

Artist: Joe Cotruvo



Local Resources • Events • People

# Cloverdale Connect

Bringing our community together since 2020

December 2022



## Editor's Note

The Holidays are officially here – time to get out the Santa hats, the jingle bells, the hot cocoa, and all the decorations. There is so much happening in our community in December that we created a December Events feature to help everyone keep track – music, dancing, Santa, coat drive, singing, gift wrapping and more. You can read all the details in this issue of **Cloverdale Connect**.

December is a great month to give your time, talent and treasure – make a child's wish come true by providing a holiday gift, volunteer for one of the holiday events or write a generous check to any of our hard-working non-profits or service clubs. Please remember, that it's not just in December that people need access to food, to clothing and to services. Make a commitment to be generous and kind all year long. It's not too early to make a New Year's resolution.

Hold your family and friends close this Holiday Season and enjoy the Good Cheer! I'll see you around town!

*Dana*



Santa Claus is roaring into town and he's checking to see who's been naughty or nice by reading *Cloverdale Connect*. Don't be on the naughty list!



## Front Page Photo Contest Winner

Bob Cox

Congratulations!

He won a \$10 Gift Card from

Pick's Drive In



## Winter Festival

The Chamber of Commerce would like to share a bit of what goes on behind the scenes at **Winter Festival**. We have no idea what the weather will be, so we have a contingency plan built in. The planning is massive. It starts in September just after the Car & Motorcycle Show and continues weekly until the event.

Most of the event is done with volunteers and other service organizations helping out. Santa, the tree lighting, street closures, tent set-up and decorating are just part of what has to occur. Our Police Department, City Public Works Department, Fire District, COPE/CERT, AVFilm, local businesses and others all contribute staff, funding, and other resources too numerous to name.

Thank you to our Annual Sponsors who help underwrite all of our events. Please see them highlighted in our ad this month on page 2.



Enjoy the Holidays  
with Family & Friends



Please join us in wishing Peace on Earth and Prosperity to All.

COMPASS

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. License Number 01866771. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate.



Jane & Ron Pavelka

Seasoned Wine Country Natives  
& Real Estate Professionals  
707.480.1268

pavelkas.com

DRE 01381422 | 01476514



POSTAL  
CUSTOMER

PRESRT STD  
EGRWSS  
US POSTAGE  
PAID  
PERMIT #16  
Petaluma CA 94999

Look  
Inside!

December Events Calendar, Thank You  
to Don Goodman, Respect Russian River  
and more !

Cloverdale Connect Inc PO Box 404 Cloverdale CA 95425





**CUSD Staff Member of the Month**  
**James Evans**

*Sponsored by*  
**Dahlia & Sage Community Market**



Prior to accepting a Principal position at Jefferson Elementary, James Evans worked at the Ukiah Unified School District for 17 years both as a teacher, and as Assistant Principal for 6 years at Pomolita Middle School. Mr. Evans taught First, Third, Fourth and

Sixth grades and most of his career was in the elementary setting. He was also a Teacher on Special Assignment at the Dual Immersion Elementary School - Grace Hudson Language Academy in Ukiah.

Principal Evans plays Basketball, he likes hiking and riding his motorcycle, loves to dine at local restaurants between Cloverdale and Ukiah, loves Aztec grill burritos and enjoys Plank Coffee!

All of his free time is dedicated to his twins, Benjamin and Valentina, who are seniors at UC Merced, and wife Lorena. He loves to travel with his family when he is not with his Jefferson family.

We are very lucky to have you Mr. Evans. Looking forward to you being our principal for many more years



**CLOVERDALE CHAMBER  
OF COMMERCE  
ANNUAL SPONSORS**

**Pavelka & Assoc. + Compass**

**Sonoma Clean Power**

**Furber Development**

**Jenness Brewer**

**Ace Hardware**

**Reuser, Inc.**

**THANK YOU  
FOR YOUR SUPPORT!**

**Friends of the Cloverdale Library**



The Friends of the Cloverdale Library is a non-profit organization working to benefit our local library. Members raise funds to supplement the library budget, focus attention on library needs, and work to increase community interest in library services. The Friends coordinate an annual Book Sale at the Cloverdale Library and sponsor most of the special events for children and adults that are held in the Pat Hare Community Room. They also maintain a paperback book

kiosk, magazine kiosk and a selection of children's books and hardback books for adults that are available for purchase. The inventory is constantly re-stocked and refreshed. Donations of clean books in good condition, movies and magazines are appreciated and may be dropped off when the Cloverdale Library is open. Membership dues range from just \$2.00 for a student to \$150 for a Lifetime. Please consider becoming a member and donating your time and/or financial resources to the Friends of the Cloverdale Library.

Cloverdale, CA



**RED DOOR  
REMEDIES**  
Cannabis Dispensary

**Monday-Saturday 11am-7pm  
Sunday 11am-5pm**  
1215 S. Cloverdale Blvd.  
[www.RedDoorRemedies.com](http://www.RedDoorRemedies.com)  
707-894-6054  
LIC # C10-0000260-LIC



**Vernon Arthur Lile**

Vernon Arthur Lile, native of Cloverdale, passed away Tuesday, November 15, age 90, following a long battle with cancer. Vern was born Nov.20,1931 and graduated from Cloverdale High School, where he starred in basketball and baseball. In 1951, Vern married Mary Kansala. He worked for the U.S. Postal Service in Cloverdale for almost 30 years, retiring as the Assistant Postmaster in 1980, and then he and his brother worked the family

ranch in Cloverdale and cattle ranch in Northeastern California. Vern participated in Legion Baseball, City League basketball and softball and was active in coaching youth baseball, and enjoyed golf.

Vern was preceded in death by his wife of 56 years, Mary Lile, his brother, Francis Lile, and his parents, Bernard and Charlott Lile. He is survived by his children Wendy Harrison (Bruce), Gene Lile (Polly) and Peggy Gunter (David), five grandchildren and eight great-grandchildren.

A private graveside service will be held and reception will be announced at a later time. Donations in honor of Vern may be made to Memorial Hospice, online: <https://give.providence.org/norcal-hospice>.

*Cloverdale Connect Inc.* 6300 published monthly, distributed via direct mail, and at participating merchants  
**Editor, Publisher, Advertising:** Dana Johnson • **Graphic Designer, Comptroller:** Vickie Norris  
**707.322.3403** • [info@cloverdaleconnect.com](mailto:info@cloverdaleconnect.com) • [adsales@cloverdaleconnect.com](mailto:adsales@cloverdaleconnect.com)  
[production@cloverdaleconnect.com](mailto:production@cloverdaleconnect.com) • [billing@cloverdaleconnect.com](mailto:billing@cloverdaleconnect.com) • **CloverdaleConnect.com**



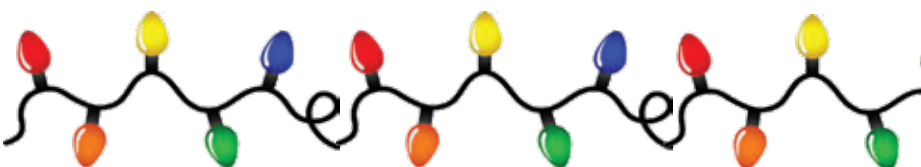


KIWI

A 5 pound bundle of Yorkie love, Kiwi loves everyone: People, dogs (especially big ones) and all the children she meets. She loves to attend Friday Night Live and has made many friends there.

**Renée Tierney**

Send your pet photos for  
PET of the MONTH to  
info@cloverdaleconnect.com



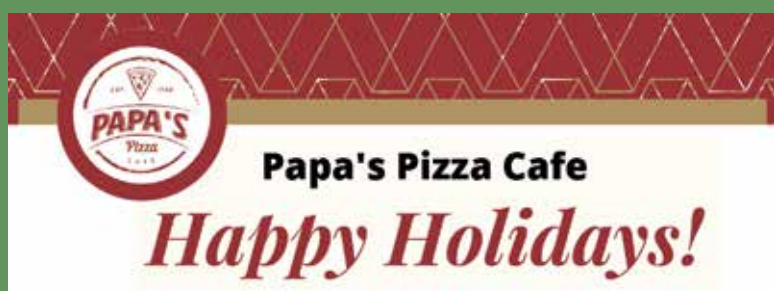
**HAPPY  
HOLIDAYS**

WE WILL BE CLOSED ON THE FOLLOWING  
DAYS SO OUR STAFF CAN ENJOY THE  
HOLIDAYS WITH FAMILY.

DEC. 24TH - CLOSED  
DEC. 25TH - CLOSED  
DEC. 31ST - CLOSED  
JAN. 1ST - CLOSED



*Holiday Greetings*



**Merry  
Christmas**

FROM OUR HOMES  
TO YOURS

**W Real Estate**

Local Knowledge | Team Approach  
Global Reach

**CLOVERDALE OFFICE**

DRE #01795950  
707.669.2444  
114 Lake Street  
Cloverdale CA, 95425



## Libraries Open Sundays Erika Thibault

All 12 regional libraries in Sonoma County are open seven days a week, effective November 6, 2022. The Sonoma County Library system has been expanding service steadily since voters approved Measure Y in 2016, a modest sales tax that boosted library funding.

Expanded hours, a growing collection of resources for all ages, and the modernization of aging library buildings have all been made possible by the sales tax.

Being open seven days a week at the regional libraries makes it easier for busy families to use their free public library. Opening Sundays is also a direct outgrowth of the library's Reimagining Plan, an ambitious effort we undertook during the height of the COVID-19 pandemic. We surveyed thousands of county residents, and held almost 100 one-on-one interviews with community leaders.

The results of the Reimagining Plan highlight the challenges our county faces, and we distilled the data to three key pillars: county residents want opportunities to learn, contribute, interact, and participate; you want to support racial equity, social justice, and inclusion; and you want to foster community resiliency.

We are building our capacity to serve you, internally and externally. Library branches are being modernized and made more accessible, which includes Sunday hours. We are also getting out of our buildings more often; staff are visiting schools, parks, and community centers. Our mobile library van, the BiblioBus visits community events every week.

We are also working with the Sonoma County Public Library Foundation and other community partners to launch a capital campaign to augment our tax funds to support a 21st century library system. Online access is also available 24/7 at sonomalibrary.org.

Erika Thibault is the Interim Library Director for the Sonoma County Library.



# Cloverdale Church Guide

The Church of Jesus Christ of Latter-day Saints  
1011 S. Cloverdale Blvd.  
Cloverdale, CA 95425  
Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church  
1085 S. Cloverdale Blvd.  
Cloverdale, CA 95425



### Good Shepherd Episcopal Church

Christmas Eve Service:  
Carols at 5:00pm followed by Holy Eucharist  
Sunday Services at 10:00am  
Coffee Hour Immediately Following

goodshepherdcloverdale.org | 122 N. Main St, Cloverdale | (707) 891-6015



### Grace Lutheran Church

890 N. Cloverdale Blvd. Cloverdale, CA  
www.GraceCloverdale.org  
Join us for worship 10:00 am in person  
or by web - Facebook LIVE  
Join us Christmas Eve 5:00 pm  
Classic Christmas Carols ❄️ Candle light ❄️ Luke 2

Jehovah's Witnesses  
27100 Dutcher Creek Rd.  
Cloverdale, CA 95425  
Phone: 707.894.4490

Living Water Church  
450 S. Franklin St.  
Cloverdale, CA 95425  
Phone: 707.894.3274



### OAT VALLEY BAPTIST CHURCH

If you are looking for a church that:

- Is Faithful to the Word of God
- Teaches that the Bible is without error
- Enjoys music that has blessed Christians for years
- Desires to have a spirit of thanksgiving 24/7

31000 Cooley Lane, Cloverdale CA 95425  
707-894-2998 • www.oatvalleybaptist.com

Worship Sundays 10:30 am

Parkside Christian Chapel  
553 W. 2nd St.  
Cloverdale, CA 95425  
Phone: 707.894.2893

St. Peter's Catholic Church  
491 S. Franklin St.  
Cloverdale, CA 95425  
Phone: 707.894.2535

The Bridge Foursquare  
50 Commerce Lane Ste. C  
Cloverdale, CA 95425  
Phone: 707.894.5050



We are a church that tries to follow the example and the teachings of Jesus through the kindness and compassion of our missions. We welcome all of our neighbors with an open mind and without discrimination or judgement. Our messages and music give us hope and lead us to a closer spiritual relationship with God. Please join us.

**UNITED CHURCH OF CLOVERDALE**  
439 N. Cloverdale Blvd. Cloverdale  
707.894.2039 www.uccloverdale.org

## Sonoma County Send Our Seniors Mail Program

Are you at home and have spare time to share? Are your children looking for a craft to benefit the community? Please send positive cards, postcards, homemade cards, drawings, and encouraging letters to the address provided below. When received, the staff at the facility will distribute the mail to those residents who need some happiness during this time.

**The Villas Assisted Living**  
ATTN: Send Our Seniors Mail  
214 W 3rd St.  
Cloverdale CA 95425



Make sure your mail is legible, in large print, and handwritten. Keep your message positive, kind, and thoughtful. This is a one-way mail program so please do not include any requests for reciprocation. Be sure to tag your creations on social media using #sendourseniorsmail.

## Facts From The Past Kay Wells

### A Cloverdale Haunted House



Did you visit the haunted house on the boulevard this past Halloween? That would be the historic Gould Shaw House on the History Museum's grounds. Built in the Gothic Revival style by Thomas Gould for his family and purchased by local pioneer Isaac Shaw in 1875, the museum acquired the property in 1983. The house and antique furnishings lent itself to being turned into a spooky 'haunted house' for grown-ups and children alike to enjoy this past Halloween. For further information on the house and other historic Cloverdale houses, stop by the Museum or the Chamber Office and pick up a copy of the Historic Downtown Cloverdale Walking Tour.

MILL STREET ANTIQUES

# MOVING

## TO CLOVERDALE

CLOSING 1/31/23

RE-OPENING 3/01/23  
790 S CLOVERDALE BLVD

DAILY 10 TO 5





**CALL TEDI SPAIN & MARIA KENNEY**

**707.292.3060 | 707.696.2258**

**DRE# 01302532 | DRE# 01223041**





**THE FINISHING TOUCHES**  
INTERIOR DESIGN STUDIO

Helping turn your house into your home since 2003

Hunter Douglas - Shutters - Valances & Draperies - Floor plans - Color consultation Room Makeover - Personal Shopping

Jeannie Griffiths, Owner  
thefinishingtouchesids.com

(707) 894-8665  
fintchids@vbbn.com

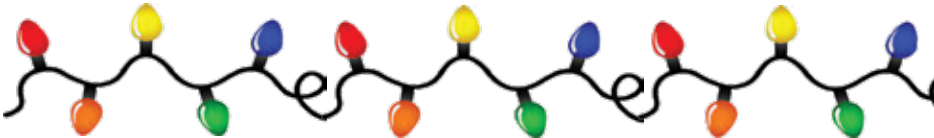
## The Russian River Watershed

Are you aware of these Russian River statistics?

- Provides water to more than 600,000 residents. Communities in the Russian River Watershed (RRW) depend on a combination of Russian River water and groundwater to meet their water-supply demands.
- Supports recreation to almost 1 million visitors a year and provides habitat for wildlife. The river is critical to the region's agricultural sector.
- Drains a 1,485 square mile watershed in Mendocino and Sonoma counties, California. The two major dams in the watershed, create Lake Mendocino and Lake Sonoma. Major tributaries to the Russian River include Forsythe Creek, Big Sulphur Creek, Dry Creek, Austin Creek, and Laguna de Santa Rosa. The Laguna de Santa Rosa is the largest subwatershed draining to the Russian River and the largest urban center in the North Coast Region.
- There are approximately 238 streams and creeks in the watershed.
- There are over 63 different species of fish in the watershed.



*"A watershed is a marvelous thing to consider: This process of rain falling, streams flowing and oceans evaporating causes every molecule of water on Earth to make the complete trip once every two million years. The surface is carved into watersheds – kind of a familial branching, a chart of relationship, and a definition of place. The watershed gives us a home and a place to go upstream, downstream and across in." Gary Snyder, 1993*



**Have an EXTRA Coat in Your CLOSET?**  
**Donate It!**

Cloverdale's W Real Estate Office  
Is holding a One Warm Coat drive and collecting clean, gently worn or new coats of all types and sizes.

**Collection boxes are located at W Real Estate's Office**

114 Lake Street, Cloverdale, CA 95425  
Monday November 14 - December 5th  
M-F 9:00 a.m. – 5:00 p.m.  
Weekends by Appt.

Need it picked up? One of our awesome agents will do a porch pick up.  
Just call the office to make arrangements  
Questions? Call or email the office.  
707-669-2444 / sbernardi@wrealestate.net



**One Warm Coat®**



**Alexander Valley Healthcare**  
Feel Good... We Have You Covered

**Wishing you and yours all the best of health over the holidays and coming new year.**



**YOUR COMMUNITY HEALTHCARE LEADER:**

- Comprehensive Primary Care for all ages
- Behavioral and Mental Health services
- Substance Abuse Treatment
- Teen Clinic
- Financial Services for MediCal, Medicare, and Supplemental Nutrition Application aid
- Public Social Services access aid
- General Dentistry and Dental Hygiene

**Expanding local access to health care and health related services at our future Alexander Valley Health & Wellness Center**



**BE HEALTHY**

remember to get your flu and COVID shots.



Native American Heritage Month Proclamation



On November 9, 2022 Cloverdale City Mayor Todd Lands invited Trina Vega, descendant of The Hopland Band of Pomo Indians and long-term Cloverdale resident, to accept the Native American Heritage Month proclamation. Cloverdale Rancheria Tribal Member Patty Santana Bird and Dry Creek Rancheria Tribal Member Max Cordova, descendants of The Hopland Band of Pomo Indians Christy Carrillo and Jazmine Garcia as well as Nathaniel Yellowbird Hernandez of Lytton Rancheria were also invited to be a part of the proclamation. These fellow Native Americans celebrated this honorable recognition on behalf of Cloverdale Rancheria, Dry Creek Rancheria, Hopland Band of Pomo Indians and Lytton Rancheria. The Mayor spoke highly of Dry Creek Rancheria and said he “loves having the tribe be a part of our community and looks forward to seeing the tribal elder housing get started”. The Mayor also stated he looks forward to building relationships within the tribe. Max Cordova thanked the Mayor and City Council on behalf of Dry Creek Rancheria for the recognition and felt honored to be a part of Cloverdale’s amazing community. Trina Vega spoke of her family ties to Cloverdale and expressed her gratitude for being nominated to accept this proclamation along with her daughter Christy, Granddaughter Jazmine and Great Grandson Nathaniel. Patty Santana Bird of Cloverdale Rancheria said she was honored to be there to represent the Native American community and is happy that the City has recognized Native American Heritage month.



2023 Cloverdale Citrus Fair  
What a Wonderful World

The Cloverdale Citrus Fair’s Board of Directors has announced the theme for the 2023 Fair: “What a Wonderful World.” This theme is an important reminder that life is a wonderful gift and there are more wonders in our world than any of us will get to see. Returning this year in its second year is the Ambassador Program, open to all sexes, successor to the retired Citrus Queen competition. The Ambassador Program is shifting its focus to high school juniors. A new feature will be the inclusion of a workshop on budgeting for a professional wardrobe that will be held at the start of the program. After, the candidates will receive a \$250 wardrobe budget to create their professional look. The Citrus Fair exhibit book has been overhauled and will show the return of some categories from the past to see if there is interest in including them in the fair in the future. One of the largest changes is allowing online entries for both livestock and exhibits. The Fair has invested in the latest technology allowing the entry system to speak to fairs around the country if any of our exhibitors show elsewhere. The biggest change to this year’s fair is brought about not by a new CEO Tom Keaney, or even a global pandemic, but instead by the good, old-fashioned Stork. Some joyous new arrivals to key members of the Cabaret’s cast means that it will not be possible to produce a quality show for February. The 2023 Cabaret will now take place November 2023. The 2023 headliner for the Cloverdale Citrus Fair is Outlaw Mariachi, described as “LA’s Premier Rock Mariachi Band”.

Abounding Resilience ~ Part 1  
Michele Armanino

Ukrainians, Maria and Oleksandr Bezhenar tell a two-part, compelling story of their departure from war-struck Odessa to the pastoral hills of Cloverdale.

- Q: Describe your life in Odessa before Putin’s invasion?**  
A: We had a life rhythm going. In our five-year plan, the kids would go to high school and the older girls would study abroad. We had a plan to teach the Bible around the world as we are both close to having a degree in Practical Ministry.
- Q: What were your plans once you suspected a Russian invasion?**  
A: We decided as a family that in the case of an invasion, we would not stay. We must buy food so we can live for one month and prepare our basement. On February 24, Putin started bombing buildings in Odessa. At 5:15 a.m., I woke my kids up and told them: “Consider this a journey, not an escape.” The house was shaking from bombings close to us and we fled.
- Q: Recount how you crossed over into the Romanian border?**  
A: We waited ten hours to learn if we could cross over and were permitted because we had three children.
- Q: Did the Romanians help you?**  
A: The Romanians were quick to help us. There was a Romanian man who was working in Ireland but had a house in Romania. He told us we could stay there for three months, which we did.
- Q: Did you ever lose hope?**  
A: We needed to save our kids and our family. We told our kids not to be afraid, that when you have strong beliefs, it helps you to get through your problems.
- Q: What has happened to your neighborhood in Odessa today?**  
A: Half of the neighborhood, mostly young families with children, have fled to Poland, Germany and the USA. The rest of the city is now full of refugees. Our house there is no longer habitable.
- Next month, Part 2 features the Bezhenar family and how they acclimated to Cloverdale through the kindness and generosity of the community.



Create  
Gather  
Explore

Your library welcomes you!

sonomalibrary.org/events

SONOMA COUNTY  
LIBRARY  
BIBLIOTECA  
Facebook Twitter Instagram YouTube



# Cloverdale Senior Multipurpose Center

## Melanie Hall

It's the holiday season! So much is going on, and there is a lot of fun to be had in our community. Thank you to the crafty vendors and the community for making our Holiday Craft Fair successful; the money raised will go to the continuation of our programs.

In support of our Senior Lunch Program, Senior Center member Deborah Rust lovingly created a beautiful shawl that is being raffled. The money raised will ensure that no senior is turned away regardless of ability to pay. Tickets are \$5 for one ticket or \$20 for five tickets. We would love to have a service group or caring individuals make a matching donation.

We will sell tickets at our Friday morning Produce Market, 10-11, or come by the Center any time, 8:30 am-4:00 pm, Monday-Friday. The drawing is on December 10 at 1:00 pm at our drive-through Holiday Tea; no need to be present to win.

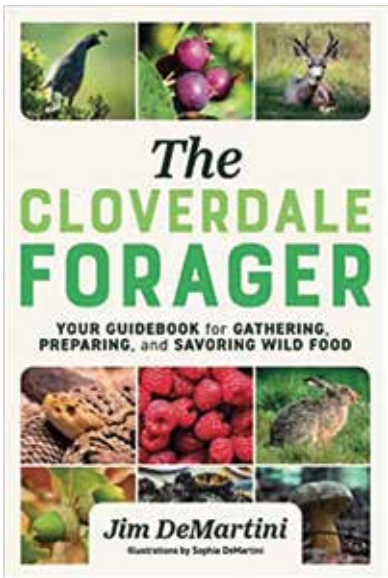
Our Holiday Tea is a drive-through on December 10, and ticket holders will pick up their goodie boxes from 11:30-1:00. Tickets are on sale now, \$25 for members and \$30 for community members; the deadline to purchase is December 2. The boxes include finger sandwiches, scone with lemon curd, and cookies boxed up for your tea-sipping delight. So, grab friends for some sip, sip, hooray!

Great news, our craft store, Creative Notions, is now open Tuesday-Saturday. Every Wednesday, 50% off Sidewalk Sale Table (weather permitting). Store Hours: Tuesdays, 10-1, Wednesday-Friday, 10-4, and Saturdays, 1-4; please stop by and check out our craft items; inventory is constantly changing.

Looking forward to January, we start a new eight-week Grief Support Group led by long-time hospice volunteer Betty Durso.

We will also be starting a Meditation Group facilitated by William Cordingley, who has been practicing meditation for decades.

Our team here at the Senior Center wishes you a healthy, happy, and safe holidays.



## The Cloverdale Forager

Put this on your Holiday Gift List: ***“The Cloverdale Forager: Your Guidebook for Gathering, Preparing and Savoring Wild Food”*** by local attorney, musician and author Jim DeMartini, illustrations by Sophia DeMartini. If it's in the wild – and allowed to be hunted, picked, or collected in Northern California – chances are good that longtime forager, Jim DeMartini, has a story to tell and advice to give. From a lifetime of experience crawling around

on all fours looking for the perfect mushrooms, to wading through the surf and capturing succulent surf smelt, to bribing 10-year-olds to gather hard-to-find banana slugs, to fishing in the pristine waters of Clear Lake, California for black bass, DeMartini shares humorous and informative reflections, stories, and recipes.

***The Cloverdale Forager*** provides ideas and recommendations for the best ways to capture wild food, while inviting you to sink your teeth into:

- ▶ Learning how to identify, capture, and collect the tastiest, most flavorful wild animals, fish, birds, and plants
- ▶ Savoring the amazing taste that is unique to food that's been prepared literally minutes after bagging it
- ▶ DeMartini's extensive repertoire of recipes and food preparation tips
- ▶ Forging a deeper connection with nature, the creatures that inhabit it, and the socially conscious foraging community

From acorns, spring mix, and blackberries, to quail, abalone, and surf smelt, ***The Cloverdale Forager*** is the essential guide for both veteran and new foragers alike. Discover the fun, amazing, and exquisite taste experience that only foraging can provide!



## Let's Travel

### Craig Clark

Here's when you can get a refund for your nonrefundable ticket:

- If an airline cancels your flight, you are entitled to a refund for the unused transportation.
- If there's a significant schedule change by the airline, you may be entitled to a full refund
- The contract of carriage sometimes called the conditions of carriage — is the legal agreement between you and the airline so be sure to read yours carefully. It may contain a clause that gives you a full refund.
- If you feel the airline hasn't offered you the product it promised, you might be able to dispute the charge on your credit card
- Your rights to dispute a credit card charge are spelled out in the Fair Credit Billing Act.
- In the case of a death, there is a long-standing industry courtesy. There's no rule or regulation that says an airline must refund a dead passenger's fare. If, however, the promise is contained in the contract of carriage, then the airline must honor it.
- If your travel companion dies, some airlines will refund tickets as a goodwill gesture when your travel companion dies or if the person you were traveling to visit dies. If you need to request this type of refund, you will also need to provide written evidence of your companion's death.
- If your military orders change or you have jury duty
- If you have extenuating personal circumstances
- Airlines review these refund requests on a case-by-case basis. Share your dilemma with them succinctly and with a minimum of drama.



*Vine Ridge*  
SENIOR LIVING AT ITS FINEST

With us, you're family.

Experience the warmth of a caring community. Our senior living homes are designed for comfort with independence in mind. Vine Ridge is more than a home, it is a community full of friends, full of hope, & full of life.



Call and schedule a tour today

(707) 791 4787 | VINERIDGE.COM | 247 TREADWAY DR



Cloverdale is committed to increasing the City's resiliency to cope with and respond to drought conditions. As part of the City's continued drought response efforts, the City of Cloverdale was awarded a \$3,005,000 grant from the State Department of Water Resources (DWR) in September as part of the Urban and Multi-benefit Drought Relief Grant Program to help fund water supply and distribution system projects across the city.

The DWR grant agreement included funding for the following three projects:

1. Advanced Metering Infrastructure Upgrades
2. Supervisorial Control and Data Acquisition (SCADA) Expansion
3. Well Replacement and Rehabilitation

The City is beginning its first project funded under the Grant, which will replace and upgrade approximately 3,300 existing water meters throughout Cloverdale to an Advanced Metering Infrastructure (AMI) system. This innovative "WaterSmart Meter" technology is part of the City's continuing efforts to conserve water, enhance customer service, replace aging infrastructure, and be more efficient.

Currently, City staff manually read customer's water meters once a month to record water use readings. The Smart Meters will provide safe and secure remote updates to the City's customer portal in near real time.

The WaterSmart Meter upgrades will allow the City to:

- detect leaks within its water system in near real time so that repairs can happen quickly
- provide customers increased billing transparency
- streamline staff time allotted to meter reading and inputting data for more efficient customer service
- replace aging infrastructure
- reduce fuel consumption and costs associated with driving
- conserve over 10 million gallons of water each year

In addition to conserving resources, the WaterSmart Meter upgrades will save water customers money by allowing residents to manage and monitor their water consumption through an online web portal. Customers will be able to:

- review near real-time water use
- recognize potential water leaks and respond to needed repairs quickly
- avoid unintentional high water consumption by adjusting irrigation activities and systems to maximize conservation
- Improve water efficiency

The existing meters will be replaced with cutting edge Neptune MACH 10 Ultrasonic Water Meters. These new meters will provide:

- high resolution measurements and sustained accuracy
- lead-free and corrosion resistant long-term use
- meet or exceed American Water Works Association standards
- Made in the USA

Water use data will be sent wirelessly from the WaterSmart Meter using an encrypted, low powered radio signal for less than one minute every day. Water customers will be able to login to the City's WaterSmart Portal to review water use and pay water bills.



The WaterSmart Meter Project is estimated to cost \$4.2 million with \$1.6 million funded by the grant award. In addition the City Council committed approximately \$1.0 Million in American Rescue Plan Act (ARPA) Funds toward the project cost. The remainder of the project costs will be funded through an equipment Lease that will be paid for by rate revenue. The City's revenue recovery model calculates how the project costs will be recouped by the City over time. For example, replacement of existing meters with WaterSmart meters with a guaranteed accuracy rate of 98.5% can be expected to recover over 26 million gallons of water consumption, translating to an estimated annual revenue recovery of nearly \$200,000 for the City. In addition, the City's annual operation and management costs associated with meter readings and repairs are estimated to be nearly \$200,000. These costs are expected to be reduced by as much as 75% with the upgraded system.

Residents can expect to see work progress across the city over the next year. The City's contractor will replace and upgrade every customer's water meter, equipped with communication technology that will allow customers to monitor their water use. If a customer's meter box is damaged or if it is undersized for the new meter and equipment, the meter box will either be repaired or replaced. It is anticipated that customers might typically experience approximately 30 minutes of water shutoff during installation, unless there are further complications.

The City's contractor will be installing antennas on City poles and the County tower that will allow the customers' AMI meter to communicate with the City's Customer Service WaterSmart Portal. The City's Utility Billing Team will be receiving equipment and software upgrades that would allow it to detect leaks in the water system and securely share water use information with customers through a web portal.

When completed, customers will be able to see their own daily water usage and make informed decisions on how to manage their water. As the project reaches completion, the City will provide updates and share how customers can connect to the WaterSmart web portal to monitor their own water usage.

Funding for the Water Meter AMI project has been provided in full or in part from the Budget Act of 2021 and through an agreement with the State Department of Water Resources.

### Learn More!

Please contact David Kelley, City Manager or visit <https://www.cloverdale.net/266/Utilities-Department>

**City of Cloverdale** City Hall  
124 North Cloverdale Blvd. • Cloverdale, CA 95425  
707-894-2521



# Whisker Talk

Brigid Wasson  
Good Dogs Pet Sitting



As Christmas approaches you may be wondering what to buy for your pet-loving friends. I paid a visit to our local Clover Dog Pet Supply and Wash to see what cool things we can find right here in town. The first thing that caught my eye was a product called Nothing to Hide, a rawhide alternative. I used to give my dogs rawhide to chew on but it can make them sick, so I stopped doing that. Nothing to Hide looks like a rawhide chew but is completely digestible. It comes in standard shapes as well as fun holiday shapes like candy canes and gingerbread men. A great doggy stocking stuffer.

There is a whole display of fun dog toys in holiday shapes and colors including a crinkly stocking that contains a little stuffed bone and a narwhal in a santa outfit! Cat toys include the usual assortment of mice, balls, and catnip in fun Christmas colors. I couldn't resist a two-pack of holiday mice with spring tails for young Delia my kitty.

One really cool gift item is a dog treat advent calendar. Who doesn't love opening the windows of the advent calendar to reveal a daily treat? Fun for human and dog alike.

To view my video including footage of these and other great pet gifts visit my YouTube channel called First Street Pets.

Happy Holidays!

## Cloverdale Library Community Connection John Koetzner, Children's Services Librarian

Last month, I was able to announce our new Sunday hours, from 1-5 pm, and I introduced new Sunday staff to you. It turns out I'm on loan currently to the Northwest Santa Rosa Library at Coddington Center, but will rejoin my colleagues at Cloverdale at the end of January. In the meantime, if you know of families that are looking for a Family Storytime for children, Carol Singleton, who was the Children's Librarian at the Guerneville branch is filling in for me doing storytime in my absence. Please stop by and join her for a storytime on Thursday morning for the first three weeks of this month.

We are still seeking community partners with local service clubs and groups for community events and help to provide Wi-Fi connections with our new SonomaFi Connect, a mobile hotspot kit that can connect up to 50 devices. Contact the branch if we can be partners with your group or email us at [cloverdale@sonomalibrary.org](mailto:cloverdale@sonomalibrary.org).

### December Events at the Library

Dec. 1, 8, & 15	Family Storytime
@ 10:30-11 am	
Dec. 6 @ 6-7:30 pm	Crafting with CreativeBug: Botanical Watercolor Illustrations
Dec.7 @ 4-5:30 pm	Bookbinding & Watercolors with Amanda Ayala (Grades 7-12)
Dec. 12 @ 4:30 pm	Maker Studio: Light Up Cards (grades 4-6)
Dec. 13	Spanish Music & Movement (ages 0-6)
Dec. 14 @ 4:00 pm	Game On! (Teens & Tweens)
Dec. 15 @ 4:00 pm	Once Upon a Gingerbread House (Grades K-6)
Dec. 24 @ 2:00 pm	The library will close early for the holiday.
Dec. 25	Holiday - The library will be closed.

For more events this month, go to:  
<https://events.sonomalibrary.org/events/month>

# Winter Wonderland

The 8th grade promoting class  
will be hosting a bake sale  
during Winter Festival

December 2nd, 2022  
At Picks!



Bake Sale  
Hot Cocoa  
Pozole (while supply last)  
Photo Booth



## Introducing: Paramedic Tom Hinrichs

As a kid, Texas native Tom Hinrichs wanted to be a cowboy when he grew up. Majoring in Ag Business at Cal Poly San Luis Obispo, his original plan was to earn his degree and continue the family business of cattle ranching.



As fate would have it, it was during this time the County of San Luis Obispo began upgrading their pre-hospital care. Hinrichs entered the first paramedic class and then worked for the San Luis Ambulance to hone his skills.

The rest, as they say, is history. He first started working part time with the Cloverdale Ambulance in 1983 and became the district's first full time paramedic in 1988. He had been the district's Manager for many years before his recent promotion to C.E.O.

Tax-deductible donations for new state-of-the-art cardiac monitors are still being gratefully accepted and can be sent to Cloverdale Health Care District, P.O. Box 434, Cloverdale CA 95425.

## New Brow Boutique by Tedi

Tedi Spain has always had a strong passion for empowering women to look their best and feel better about themselves. She has been licensed by the Board of Cosmetology for 16



years and is also certified in Microblading eyebrows, a tattooing technique and form of permanent makeup with a realistic result.

Many of you will know Tedi through Real Estate, as she has been a Realtor for over 22 years. Tedi loves Real Estate, and her passion has always been about the people, and

making the process as easy as possible.

Tedi says: "Microblading results are so gratifying, giving my clients a sense of simplicity to start their day, swim or exercise and end their day with beautiful brows. My motto is 'If it makes you feel good, then do it!'"



## Out & About



Recently, visiting sisters **Kate Monohan** and **Lone Rich**, with Ben (Javanese) and Shyly (poodle) from Bandon, Oregon, dropped by the Geyserville Visitor Center and took home a copy of **Cloverdale Connect**.

Submit your photos to [info@cloverdaleconnect.com](mailto:info@cloverdaleconnect.com)

## November Cloverdale Weather Recap

Average High Temperature 61°F

Average Low Temperature 36°F

Total Rainfall 2.78 inches

Photo Rick Tang

## HOLIDAY LIGHT DISPLAY CONTEST

TO REGISTER

CALL 707 894-4470 OR EMAIL

[NEENA@CLOVERDALECHAMBER.COM](mailto:NEENA@CLOVERDALECHAMBER.COM)

BY DECEMBER 20

TO BE ENTERED TO WIN A PRIZE

## THE ELVES AND THE SHOEMAKER



BY KRISTIN WALTER

Directed by Amy Lovato | Sponsored by Reuser Industrial Park

December 3, 4, 10, 11 | Sat. 7:30 pm & Sun. 2:00 pm

Tickets \$5 Kids & \$10 Adults | Available Online at [www.CloverdalePerformingArts.com](http://www.CloverdalePerformingArts.com)

### Pavelka's Puns

What's the difference between a well-dressed man on a bicycle and a poorly dressed man on a unicycle? Attire.

DO YOU LOVE WORKING WITH SPECIAL NEEDS ADULTS?

WE WANT YOU!

CONTACT SWATHI

(650) 219-6069

[WWW.CRANCH.NET](http://WWW.CRANCH.NET)

### NORTH BAY VEHICLE REGISTRATION SERVICE

VEHICLE TRANSFERS OF ALL KINDS

"If we can't title it, then it can't be done"

- COMMERCIAL VEHICLES
- WATERCRAFT
- OUT OF STATE TITLE
- LIEN SALES
- REGISTRATION RENEWALS
- VERIFICATIONS

LICENSED & BONDED

Angela Cordova 707.577.8277  
[angelacordova@comcast.net](mailto:angelacordova@comcast.net)

Juan Favela  
Owner



(707) 894-3695

112 E. First Street • Cloverdale, CA 95425

Walk-ins and Appointments welcomed



Call us for a FREE quote

ERNESTO LOPEZ  
OWNER

707-889-0905

License #1076189

Lopez Unlimited Painting  
[lop3painting@gmail.com](mailto:lop3painting@gmail.com)  
P.O. Box 2, Cloverdale 95425



Cloverdale's premier pet care providers

[GoodDogsPetSitting.com](http://GoodDogsPetSitting.com)  
707-814-5935

Good Dogs  
Pet Sitting LLC



910 Rockwell Rd  
Cloverdale, CA 95425

[cloverdalelockandkey@yahoo.com](mailto:cloverdalelockandkey@yahoo.com)

- Locks Rekeyed
  - Master Key Systems
  - Safe Combo Changes
  - Safe Locks - Repair or Replace
- Jesus Chavez

CARTER  
s y s t e m s

COMPUTER REPAIR

Cloverdale's most trusted name in computer repair has returned!

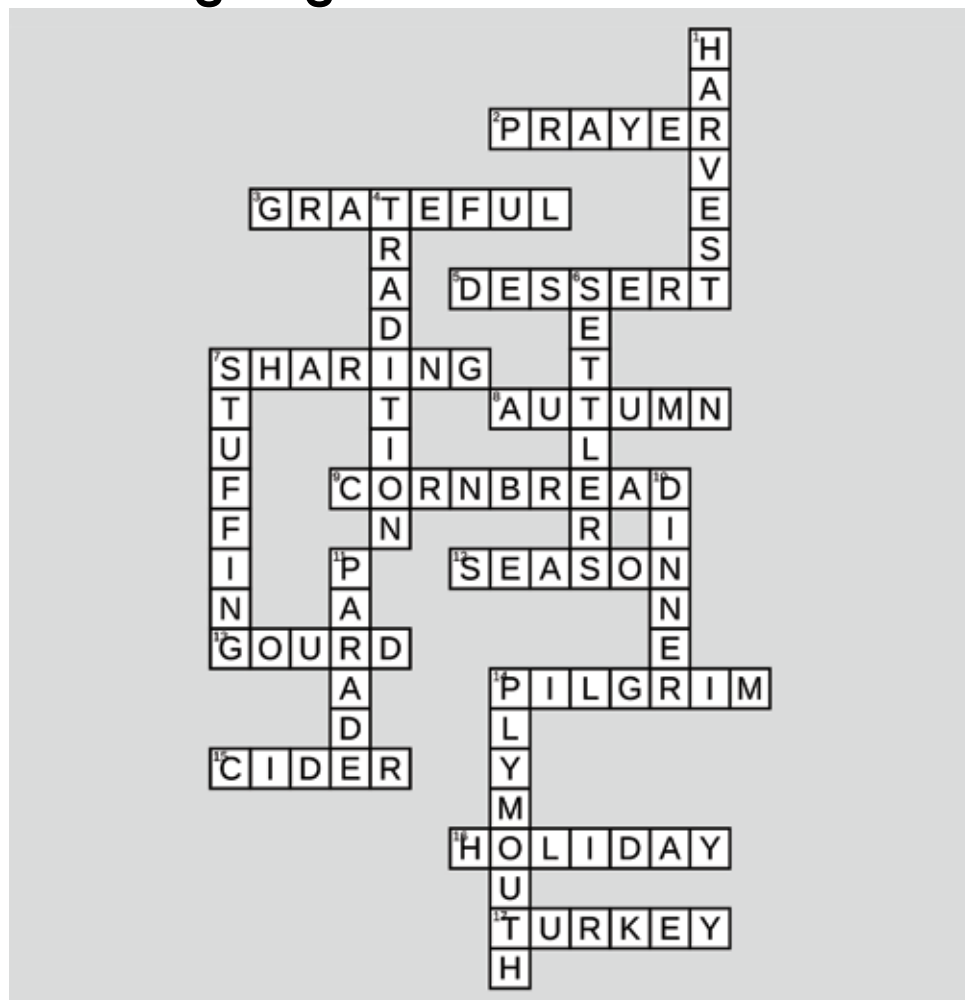
Will Carter

707.327.0327  
[will@cartersystems.com](mailto:will@cartersystems.com)

Services Offered:

- ♦ Laptop/Desktop Repair
- ♦ Printer Configuration
- ♦ Home Office Set-Up
- ♦ Technical Questions
- ♦ Remote Support





CLOVERDALE, CA

**SRT**

**FORESTRY, INC**

ISA CERTIFIED ARBORIST® # WE-14026A

COMMERCIAL & RESIDENTIAL TREE SERVICE

LIC. # 1096455 (707) 975-5882

**SRTFORESTRY@GMAIL.COM**





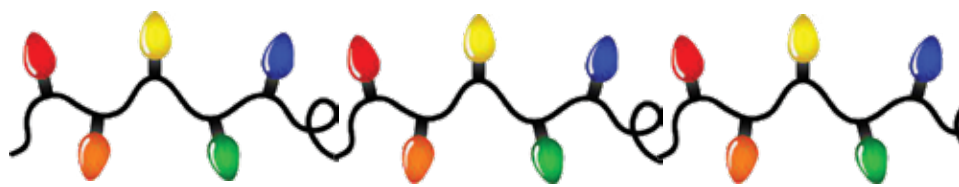
FILM NEGATIVE

GIVE THE GIFT OF SUSTAINABILITY

FROM SONOMA COUNTY TRADING COMPANY

ECO-FRIENDLY GIFTS  
LOCALLY MADE ITEMS  
GIFT CERTIFICATES

115 E. 1ST STREET  
CLOVERDALE



Staying Healthy This Season  
Gina Berry, MS, RD, CLT

It has been a rough cold and flu season thus far and many folks are wondering if there is something more they can do to stay healthy. According to the National Institute of Health, oral zinc (lozenges, tablets, syrup) may help to treat colds by reducing the length of a cold when taken right at the start. They also report Vitamin C may slightly improve cold symptoms when taken prior to being sick. Unfortunately, there is no golden ticket to cure a cold or flu. The Mayo Clinic recommends plenty of rest and staying hydrated with water, 100% fruit juice, broth, or warm lemon water with honey.

The Institute for Functional Medicine highlights some important ways to prevent illness. Heading into winter we naturally accumulate less vitamin D from the sun, so ask your doctor to check your vitamin D status as it is one of the most important nutrients for immune support. Regularly eating plenty of brightly colored fruits and vegetables can help boost immunity, as well as including probiotics - “good bacteria” to support gut health. Try making a frozen fruit smoothie with tofu and kefir. Or a delicious winter soup with vibrant butternut squash, garlic (another immune booster!), and plain yogurt. Stay well!

IMPORTANT PHONE NUMBERS

707 Area Code unless otherwise noted

Courtesy of The Pavelka Team & Cloverdale Connect

**Emergency Resources**

Alexander Valley Healthcare .....894.4229

Animal Hospital of Cloverdale .....894.3951

California Highway Patrol .....576.2175

Cloverdale Ambulance .....894.5862

Cloverdale Fire Department .....894.3545

Cloverdale Police Department .....894.2150

Healdsburg District Hospital .....431.6500

Sonoma County Sheriff .....565.2511

**Schools**

Cloverdale Unified School District .....894.1920

Cloverdale High School .....894.1900

Jefferson Elementary School .....894.1930

Washington Middle School .....894.1940

JEH Continuation School .....894.1925

**Utility Resources**

Comcast .....894.7848

Dish Network .....894.7848

PG&E .....800.743.5000

Recology (Garbage) .....800.246.0291

**Transportation Resources**

Cloverdale LOCAL Bus .....800.345.7433

Sonoma County Transit / Bus .....576.7433

Sonoma County Airport Express .....837.8700

**City Resources**

Chamber of Commerce .....894.4470

Cloverdale Citrus Fair .....894.3992

Cloverdale City Hall .....894.2521

Cloverdale Post Office .....894.4607

Cloverdale Public Library .....894.5271

Cloverdale Water/Sewer .....894.1700

**COMPASS**

**Jane and Ron Pavelka**

Jane: 707.480.1268

Ron: 707.480.5424

rpavelka@pavelkas.com

www.pavelkas.com

**Cloverdale Connect**

PO Box 404 Cloverdale CA 95425

info@cloverdaleconnect.com

www.cloverdaleconnect.com

707.322.3403

Don't miss your chance to lower your utility bills and save water.

A SPECIAL OFFER FOR CLOVERDALE WATER UTILITY CUSTOMERS

**BAYREN** Water Upgrades **SAVE**

Lower your utility bills and save water!

**A Simple Offer**

- ✓ Save more than you pay
- ✓ Little-to-no upfront cost
- ✓ No new debt
- ✓ No credit check

**It's Easy!**

- Select your upgrades
- Installation by program contractor
- Pay a charge on a lower water bill

**Enroll today to start saving!**

**877-846-8795**

**www.waterupgradessave.org**

The City of Cloverdale is proud to partner with Water Upgrades Save, a new water efficiency program that helps Cloverdale Water Utility customers save water and money.

Advising Clients,  
One Step at a Time.

Taxes | Investments | Insurance  
Real Estate | Payroll & Bookkeeping

**Nicholas Casagrande**  
Chief Executive Officer & Financial Advisor  
EA #105394, CA DRE #01854336  
CA Insurance Lic. # 0H68496

**(855) 240-6606**

105 W. Clay St, Ukiah  
675 S. Main St, Willits  
22 Battery St, San Francisco  
5643 Paradise Dr #4, Corte Madera

**www.ncfinancialgroup.com**

**NC Financial Group**

San Francisco | Corte Madera | Ukiah | Willits

Advisory services offered through Cetera Investment Advisers LLC. Securities offered through Cetera Financial Specialists LLC (doing insurance business in CA as CFGFS Insurance Agency), member FINRA/SIPC. Cetera is under separate ownership from any other named entity.



**Tranquility Massage & Spa**

Stephanie Lee Reitzell  
Owner/CMP Lic #31216  
707-494-3030  
tranquilitymassageandspa.net  
steph\_reitz@icloud.com



**Alvin L. Myers**  
Financial Advisor  
600 McDonald Avenue • Suite 100  
Santa Rosa, CA 95404  
Bus. 707-542-5370 • Cell 707-331-2267  
alvin.myers@edwardjones.com

**Edward Jones**  
MAKING SENSE OF INVESTING  
edwardjones.com  
California Insurance License 0C24309

**CLOVERDALE Saw & Mower Center**

**CHUCK SIBERT**  
**DARREN SIBERT**  
Bus. (707) 894-2273  
Fax (707) 894-8485  
closaw8@yahoo.com



1301 South Cloverdale Boulevard, Cloverdale, CA 95425





Let's support our  
Cloverdale  
businesses!

Submit your "Shout Out"  
to [info@cloverdaleconnect.com](mailto:info@cloverdaleconnect.com)

Each business featured in Cloverdale Connect's "Shout Out" feature receives a window sticker suitable for display, acknowledging that they are supported by our community.

I just want to give a shout out to **Good Dogs Pet Sitting** LLC and Brigid Wasson for once again being our go to for pet sitting needs while we were on vacation. My dogs are spoiled, jumpy, and my little dog is wary of new people (even though she has met Brigid about 20 times!) My bigger girl loves everything and everyone. Brigid knows we love our fur babies and sends updates and pictures during the week. She is always on time for the scheduled needs, and obviously with someone caring for your pets, reliability is huge. We have booked with Good Dogs Pet Sitting many times, and will continue to do so. If you have any upcoming holiday plans and need a reliable pet sitter, there is a fabulous one here in town!

Merwyn Welch

Keep up the good (& probably sometimes hard) work getting the **Cloverdale Connect** out each month. I was on the committee that had the Craft Fair at the Vet's Bldg. on November 5. We had more people than we had seen in a long time. We have been doing the Craft Fair for 27-28 years. I believe that people read about it in the Cloverdale Connect & came!

Neva Goodman

A very big shout out to **Gary at Cloverdale Nursery**. He is such a great resource for all things plant related. No question is too big or small, and he is very willing to share his wealth of knowledge about what to plant, how to plant and how to care for so many varieties of plants, shrubs and trees. His specialty is how to interpret the planting guide label for our unique Cloverdale climate. Thanks, Gary for sharing your wisdom. You are truly a garden guru!

Susan Verde

I just want to give a shout out to **Papa's Pizza Cafe** - everything they make is absolutely delicious. Their pizzas are amazing, their St Louis style ribs amazing, their Caesar salads with Chicken amazing, their pesto cheese bread amazing. Last night I tried the Western sub sandwich - it was amazing! I'm sure there many more things I haven't tried yet, but I'm telling you everything I have tried is so yummy!

Brad Bengel

Made my first visit to **Alchemy Collective** this morning! Danielle Rachel Streb, you are the best! Such a beautiful store, and I appreciate you more than I can express! I will be back soon!

Liane Fabian



"Thank you for voting and supporting me in the November 8th election. I look forward to working with our newly elected City Council Members."

Gus Wolter

## Cloverdale Neighborhood and City Parks

**City Park** is a 7.4-acre community park at 450 W. 2nd Street, shaded by 200+ year-old Live and Valley Oak trees. Park amenities include children's play structures, a baseball field, basketball and volleyball courts, horseshoe pits, Scout cabin, snack shack, and restrooms.

**Furber Park** is a 6-acre community park at 298 Elbridge Avenue. Park amenities include children's play structures and swings, a joint-use baseball/soccer field, snack shack with announcement booth, drinking fountains, and restrooms. A year-round creek runs through the park.

**Tarman Park** is a half-acre neighborhood park at 45 Clark Street. Park amenities includes the largest play structure in town as well as picnic tables and a drinking fountain.

**The Cloverdale Cemetery** is a 13.5-Acre historic landmark at E.1st Street before the Crocker Bridge. It was a burial site for early pioneers and residents primarily in the early 18-1900's. The cemetery walking paths highlight local history including a veteran's memorial.

**Vintage Meadows Park** is a 3.5-acre neighborhood park at N. Foothill Boulevard and Healdsburg Avenue. This park offers two children's play structures, basketball courts, drinking fountains and restrooms, a large multi-use field, as well as a footpath that runs through and around the park.

**The Downtown Plaza Park** is adjacent to City Hall and the Cloverdale Police Department. Plaza Park features a stage, seating areas, a drinking fountain, various shade arbors and a restroom is coming soon. Plaza Park is home to community events and activities.

**River Park is 58.2-Acre Open Space** east of the Cemetery parking lot and the south end of McCray Road. There are 3 miles of trail that runs along the west side of the Russian River. There is a ramp for water access to the river on the McCray trailhead to launch a boat or swim.

**The Porterfield Creek Open Space** is a 250-acre preserve at the western edge of Cloverdale. With diverse terrain, perennial water flow in the creeks, and serpentine geology, the Preserve supports a diversity of plants and wildlife and is a great location for hiking and biking.



BOLT FABRIC + HOME

219 North Cloverdale Blvd.  
Cloverdale, CA 95425

[boltcloverdale.com](http://boltcloverdale.com)

707-894-2658



COMPLETE  
AUTO REPAIR  
AND TIRES FOR  
FOREIGN & DOMESTIC  
VEHICLES

707-894-2492  
474 S CLOVERDALE BLVD  
CLOVERDALE • CA • 95425  
PAUL & JULI SOUTHARD • OWNERS

**WE**  
WHEELER ELECTRIC  
Licensed Number: 1068474

(707)-708-1923

[wheelerelectric20@gmail.com](mailto:wheelerelectric20@gmail.com) [WheelerElectric](https://www.facebook.com/WheelerElectric)



Complimentary Exams  
Invisalign and braces for Adults and Children

102 S. Main St, Cloverdale CA 95425  
707-433-4829



1129 S. Cloverdale Blvd #F  
In the Furber Center

NEW INVENTORY  
WEEKLY!

CURBSIDE PICKUP  
AVAILABLE!

(707)669-0212

Christmas Light Installation

Your Local Light Guy

Bringing Holiday Cheer Across Northern  
Sonoma County



Andrew  
(707) 935-4740

\$50 off if booked before  
November 15 when you  
mention this offer!





Mary Catherine (Gambetta) Nichols

Mary Catherine Nichols, 81 of Bloomington, passed Tuesday, November 15, 2022 at her home. Mary was born April 3, 1941 in Sonoma County, daughter of Albert and Dena (Santich) Gambetta, Sr. She married Richard O. "Nick" Nichols on August 15, 1965 in Cloverdale. He preceded her in death on September 27, 2003.

Mary is survived by her two daughters, Stacy J. Nichols, Dacula, GA; and Dr. Jennifer (Jimmy) Freiheit, Milwaukee, WI. Also surviving are 4 grandchildren, Sheridan R. Jeakins; Nash, Casen, and Rowe Freiheit; and her brother, George (Kim Wallis) Gambetta, Cloverdale, CA. She was preceded in death by her parents and a brother, Albert Gambetta Jr.

She was a homemaker, flower gardener, and dedicated member of St. Mary's Catholic Church and formerly Holy Trinity Catholic Church both in Bloomington, IL.

Mary will be deeply missed by her family, friends and neighbors. In lieu of memorials or flowers, the family asks for random acts of kindness in her memory. Online condolences may be made to [www.calvertmemorial.com](http://www.calvertmemorial.com)

Inhale Sonoma's Finest

**CLOVERDALE WELLNESS**

**WE DELIVER**

DISPENSARY • CURBSIDE PICKUP • FREE DELIVERY

707.894.LOVE (5683) • CLOVERDALEWELLNESS.ORG  
1815 S. CLOVERDALE BLVD • SECOND FLOOR • CLOVERDALE, CA 95425

**The BODYWORK STUDIO**

a place where muscles are refreshed, mental tensions are released, and minds are rejuvenated.

**GRAND OPENING CELEBRATION**  
DECEMBER 17TH • NOON-2PM  
Join us for Cookies, Coffee & Holiday Cheer

MASSAGE BY APPOINTMENT ONLY  
**707.894.LOVE (5683)**  
130 S. Cloverdale Blvd • Cloverdale, CA 95425

Solorio To Play In Cloverdale Dec.15

On Thursday, December 15, the Cloverdale Arts Alliance's Americana Night will feature SoloRio. SoloRio is a new Americana'n rock stone soup collaboration band based in the North Bay Area, California. The band consists of C. Cameron and Brooks Anderson, Andy Tester, Andy 'Dru' Rodgers and Gary Kaye. Percussion (B. Anderson) and bass (Tester) conspire in a dynamic heartbeat while adding voice to the four-part harmonies this band is known for. Cameron's dobro phrasings, banjo patterns, and harp expressions bring tasty atmospheres and unexpected dimensions; while Rodger's guitar, mando and cosmic ukulele resonates to pad and drive the sonic stories. Kaye's tasty pedal steel warmly molds and joyously dances throughout. Fronting SoloRio, Andy and Cameron each lead original works with strong harmonies. The band is known to be often joined by renowned local musicians for a spontaneous busk!

Americana Night is hosted by Cloverdale Arts Alliance Gallery, 204 N. Cloverdale Blvd. Tickets are \$20 for Cloverdale Arts Alliance members and \$25 for non-members. Doors open 7:00pm; music from 7:30 – 9:30pm. Americana Night takes place the third Thursday of each month from October through May. For seating privileges, purchase advance tickets online at [www.cloverdaleartsalliance](http://www.cloverdaleartsalliance). Tickets, if available, may also be purchased at the door.

Connect with C.H.S.  
Cheyenne Schriner

Sponsored by:

Management Connections, MoE's Eagles Nest,  
Secchitano Electrical Services,  
Wine Country Real Estate Network

Additional support provided by: Papa's Pizza

Upcoming CHS Sports Schedules Thru Mid-January 2023:

JV Girls Basketball

12/6	Willits	Home	5:30pm
12/13	Roseland Univ.	Away	5:30pm
12/15-12/17	Ukiah JV Tournament	Away	TBD
12/21	Upper Lake	Home	5:30pm
1/3	Lower Lake	Home	5:30pm
1/5	Ft. Bragg	Home	5:30pm
1/10	St. Helena	Away	5:30pm
1/12	Middletown	Home	5:30pm
1/14	Kelseyville	Away	6:00pm

Varsity Girls Basketball

12/-12/3	Sandy Mac Memorial	Home	TBD
12/6	Willits	Home	7:00pm
12/13	Roseland Univ.	Home	6:30pm
12/17	Ukiah	Away	6:00pm
12/21	Upper Lake	Home	7:00pm
1/3	Lower Lake	Home	7:00pm
1/5	Ft. Bragg	Home	7:00pm
1/10	St. Helena	Away	7:00pm
1/12	Middletown	Home	7:00pm
1/14	Kelseyville	Away	7:30pm

Varsity Boys Soccer

12/7	Cardinal Newman	Away	7:00pm
12/12	Analy	Home	5:30pm
1/5	St. Helena	Home	5:30pm
1/7	Analy	Away	5:30pm
1/10	Roseland Univ.	Home	4:00pm
1/12	Kelseyville	Away	5:30pm

Wrestling

12/2	CMC Novice	Willits	TBD
12/3	Vintage	Napa	TBD
12/10	Green & Gold Tournament	Napa	TBD
12/17	Northgate High School		TBD
12/29-12/30	Lou Bronson Invitational	Liberty H.S.	TBD
1/6-1/7	Joe Riddel	Chico	TBD
1/11	Tri-Meet	St. Helena	TBD
1/14	Kermit Bankson	Albany H.S.	TBD


**VANGUARD PROPERTIES**

**KEN KNIGHT, REALTOR®**  
DRE # 01949206

[kenknight.net](http://kenknight.net)


(415) 754-5628





## The CARside

As I get older, work seems a lot less fun...



and fun seems like a lot more work.

The OLDER your vehicle gets, the more it needs US! When we perform your usual oil changes we "get to know" your vehicle. THEN, we can help you avoid high priced repairs that might have been avoided.

Jeff, Tina, Craig, Austin & Crew  
(707) 894-1072 • [www.cloverdaleautomotive.com](http://www.cloverdaleautomotive.com)  
210 S Cloverdale Blvd., Cloverdale, CA



## Law Offices of James F. DeMartini

James F. DeMartini, Esq.  
Paula S. Hall, Esq.  
ATTORNEYS AND COUNSELORS AT LAW  
"Cloverdale's Full Service Law Firm"

- Living Trusts, Wills, Power of Attorney
- Probate and Trust Administration
- Conservatorships and Guardianships
- Business and Real Estate
- Personal Injury and Accident Litigation
- Employment and Law and Dispute Mediation
- Divorce/Custody/Child Support



115 West First Street • Cloverdale • 707-894-5000  
[cloverdalelaw.com](http://cloverdalelaw.com)

## Crafters Corner

My name is **Ashly** and I have an Etsy business I run from home... we make farmhouse signs, tiered tray decor and fun seasonal home decor! Our website is [www.Allthedaycreations.Etsy.com](http://www.Allthedaycreations.Etsy.com)




I'm a local fiber artist **Ashley Butts**, also known as **One Hook Wonder**. I crochet custom pieces for all occasions! Below are potholders that make great gifts for anyone who enjoys spending time in the kitchen! Please visit/message me on my Facebook page: **One Hook Wonder Creations** or message me through my Instagram @onehookwonder for orders. Prices vary depending on the project.






## Wonderkid Yoga

With Sam Van Dyke

EVERY Thursday  
starting December 1st

9 am - 10 am , age 1 - 3  
10 am - 11 am , age 3 - 7

\$15 per class + \$5 in addition for sibling  
Class size limited to 10 students  
2 sliding scale spots available



115 E. 1st Street, Cloverdale  
RSVP [h2wellnessinfo@gmail.com](mailto:h2wellnessinfo@gmail.com)  
PayPal @sherryvandyke or  
Cash on day of Class  
[www.sdconannies.com](http://www.sdconannies.com)

# VOLUNTEER!

## 2023 CLOVERDALE CITRUS FAIR

FEBRUARY 17 - 20, 2023



Have a great time, and visit the fair for free! Volunteers work 2-hour shifts, receive a fair t-shirt and free fair admission on their day of work.

Help is needed with:  
Warner Hall Exhibits, Family Fun Zone, Dessert Contests, and Livestock Area

For more details and to sign up, visit <https://cloverdalecitrusfair.org/> or click on the QR Code.



Find Out More!





December Cloverdale Events		
<b>Heart City Holiday Market</b> <b>Now-Dec. 24th</b> 117 E. First Street	<b>Wrestling Club Sign-Up</b> <b>Tues. Dec. 6 6-8pm</b> Cloverdale Vet's Building 205 W. First St.	<b>Cheer Team Gift Wrapping</b> <b>Sun. Dec. 11th Noon-3pm</b> Heart City 117 E. First St
<b>Winter Festival</b> <b>Fri. Dec. 2nd 4:30-8:30pm</b> Downtown	<b>Encore Dance Winter Showcase</b> <b>Sat. Dec. 10th 6:30pm</b> Cloverdale Citrus Fair 1 Citrus Fair Drive	<b>Grand Opening Celebration</b> <b>Sat. Dec 17th Noon-2pm</b> The BodyWork Studio 130 S. Cloverdale Blvd
<b>Visit Elf on the Shelf</b> <b>Sat. Dec. 3rd 1-3pm</b> Cloverdale Retail Therapy 219 S. Cloverdale Blvd	<b>Holiday Tea</b> <b>Sat. Dec. 10th 11:30am-1:30pm Drive Thru</b> Cloverdale Senior Center 311 N. Main St.	<b>Caroling + Potluck Dinner</b> <b>Sun. Dec. 18th, Beginning at 4pm</b> Living Water Church 450 S. Franklin St.
<b>Kiwanis Crab &amp; Pasta Feed</b> <b>Sat. Dec. 3rd Doors Open at 5:30pm</b> Cloverdale Citrus Fair 1 Citrus Fair Drive	<b>Lions Toy Run</b> <b>Sun. Dec. 11th - All Day</b> Cloverdale Citrus Fair 1 Citrus Fair Drive	<b>Teen Anime Club</b> <b>Wed. Dec. 21 3-4pm</b> Cloverdale Library 401 Cloverdale Blvd.
❄️ There are numerous Health & Wellness Classes/Events at <b>Healthy Haven Wellness</b> , 116 E. First Street, Cloverdale during December. Please contact h2wellnessinfo@gmail.com for details and to register.		

## Smart Home for the Holidays

Will Carter

The idea of a house which could be controlled by voice or remote has been popular since the middle of the 20th century. From the home of the Jetsons to Tony Stark's mansion, media has always been fond of a projection of a future where every little aspect of your home could be controlled by your voice. Today, this is closer than ever to a reality!

While you shouldn't expect a jetpack in gift wrap this year, there are many Smart Home devices you might ask for if you'd like to try them out!

**Smart Speakers (Google Nest Mini/Audio, Amazon Echo Dot, Apple HomePod Mini)** These devices are activated using a keyword ("Hey Google," "Alexa," "Siri," etc.) which allows anyone to easily give commands. These commands can be simply setting a timer or alarm, asking for the weather forecast, or adding an appointment to your calendar. When paired with other smart devices, you can use your voice to control various aspects of your home!

**Smart Displays (Google Nest Hub, Amazon Echo Show)** Like

Smart Speakers, these devices can listen for commands and respond, but also incorporate a touchscreen! This allows a user to directly tap to make choice on the screen, to see progress on a timer, or to get an idea of their schedule at a glance.

**Smart Thermostats (Google Nest Thermostat, Amazon, ecobee, Wyze)** This time of year we all appreciate coming home to a nice warm house! With Smart Thermostats, you can crank up the heat from the comfort of your bed, couch, or even before you're headed home. These devices will work with other Smart devices, or simply with your smartphone, making them a great starter Smart Home device!

**Smart Doorbells (Google Nest Doorbell, Amazon Ring/Blink, Arlo, Wyze)** By far the most popular Smart addition folks make is replacing their doorbell with a Smart alternative. These Smart Doorbells film and listen on your behalf, letting you know anytime your front door is visited by friends, solicitors, or even just the post man delivering your mail.

Smart Everything – Keep an eye out for "Smart" lightbulbs, blinds, smoke alarms, deadbolts, appliances and more!



## COMMUNITY COUNSELING



**CLOVERDALE CLINIC:** 311 N Main St Cloverdale CA  
**MAIN OFFICE:** 319 S E St Santa Rosa CA  
**FOR INFO/APPT:** (707) 284-3444  
**WEB ADDRESS:** [www.soscounseling.org](http://www.soscounseling.org)

### SOS \* SOS \* SOS \* SOS \* SOS \* SOS \* SOS \* SOS

While SOS stands for Support Our Students, it is also a universal code for "Help." Here at SOS, our counselors are available to help with such things as:

- Stress and Anxiety
- Depression
- Trauma
- Relationships, family challenges & transitions
- Building self-esteem, self-empowerment & personal growth

Services are available for all community members:

- Individuals, couples & families
- Children, youth, adults and seniors

Financial assistance is available

Contact SOS @ (707) 284-3444 for more information.

### ABOUT SOS COMMUNITY COUNSELING

SOS is a non-profit counseling agency (TIN #81-0676520) and training program that provides therapeutic services in Sonoma County in-person at three community clinics and via Telehealth. Our associates and trainees are supported in their training with weekly clinical supervision, and ongoing training to advance them in the field of therapy.



**Cloverdale Unified School District News**  
**Betha MacClain**

The Social Science Adoption Committee, consisting of partners from all school sites, is currently in the process of adopting Social Science curriculum for Grades K-12. The community will have an opportunity to review the recommended materials before a vote of the Board, which is expected to be in May 2023.

The District English Language Advisory Committee (DELAC) held their 1st meeting on November 3rd to review the purpose and role of the committee. The group completed a Vision activity to provide feedback on the District's vision for English Learners. I am grateful to everyone who has volunteered to be on this very important committee. The next DELAC meeting is scheduled for December 8, 2022.

**At Jefferson Elementary**

- The school held their second Positive Behavior Intervention and Support (PBIS) monthly celebration. Community involvement has been great with community partners providing rewards and incentives to support students and make the celebration special.
- The annual TK-Kindergarten Fall Carnival and the PTA Family Movie Night were both wonderful ways to be in a casual environment and a great way to utilize our new facilities and equipment.

**At Washington School**

- The annual PTA "Reflections Art Night" was held Monday, Nov 7th to honor and celebrate the talented students who participated.
- The Annual Turkey Run is taking place on November 17. Thank you to Ms. Fogg for her work on this event!
- Sunshine Winter Events for staff are being planned now. These events help to keep staff going as we approach winter break and give us a chance to connect with each other as a community of educators.

**At Cloverdale High School/JEH**

- The first ever Sandy Mac tournament is taking place Dec. 1 - 3 for Girls Basketball.
- The MacMillan tournament will be held on Dec. 8- 10 for Boys Basketball.
- Winter Play (a series of one act plays), which will be performed in the East gym on Dec. 2nd and 3rd.
- Thirty-two seniors attended the Santa Rosa Junior College (SRJC) field trip. Those students who were interested were enrolled in Counseling 270 and SRJC staff helped them start their admissions application.

**"Your Local Cookie Lady!"**



**Offering delicious treats for any occasion! Specializing in custom decorated sugar cookies.**  
**For any questions or to place an order visit my website at**  
**[www.mycustombakes.com/DeliciUso](http://www.mycustombakes.com/DeliciUso)**  
**or reach out to**  
**[Delici.Uso510@gmail.com](mailto:Delici.Uso510@gmail.com) or**  
**on social media @Delici.Uso**

**Management Connections**  
Making those connections that matter!  
**TALENT RECRUITMENT & STAFFING**  
**707-894-4400    [norcaljobs.com](http://norcaljobs.com)**

**Holiday Tea**  
**Get Your Tickets!**  
**SATURDAY, DECEMBER 10**  
**11:30 AM-1:00 PM**  
**DRIVE THROUGH PICK-UP**  
Finger Sandwiches, a Scone with Lemon Curd, and Cookies boxed up for your tea-sipping delight.  
Grab a friend and pour a cup of tea!  
**\$25 MEMBERS    311 N. Main Street**  
**\$30 NON-MEMBERS    Cloverdale CA**

**Thank You, Don Goodman**  
**"The Voice of Cloverdale Sports"**  
**Edited from an article by Charlie Delfino**

Recently, Don Goodman achieved the 50-year mark announcing games at Cloverdale High School. He was honored as a man who has given his voice to Cloverdale Athletics since 1972. Don Goodman truly has been "The Voice of Cloverdale Sports" throughout several generations of Cloverdale Eagles athletes.

Don is known for many lasting contributions to the Cloverdale sporting community, including to help bring Little League Baseball to Cloverdale, starting up the Challenger League program in Sonoma County, and running the entire Little League District 35 as the Administrator for over 40 years. He



Pictured: Don Goodman, Coach TJ Bird

helped start up the very first Boosters Club and was a Cloverdale High School District Trustee for over twelve years.

When asked why he gave so many years to the community of Cloverdale School Eagles Athletics programs, Don shrugged his shoulders as if it was just another stroll through the part, and answered "I do it for the kids" and with a big smile on his face he continued, "I love the kids".

Thank you, Don Goodman, for your fifty years of serving our community and especially, our kids.



# Our Cloverdale Community Cares Sponsored by



Jane & Ron Pavelka



Cloverdale Lions



Alexander Valley Healthcare

## Healdsburg Community Band

**Annual Winter Concert**



Admission is FREE!  
Donations are gladly accepted!



Dec. 9, 7:30pm  
Cloverdale Veterans Hall  
205 W. 1st St., Cloverdale  
Your community band since 1982

Dec. 11, 3:00pm  
Healdsburg Community Church  
1100 University Ave., Healdsburg  
[www.healdsburgcommunityband.org](http://www.healdsburgcommunityband.org)



(707) 894-4110  
119 1st Street,  
Cloverdale, CA.

Sidewalk Sale Table (up to 50% off) - on Wednesdays  
First Wednesday of the month 50% off store-wide (except yarn)

### NEW HOURS

Tuesday 10-1 PM  
Wednesday 10-4 PM  
Thursday 10-4 PM  
Friday 10-4 PM  
Saturday 1-4 PM

Senior Center  
(707) 894-4826  
311 N. Main St.  
Cloverdale, CA.



All proceeds support our local Cloverdale Senior Multipurpose Center  
We are grateful to our volunteers and customers for their continued support

### Donations

M-F 8:30-4 PM  
311 N. Main St.  
Please contact the Senior Center to make arrangements before you bring items to donate



### Thank You to our 2022-23 Key Sponsors!

Bruce & Darlene Reuser • Vulcan Foundation  
Richard Siciliano • Dobie Edmunds • Nita Parker  
Ace Hardware of Cloverdale • Cloverdale Connect  
Whole Kids Foundation • Grey Creek • E&J Gallo Winery  
Kiwanis Club • Rotary Club • Lions Club

Visit our Holiday Book Tree at Dahlia & Sage

**SUPPORT OUR SCHOOLS**

DONATE AT

[www.cusdcare.org](http://www.cusdcare.org)



### THE ELVES & THE SHOEMAKER

By Kristin Walter  
Directed by Amy Lovato  
Sponsored by Reuser Inc.

DEC 3-11 | SAT 7:30 PM | SUN 2 PM

\$5 KIDS, \$10 ADULTS @ DOOR OR ONLINE

### CLOVERDALE PERFORMING ARTS PRESENTS MATTHEW WITTHAUS

Featuring

**Tika & the Moonshines  
Leddy Park Band**

SATURDAY | DEC 17TH | 7:30 PM

TICKETS \$15 @ DOOR OR ONLINE

[WWW.CLOVERDALEPERFORMINGARTS.COM](http://WWW.CLOVERDALEPERFORMINGARTS.COM) • 209 N CLOVERDALE BLVD



Senior  
**Lunch  
Program**

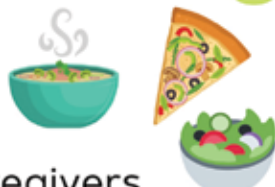
Call 707-894-4826  
or contact reception  
for lunch  
reservations

**Served 11:30-12:30 PM**

**Tuesday, El Milagro Lunch \$7**  
(reserve by Monday by 3 PM)



**Wednesday, Pizza & Salad by Papas Pizza \$5**  
(reserve by Tuesday by 3 PM)



**Fridays, Soup & Salad \$5**  
(reserve Wednesday by 3 PM)

For Seniors & their Caregivers

No Senior is turned away due to financial strains, reservations are necessary, please see management

The Cloverdale Lions Club

## 25<sup>th</sup> Annual Toy Run Sunday, Dec. 11, 2022

9 - 11 am  
Registration

11:30 - 12:30pm  
Pack Ride with  
Santa Claus

12:30 - 1:30pm  
Lions Famous BBQ

1:30pm  
All Drawings



Music  
Ride Pins  
(for the first 250)

Raffle Prizes

50/50 Raffle

Full No Host Bar

Silent Auction

### \$10 ADMISSION + ONE NEW UNWRAPPED TOY

The Cloverdale Citrus Fair | Citrus Fair Dr., Cloverdale, CA

*So rain or shine drive, walk or ride over for a great time and for a great cause!*

**LET'S HELP THE KIDS**

*We sincerely thank you for helping the kids in the community.*

For additional information, please contact Lion Richard at (707) 280-6990 or Lion Jerry at (707) 696-1841  
Facebook: CloverdaleLions



## Kiwanis Club of Cloverdale is selling See's candies for Christmas

For local delivery or pickup call Laurie Kneeland  
at (707) 328-2147

Kiwanis Club of Cloverdale is very proud to sponsor the  
Dolly Parton Imagination Library for our  
Cloverdale kids ages 1-5

### To My Clover Springs Friends



I'm sending all my warmest wishes to you and your families this holiday season.  
Thank you for your many years of love and friendship.

I miss you all so much, and hold you dear in my heart.

Fondly, Donna Wellington





# Holiday Showcase

Visit Elf on the Shelf  
at

*Cloverdale Retail Therapy*

Saturday, Dec. 3<sup>rd</sup> & 10<sup>th</sup>  
1-3 pm



Photo op with  
Elf on the Shelf  
&  
a Christmas coloring  
page to take home!



219 S. Cloverdale Blvd.  
707-894-9225  
Open: Tues. - Sat. 11-5, Sun. 12-4

Do your holiday  
shopping *locally* at  
**FURBER RANCH PLAZA**



Happy Holidays from the Team at the  
Cloverdale Senior Multipurpose Center



Frank McAtee, Linda Chaffin, Sandra Hoevertsz, Melanie Hall, Bert Bernstein and Al Myers.  
Not pictured Suzi Croft, Linda Walker and Shawna Masur.

**HAPPY  
HOLIDAYS**  
from all of us at



**The helpful place.**

# Rewards that shine bright

Visa® Credit & Debit Cards



Shop and earn points with every purchase,  
then redeem them for cash back, gift cards,  
and more. Plus, tap to pay or load your card  
to your mobile device for a safe and  
simple way to checkout.



- VISA PLATINUM**  
Earn 1 point for  
every \$1 spent
- VISA SIGNATURE**  
Earn 1.5 points for  
every \$1 spent
- VISA DEBIT**  
Earn 1 point for  
every \$2 spent

Make the holiday season merrier and  
get rewarded with every purchase!



1 (800) 479-7928 | [redwoodcu.org/visa](https://redwoodcu.org/visa)

Cash advance transactions and balance transfers are excluded from earning points. Debit rewards available on signature based transactions. Business account ineligible for debit rewards. Federally insured by NCUA.



## Cooking With David

David Maciel

Sponsored by Ray's Food Place

### Christmas Brunch Casserole

The holidays can be hectic & on Christmas morning I like to make things easy in the kitchen. This casserole is a great way to feed the family. It can be served warm or is tasty cold. It can be prepared a day ahead of time to save time on Christmas morning.

#### Ingredients

- 2 pounds bulk pork sausage
- 1 large onion, chopped
- 2 cups cooked rice
- 3 cups crisp rice cereal
- 3 cups shredded cheddar cheese
- 6 large eggs
- 2 cans (10-3/4 ounces each) condensed cream of celery soup, undiluted
- 1/2 cup whole milk

#### Directions

In a skillet, cook sausage and onion over medium heat until meat is no longer pink; drain. Place in a lightly greased 13x9-in. baking dish. Layer with the rice, cereal and cheddar cheese. In a bowl, beat the eggs, soup and milk. Spread over top. Bake, uncovered, at 350° for 55-60 minutes or until a knife inserted in the center comes out clean. Let stand for 5 minutes before cutting. Refrigerate any leftovers.

## The Creative Corner

Christy Latchford

*"You can tell a lot about a person by the way they handle three things: a rainy day, lost luggage, and tangled Christmas tree lights."* Maya Angelou

It always amazes me that I can get so ridiculously excited about a holiday that delights as much as terrorizes my sense of calm, but alas it still does. Once again the Christmas fever has clawed its way out of a long year with the enthusiasm of a 9 year old in a candy store who has been told they may get whatever they want in a store that is open 24 hours a day. Pure Joy!

Of course, at my age now I have accrued so many Christmas decorations I do openly laugh at myself at the desire to create more. Especially when we have two very young cats in our home who will experience Christmas for the first time; hence, breakable items and my insane collection of bottle brush trees, if I wish to keep them intact, must stay packed away for a couple of years.

This is where creativity can save the day and delight the spirit. Thanks to Cloverdale Nursery where I acquired a sandblasted branch, our trusty drill and a glue gun have come together to create some winter cheer that can be hung high above the reach of even our youngest cat. Model train-scaled people that are peppered around our home in plants now

get to converge with some of the smaller bottle brush trees and the 1:87 scale deer I was able to procure from Amazon, along with some battery operated fairy lights. The best part is any branch will work and one is only limited by imagination and the lack of a glue gun to bring some holiday cheer indoors!

Wishing all in Cloverdale a joyful holiday season and Merry Christmas!



## Composting and Food Waste Reduction

At the beginning of 2022, the new state law Short-Lived Climate Pollutants, (Senate Bill - SB 1383) went into effect. The law is a statewide effort to reduce the amount of organic materials such as food, paper products, and plant trimmings discarded into landfills. The law requires all residents and commercial businesses to subscribe to regular collection of organic materials (green bin service) in addition to recycling and garbage. All organic materials, including spoiled left-over foods, fruit and vegetable scraps, meat, bones, dairy products, food-soiled napkins should be placed in the green bin which is sent to composting facilities.

The average U.S. household wastes 31.9% of what they purchase annually. This may take the form of forgotten left-overs in the back of the fridge, spoiled produce, bread gone moldy on the counter, or meat products purchased during a sale but now have freezer burn.

Here are suggestions for reducing food waste at home:

- Shop with a list and avoid purchasing perishable foods in bulk.
- Cook only as much as you can eat to avoid leftovers.
- Eat and use all parts of the plant or animal. For example, cauliflower leaves, kale stems, and cilantro stems are full of flavor and tender after cooking.
- Store foods properly to extend shelf lives
- Eat the most perishable foods first
- Get online inspiration and have a few go-to recipes that are flexible with the ingredients. Chili/soup, casseroles, rice bowls, omelets, fried rice, chilaquiles, and curry are some examples.
- The combined efforts of making small lifestyle changes like composting, recycling, and reducing the amount of food wasted can make a big difference in the face of a climate crisis.

*This article was authored by Xinci Tan, Organics Program Manager with Zero Waste Sonoma, for RRWA, an association of local public agencies in the Russian River Watershed that have come together to coordinate regional programs for clean water, habitat restoration, and watershed enhancement.*

## Keep Grease Out of the Drain From the Pan to the Can

Grease in the sewers can cause overflows in the street or even sewage backups in your home. The Russian River Watershed Association encourages you to do your part to prevent costly and unsanitary overflows by:

- Scraping excess grease into a container and disposing it in the garbage when cooking
- Placing food scraps in appropriate containers or compost piles.