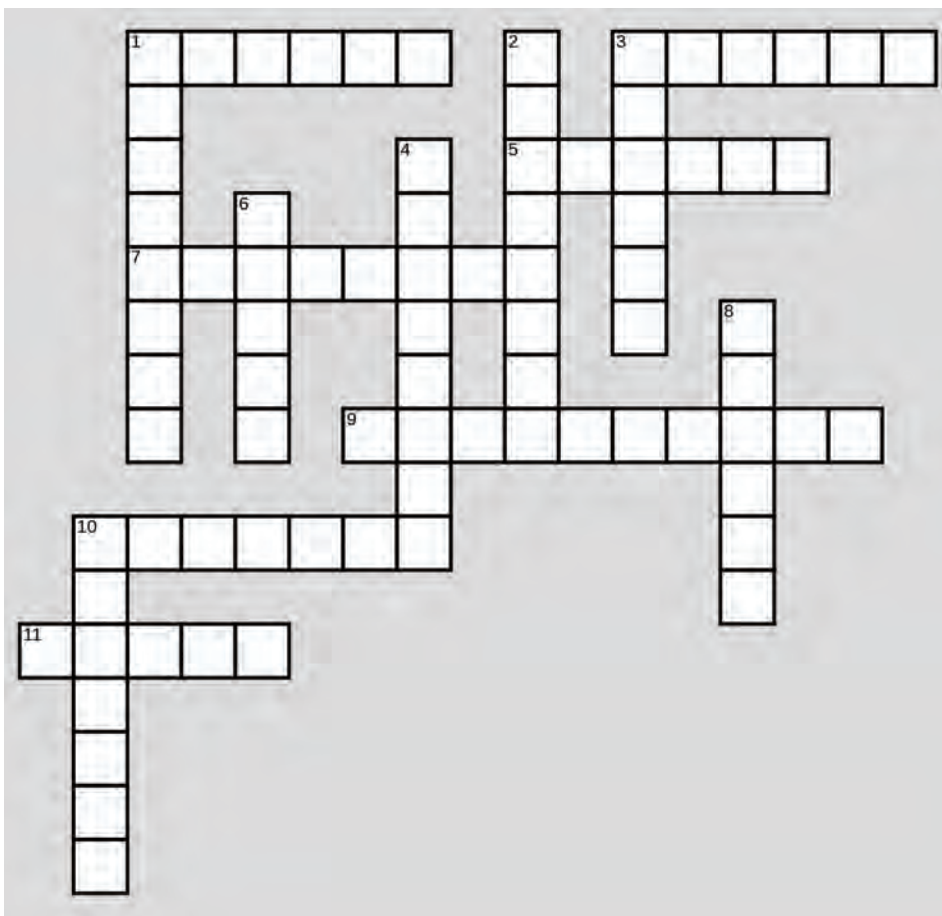


Saving from a Rainy Day



Did you know that one inch of rain falling on a 1,000 square foot roof could result in 600 gallons of water stored for future use? Collecting and reusing rainwater is a great way to water trees and shrubs during dry spells. Rainwater harvesting also reduces stormwater runoff which can help reduce flooding during rainstorm events.

The Big Chill



Across

- 1 Uncomfortably cool
- 3 Tahoe activity
- 5 Frozen spike
- 7 House-warming fuel
- 9 February event
- 10 Ice dancing
- 11 Hot chocolate

Down

- 1 Seafood event
- 2 Rudolph & teammates
- 3 Small shake
- 4 Too much rain
- 6 Icy coating
- 8 Fireplace
- 10 Winter sculpture

CELEBRATIONS

Birthdays • Weddings • Memorials

Retirements • Anniversaries

Birth Announcements

*\$125 each - 100 words + photo in print edition
plus 500 words + photo online
at cloverdaleconnect.com*

Contact us a info@CloverdaleConnect.com

Cloverdale Church Guide

The Church of Jesus Christ of Latter-day Saints
1011 S. Cloverdale Blvd.
Cloverdale, CA 95425
Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church
1085 S. Cloverdale Blvd.
Cloverdale, CA 95425



Good Shepherd Episcopal Church

Sunday Services At 10:00am
Coffee Hour Immediately Following

The church is open Tuesday mornings from 9-10am for quiet meditation and prayer

goodshepherdclloverdale.org 122 N. Main St, Cloverdale (707) 891-6015



Grace Lutheran Church

890 N. Cloverdale Blvd. Cloverdale, CA
www.GraceCloverdale.org

Join us for worship 10:00 am in person
or by web - Facebook LIVE
"Grace Lutheran Church Cloverdale CA"

Jehovah's Witnesses
27100 Dutcher Creek Rd.
Cloverdale, CA 95425
Phone: 707.894.4490

Living Water Church
450 S. Franklin St.
Cloverdale, CA 95425
Phone: 707.894.3274



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Parkside Christian Chapel
553 W. 2nd St.
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Phone: 707.894.2893

St. Peter's Catholic Church
491 S. Franklin St.
Cloverdale, CA 95425
Phone: 707.894.2535

The Bridge Foursquare
50 Commerce Lane Ste. C
Cloverdale, CA 95425
Phone: 707.894.5050



We are a church that tries to follow the example and the teachings of Jesus through the kindness and compassion of our missions. We welcome all of our neighbors with an open mind and without discrimination or judgement. Our messages and music give us hope and lead us to a closer spiritual relationship with God. Please join us.

UNITED CHURCH OF CLOVERDALE
439 N. Cloverdale Blvd. Cloverdale
707.894.2039 www.uccloverdale.org

The Finishing Touches

"Small changes or additions that serve to complete something"



Jeannie Griffiths is the owner of The Finishing Touches Interior Design Studio located here in Cloverdale. She has been adding "The Finishing Touches" to people's homes for over 30 years. Jeannie works closely with her clients to create a home they will love. She can consult with you on enhancing your home by choosing paint colors, flooring, rearranging your furnishings, artwork, and accessories or by helping you shop for new. She also specializes in custom window coverings, including Hunter Douglas blinds, custom draperies, valances, shutters, roman shades, and more. Don't forget to ask her about remodel ideas for bathrooms, kitchens, or other rooms in your home. Her keen eye to detail ensures that nothing will be overlooked.

Jeannie received her degree from The Fashion Institute of Design and Merchandising (FIDM) located in Los Angeles. She, her husband Joel and two boys, Christopher and Andrew moved here in 1998. She began doing design work locally in 1999 and opened The Finishing Touches Interior Design Studio in 2003. Although she made the difficult decision to close her downtown store after seventeen years, she continues to provide quality service to her customers (many who have become friends) and they continue to call for advice and send referrals her way. Feeling like most of us do, Jeannie is thankful to be part of this community. She is especially grateful to have a successful small business and cannot show her appreciation enough for her loyal clients.

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Jeannie Griffiths, Owner
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QWEL

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QWEL Training

8:00 a.m. to 1:00 p.m.
Includes irrigation audit & exam
February
15th, 16th, 22nd, and 23rd

Petaluma Community Center
320 N McDowell Blvd
Petaluma

New!

QWEL Rainwater Catchment Training Program

7:30 a.m to 4:00 p.m.
February 27th and 28th

Sonoma County Water Agency
404 Aviation Blvd
Santa Rosa

Register at **QWEL.NET**

Scan code to register or learn more

Funding for this project has been provided in part from the Water Quality, Supply, and Infrastructure Improvement Act of 2014 and through an agreement with the State Department of Water Resources.

Seniors Helping Seniors
Bram Glaeser

Every Wednesday and Sunday a group of seniors meet at Clover Springs Lodge to practice Qi Gung (Che Gung). Often referred to as healthy dance or yoga in motion, or best of all, acupuncture without the needles.

It has been practiced for thousands of years as part of Traditional Chinese Medicine (TCM). It is as valid today as it was with the ancients. It is practiced worldwide by millions of people daily.

It can be practiced almost anywhere without any special gadgets, just a will to perform. With specific movements, controlled breathing and meditative calm one can allow Che (energy-oxygen) to flow through the body.



When the Che moves through the body it enhances and helps heal every organ, the blood, tissue and enhances wellbeing. The list of benefits is endless. It can be practiced by all ages but is especially beneficial for seniors because of its slow movements and calm practice. Like all physical practices the secret to success is regular practice.

The practice at Clover Springs is free but donations are accepted. Since the class started in 2019, donations have given over \$3.5K to the Cloverdale Senior Center, which has allowed the center to enhance their program for the community. All are welcome. Live simply and close to nature. NAMASTE

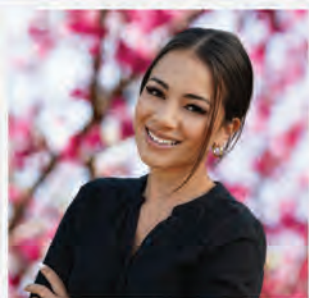
QR Code for CloverdaleConnect.com

Use this handy QR code that will take you right to www.CloverdaleConnect.com



You'll find all past issues of **Cloverdale Connect** archived in pdf form plus bonus content, David Maciel's recipes, our new translate to Spanish button and expanded articles.

TRY IT!



Life is better with a plan!
707.894.3315
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Welcome to the World of Rick Adam



Northern Sonoma County resident Rick Adam has been performing, teaching, and inspiring people of all ages for over 20 years. Rick has combined his extensive theatrical and musical experience to create original theatrical performances that both educate and entertain. He has toured widely, from elementary schools to colleges to maximum-security prisons, from Rhode Island to Russia. Featured on stage, television, radio and film, Rick Adam has shared venues with Garth Brooks, Phyllis Diller, Dick Cavett, and the rock band Phish. He was featured on a PBS special about one-man bands, which is now in the permanent collection of the Smithsonian Institute. In 1998 & 2000 he performed for Bruce Springsteen at his home in New Jersey.

With over 30 years' experience, professional musician, song writer, and comedy performer, Rick Adams brings the loveable Professor Paddy-Whack character to life at events of all sizes. Professor Paddy-Whack entertains all ages with his One-Man Band and the fantastic AmuseCycle: a crazy musical contraption that cruises the grounds delighting everyone it encounters as it showers the area with bubbles! He performs entertainment with a variety of extraordinary stilt characters, One Man Band, juggling, magic, hat tricks, and assorted silly stuff.

Rick Adam's musical contraptions have been seen on America's Got Talent and recorded performances are in permanent collection housed by the Smithsonian Institute. Professor Paddy-Whack is available for School Assemblies, Special Events, Roving Entertainment, Theater Programs, Parades & Family fun, Holiday Themes, and more! For more information or to book Professor Paddy-Whack, contact rick@rickadam.info

DID YOU KNOW...

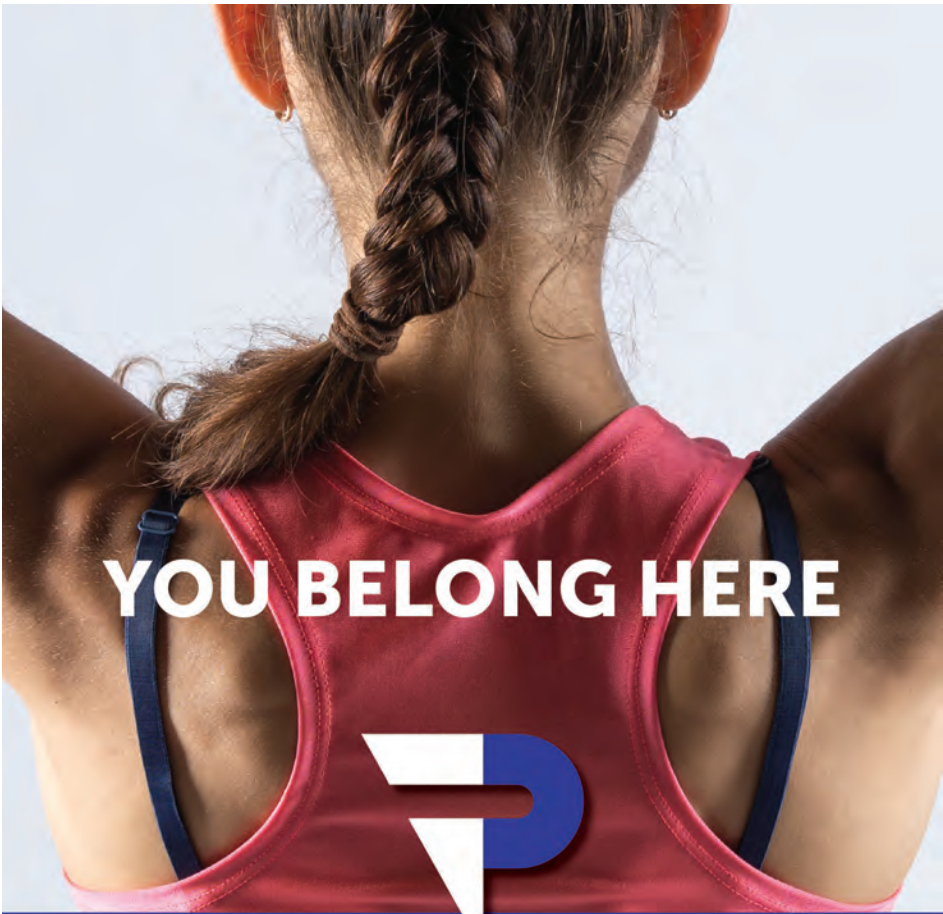
IT CAN TAKE MORE THAN 10 YEARS FOR CERVICAL CANCER TO DEVELOP IN WOMEN WITH NORMAL IMMUNE SYSTEMS?

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The Cloverdale Performing Arts Center Is Proud to Present Their 2023 Play Season!



2023 Play Season

SWIMMING IN THE SHALLOWS
 FEB 24-26, MARCH 3-5
 By Adam Bock, Directed by Robert Zelenka

TWO ROOMS
 APRIL 21, 22, 23, 28, 29, 30
 By Lee Blessing, Directed by Amy Lovato

ELVIS HAS LEFT THE BUILDING
 JULY 15, 16, 22, 23, 29, 30
 By V. Cate, Duke Ernsberger, Directed by: Jonathan Graham

THE STRANGE CASE OF DR. JEKYLL & MR. HYDE
 OCTOBER 20-22, 27-29
 Based on the Book by Robert Louis Stevenson, Adapted by Noah Smith, Directed by Amy Lovato

Swimming in the Shallows

By Adam Bock
 Directed by Robert Zelenka
 Feb 24-26, March 3- 5

Two Rooms

By Lee Blessing
 Directed by Amy Lovato
 April 21-23, 28-30

Elvis Has Left the Building

By V. Cate, Duke Ernsberger
 Directed by: Jonathan Graham
 July 15, 16, 22, 23, 29, 30

The Strange Case of Dr Jekyll & Mr Hyde

Based on the Book by Robert Louis Stevenson, Adapted by Noah Smith
 Directed by Amy Lovato
 October 20-22, 27-29



DROUGHT IS HERE
SAVE WATER

Author Event with Mario Dell’Olio



The Cloverdale Arts Alliance is pleased to announce an Author Event on January 28 at 6:00pm featuring Mario Dell’Olio, a Cloverdale resident and author, who will present his two latest publications. Mario will read a few excerpts from his books followed by a question & answer session.



Framed by his parents' love letters, *Letters from Italy* tells the tale of true love that spans an ocean—against all odds, an orphaned girl and a young dreamer find solace in *LETTERS FROM ITALY*. From WWII in a tiny Italian town to NYC, hopeful immigrants create a lasting legacy of strength and commitment.

Tilting Toward the Sun is a love story that spans decades, through the excess of the 80s—a handsome officer, an idealistic dreamer, and a world that crumbles at their feet, they fight to survive. From sparks of infatuation to deception, amidst an unimaginable crisis, they find love again. Can love conquer all?

This event is free to the public and will take place at the Cloverdale Arts Alliance Gallery, located at 204 N. Cloverdale Blvd, starting at 6:00pm

“Tilting Toward the Sun” Book Review Kirsten Tellez

Tilting Toward the Sun by local author Mario Dell'Olio is, at its heart, a story about love, about being true to yourself, and how life's circumstances force you to re-evaluate your priorities. It is a simple and timeless tale of two men, Michael, an idealistic and compassionate counselor, and Scott, a naval officer studying medicine, who meet, fall in love, get torn apart and find one another again.

Through the development of their relationship, we learn about the challenges Scott faces in the military, not being able to come out for fear of expulsion from the navy and a career that he loves. Michael, on the other hand, is an activist who wants to push the boundaries and fight for gay rights so he can follow his dreams. Ultimately forced to separate to follow their individual pathways they reunite many years later.

Set in the 80's and 90's against a backdrop of ignorance and homophobia, discriminatory regulatory policies, “Don't ask don't tell” and the AIDS crisis, the author provides a personal insight into the impact of politics on the lives of two individuals who are just trying to live in a loving relationship. The intimacy of the story is transformed in later chapters when the author gets more deeply into the policy details of drug research and gay marriage laws.

But the tributes to the communities of acceptance in San Francisco and DC, and the power of the AIDS quilt project and the tragedy of the unnecessary loss of so many lives stay with you.

“Tilting Towards the Sun” is written with empathy. Ultimately, we care about the characters once they mature because they care about one another. They change from being selfish men, to being empathetic compassionate changemakers.



Improving Water Supply Infrastructure to Support our Drought Response

Cloverdale is committed to increasing the City's resiliency to cope with and respond to drought conditions. As part of the City's continued and long-term drought response efforts, the City of Cloverdale was awarded a \$3,005,000 grant from the State Department of Water Resources (DWR) in September 2022 as part of the Urban and Multi-benefit Drought Relief Grant Program to help fund water supply and distribution system projects across the city.

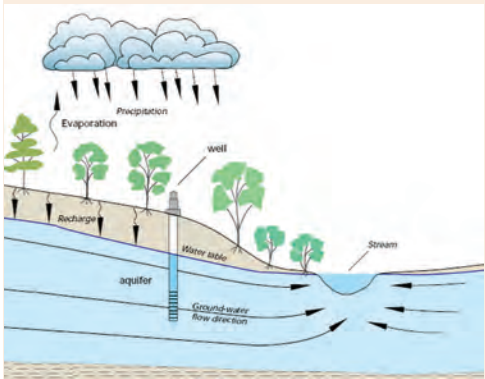
The DWR grant agreement includes funding for the following three projects:

1. Advanced Metering Infrastructure Upgrades
2. Well Replacement and Rehabilitation
3. Supervisorial Control and Data Acquisition (SCADA) Expansion

Improving Water Supply Wells

The City is beginning its second project funded under the Grant, which will rehabilitate and replace two of the City's water supply wells. As part of the City's continuing efforts, the new well equipment will improve vital infrastructure, conserve water, and optimize the City's Water Treatment Plant operations.

Cloverdale's water supply comes from several wells located in the Cloverdale River Park along the west bank of the Russian River at the City's Water Treatment Plant. The wells are drilled into Cloverdale's water-bearing porous rock layer, known as alluvium, which is a mix of gravel, sand, silt, and clay deposited in the last 3 million years. The wells pump groundwater influenced by Russian River water into the plant for treatment. After treatment, the water is then pumped to the City's main reservoirs and distributed through 40 miles of water mains throughout the City system.



During drought conditions, lower groundwater levels and decreased flow from the river have created difficulties for two older water supply wells. When pumping from these wells during low water levels, air and debris become mixed with the water, in a process known as air entrainment,

and is carried into the treatment plant. This debris can clog the plant's filters, requiring City staff to restrict pumping and repeatedly use water to backwash the filters to clear them. This process uses valuable water and reduces supply well and plant efficiency - and is only expected to intensify as drought and extreme weather conditions continue.

Water Supply Wells Project

To address this issue, the project will replace Well #7 and rehabilitate Well #8, shown on the included map. At Well #7, this replacement work will include:

- drilling three exploratory borings up to approximately 200 feet deep,
- construction of a new well by the bucket-rig method,
- construction of a new well pump station, and
- existing well abandonment.

At Well #8, the rehabilitation will include:

- testing of the existing well and the well pump and motor,
- installing a new well casing to reduce or eliminate air entrainment, and
- improvements to the pump station equipment.

Project Benefits

This work will allow the City to:

- reduce or eliminate excessive filter clogging during low water levels,
- provide plant operators real-time pumping water level information to enable precise flow control,
- ensure a more stable drawdown of groundwater levels in the well, even under low water or peak demand conditions,
- optimize well and treatment plant operations and capacity, and
- conserve over 13 million gallons of water each year.

Project Costs

The water well rehabilitation and replacement project is estimated to cost approximately \$650,000, with \$630,000 funded by the grant award. The project was identified in the City's Capital Improvement Program and projected to be started in 2025 and 2026. By utilizing grant funding now, the City will minimize the need for future rate increases to complete the project. Additionally, the City will receive the cost benefits of conserving millions of gallons of water per year through improved well infrastructure.

Construction Information

Planning, permitting and design will be completed prior to construction on City-owned property. The well replacement will include drilling exploratory borings, and well and pump station construction. The well rehabilitation will consist of testing, installation of new equipment, and pump station improvements. No negative impacts to water service are anticipated during construction.

Funding for the Well Replacement and Rehabilitation project has been provided in full or in part from the Budget Act of 2021 and through an agreement with the State Department of Water Resources.

Learn More!

Please contact David Kelley, City Manager or visit <https://www.cloverdale.net/266/Utilities-Department>

Para la traducción al español de este artículo, consulte el sitio web de Cloverdale en www.cloverdaleconnect.com



City of Cloverdale City Hall
124 North Cloverdale Blvd. • Cloverdale, CA 95425
707-894-2521

Cloverdale Sports Corner

Amanda Miller

Erica Bishop's State Farm office is pleased to sponsor the new "Cloverdale Sports Corner" - a comprehensive list of **Recreational Sports Activities** for Elementary and Middle School ages. Check this section monthly.

January

- **Cloverdale Wrestling Club** Annual Fundraiser: Jan. 14th, 5:30pm - 7:00pm. Drive Through Chili Feed located at Eaglets Preschool: 530 N. Cloverdale Blvd. \$15 for a pint of chili and two corn breads.
- **Cloverdale Little League** Registration closes mid-January. <https://www.cloverdalelittleleague.com>

February

- **Cloverdale Ponytail League:** Early Bird Registration begins. <https://www.cloverdaleponytailleague.org>
- **Cloverdale Youth Soccer League Board:** Positions will be open to join, please stay tuned. Email Contact: cloverdaleyouthsoccerleague@gmail.com
- **Encore Dance Theatre:** Open Enrollment through Feb. 12th. Visit encoredancecloverdale.com for more information

March

- **Youth Soccer League:** Registration begins for August season start.
- **Pony Tail League** Last day for registration 3/31/23

April

- **Little League:** Season starts, April 1
- **Joe Pardini Youth Football League:** Registration begins for August season start - cloverdalechargersfootball@gmail.com

May

- **Cheer:** Registration begins. Contact: Jennhuls@hotmail.com
- **Pony Tail League** Season starts end of May

August

- **Youth Soccer League:** Season starts
- **Joe Pardini Youth Football League** and **Cheer:** Season Starts

September

- **CYO Basketball:** More info to come

November

- **Wrestling Club:** Early Bird Sign ups begins

December

- Last chance to sign up for **Wrestling Club**
- **Little League:** Early Bird sign ups begin



State Farm
Erica Bishop Insurance Agency
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Proud to support Cloverdale youth!



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James F. DeMartini, Esq.

Paula S. Hall, Esq.

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115 West First Street • Cloverdale • 707-894-5000
cloverdalelaw.com

Winner, Winner!

Joan Trimble



I never gamble or go to casinos because I am the most unlucky person when it comes to winning! Well that changed recently - I won raffle drawings from Erin Mavis, I.See Optical and Cloverdale Nursery. Don't you just love our town of Cloverdale, I think it is the best city in Sonoma County. This just shows that it pays to shop local. We have wonderful dining establishments (hopefully with more to come) friendly merchants, pretty much have it all. If you can't find it locally you don't need it. If you find a store you don't like keep it to yourself, they may be having a bad day, short-handed or not feeling well. It is our money that keeps these merchants in business, so if you want to see Cloverdale continue to thrive SHOP LOCAL. And to those stores that offer raffle prizes,

Let's Travel

Craig Clark

Do you need travel insurance in 2023? With airline scheduling problems travel insurance for trip cancellation, delay and trip interruption, it's a common-sense decision. The peace of mind is worth the cost.

What's changed in 2023?

Airline problems, coupled with geopolitical uncertainty and economic worries; a possible Covid quarantine; also, travel is becoming more expensive than ever, so there's more to lose.

Who needs travel insurance in 2023?

If you're spending more than \$3,000 on a trip; if you're unsure about what could happen and need peace of mind; if you want protection against travel disruptions and medical emergencies; if you're traveling to an exotic destination; this includes Alaska; when you leave the U.S. and if you're on Medicare, and don't have a supplement or advantage plan coverage, (a hospital outside the U.S. will probably insist on an upfront payment for medical services, which can cost thousands of dollars or more); if you're traveling to a country that requires insurance.

Note: As a practical matter, these foreign country insurance requirements are not always enforced.

When do you NOT need travel insurance for your 2023 trip?

If you have a credit card that provides travel insurance for most of your travel expenses and you have medical insurance that provides adequate coverage abroad, you may be covered enough on most trips to forgo purchasing travel insurance; if you're spending less than \$3,000 on a trip; if you are prepared to potentially lose the prepaid, nonrefundable components of your trip, you shouldn't worry about insurance; if your trip includes things that insurance doesn't cover.

For more in depth travel insurance advice go to <https://www.elliott.org/ultimate-consumer-guides-smart-travelers/how-find-best-travel-insurance/> From Elliott.org





Out & About

Send in a picture reading **Cloverdale Connect** and you will qualify for a chance to win a genuine **Cloverdale Connect** coffee mug

Submit photos to
info@cloverdaleconnect.com
This month's winner is
Marilyn Michelin in
Monet's Garden
in Giverny, France

December Cloverdale Weather Recap

Average High Temperature 54°F
Average Low Temperature 32°F

Total Rainfall 6.0 inches

Photo Rick Tang

Community Swap at Living Water Church January 28th, 8:30am-11:30am

Donate your gently used toys, clothes, household items, by contacting Stephanie Rudas 817-239-3035 before the swap. Then come shop! Anything not taken will be donated to the Redwood Gospel Mission. Everyone is welcome!

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Thank You

The Cloverdale Kiwanis Club extends a huge thank you to all the folks who made the Kiwanis Crab Feed fundraiser such a success! A wonderful time was had by all, especially our 50/50 winner! Joyce Snellgrove, a local Cloverdalian, went home \$1,146.00 richer!

Congratulation Joyce! Hope to see you all back next year!



IMPORTANT PHONE NUMBERS
707 Area Code unless otherwise noted

Courtesy of The Pavelka Team & Cloverdale Connect

Emergency Resources	Utility Resources
Alexander Valley Healthcare894.4229	Comcast894.7848
Animal Hospital of Cloverdale894.3951	Dish Network894.7848
California Highway Patrol576.2175	PG&E800.743.5000
Cloverdale Ambulance894.5862	Recology (Garbage)800.246.0291
Cloverdale Fire Department894.3545	
Cloverdale Police Department894.2150	Transportation Resources
Healdsburg District Hospital431.6500	Cloverdale LOCAL Bus800.345.7433
Sonoma County Sheriff565.2511	Sonoma County Transit / Bus576.7433
	Sonoma County Airport Express837.8700
Schools	City Resources
Cloverdale Unified School District894.1920	Chamber of Commerce894.4470
Cloverdale High School894.1900	Cloverdale Citrus Fair894.3992
Jefferson Elementary School894.1930	Cloverdale City Hall894.2521
Washington Middle School894.1940	Cloverdale Post Office894.4607
JEH Continuation School894.1925	Cloverdale Public Library894.5271
	Cloverdale Water/Sewer894.1700

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Pavelka's Puns

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COPE Offers Emergency Preparedness Webinars

COPE Northern Sonoma County is expanding their services to include more free public webinars. Starting in February 2023, COPE (Communities Organized to Prepare for Emergencies) Northern Sonoma County will offer quarterly free webinars to help Sonoma County residents be better prepared for emergencies. The February webinar will focus on being flood ready, with discussions on flood risks and evacuation procedures. The webinar will be held online, from 5 to 6 p.m. on Wednesday, February 1, 2023. The speakers will be from Sonoma County Department of Emergency Management and Sonoma County Sheriff's Office, with an opportunity for attendees to post questions.

Don McEnhill, Executive Director of Russian Riverkeeper said being aware of flooding is important but the first place to get people to be aware of is the access to and from their home. "Their home itself could be subject to flooding. And there are some areas in the north county where their roads

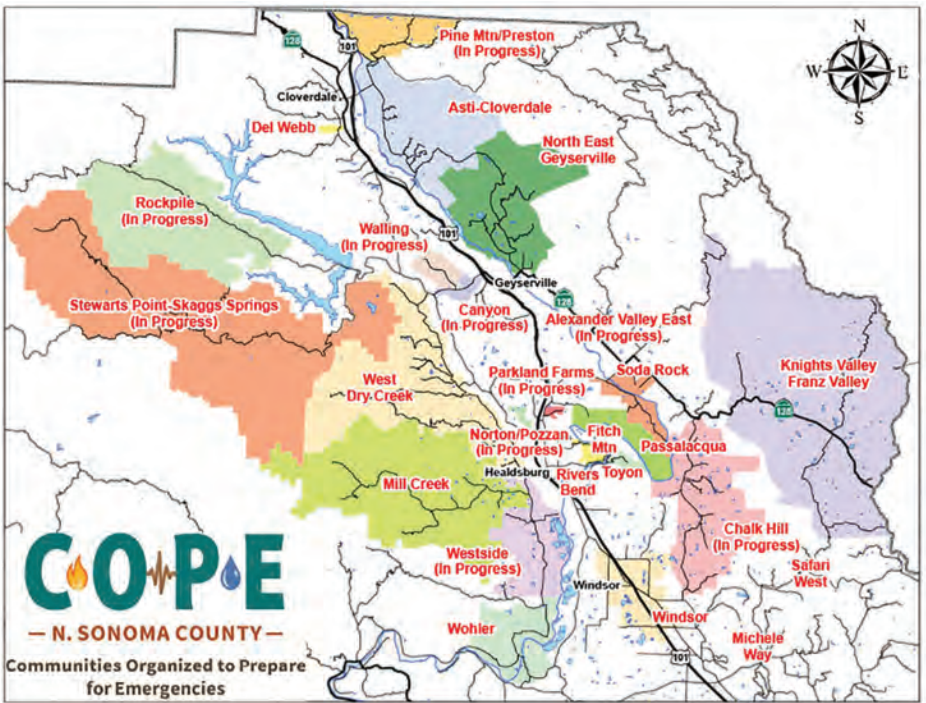
can go underwater," he said. McEnhill added this could be an opportunity to create a go-bag for flooding. People can make sure to get documents ready to go not only for fires but in situations such as this one too.

"People who are new to the area, or have not been flooded before, often don't think too much of it. So, it's really a matter of what your experiences have been," he said. McEnhill mentioned in 2018 Healdsburg went through a flood which flooded the downtown area. But risks like these are difficult to determine in advance because of climate change. But he stressed it's important to be ready.

"I think that's something for people who might not have been affected by flooding in the past, to just be mindful of the weather and to keep their eyes on what's happening on their property and their road to and from their property. Sometimes your home doesn't get flooded, but you get stuck either away from your home or at your home by flooding," McEnhill said.

December Holiday Cheer Puzzle Solution

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W M F N I R U
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I I L E D E E F B A R C B
P W I N T E R F E S T I V A L
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T O A E S A C W O H S R E T N I W
F M A R G O R P H S I W F P U D U
I B S E M I N A N E E T B N G S V
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Cloverdale Library Community Connection
John Koetzner, Children's Services Librarian

It is difficult to believe we are in 2023 already, but the library is always looking ahead to what programs, library materials, and resources we can provide to the community, and I want to applaud the dedicated members of the Friends of the Cloverdale Library.

This group of volunteers runs an annual book sale to raise money, and they regularly stock book kiosks with books, magazines, DVDs, CDs, and puzzles, but they support library programs. One such program for children will be happening later in the spring at Jefferson Elementary School brings Latin Grammy winners for Best Children's Album, 123 Andrés, to do a music program that supports reading. For Cloverdale, this is a big win for literacy.

So, if you want to support their efforts by becoming a member, check out their web site, which is linked from the Cloverdale Library's page under the Hours & Location link on the library's home page.

More news and events from the library next month. Check the events calendar for more listings too.

January Events at the Library

- Jan. 3 @6:00 pm Crafting with CreativeBug: Collagraph Printing without a press. (Teens, Adults, Seniors)
- Jan. 4 @ 2-3:00 pm MLK Poster Making Workshop for Kids (Grades K-6)
- Jan. 4 @ 3-4:00 pm Teen Craft Lounge: MLK Poster Making Workshop (Grades 7-12)
- Jan 10 @ 11-11:30 am Spanish Music & Movement (ages 0-6)
- Jan. 10 @ 6-7 pm Cloverdale Library Book Club: Drive Your Plow Over the Bones of the Dead (Adult, Senior)
- Jan. 11 @ 3-4:30 pm Game On! (Teens & Tweens)
- Jan. 18 @ 3-4:00 pm Cloverdale Teen Anime Club
- All January Events For more events this month, go to: <https://events.sonomalibrary.org/events/month>



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New Airport Terminal Opens

The newly renovated terminal building at Charles M. Schulz – Sonoma County Airport (STS) made its debut recently, part of a \$40 million project to modernize the airport.



The building now offers more than 27,000 additional square feet of space including a revamped ticketing lobby, improved double-lane security lanes, a large main lobby with four additional boarding gates and dedicated concessionaires, an outdoor seating area, a new baggage claim area equipped with two baggage carousels, improved public viewing areas and car rental areas, and local artwork recognizing the airport's name-sake, cartoonist Charles M. Schulz. Phase III of the project, which includes a more modern and accessible entrance to the terminal, will be completed in spring 2023.

"This state-of-the-art airport terminal is the culmination of years of hard work and will complement an already exceptional air travel experience to and from Sonoma County," said James Gore, chair of the Board of Supervisors.

The airport's Capital Improvement Plan is projected to support an average of 164 jobs annually, generate \$100.9 million in total payroll, \$31.2 million in tax revenue and \$231.7 million in economic output in Sonoma County.

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Each business featured in Cloverdale Connect's "Shout Out" feature receives a window sticker suitable for display, acknowledging that they are supported by our community.

I would like to Shout Out loud to **Kristen Bongiovanni**, owner of **Lift Cycle**. Thank you for bringing Lift to our little town. Not only is it a Place to go Cycle, Yoga, Barre, and strength training, you have made the experience magical. Every ride, every pose, every move is filled with energy, inspiration, comment, and love. So, a big thank you for making our little town a better place, and our community the best they can be. *Sue Headrick*

HUGE Shout Out to **Regina Plumbing!** They always answer their phones and are always SO professional and quick! This time they helped us at our business, Southard Tire & Auto. They showed up despite being incredibly busy. Dean Young (owner) has a group of very professional and very courteous crew members. This specific SHOUT OUT goes out to Kendal & Maricio!! Excellent customer service and very friendly. Thank you, Regina Plumbing, for being there for us again and again! *Juli Southard*

Thank you, **Randy at Eagle Tech** for the replacement of my windshield on my 2011 (last year) Ranger! Fast service and competitive price plus a free detail. Dropped off at 7:30am, picked up at 11:45am and I like to shop local. *Randy Tremayne*

Shoutout to **Danielle Rachel Streb** at the **Alchemy Collective**. I got a B12 shot yesterday and I feel amazing today! *Liz Blazi*

A double shout out to two local contractors: **Cleveland Construction & Environmental Services** and **Lopez Unlimited Painting and Staining Inc.**, who transformed our tired and dated condo into a sleek and modern living space. Both showed dexterity and flexibility throughout the project. **Scott Cleveland's** wide-ranging skill set was apparent from the start. There was nothing he couldn't do! He went above-and-beyond more times than I can list here. **Ernesto Lopez** and his crew did a fantastic job painting the 2-level unit from top to bottom using three different paint finishes. His suggestions were invaluable. Big KUDOS to these contractors; I enthusiastically recommend their services! *Teal Johnson*

Join us for the 14th Annual
Lake Sonoma Steelhead Festival
Saturday, February 11, 2023
10:00 am – 4:00 pm



This is a free, family friendly event offering fun entertainment and activities everyone will enjoy.

- Art Projects
- Bubble Show
- Archery
- Live Music
- Food Trucks
- Silent Auction
- Dry Creek Valley Wines
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The Creative Corner

Christy Latchford

"Past and present I know well; each is a friend and sometimes an enemy to me. But it is the quiet, beckoning Future, an absolute stranger, with whom I have fallen madly in love." ~ R.E. Goodrich

Of course, by the time anyone is reading this the new year will be upon us, offering as it does every year a clean slate from which to set goals or simply to let something go into the ether of our past that we no longer wish to carry the weight of. For others, a mere turning of a calendar page. Either way, it does offer up a point in time to initiate changes we wish to see in our lives.

Instead of focusing on the cliches around this subject, weight loss, going to the gym more or actually returning tools to their rightful place in the garage because you keep telling your husband you will make a genuine effort; I offer up a simple idea instead that has a basic use of simply being a beautiful way to keep thoughts in the forefront of your brain in a visually pleasing way.



Dry erase boards are practical but let's just admit it; they are ugly and often their sizes offered make one feel like Goldilocks. Simple solution... an old picture frame. I found this one at Goodwill years ago and although its original avocado-like green has lost its appeal, with some spray paint picked up from ACE and a piece of fabric big enough to cover the backing underneath the glass (simply

wrap back piece like a present using tape - Voila! I now have the size I desire and a look that won't turn my stomach, a place on which I can write my dreams for the new year or that item I keep forgetting about when I head to the market. Minimal cost, time & effort with endless possibilities for use.

Wishing all a joy-filled New Year and in the words of Dr. Suess: "You'll never get bored when you try something new. There's really no limit to what you can do."

Questions? Cloverdalecreativecorner@gmail.com

Happy New Year!

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Abounding Resilience
Michele Armanino

The Bezhenar family recounts their departure from Odessa to Cloverdale in this Part 2 series.

What transpired during the three months you were living in Romania?
I was networking through the internet to see how we could get to the USA. My husband connected with a man from San Francisco on Instagram who said if we could get to the USA, he would have a wallpaper hanging job for Oleksandr. This man's grandmother had survived the Holocaust and he wanted to help us.

Did you get a Visa to the USA?
No, we got a travel authorization through Biden's Uniting for Ukraine program. But one of the requirements was that we have a sponsor.

How did you find a sponsor?
I met Geoff Peters, who lives here in Cloverdale, on a website called: Ukrainians Take Shelter. He said he would sponsor us and take care of our lodging. My husband was very suspicious as there are predators on the internet and we have three daughters. But we both felt a kindness and genuineness about Geoff.

Was it a challenge to secure airplane tickets to the USA?
Yes. Our ninety-day Romanian visa was expiring and we needed the tickets right away. We found a site through Facebook where people donate their miles to Ukrainians.

Describe your feelings when you arrived in Cloverdale.
When I first saw the Cloverdale house all lit up in the middle of the night, I felt like I was in a fairytale. There were lit candles, flowers, food.... I didn't just see things, I saw big hearts everywhere I looked.

How did the community of Cloverdale assist you?
They donated everything we needed from furniture to food and clothing. A man who was a window washer donated his services to us.

What are your lives like today?
We are very happy. Oleksandr has wallpapering jobs in Sonoma and San Francisco and he is teaching the Bible at two churches in Sacramento. Eleanor and Angelina are enrolled at Santa Rosa Junior College, and Agnessa is being homeschooled.

What would you like to say to the community of Cloverdale?
My heart is overwhelmed. Thank you.

Winter Veggies: Focus on Kale
Gina Berry, MS, RD, CLT

Not many delicate greens thrive in winter, but Kale is quite hearty and a very healthy option this time of year. There are several varieties of this dark leafy green vegetable such as curly, lacinato, and red Russian kale. It is a member of the Brassica family which includes cabbage, broccoli, and Brussels Sprouts. Kale flourishes in fall and winter and actually tastes sweeter after a frost when growing. It is easy to tell kale is a great source of vitamins, minerals, and phytochemicals because of its dark green color! As for most fruits and veggies, the brighter or deeper the color, the more nutrients are packed in. Kale is a significant source of vitamin A and C - support the immune system, vitamin K - needed for blood clotting and bone formation, folate - key for brain development, fiber - aids in cholesterol reduction and bowel regularity, and iron - needed for oxygen transport. (Don't forget when choosing plant-based sources of iron, consume it with a source of vitamin C to improve absorption.) Kale is a versatile veggie as it can be baked into crispy kale chips, chopped into a salad, added to soups and stews, sauteed with sweet onions and a squeeze of lemon, and even blended with frozen fruit into a healthy smoothie!

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Senior Class Timeline

Times & Dates Subject to Change Refer to CHS website

June 2022 – May 2023	Complete Service Learning - 40 hours total for 4 years, (5 hours waived for 2019-20, 15 hours waived for 2020-21)
Jan. 17th	Hawkes Photography - Senior Formal Yearbook Pictures, FINAL MAKEUP DAY
Jan. 27	Deadline to pre-order yearbooks to receive \$60 rate
January - February	Cap & Gown - Final Order Date TBD. Order here: Herff Jones, Michael Manning: (866)238-5336 CASH For College Workshop (FAFSA and CA Dream Act Workshop) Scholarship Applications (check Counseling Website for scholarships and workshop dates)
Feb. 16th-20th	Presidents Holiday & Citrus Fair Break (No School)
Feb. 24th	1st Grading Period, 2nd Semester
March 1st	Deadline for Yearbook Senior Picture and Baby Pictures and Senior Words
March 2nd	FAFSA and CADAA Application Deadline
March 2023	Mr. Eagle Contest
March 17th	Deadline for Senior Dedication Page in Yearbook Student Minimum Day
March 20th -24	Spring Break
April 7th & April 10th	Emergency Closure Days
April 2022	SRJC Summer & Fall Class Enrollment Begins www.Santarosa.edu
April- May	Final Grad Status Letters Mailed or Parent Meeting
April-May	Prom - date & Time TBD
April 22nd	2nd Grading Period - 2nd Semester
May 12th	Community Unity Day (minimum day)
May 1st-12th	2023 AP Exams Studio Art Portfolio Due - TBD by Teacher 5/02- Environmental Science (8am) 5/04- Statistics (12pm) 5/10 - Spanish Language and Culture (8am) 5/10- Biology (12pm)
May 18th	Senior Portfolio Night @ 6pm
May	Cap & Gowns - delivered to CHS 4-6 weeks before graduation
	Yearbooks - delivered to CHS -End of Month
	Senior Grad Walk - TBD
	Senior Survey - TBD
May 29th	Memorial Day - No School
May 30th	Senior Awards Night - @ 6pm East Gym
June 2023	Final Transcript Request
June 6th - 8th	Senior Final Exams
June 8th	End of 2nd Semester - Last Day of School (minimum day)
June 8th	School & Athletic Fines All books returned, fees, fines, cafeteria and athletic uniforms returned
	Complete Senior Exit Survey
June 9th	Graduation Practice & Breakfast (TBD) Practice will not start unless all Chromebooks, books, uniforms returned, and fees & fines have been cleared.
June 9th	Graduation Commencement John Allen Memorial Field @ 6PM

Kathy Kallick Band Coming To Americana Night

Thursday, Jan. 19, the Cloverdale Arts Alliance's Americana Night will feature The Kathy Kallick Band. She has led bands in the Monroe-based tradition of West Coast bluegrass for many years. Kathy's career includes a Grammy and two IBMA Awards, a Lifetime Membership from the California Bluegrass Association, co-founding the Good Ol' Persons, and collaborating with the country's top acoustic musicians. To receive reserved seats, purchase advance tickets online at cloverdaleartsalliance.org. Tickets, if available, may also be purchased at the door.



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To the Cloverdale Unified School District Community

The CUSD Board voted and approved to part ways with Superintendent MacClain at her request, effective February 1st, 2023. We acknowledge the Superintendent's unwavering dedication to the students, staff, community, and our Board over the past two and a half years. Her contributions to our district are valued and will be missed. The Board wishes Superintendent MacClain nothing but success in all her future endeavors.

The Board's next steps will be to move forward with filling the superintendent position. We want to assure the community that fully staffing our district is a top priority and we look forward to a smooth transition.

Jacque Garrison

School Board President

Preston Addison

School Board Member

Gabriella Mendez-Torres

School Board Member

Ashley Lopez White

School Board Clerk

Brandon Axell

School Board Member

Green Thumb Garden Club Scholarships

The Green Thumb Garden Club of Cloverdale will be awarding three \$1000 scholarships to Santa Rosa Junior College for the coming academic year. The application period is January 25th to March 1st.

Students must meet the following criteria:

- 1. Cloverdale resident
- 2. CHS student or a continuing SRJC student or transferring from SRJC to a four-year college
- 3. Minimum GPA of 2.0
- 4. Continuing students must be enrolled in a minimum of six units
- 5. Open to all majors
- 6. Financial need is considered

New students must register at SRJC's website in order to access the application:
<https://admissions.santarosa.edu/new-or-returning-students>.

Applications are available at:
<https://santarosa.awardspring.com/>

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NEW!

Transitional Kindergarten qualifications:

Cloverdale Unified is pleased to announce that beginning in Fall 2023, we will offer free, expanded Transitional Kindergarten/Pre-K access for young students. Your child must turn 5 years old between September 2, 2023 - April 2, 2024

The date of birth must be between Sep. 2, 2018 - April 2, 2019

Kindergarten qualifications:

Your child must turn 5 years old by September 1, 2023.

The date of birth must be between December 3, 2017 - September 1, 2018

REGISTER NOW ONLINE!

<https://cusdabi.cusd.org/Enrollment/>

YOU WILL NEED TO UPLOAD:

- 1- Original birth certificate
- 2- Immunization records
- 3- Proof of address-utility bill with Cloverdale address
- 4- Parent/Guardian photo ID

For questions, please call 707-894-1930 or email guerrerol@cusd.org

For afterschool care, please contact the Cloverdale Boys and Girls Club at 707-894-5063.

ESCUELA PRIMARIA JEFFERSON

¡Inscriba a su hijo/a para Kinder de Transición o Kinder para el año escolar 2023-2024!

¡NUEVO!

Requisitos para el Kinder de Transición:

El distrito unificado de Cloverdale se complace en anunciar que, a partir del otoño de 2023, ofreceremos acceso gratuito y ampliado a Kindergarten de Transición/Pre-K para estudiantes. Su hijo/a debe de cumplir 5 años entre el 2 de septiembre 2023 - 2 abril 2024

La fecha de nacimiento debe ser entre el 2 de sept. 2018 - 2 de abril 2019

Requisitos para el Kinder:

Su hijo/a debe de cumplir 5 años para el 1 de septiembre, 2023

La fecha de nacimiento debe ser entre el 3 de diciembre 2017 - 1 de sept. 2018

¡INSCRÍBASE AHORA POR INTERNET!

<https://cusdabi.cusd.org/Enrollment/>

TENDRA QUE SUBIR ESTOS DOCUMENTOS EN LA PAGINA DE INSCRIPCIÓN DE INTERNET:

- 1- Acta de nacimiento original
- 2- Registro de vacunas
- 3- Factura de servicio público - cobro de agua, luz, etc.
- 4- Identificación con foto de padre, madre o tutor

Si tiene preguntas, por favor llame al 707-894-1930 o envíe correo electrónico a guerrerol@cusd.org

Para cuidado de niños después de clases, por favor llame al "Cloverdale Boys and Girls Club" at 707-894-5063.

Jefferson Elementary School | 315 North St. Cloverdale, CA 95425 | P. 707.894.1930 | F. 707.894.1906 | guerrerol@cusd.org

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Whisker Talk
Good Dogs Pet Sitting

You've made arrangements for the care of your pets in your absence so you can enjoy peace of mind on vacation. You met the pet sitter and went over all the care so you have no concerns. Imagine your surprise when you get a call saying your dogs won't come out of their crates!

This situation and others like it have happened to me in my 25+ year career as a professional pet sitter. People don't realize that their pets will behave differently when they are away, and around strangers. They assume the same routines can be followed as normal: outdoor cats will come in at dinner time, dogs will welcome new people into the house, but it doesn't always work this way.

What can you do to minimize these kinds of problems?

- 1) Know your pets' personalities. A cat who hides under the bed might not warm up to the pet sitter. A dog who is nervous around strangers may not want to be leashed. Set up your home so the sitter can provide care without needing to handle them.
- 2) Do a trial run. One night away gives you and the sitter a chance to see how things will go. Better to address any issues before you're gone for a week or two.
- 3) Hire a pro. An experienced sitter will pivot and handle whatever comes up while keeping him or herself and your pets safe.

Brigid Wasson
President, Mission Reunite, missionreunite.org
Bringing missing pets and their people back together.
Please DONATE to help support our lifesaving programs!



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(707) 791 4787 | VINERIDGE.COM | 247 TREADWAY DR

Courtney Jade Davis
February 6, 1991 – January 5, 2008



This picture of Courtney was taken at 8th grade promotion and was the last carefree day of her life. Her life fell apart a few days later with a cancer diagnosis...Ewing's Sarcoma. Who had ever heard of such a thing?

On this 15th anniversary, we would like to share a few

borrowed and slightly altered lines from Joni Mitchell....

*Bows and flows of angel hair and ice cream castles in the air
And feather canyons everywhere, we've looked at clouds that way
But now they only block the sun, they rain and snow on everyone
So many things we would have done, but clouds got in our way
Tears and fears and feeling proud, to say, "We love you" right out loud*

*Schemes and dreams and circus crowds, we've looked at life that way
But now old friends are acting strange, they shake their heads, they say we've changed*

*But something's lost but something's gained in living every day
We've looked at life from both sides now
From give and take and still somehow*

It's life's illusions we recall, we really don't know life at all.

To everyone who's read this, we sincerely wish you a life filled with love, harmony, gratitude, peace, joy, mirth, kindness and awe. We will be planting a Coffee Berry at the Cloverdale River Park on January 5th, 2023. Please feel free to join us.

It has been a long fifteen years of missing you, Courtney Jade Davis

"Life is only as bad as you make it"

Love, Dad and Mom



Backing Up Your Holiday Memories
Will Carter

There is a saying about backing up your digital information: "If you have two copies, you have one. If you have one, you have none". Easily the most heartbreaking part of my job is when I must tell my customers that their precious data is lost forever. Hard drive failure, theft, deletion, or even fire can spell the end of your photos, documents, & records if you haven't backed them up properly. Make protecting your data a resolution for the new year and follow the steps below:

1. **Backup your smartphone:** Both Apple & Google offer their own backup services using an account you already have. Android (Google One): Open your phone's Settings app, select Google > Backup, and tap "Back up now". If you haven't already set-up this service, you will see an option to turn on "Backup by Google One". iPhone (iCloud): Open your phone's Settings app, select iCloud > iCloud Backup, and turn on "iCloud Backup". While both products have a free option, you might need to upgrade to a paid subscription if you store a lot on your phone!

2. **Backup your computer:** The first way to backup your computer is to use an external drive. This is a popular option since it gives you total control and possession of your backups. To get started you must have a dedicated external drive connected to the computer. Windows (File History): Type "backup" into the search bar and select "Backup settings", then click "Add a drive" and select your drive. Mac (Time Machine): Open System Preferences and click on "Time Machine", then click "Select Backup Disk".

3. **Backup your computer again:** While the first option of a physical backup drive is convenient, the reality can be disappointing. Many of the threats to the information on your computer are just as present for a drive connected to the computer! It is best practice to keep a copy off-site. This is easiest done by signing-up for an online, or 'Cloud', backup service. The product I use personally is BackBlaze.com, but you can also find quality options from Acronis, Carbonite, and iDrive.

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Jane & Ron Pavelka



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JUMBO SHRIMP \$40 Per Person
 Includes:
ALL YOU CAN EAT Jumbo Shrimp Pasta & Salad
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 BEER & COCKTAILS AVAILABLE
SATURDAY JANUARY 21, 2023 5:00PM-8:00PM
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 491 S. Franklin St.
 Cloverdale, Ca 95425
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 Cloverdale Auto Parts 206 S. Cloverdale Blvd
 Cloverdale, Ca 95425 (707) 894-5212 8am-5pm Mon.-Sat.



CLOVERDALE LION'S CLUB 20TH ANNUAL "ALL YOU CAN EAT" CRAB FEED
 JOIN US
SATURDAY, JANUARY 28, 2023
 in the Cloverdale Citrus Fair Exhibit Room
\$70 PER TICKET/PER PERSON
 Price includes: all you can eat crab, pasta, salad, rolls and ice cream.
 Cash or Checks Only
 6PM No Host Cocktails • 7PM Dinner Served
 Silent Auction, 50/50 Raffle & Door Prizes.
 Find tickets at these local businesses
 • Cloverdale Saw & Mower Center
 • MoE's Eagles Nest Deli
 • Roux's Auto Body and Paint
 • Citrus Fair Office
 • or with any Lion Member
 Don't wait to get your tickets as seating is limited.
 Please call Terry 707-889-4653
 or go to Cloverdalelionsclub.com with any questions.

Quilt Raffle



The Cloverdale Senior Multipurpose Center will be raffling off this beautiful quilt handmade by Cora Kimzey, shown by Carolyn Marcinkowski. Tickets will go on sale at Bolt the beginning of January and the quilt will remain there until March 1.

It will then be brought to the Senior Center to display and the drawing will

be held at their musical benefit on March 14 (need not be present to win). Tickets are \$5 for one or \$20 for five. Support the Cloverdale Senior Multipurpose Center and you may win this wonderful quilt.




RIDE FREE
 The Cloverdale Shuttle is Free For All Riders!
 Hop-On, Hop-Off, Anytime.
 68
 The Free-Fare Program is Sponsored By:
 CITY OF CLOVERDALE



Sidewalk Sale Table (up to 50% off) - on Wednesdays
 First Wednesday of the month 50% off store-wide (except yarn)
 We are grateful to our volunteers and customers for their continued support.
 All proceeds support our local Cloverdale Senior Multipurpose Center.
NEW HOURS
 Tuesday 10-1 PM
 Wednesday 10-4 PM
 Thursday 10-4 PM
 Friday 10-4 PM
 Saturday 1-4 PM
Donations
 M-F 8:30-4 PM 311 N. Main St.
 Please contact the Senior Center to make arrangements before you bring items to donate.
 Creative Notions (707) 894-4110 119 1st Street, Cloverdale, CA.
 Cloverdale Senior Multipurpose Center 35 Years
 Senior Center (707) 894-4826 311 N. Main Cloverdale, CA.



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 Dobie Edmunds • Vulcan Foundation
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 DONATE AT
www.cusdcare.org



Senior Lunch Program
 Call 707-894-4826 or contact reception for lunch reservations
Served 11:30-12:30 PM
Tuesday, El Milagro Lunch \$7 (reserve by Monday by 3 PM)
Wednesday, Pizza & Salad by Papas Pizza \$5 (reserve by Tuesday by 3 PM)
Fridays, Soup & Salad \$5 (reserve Wednesday by 3 PM)
 For Seniors & their Caregivers
 No Senior is turned away due to financial strains, reservations are necessary, please see management

Robert Wadlow - Gentle Giant

Written by MoE in cahoots with my dad Geoff Chatfield



We've grown up with stories about our famous familial Gentle Giant Robert Wadlow. And, as it turns out it's genealogy gymnastics. First cousin of my stepdad Geoff Chatfield's maternal Grandpa "Pete", a character in his own right, Cletus Wadlow. And each generation grew up with these wonderful tall tales.

Some of these tales my dad remembers are told from the perspective of Grandpa Pete. His Gentle Giant cousin was much younger. He and his family made

the trip from his hometown of Alton, Illinois traveling the 450 miles to visit their family in Wichita, Kansas. Grandpa Pete's middle school children were keenly and loudly opposed to his riding their new racer wagon that he may break, due to his grand stature of 6 feet tall at aged 8.

They were a proud Scouting family. When Robert Wadlow became a Scout he was already at or above 7 feet tall. Grandpa Pete and family discussed how the family had to have tents, sleeping bag, shoes, and uniforms custom made to participate. This became his general desire; he wanted to "fit in".



His Giantism was later deemed to be caused by a benign tumor on pituitary gland in his brain. So, by the time he grew up and out of school he was still growing at such a fast rate!

Word of this gentle giant reached the famous Barnum and Bailey Ringling Brothers Circus. They wanted him to be a part of the show. After a short time of him traveling with them he chose to decline this invitation of independence and fame.

He chose to be self-sufficient and contribute to the family during the depression by having a career that was as ordinary, unexceptional, and as professional as possible. He

became a goodwill ambassador for both the International Shoe Company traveling the 41 states; and for the Gallenkamp Store brand of shoes. He would outgrow the shoes. The brand would promote their shoes by displaying the large shoes (35 AA) at various storefronts throughout the US.

He did accept an invitation towards the end of his short but big life; Later turned into the Ripley's Believe It or Not show, they featured a rare video of Robert Wadlow accepting the key to the city from the mayor of New York City at the Empire State Building. The tallest man of the world at 8'11" with the tallest building of the world at that time. My dad recalls watching this video and hearing the Gentle Giant's deep, reverberant, humble voice for the first time.



Our family wondered what would have become of him had he lived in this medical day and age. In his mid-20's he grew to such a degree that his circulatory, skeletal, and nervous systems couldn't keep up. With his towering height and weight of 490 lbs, he couldn't walk without braces and a walking cane. With the decreased sensations due to the poor circulation, he didn't sense the blisters which formed, causing an infection and sepsis. In these early days of antibiotics were not enough. The local hospitals were not fit to provide services to such a tall man. He succumbed to generalized sepsis, passing away at age 22.

There are several locations to visit the likenesses of the Gentle Giant. Locally, Ripley's Believe It or Not at San Francisco Fisherman's Wharf. And one in the Pikes Place in Seattle. Though my dad states the family thinks he would not like these renditions as he's portrayed in a more side show way. He would've wanted a more respectable portrayal such as his hometown of his life-sized statue and the Alton Museum.

An additional note from Ron Pavelka:

Jane and I were on holiday in Phoenix for a family wedding. During one of our off days, we visited the Scottsdale Aquarium, Odyssey for the afternoon. This recreation of Robert Wardlow was on display and I captured the image of Jane standing next to "him". I posted this image on my FB page which Mo saw and we made the connection. If it wasn't for that image, this story might never have come to life.



2023!

Cooking With David

David Maciel

Sponsored by Ray's Food Place

Chinese Noodle Soup

January is when the Chinese New Year is celebrated. I love Chinese food in general but a hardy simple noodle soup on cold winter night is belly warming. You can certainly add any meats or seafood to this soup if that's your fancy.

"Gung Hay Fat Choy" which literally means "wishing you great happiness and prosperity"

Ingredients

- 4 cups chicken stock
- 3 green onions, finely sliced into rounds
- 1 TBS Oyster Sauce
- 1 TBS low sodium Soy Sauce
- 1 TBS low sodium dark Soy Sauce (this can be held until the end and added if needed, by taste)
- 4 oz. dried Chinese noodles of your choice
- 4 leaves Bok Choy/Pak Choi, sliced

Directions

In a large saucepan, heat the chicken stock and bring to a boil.

Add the green onions, Bok Choy or Chinese greens, soy sauces, oyster sauce & the noodles

Reduce the heat and cook according to noodle package instructions (just until tender). Serve hot.

A New Year's Resolution Like No "Otter" The Streets to Creeks Action Tracker

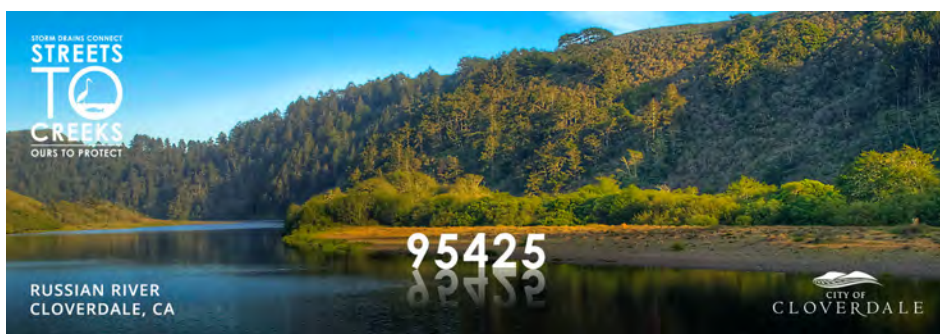
Aaron Nunez

Action Tracker is a way for you to set a goal and tell your story on how you made this world a better place this year. Many hands make light work and simple actions have great impacts towards protecting our local community waterways, creeks, and river. Action Trackers protect their local creeks from streets. Set a goal and tell the story of your motivation to protect our creeks. Invite friends, classmates, neighbors, or any like-minded individuals to track their actions to meet your goal, together.

Where will you focus your positive changes? Currently there are three simple activities to select from that will help you track your success related to preventing litter, car washing rinse water, or pet waste (even backyards have drains that lead to our creeks) from being transported into our fishable, swimmable, and drinkable local waterways.

Inspire others, raise social awareness, or decide to get motivated and encouraged by other's campaigns. You can do this individually, organize your neighborhood, inspire your local club or organization (think Rotary Club, Girl Scouts, Chess Club), or even challenge your local business leaders and join in their efforts to lead by example. Click the Action Tracker link to get started at www.streetstocreeks.org.

Your Action Tracker Campaign tabulates all efforts and provides you with valuable insight into how your actions have kept pollutants like litter, pathogens, soap and more from our creeks. Remember, if it's in the street, it can get into the creek untreated. And in the end, this is all of Ours to Protect.



Princess® is sailing to Alaska this summer, roundtrip from San Francisco! Explore the best of the Great Land, from the glaciers of Glacier Bay National Park to the frontier port towns of Ketchikan, Juneau and Skagway.

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*Taxes, Fees & Port Expenses of up to \$270 are additional.

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Princess Cruises is an authorized concessioner of Glacier Bay National Park.

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Cloverdale Citrus Fair
February 2023

<https://www.etix.com/ticket/v/15719/cloverdale-citrus-fair>