Bringing our community together

February 2022





Editor's Note

It's the February issue, so be sure to checkout the annual LOVE album as we celebrate Valentine's Day all month long - "put a little love in your heart".

With another round of mandates, mask wearing, limiting groups, increased cases, stay at home orders, confusing advisories, changing school policies, travel cautions, many of us are feeling it emotionally. Be nice, be kind, be patient with other people. If you feel like saying something mean or critical or feel like snapping at another person keep your mouth closed and instead take my friend Paul Slaikeu's suggestion when he found himself feeling impatient with another person in a local parking lot recently:

"It made me commit to myself to do my best to continue to be kind and thoughtful of others in these stressful times."

Let's be better people to each another. Try it for a month, okay? I'll see you around town!



Front Page Photo Contest Winner - Ron Pavelka Congratulations! He won a Gift Card from Zini's



Local comedy show producer Jackie Evans tells his wife Jolene "It's no joke. I love to read Cloverdale Connect".

E X P E R I E N C E **CLOVERDALE**

Support Cloverdale Retail Businesses and Restaurants

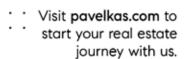
Mask up and show up! If you can't show up buy a gift certificate to use later. If you don't, our small indie businesses may not survive this most recent county health mandate.

Please do what you can to ensure that doesn't happen. Thank you, our business community depends on it!

What sets Compass apart from ALL other Real Estate Companies?

Ask Jane and Ron about:

- Compass Concierge: This unique program can be used to cover the costs to prepare your home for sale with ZERO interest and no upfront costs.
- Bridge Loan Services: Want to purchase that newer home and need to sell your existing home? Compass Bridge Loan Services can assist.
- Compass Coming Soon: Exposes your home to over 23,000 agents nationwide prior to MLS and other online listing services.





Jane & Ron Pavelka

Seasoned Wine Country Natives + Real Estate Professionals 707.480.1268 pavelkas.com DRE 01381422 | 01476514

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Cloverdale Connect PO Box 404, Cloverdale, CA 95425

Comedy Returning, Cloverdale Turns 150 Cloverdale Connect Expanding, and more!

Expanded Transitional Kinder «Kindergarte Online Registration Inscripción por internet Transitional Kindergarten & Kindergarten Registration is now open online!

¡Inscripción para el Kinder de Transición y Kinder ya comenzó en el internet!

Register online at www.cusd.org under Online Enrollment

JEFFERSON ELEMENTARY SCHOOL

Register your Transitional Kinder or Kindergarten student for the 2022-2023 school year!

Transitional Kindergarten qualifications: Cloverdale Unified is pleased to announce that beginning in Fall 2022, we will offer free, expanded

Transitional Kindergarten/Pre-K access for young students. Your child must turn 5 years old between September 2, 2022 - February 2, 2023 The date of bith must be between Sep. 2 2017 - Feb. 2 2018

Kindergarten qualifications:

Your child must turn 5 years old by September 1, 2022. The date of birth must be between December 3, 2016 - September 1, 2017

REGISTER NOW ONLINE!

https://cusdabi.cusd.org/Enrollment/

YOU WILL NEED TO UPLOAD:

- 1- Original birth certifica
- zation records
- 3- Proof of address-utility bill with Cloverdale address 4- Parent/Guardian photo ID

For questions, please call 707-894-1930 or email guerrerol@cusd.org

For afterschool care, please contact the Cloverdale Boys and Girls Club

ESCUELA PRIMARIA JEFFERSON

Inscriba a su hijo/a para Kinder de Transición o Kinder para el año escolar 2022-2023!

Requisitos para el Kinder de Transición:

El distrito unificado de Cloverdale se complace en anunciar que, a partir del otoño de 2022, ofreceremos acceso gratuito y ampliado a Kindergarten de Transición/Pre-K para estudiantes. Su hijo/a debe de cumplir 5 años entre el 2 de septiembre 2022 - 2 febrero 2023 nto debe ser entre el 2 de sept. 2017 - 2 de feb. 2018

Requisitos para el Kinder:

Su hijo/a debe de cumplir 5 años para el 1 de septiembre, 2022 La fecha de nacimiento debe ser entre el 3 de diciembe 2016 - 1 de sept. 2017.

INSCRÍBASE AHORA POR INTERNET!

ttps://cusdabi.cusd.org/Enrollmen

TENDRA QUE SUBIR ESTOS DOCUMENTOS EN LA PAGINA DE INSCRIPCIÓN DE INTERNET:

- 1- Acta de nacimiento original
- 3- Factura de servicio público cobro de agua, luz, etc. 4- Identificación con foto de padre, madre o tutor
 - Si tiene preguntas, por favor llame al 707-894-1930 o envie correo electrónico a guerrerol@cusd.org

Jefferson Elementary School | 315 North St. Cloverdale, CA 95425 | P. 707.894.1930 | F. 707.894.1906 | guerrerol@cusd.org



Law Offices of James F. DeMartini

James F. DeMartini, Esq. Paula S. Hall, Esq. ATTORNEYS AND COUNSELORS AT LAW "Cloverdale's Full Service Law Firm"

- · Living Trusts, Wills, Power of Attorney
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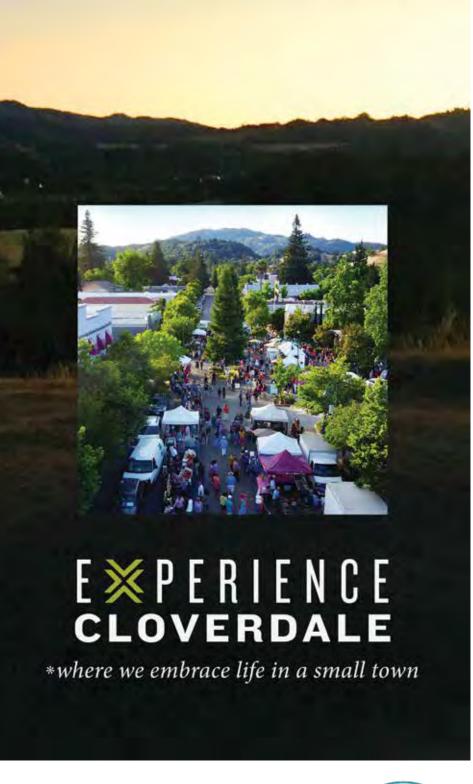
cloverdalelaw.com

CELEBRATIONS OF LIFE NOTICES

Birthdays • Weddings • Memorials **Retirements • Anniversaries** Birth Announcements

\$125 each - 100 words + photo in print edition plus 500 words + photo online at cloverdaleconnect.com





February is National Heart Health Month

Celebrate someone you love!





Take a walk 3 times this week

Cook a heart-healthy meal together

Schedule a health check-up for them

Eldercare Solutions

Where do you start when a senior loved one needs more care than can be provided at home?

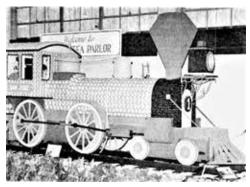
Evelyn Hayes, Client Services Manager for Tweeten Eldercare Advisors, can find a solution that is right for you or your loved ones, and will help you free of charge. An eldercare advisor provides time saving expertise to help seniors and their families with one or more decisions involving their care. Tweeten Eldercare Advisors can help you navigate the complex maze of care alternatives either at home or in a community setting. Evelyn offers (1) GUIDANCE to help navigate the decisions and choices you face; (2) PLACEMENT to find the right home for you or a loved one; (3) SUPPORT to help ensure your new home feels like home. (707) 570-2589 info@tweeteneldercare.com

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Happy 150th Birthday Cloverdale Mary Jo Winter

Cloverdale received official incorporation on February 28, 1872, the same year the San Francisco and North Pacific Railroad entered the area. In 1972, the city marked its first 100 years with several special events leading up to their Centennial Dinner Dance Celebration. Festivities started on New Year's Eve at the Fireman's Ball where Vice Mayor Marie Vandagriff read the official Centennial Proclamation.

The Citrus Fair theme was "Centennial in Citrus." Season tickets were \$2.50 for adults, \$1.50 for students. Fairgoers rode a miniature train on streets surrounding the fairgrounds. A huge train engine created by the Druids took top citrus exhibit honors and 16-year-old Naomi Shiflett was crowned Citrus Fair Queen. Saturday morning's parade featured more than 250 floats, vehicles, bands, mounted units and novelty groups. It was touted as the most entries ever in the annual parade.



Visitors from Cloverdale's sister city, Cloverdale, B.C. came to town. Their Deputy Mayor Rita Johnson even rode in the parade with Mayor Al Gambetta. More than 200 copies of local historian Bill Wilson's "History of Cloverdale" were sold.

On February 28, despite the inclement weather, folks gathered on Broad Street as the newly built fire station was dedicated, with the bronze plaque unveiled by Vice Mayor Vandagriff. A congratulatory telegram from then-President Richard Nixon was sealed in a time capsule to be opened in 2072, along with city records, a 1972 Citrus Fair program, and copies of the Reveille. At that night's dinner dance, Mayor Gambetta read some of the city's original ordinances which included restrictions on "houses of ill repute" and "exhibiting stallions and jack asses in a public place." There were turn-of-the-century fashions, excerpts from days gone by, barbershop harmony and private stock wine to toast the past 100 years and lay the foundation for another 100 years of history.

ALWAYS FREE

Clowerdale Connect provides our readers with local news each month at no cost, supported by our local businesses, including FREE home delivery. We will NEVER ask you for a donation.

Cloverdale Connect keeps local journalism alive for FREE.

Cloverdale High School Sports Schedule*

Wrestling

Feb 18-19 NCS Individuals James Logan High (TBD) Feb 24-26 CIF State (TBD)

Girls Basketball

Feb 2, Wed. St Helena 5:30/7:00 (St Helena)
Feb 4, Fri. Middletown 6:00/7:30 (CHS)
Feb 8, Tues. Kelseyville 5:30/7:00 (Kelseyville)
Feb 10, Thurs. Clear Lake 5:30/7:00 (Clear Lake)

Junior Varsity Basketball

Feb 2, Wed. St Helena 5:30 (CHS)
Feb. 4, Fri. Middletown 6:00 (Middletown)
Feb. 8, Tues. Kelseyville 5:30 (CHS)
Feb 10, Thurs. Clear Lake 5:30 (CHS)

Varsity Basketball

Feb 2, Wed. St Helen 7:00 (CHS)
Feb 4., Fri. Middletown 7:30 (Middletown)
Feb. 8, Tues. Kelseyville 7:00 (CHS)
Feb. 10, Thurs. Clear Lake 7:00 (CHS)
Feb, 12-23 NCS Playoffs

*Please confirm all dates and times with CHS due to changes & cancellations from COVID.



2022 Cloverdale Citrus Fair Moves To April



Recently, the Cloverdale Citrus Fair Board of Directors voted unanimously to postpone the Citrus Fair. The new date is April 21-24, 2022. The move is in response to the current health order which prohibits public indoor gatherings to 50 people and outdoor gatherings to 100. The order is set to expire on February 11th, a week before the opening day of the fair, but the preparation for northern Sonoma County's signature event requires several

volunteers, staff, and business partners working together to prepare exhibits, buildings, and the grounds.

"The health and safety of our community is our primary concern" said Allison Keaney, CEO of the Citrus Fair. "Moving the date of Citrus Fair allows us to support the health of all who prepare the fair by shifting that work until after the current health order is lifted, and providing a date that is safer and more comfortable for all patrons." As soon as the current health order was announced, Fair staff began working with business partners and service providers to find alternatives. The new date was selected based on the availability of these partners who provide the carnival, concessions, ticketing, security, and more.

The popular and long-awaited Cabaret will also shift with the new fair dates, playing on Thursday through Sunday. Updates on scheduling, exhibits deadlines, and other information will be shared via the fair's website and social media outlets: Cloverdalecitrusfair.org

On Facebook, Cloverdale Citrus Fair 2022











Cloverdale Church Guide

Church of Christ P.O. Box 462 Cloverdale, CA 95425 Phone: 707.894.8687

Jesus Christ Latter Day Saints 1011 S. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church 1085 S. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.391.2235



odshepherdcloverdale.org 122 N. Main St, Cloverdale



Grace Lutheran Church 890 N. Cloverdole Blvd. Cloverdole, CA www.GroceCloverdole.org

Join us for worship 10:00 am in person or by web - Facebook LIVE "Grace Lutheran Church Cloverdale CA" All are Welcomed!

Jehovah's Witnesses 27100 Dutcher Creek Rd. Cloverdale, CA 95425 Phone: 707.894.4490



If you are looking for a church that:

(707) 891-6015

- Is Faithful to the Word of God
 Teaches that the Bible is without error
- Enjoys music that has blessed Christians for years
- Desires to have a spirit of thanksgiving 24/7

Worship Sundays 10:30 am

Parkside Christian Chapel 553 W. 2nd St. Cloverdale, CA 95425 Phone: 707.894.2893

St. Peter's Catholic Church 491 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.2535

The Bridge Foursquare 50 Commerce Lane Ste. C Cloverdale, CA 95425 Phone: 707.894,5050

United Church of Cloverdale 439 N. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.894.2039

Living Water Church 450 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.3274

A Visit to Cloverdale

My name is Carolyn Thurman and I live in the Midwest. I was out west recently visiting friends and discovered Cloverdale. I fell in love with your little community as it reminded me of my hometown, so I extended my stay for a few days.

I have to say, I never ran out of things to do or places to eat. I was able to find a wonderful vacation rental right in town that allowed me to walk to all of my destinations over the 3 days I was there. During my visit, I misplaced my sunglasses and found I.SEE Optical and was able to purchase a nicer high-end pair of sunglasses for the warmer (than home) and sunny days I found in Cloverdale. What was also wonderful was that I was able to "drop-in" to Lift Cycle and Fitness for a couple of sessions for some wonderful company and exercise. And wouldn't you know it, right next door was Erin Mavis with a wonderful selection of clothing and the cute gift store, Heart City where I purchased some fun gifts for my nieces and nephews.

After my workouts and walking all around town and your wonderful River Park, I was able to have a massage at **Tranquility Spa**. What a cute place next to your **Chamber of Commerce and Visitors Center**. The ladies there were very informative and showed me some other fun stores and places to eat in your quaint town and gave me a copy of **Cloverdale Connect**.

On my way to **Golden Lux** for a quick tanning session, I picked up some great fabric at **Bolt** and then stopped for lunch at **Picks Drive In**. It has been there since 1923 and reminded me of my great-uncle's drive in burger place close to home. The next couple of days were filled with the same joy as I had coffee and breakfast at **Plank Coffee** a few times, lunch at the **Eagles Nest Deli**, dinner at both **Wolf House Brewery** and **The Trading Post** followed up with a drink at **Sawmill Saloon**. Shopping at **Estate on the Boulevard** was fun and relaxing as I also learned a lot about the history of Cloverdale. I really wished that I could have brought some of the plants from the **Cloverdale Nursery** home as the folks were also so nice and informative.

As I ended my trip on the west coast, I promised myself that I would be back in Cloverdale and explore more in your bucolic community and the surrounding area, like Lake Sonoma, maybe a sky dive to see the Alexander Valley from the air and more wine tasting. And oh yes, I sat on the patio and enjoyed some wine with the young lady at **Kelly & Young** as well. Time to make my plans for next time.



Experiencing Cloverdale Neena Hanchett

In early January, I shared some of the things that the Chamber did on behalf of the community last year. This month, I'd like to share some of the things that we're planning going forward.

Our website, www.cloverdalechamber.com, is being modified to include a **Jobs Directory** so that our member businesses can post openings and job seekers can find a suitable match. Speaking of the website, the **Events** portion of the site is available for our businesses, schools, service organizations and others to post their events. If you need help, you're just an email or phone call away.

We're hoping for a return to some sort of normalcy and when that happens and people are comfortable getting together, we're looking forward to having quarterly chamber mixers open to our entire business community. We'll definitely keep you posted on that. It just can't happen soon enough.

We're also resuming our pop-up videos highlighting local business. They'll be posted to our website, social media platforms. Late last year, the chamber produced a 3+ minute video highlighting the delights of living and working in a small town. You are welcome to use this video to help promote your business, your organization, events or whatever. Call or email me at the Chamber 707-894-4470 or neena@cloverdalechamber.com for additional information.



Let's Travel Craig Clark

Returning to the US with a Covid negative test

The U.S. Centers for Disease Control and Prevention has expanded the testing program for international travel to the United States, allowing airlines to accept at-home instant tests that include remote supervision.

One company gained instant popularity for travelers looking for a more straightforward to get COVID-19 tests to fly back to the United States. Abbott's BinaxNow COVID-19 Home Test is supervised and administered remotely online, and is approved for travel to the U.S. Results are available within 15 minutes. https://www.abbott.com/BinaxNOW-Tests-NAVICA-App.html

I recently used this test while in Belize and it was easy to administer, took only 15 minutes and was accepted by the airlines, no questions asked.

5 Common Mistakes Travelers Make Returning to the U.S.

1. Not Having the Right Type of COVID-19 Test

The only negative tests acceptable are either an antigen test or a nucleic acid amplification test (NAAT).

If you are packing a self-test to take while traveling, the test must be a SARS-CoV-2 viral test (nucleic acid amplification test [NAAT] or antigen test) with Emergency Use Authorization (EUA) from the U.S. Food and Drug Administration (FDA).

The testing procedure must include real-time supervision remotely through an audio and video connection and must confirm your identity, observe the sample collection and testing. Results can be shown either on paper or electronically.

2. Forgetting to Declare Food.

Packaged cookies or candy is ok but food such as an apple served on the plane needs to be declared.

3. Not Having Proof of Vaccination

Acceptable proof of vaccination at the U.S. border includes: Vaccination certificates or digital passes with QR codes. A printed vaccination record or CDC vaccination card or a digital photo or electronic copy of your vaccination record/COVID card

4. Not Having Global Entry Membership

Now that international travelers are finally allowed back into the U.S., the country is experiencing a surge of visitors, causing longer entry lines at land borders and international airports. Spend the \$100 fee for a five-year Global Entry membership, which will allow you to speed through reentry to the U.S. Use it once and you'll agree that it's completely worth the cost.

5. Arriving to the Airport Too Late

Arrive at the airport three or more hours before your flight home because airlines now have a number of things to check before they let travelers board a flight to the U.S., including vaccine cards and COVID tests, which can add hours to check-in lines. Be sure to leave extra time in case of long lines.



Cloverdale Connect Is EXPANDING

Thank you to the Cloverdale community for making Cloverdale Connect such a success. As our content and pages expand, our staffing needs have expanded too. We are pleased to announce the addition of two new members of our team.



Rick Tang is now our staff photographer, and also in charge of distribution to non-USPS delivery locations, and is our proof reader. A professional photographer, Rick has lived in Sonoma County for over 30 years and is well known and respected in the community and is a proud Rotarian.

Also joining us as Assistant to the Publisher, is Fannie Toews. She will be assisting with deadline reminders to our columnists and to our advertisers for current artwork, plus related tasks. Fannie's background is as a retail store manager, customer service representative as C & S Waste Solutions and TCM Metals, administrative assistant at Amaturo Media and as a Sonoma Raceway Girl.



Please welcome Rick and Fannie to Cloverdale Connect, as we continue to bring our community together.

Courtney Jade Davis February 6, 1991-January 5, 2008

Wow,what a crazy ride it has been this past year. Now, here we are coming up to your 31st Birthday.

A highlight of 2021, though, was the birth of Harper Jade Ottoboni. We were very excited, as you would be, that your bestie, Shelby and her wonderful hubby, named their beautiful baby girl in your honor. Knowing how much you love children, we know that this little girl would be the apple of your eye. We will give her extra xoxo's for you.

This year, on Monday, Feb. 7th, a day after your birthday, Sonoma County Parks will be assisting us in installing a Bat House at the Cloverdale River Park



Court & Shelbs

5



from the Desk of David Kelley, City Manager

Law Enforcement Services

Recently there have been some discussions posted on the Community of Cloverdale Facebook page involving interest in contracting law enforcement services with the Sonoma County Sheriff's Office. Much of these discussions involve inaccurate and misleading information about how the sheriff's office can provide more police presence and that the services would essentially be provided at no cost to the city. These inaccurate and misleading statements have generated some interest among community members. However, these statements are simply not true nor are they supported by facts. The cost to contract law enforcement services is an expensive endeavor as evidenced by the two contract cities within Sonoma County.

The City of Sonoma has contracted with the Sonoma County Sheriff's Office since 2004. The department nearly mirrors the size of Cloverdale and is staffed by 16 employees, which consists of a Police Chief, 2 Sergeants, 10 Deputy Sheriffs, 2 Community Service Officers, and 1 Administrative Clerk. Dispatch services, investigations, records management, and property/evidence are handled by experts at the Sheriff's Main Office and are included in the contract. The cost for law enforcement services in the fiscal year 2021-2022 is projected at \$4,988,226.00 with additional expenses estimated at approximately \$771,044.

The Town of Windsor has contracted with the Sonoma County Sheriff's Office since 2008. Although larger, the Town of Windsor is staffed by 24 employees, which consists of a Police Chief, 3 Sergeants, 17 Deputy Sheriffs, and 3 Office Staff. Services include patrol, investigation, traffic enforcement, K-9, school resource officer, juvenile diversion counseling, and management of the animal control services. The indirect cost associated with dispatch, records management, and administrative services is also reflected in their budget. The cost for law enforcement services in the fiscal year 2021-2022 is projected at \$8,728,160.

The City of Cloverdale is staffed by 21 employees, which consists of a Police Chief, a Police Lieutenant, 2 Sergeants, 9 Patrol Officers, 6 Dispatchers, 1 Records Manager, and 1 Community Services Officer. Services include patrol, investigation, traffic enforcement, parking enforcement, and management of the animal control services. The cost for law enforcement services in the fiscal year 2021-2022 is projected at \$4,753,301. The Cloverdale Police Department also provides numerous ancillary duties not mentioned above and our response time, on average for emergency calls, is approximately 6 minutes.

Based on the information provided, there is clear evidence to support the fact that contracting law enforcement services with the Sonoma County Sheriff's Office would potentially cost more than what it costs for the city to provide its services.

Additional factors to be considered when contracting with the County:

The first thing that would happen is the Chief of Police and the Lieutenant would not be included in a proposed contract. At best, the Lieutenant may remain, and that position would most likely be reduced to a Sergeant. The current Police Dispatching functions would more than likely be absorbed by the County and, the Records Division would more than likely be transferred to the main records section of the Sheriff's Office in Santa Rosa.

In a contract situation, while the City may be able to influence which sheriff's office manager is assigned to the contract, the City Manager does not have the final decision regarding selection or performance reviews.

The community must also keep in mind that once a contract is signed the City would have very little control over the enforcement level and response time for assistance. This is due, in large part, to the responsibilities of the sheriff's office for all unincorporated area residents.

For complete article AND links, go to https://CloverdaleConnect.com

City Updating Code Enforcement Program City transitioning from complaint driven to proactive enforcement program



The City Council recently approved a budget amendment of \$50,000 and a professional services agreement for a proactive code enforcement program. Robert Smith, a code enforcement specialist, was hired by the City Council to enhance the City's current complaint driven Code Enforcement program. Mr. Smith has extensive experience as the former City Attorney for the City of Sonoma and is currently providing code enforcement services for the City of Cotati and the Town of Windsor. As an attorney, Mr. Smith is skilled at understanding the City's code, and will be leading development of an Ordinance updating the City Municipal Code to provide the City will additional tools to assist in the code enforcement process.

Robert Smith will be responsible for investigating and responding to complaints, monitoring compliance, levying fines and penalties as necessary. Mr. Smith will directly report to the Assistant City Manger / Community Development Director Kevin Thompson. He will coordinate with other City departments including the Police Department and City Attorney on an as needed basis

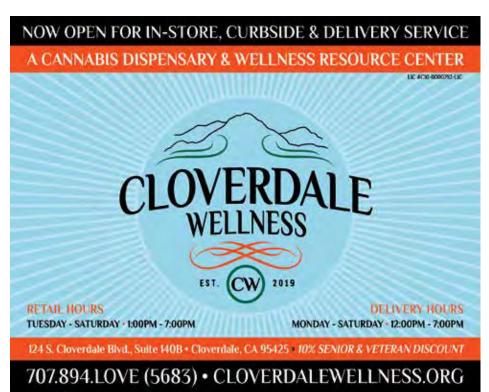
Code enforcement is intended to address nuisances which can include buildings that are abandoned, boarded up, partially destroyed, substantially deteriorated, overgrown/ dead vegetation/landscaping, dangerous conditions and unmaintained property, as well as zoning violations and housing/building violations. Typical nuisance abatement cases may involve the accumulation of junk or garbage, unmaintained vegetation, inoperable vehicles, and building code violations. The City's initial focus will be centered on existing cases throughout the city. The updated program will monitor enforcement of current city codes and address code violations proactively as they arise. The Current enforcement regulations are is found in Chapter 8.02 of the Cloverdale Municipal code. For more information about code enforcement, please check out the City of Cloverdale's web site at:

www.cloverdale.net/462/Code-Enforcement.

City of Cloverdale

City Hall 124 North Cloverdale Blvd. Cloverdale, CA 95425

707-894-2521 Lobby Hours M-Th 9am - 12 & 1 - 5pm





Clover Dog Is Hiring

Clover Dog is still hiring one position. They need someone who can work weekdays 10-2:30 Monday-Friday (pick 2-5 days, more hours available if interested) SET SCHEDULE, GREAT DISCOUNT, FUN ATMOSPHERE! If you love pets and you are available during weekday mornings (some not all).

CALL MESSAGE OR COME BY PLEASE! Clover Dog Pet Supply & Wash is located at 1129 S. Cloverdale Blvd. in the Furber Plaza.







The Creative Corner Christy Latchford

"In my experience even inanimate objects have a will of their own, and they won't be found until they want to be, until they are good and ready, she says." -Menna Van Praag

I think as we catapult our way into February, (where has January gone?). The lingering emotional exhaustion of the holidays, unwilling to let go just yet mixed with the hint of spring just around the corner puts many of us in a precarious position of being done with holidays and yet a desire to refresh something around our home. So this got me thinking and as I dove into the rolodex that is my brain, I knew there would be something I hadn't done for some time and might be fun to try again.

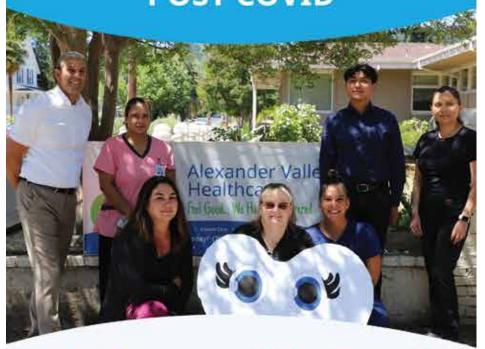


Well, I realized this beautiful basket I had gotten from Cloverdale Nursery was just the ticket! I slowly cut a hole in the center, I say slowly as the unraveling of a basket can occur faster than See's Candies disappearing in our house, I used electrical tape and secured the loose strands. Grabbed my trusty glue gun and gorilla glue sticks and secured the top housing to the basket. Next was a very careful taping / plastic wrapping to protect the basket and allow space for 1" wide white stripe, thank you Ace Hardware and spray paint. Lastly 2 strips of wood veneer clear coated and hot glue gunned on as well. Now my grow bulb for the fig tree in the living room has a more attractive shell and I had all the component pieces laying about.

I think that is part of why I love this time of year. The exhausted side and creative side duke it out and inevitably find a neutral space where some creativity can flourish, while not being so involved as to wear me out. Wishing all out there who enjoy the creative new year full of hope and a willingness for kindness and beauty, even if that simply means good lighting.



ROADMAP TO A HEALTHIER YOU POST COVID



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When They're Easier To Treat

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alexandervalleyhealthcare.org

Whisker Talk

Brigid Wasson, First Street Pets

"Helping pet lovers live their best life"

With The Big Quit upon us, many people are leaving unrewarding, low-paying jobs behind and starting their own business. You need to be creative, hard-



working, and good at managing your own time and finances. You also need some special skill set to stand out. Here are some ideas for pet related businesses you can start in 2022.

- 1) **Pet sitter**. Many pet owners need help with care when they are out of town, or if they are unable to walk their dogs or give medication. You can provide care in the client's home or in your home depending on the situation. Check out Pet Sitters International and National Association of Professional Pet Sitters for more information on starting your own business. You can also do side work through a platform like Rover.com.
- 2) **Pet gift items**. This category covers a large variety of items you can make and sell on platforms like Etsy. Just do a search for pet art or pet gifts and you will get many ideas. From personalized pet paintings and drawings to pet clothing to memorial frames and pictures, the possibilities are endless. If you can make and ship popular items, you can make good side income or full-time income if you have the time to dedicate to your business.
- 3) **Pet content creator**. This is what I do on First Street Pets. You can start your own blog and write about any pet topic: training, care, nutrition, exotic animals... Bloggers make income from advertising, training courses, and sponsorships. If you are comfortable on camera, you can start your own YouTube channel. It's a fun creative outlet and you can make money from advertising and other venues once you get enough of a following.

For more info check out Pet Business on FirstStreetPets.com

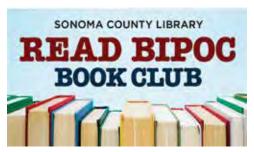
Cloverdale City Council Presents Proclamation to Bob Cox



The Cloverdale City Council presented a proclamation to Bob Cox for his service to the Community of Cloverdale at their January 12th meeting. The proclamation acknowledged Bob's service on the Planning Commission and City Council as well has his community volunteer efforts and work with various community organizations including the Sons of the American Legion and Cloverdale Rotary Club.

Thank you, Bob (and your wife Jeannie) for your service and dedication to the City of Cloverdale.

Cloverdale Library News Come to our Virtual Read BIPOC Book Club



February is Black History Month. Learning about Black History is not just one month long at the Sonoma County Library. Our virtual Read BIPOC (Black, Indigenous, and people of color) Book Club extends throughout the

year. Join Librarians virtually to discuss books by authors who are Black, Indigenous, and/or People of Color. We meet on the last Tuesday of the month (January through November) at 6PM. New members are always welcome!

2022 Discussion Titles:

- February 22 There There, by Tommy Orange †
- March 29 Crying in H-Mart, by Michelle Zauner †
- April 26 Homeland Elegies, by Ayad Akhtat †
- May 31 Interior Chinatown, by Charles Yu †
- June 28 Beloved, by Toni Morrison †
- July 26 Heaven, My Home, by Attica Locke †
- August 30 The Legend of Auntie Po, by Shing Yin Khor †
- September 27 Yaqui Delgado Wants to Kick Your Ass, by Meg Medina * †
- October 25 How Long 'til Black Future Month?,
 by N.K. Jemisin †
- November 29 Girl, Woman, Other, by Bernadine Evaristo * †
- * E-Books or e-audiobooks are available through Hoopla.
- † E-Books or e-audiobooks are available through Overdrive.

Physical copies are available (while supplies last) at the Cloverdale Regional Library. Call 707-894-5271 to have a copy held for you. We are open Monday 10-6, Tuesday and Wednesday 10-8 and Thursday through Saturday 10-6.











129 N. Cloverdale Blvd. Unit #8

707-545-3893













Loving Our Special Needs Child Swathi Chettipally

As a new parent, we look forward to wellness appointments with our kid's pediatricians. Hoping to hear from the professional that we are doing an awesome job or even an excellent job in spite of being a new parent.

This is called the love we have for our kids. What happens when the pediatrician says that our child is not meeting all of his/her milestones? Even though we dislike what we hear, we don't take it to heart but plan to work harder to make our kids measure up and be ready for their next wellness appointment.



Eventually if the child gets diagnosed with a life-long disability, our world turns upside down. After going through the 5 stages of grief (denial, anger, bargaining, depression & finally acceptance) we come back to our senses and start thinking about the future of our child. This is my daughter Siri (5mos old) with her dad on her 1st Valentine's Day. She was diagnosed with Autism when she turned 3. As an adult today, she has blossomed into a young lady with an inspirational story.

Many families go through what we went through and it's not easy yet not impossible. Keep doing what you have been doing with your special needs kids and one fine day they will surprise you with their positive changes. No one could do what you are doing so keep encouraging yourself and most of all be proud of your child. If you think you are working hard, they are working extra hard, so be there for them cheering them with a positive attitude and don't forget to show your unconditional love in spite of...



Transport yourself to an evening of laughter and dinner under the stars at the 35th Anniversary Celebration for the Cloverdale Senior Multipurpose Center First Annual Comedy Gala on July 9th at the Cloverdale Citrus Fairgrounds.

Enjoy a seated dinner with a live auction featuring special guest **State Senator Mike McGuire** as Auctioneer plus a silent auction followed by a professional comedy show, presented by Jackie Evans Productions, all sponsored by *Cloverdale Connect*.

In addition, there will be a 50/50 raffle, a senior art show, beer and wine sales and more. With a goal to raise \$50,000 to support a new door-to-door Cloverdale Senior Multipurpose Center transportation program in Cloverdale, and to expand and support the congregate dining program for seniors and their caregivers, you don't want to miss the fun. A limited number of tickets will be sold beginning March 1st and this event will sell out.

Here's how YOU can support this great event:

- Become a Sponsor
- Donate items for the silent or live auction
- Purchase tickets in advance beginning March 1st (no tickets will be sold at the door)

For more information about Sponsorship, volunteering or to purchase tickets, contact the Cloverdale Senior Multipurpose Center 707-894-4826 melanie@cloverdaleseniorcenter.org.



Cloverdale Kiwanis Club is selling Valentine's Day Candy. Contact Laurie at (707) 328-2147 to place your order! Don't wait! Order NOW!













The Harmless Cloverdale Dog-Walking Guy

Recently James Jackson posted this on Facebook in an effort to reach out to his fellow community members. With James' permission, it is also featured here in **Cloverdale Connect**. Let's all be more like James:



"I just want to say I apologize to two women I am certain I have alarmed this morning while walking my dog on south East Street almost close to First Street. I left out of the house this morning and forgot poop bags to clean up after my dog and did not realize it until she took a crap in someone's yard. I had no choice but to leave it and go back later to pick it up until two ladies opened their door to that yard and I turned around while saying @6:20am in the dark (excuse me-excuse me!) and I put

my hand in the air so they could spot me but I think that made matters worse. They then turned around quickly and closed the door. I do not blame them not one bit because it's dark and all they hear is a man's voice saying excuse me! My sole purpose is to help you two get back at ease by acknowledging who I am. A harmless Cloverdale dog walking resident. My apologies for the inconvenience or discomfort to you two. Have a better day"

CEHOUT

New Feature In Cloverdale Connect "Shout Out!"

Let's all support our Cloverdale businesses by submitting positive reviews to the new "Shout Out" section in Cloverdale Connect. Have you experienced great service from a local business? Purchased just the right item that you were looking for? Had a local business go out of their way to make sure you were satisfied with their product or service? Beginning with this February issue, we feature your positive comments to lift up and support those Cloverdale businesses who make up our great community. Send your "Shout Out" positive and uplifting comments to info@cloverdaleconnect.com



Travis & Sara Tyler owners of **Vintner's Stash Wine** company would like to thank Jace Wheeler owner of **Wheeler Electric** for the amazing electrical work he did for our business **Vintner's Stash Wine**.

"Jace was very professional and took the time to explain the scope of work needed as well as why it was important to replace some very old electrical breakers. He was on time, communicated clearly, worked efficiently and cleaned up after he was done working."

"If you are in need of an excellent electrician and want to support a local business, we highly recommend Jace and his company **Wheeler Electric**."

Creative Notions

Wednesdays 10-4 PM

Side-walk sale table - up to 50% off Thursdays 10-4 PM Fridays 10-4 PM

Proof of Vaccination or negative COVID test within the past 72 hours to enter. Thank you for helping to keep our senior volunteers safe.

Please contact the Senior Center to make arrangements <u>before</u> you bring items to donate (707) 894-4826 M-F 8:30-4 PM

All Proceeds support our Cloverdale Senior Multipurpose Center

119 1st Street, Cloverdale, CA.

Parke (Joe) Miller

Parke (Joe) Miller passed away December 2, 2021, at Marin General Hospital at the age of 76 years old. Joe worked for the Cloverdale Police Department for 28 plus years as a Police Dispatcher which he truly enjoyed and brought humor to his workplace. He is survived by his wife Judy. No services will be held per his request.





Rick Tang Photography 707.338.1111 Rick Tang Photography.com

Zini's Diner

796 S. Cloverdale Blvd. Cloverdale CA (707) 894-9444 Breakfast Lunch Dinner

Famous for Swedish Pancakes!

PRECISION Excavating and Grading, Inc. 707-280-5485 • dcrobertson76@gmail.com

PO Box 276, Cloverdale, CA 95425

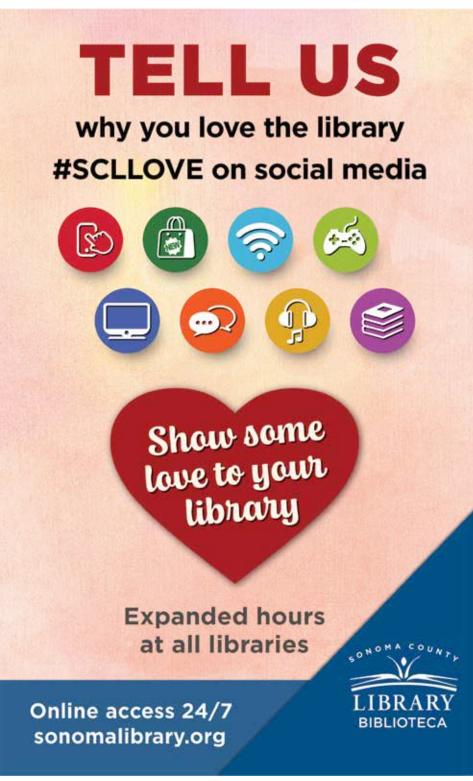




Katie Silva, DVM Amy Smith, DVM

> 707.894.3951 20 Industrial Drive Cloverdale, CA 95425

Laurie Kneeland 707-328-2147 Mobile Notary





What is 2-1-1 Sonoma County?

2-1-1 (or 211) is a free service that connects community members to information about a wide range of critical health and human services available in their community. 2-1-1 Sonoma County is available 24 hours a day, 7 days a week. 2-1-1 utilizes both bilingual Call Specialists and a phone-based translation service to offer 2-1-1 information and referral in over 150 languages. 2-1-1 also provides incident specific information during times of disaster, including road closures and shelters. TO ACCESS 2-1-1 BY PHONE: Dial 2-1-1 from a landline or cell phone in Sonoma County or by dialing the toll-free number (800-325-9604). BY TEXT: Text your zip code to 898-211. ONLINE: Search the 2-1-1 resource database online at 211sonoma.org.



Viola – "Ummm Guy reads the best paper on Earth? Take that to the bank."

Marce – "A wonderful community paper. Great job!!!"

Marion – "Thank you so much. Enjoy it every month"

Cloverdale's FREE monthly newspaper With community information & local coverage









Be sure to follow & "LIKE" us on our Facebook page.

Bringing our community together

Cloverdale Connect P.O. Box 404 Cloverdale CA 95425 707-322-3403 info@cloverdaleconnect.com https://cloverdaleconnect.com









Complimentary Exams Invisalign and braces for Adults and Children

102 S. Main St, Cloverdale CA 95425 707-433-4829



NEW INVENTORY WEEKLY!

CURBSIDE PICKUP AVAILABLE!

(707)669-0212

1129 S. Cloverdale Blvd #F In the Furber Center



530 N. Cloverdale BIVd. Cloverdale CA 95425 Open M-F 6am - 6 pm

Call to enroll: 707-318-3951

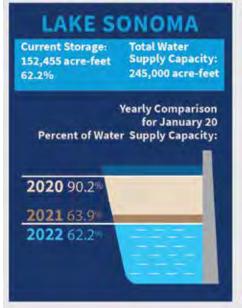


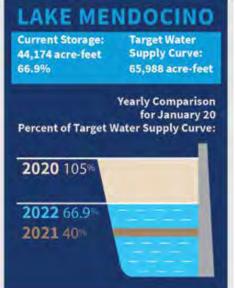
Mark Grandy Service Cancelled

The family of Mark R Grandy wish to thank the many people who have expressed condolences to our family. Due to Sonoma County's recent restrictions, Mark's Celebration of Life event that was scheduled for February 5, 2022, is cancelled.

Water Supply Update The Drought is Not Over

Current Water Supply Levels





Despite recent rains, our reservoirs are still at historic lows for this time of year. More storms (like the October 24, 2021 atmospheric river event) are needed to increase storage levels from the third driest water year on record over the last 127 years and to bring an end to this severe drought. Winter is a critical time for water conservation in order to conserve our water supply. We urge our community to keep up the great water-saving efforts – water saved now is water we can use later.

We are all hopeful that the positive beginning of the current water year continues, but after two years of record-low rainfall, we have a long way to go before the drought is over. Sonoma Water thanks our water customers for continuing to conserve water every day and we celebrate those doing their part in this community-wide effort.

The updated Sonoma Water weekly water supply graphic (above) now provides a comparison of storage levels during 2020, 2021 with current 2022 water storage for our two main reservoirs, Lake Sonoma, and Lake Mendocino. You can stay informed about Current Water Supply Conditions, Drought Updates, Actions, and Information by going to: sonomawater. org/current-water-supply-levels







https://CloverdaleConnect.com

We have stream-lined our *Cloverdale Connect* website, so be sure to pop by and check it out. Did you know that all past issues of *Cloverdale Connect* are archived on the website? You can search for any past issue and you will find a complete pdf version to read. In addition, there are expanded Celebration of Life notices that are longer than what appeared in print and information about where to pick up extra print copies each month at participating merchants,

The **Cloverdale Connect** website is where people can sign up for a digital subscription or a print version subscription using the easy-to-follow prompts. You can have **Cloverdale Connect** delivered digitally to your email inbox FREE every month or have it delivered to a friend who lives out of our greater Cloverdale postal delivery area. Print subscriptions make a great gift and some of our subscribers are former Cloverdale residents or people who have family living in Cloverdale. We also mail a printed copy of each issue each month to those advertisers who are located out of our delivery area.

Attention advertisers! We now have web ad space available on https://CloverdaleConnect.com. This is an affordable way to reinforce your branding message and be associated with the local community paper that receives comments like this: "Love having a local newspaper back in the community. Love everything about Cloverdale Connect." Contact adsales@cloverdaleconnect.com for pricing and more information. Rates begin as low as just \$25 per month!



Our Cloverdale Community Cares sponsored by



Jane & Ron Pavelka Cloverdale Lions





Alexander Valley Healthcare



Price: \$35/\$45 for dinner + bottle of wine

Saturday, March 12, 2022 Date:

Drive-Thru at the Cloverdale Citrus Fair

from 4 - 7 p.m.

Menu: Prawns, pasta with red sauce, salad,

garlic bread and dessert



Call or Artists: Cloverdale Sculpture Trail

a variety of community service projects



"Call for Artists" for the 2022-2024 Cloverdale Sculpture Trail, a year-round outdoor exhibit of sculptures in the Northern Sonoma County community of Cloverdale, is now available. The producer of the exhibit, Cloverdale Historical Society & History Museum, is seeking sculptors for the next exhibit beginning April 2022 and ending April 2024. The Sculpture Trail will now be a two - year exhibit in order to give the pieces longer visibility and more time for planning. Submissions will be juried by a selection committee.

Deadline for entries for the 2022-24 exhibit is February 28, 2022. There is no entry fee. Each selected sculptor receives \$250 towards expenses. Cash awards are awarded to Best of Show, First Place and Honorable Mention recipients.

Now in its 19th year, the goal of this successful outdoor exhibit is to increase awareness of public art to downtown Cloverdale. Additional information and an entry form with guidelines are available at: www.cloverdalesculpturetrail.org or call the Sculpture Trail phone at 707-894-4929.

Green Thumb Garden Club Scholarships

The Green Thumb Garden Club of Cloverdale will be awarding four \$500 scholarships to Santa Rosa Junior College for the coming academic year. The application period will open on January 21, 2022 and will close on March 1, 2022. Applications are accessible through: https://santarosa.awardspring.com

Kiwanis Is Back With A Jumbo Prawn-Pasta Feed Fundraiser

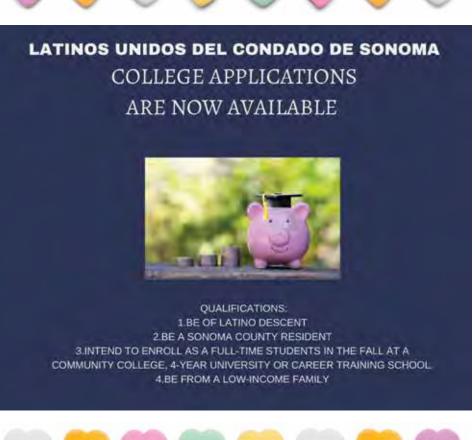
As most of you know, Kiwanis had to cancel their popular Crab & Pasta Feed this past December 2021, as our seafood contact could not guarantee crab for the first weekend in December...and, the price was going to be outrageous. This loss of revenue was extremely devastating, as these funds are used to support our youth and community programs in Cloverdale, including, but not limited to: student scholarships, youth sports, reading books for students at Jefferson and Washington Schools.

To that end, Kiwanis Club of Cloverdale has scheduled a Jumbo Prawn-Pasta Feed on Saturday, March 12, from 4:00-7:00 p.m., at the Citrus Fair grounds. This will be a "drivethrough," not a sit-down event. Tickets are \$35 per person, and for \$10 more you can get a bottle of wine. Tickets can be purchased at the Citrus Fair office, or you can call Laurie Kneeland, 707-328-2147, and purchase tickets using your credit card. Again, 100% of the proceeds go to support Cloverdale's youth and community programs.

The take-out dinner will feature jumbo prawns (8), rigatoni pasta (with marinara sauce), Caesar salad, French garlic bread and a dessert. This will be a fantastic take-out dinner and you don't want to miss it.

Ticket holders will be asked to enter Citrus Fair Drive from Cloverdale Blvd, and lineup along the curb going west. The dinners will be distributed in front of the entrance to the Citrus Fair. Kiwanis is looking forward to your support.





Cloverdale Arts Alliance Gallery Presents "ISOLATE"

The Cloverdale Arts Alliance Gallery, located at 204 North Cloverdale Blvd., offers its latest art exhibition, "ISOLATE", from January 15-March 19, 2022. Due to COVID-19 concerns, there will be no Artists' Reception for this exhibition.

Guest artists for this exhibit are Don Ketman and Clay Vajgrt. Resident artists are Laura Paine Carr, Jane Gardner, Pamela Heck, Terry Holleman and Hanya Popova Parker. Terry Holleman is the featured artist for "ISOLATE".

For more info: visit http://www.cloverdaleartsalliance.org

The 2021 Housing Numbers Are In! Anne Miserlian Baker

Demand for housing was up, with 195 homes sold in 2021. Compare that to 141 homes sold in 2020 and 137 homes that sold in 2019.

Even with the increase in the number of homes sold in 2021, inventory was low in Cloverdale. At most, we had only 3.4 months of inventory on the market. By the end of 2021 we only had 1.3 months of inventory left.

As you probably know, prices were up in Cloverdale. The most expensive home sold for \$5.5 million. That 28 acre property only came with a fixer upper! The least expensive home was a condo for \$230,000.

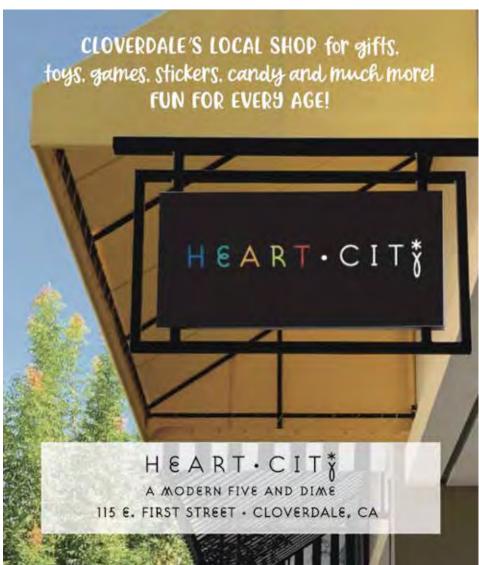
The average sale price for a single family home in Cloverdale in 2021 was \$781,691. However, because numbers are skewed by sales as high as 5.5 million, I prefer to see a different data set. Instead, consider the median price, which came in at \$650,000.

In case you are interested, I also took some time to break out some sectors of our housing market. The median sale price of the 24 homes that sold in Clover Springs was \$590,000. But get this, the highest priced sale in our 55+ community was \$875,000!

The other notable sector is our condominium market. These 14 sales included Cloverdale Meadows, Garden's at Thyme Square, Cloverleaf Estates (the colorful condos on Treadway), and Solar Park. The median sales price was \$336,500. Yet, the highest priced condo sold for \$525,000. That's \$90,000 more than the year before.

Credit for this detailed information is given to the Bay Area Real Estate Information System Multiple Listing Service, or BAREIS MLS for short, and Trendgraphix, Inc. who pulls their information from BAREIS®. Also, please note, this information is deemed reliable but is not guaranteed.







DO YOU SMELL THAT?

An air cabin filter is an important component in any vehicle's heating and cooling system and part of regular maintenance for your vehicle. The filter helps remove harmful pollutants, including pollen, dust and smoke from the air you breathe within the car. It cleans the air as it moves through the vehicle's HVAC system. A dirty cabin air filter will not only cause an unpleasant odor in your car, but will restrict the airflow from your vents. If you suffer from allergies, asthma, or other health conditions that impact your respiratory health, the cleanliness of the air you breathe is especially important. Depending on the make and model of your vehicle, changing the filter every 15k miles may be recommend. Replacing the cabin filter will give the system, and yourself, a breath of fresh air.

Jeff & Tina Tate (707) 894-1072

www.cloverdaleautomotive.com • 210 S Cloverdale Blvd., Cloverdale, CA Bis derum

Advertise in Cloverdale Connect

Cloverdale Connect distributes 6,000 copies via direct mail each month.

Available online 24/7 www.cloverdaleconnect.com
Follow us on our Facebook page Cloverdale Connect adsales@cloverdaleconnect.com 707.322.3403

Fire and Earthquake Safety Expo 2022

Bring the entire family for a fun, free day of emergency preparedness activities and safety training. The second annual **Fire and Earthquake Safety Expo** will be held at the **Cloverdale Citrus Fairgrounds on Sunday, May 1st from 10 am to 4 pm.** You will have the opportunity to receive hands-on orientation training, watch emergency response and safety product demonstrations, talk to first responders, browse safety information exhibits, listen to speakers and more. Henry 1 helicopter will again make an appearance and demonstrate an injured person rescue.

Included are a free breakfast from Cloverdale Kiwanis and a free lunch from River Rock Casino, while supplies last. This is a unique event to help Sonoma County be better prepared for the next wildfire and earthquake. Public education and training will be provided in both English and Spanish.

For more information go to the Expo Facebook page @FireEarthquakeSafetyExpo2022 or visit https://nosococert.org/expo

If you would like to volunteer or be a vender/exhibitor, send an email to gpeters@showa-farm.com.





LOVE Album





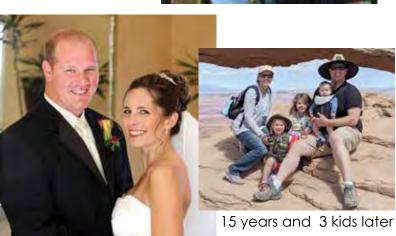
Happy 21st Birthday Angelina from all of your friends and family



Your possibilities are limitless. We love you more than the whole universe times ahundredmillionthousand!



Dana and Ray



Gina and James 2006 in Hopland



Gus and Cindy Wolter



Jennifer and Jason 2021



Al and Anna



Alan and Nikki 2019



Jacob and Shalynn 2020



Only 25 Valentines as Mr and Mrs many more to come Love you John Pearson, Tammy



Ev and Patrick, Love you more

Kip & Marcia 2022



David and Fannie







Love our Tater Tot, Dana & Ray



We love the twins, Ray & Dana



LOVE Album





Lynsey and Kevin



Mark & Xandra Grandy 50 Year Love



My best friend of almost 42 years on her new yacht, Lady Jane



Melanie and Jim



Pete, you are my sunshine. I love you more everyday, Brigid



To my dorky husband of 25 years. Love you and yes, your Dodgers team too



My love, my everything Thanks for always being you, Love you



Nicole + Aaron 2017







We are three goofy musketeers



Teresa and Eric Liddell



Rain and her Border Collie Sierra Mins



Jonni and Terry

Hove you very much



She said "Yes!" Tony and Sophia 1-31-2020 in Yosemite

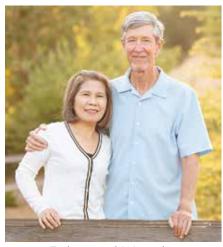
To my two best friends, thank you for being you, love Reese Pearl and Brad Zanzi



Kelley and Walt Spain



Luciano and Marilyn 51 years in Sept



Taby and Woody







La Familia Sana Provides Supplies



La Familia Sana is diligently working on getting PPE, household necessities, and hygienic products to those who tested Positive for COVID-19 and require these supplies. They have helped many families who need to isolate and have no one to bring them these

supplies. If you or someone you know needs assistance, please call (707) 756-6726 or (707) 955-9422.

LA FAMILIA SANA, P.O. Box 158, Cloverdale. Ca 95425 info@lafamiliasana.org, 707-756-6726, a 501 (c)3

January Word Scramble Solution

- 1. siee ISEE
- 2. eapakvl PAVELKA
- 3. mcrbeah CHAMBER
- 4. erceno **ENCORE**
- 5. ppipazaazs PAPASPIZZA
- 6. nofeejfsr JEFFERSON
- 7. ealsge **EAGLES**
- 8. emksnerliariba MISERLIANBAKER
- 9. srya RAYS
- 10. aewalttsree WREALESTATE
- 11. rafnreiamnucsrse FARMERSINSURANCE
- 12. ieidevrng VINERIDGE
- 13. rriybal LIBRARY
- 14. eitnoorewdcrnduodi REDWOODCREDITUNION
- 15. racaadehrwe **ACEHARDWARE**

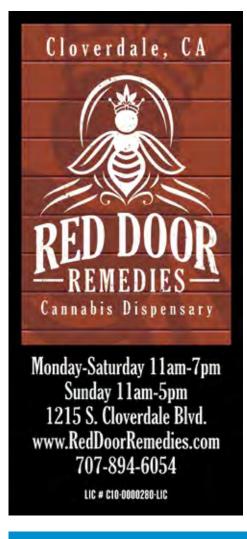
No "Tea" Totalers, Here! Michele Armanino

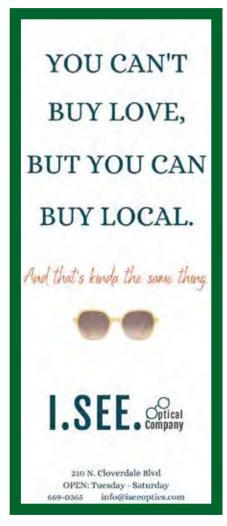
Holly Hunt's Russian River Tea Company may well be one of the most fragrant smelling stores in all of Healdsburg. Browsing through this tiny tea establishment (where ninety percent of the store's products are from small, women-owned businesses) ladened with chocolates, candles and more, you can't help but inhale wafting scents of chamomile, rooibos and crushed rose petals. Tea fans, however, are not the only ones enjoying the endless selection of these aromatic, blended leaves. Artisans at local bars are tapping into this ancient drink and infusing it into their luxury craft cocktails.

Holly, a Cloverdale resident, proprietor of the Russian River Tea Company or "Chief Leaf" as she refers to herself, and Healdsburg's tea aficionado, began one of her many successful careers in the '90s by painting and sculpting porcelain dolls for twelve years - until the doll collecting fad began waning. "It came to a screeching halt!" Hunt commented. Quickly switching gears into retail, she began noticing, as she moved around the United States, that tea stores were ubiquitous and well frequented. Holly became a regular tea customer herself, appreciating all the accoutrements associated with tea: tea pots, infusers, sugar, spices and honey. Inspired by the growing tea trend with its unlimited choices and soothing qualities, Holly launched her first successful tea store in Phoenix, Arizona in 2010, and by 2013, Russian River Tea Company was a welcome addition to Healdsburg.

Local Sonoma County bars are featuring unique, tasty little cocktails infused with blended teas supplied by Russian River Tea Company. The Fern Bar, run by Sam Levy in Sebastopol, crafts a drink dubbed the Creamsicle. Rooibos, a type of red, African bush used to make herbal tea, is cold infused into vodka along with Passion Fruit, lime, and mandarin oranges resulting in a refreshing experience. "Holly's teas add depth and complexity to our cocktails." remarked Sam. "She welcomes you into the world of tea and always makes time to guide you through the sensory experience that is Russian River Tea Company."

Holly puts it simply: "Life is better with tea because it brings people together."





Cloverdale Connect Photo Contest

Each month a *Clowerdale Connect* Front Page Photo Winner receives a gift card from a participating merchant.

Email your photos to info@cloverdaleconnect.com or Mail to P.O. Box 404 Cloverdale, CA 95425



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Health at Every Size Gina Berry, MS, RD Sponsored by

DAHLIA&SAGE COMMUNITY MARKET

Now we might begin to see New Year's resolutions starting to fade as we revert into the usual routine of the year. If improving health was part of your resolution, don't give up just yet! HAES – Health At Every Size – is a growing philosophy that embraces self-acceptance to empower you to make positive changes to live a healthy lifestyle. Research tells us that at least 95% of the weight lost through restrictive dieting is regained within 1-5 years – and MORE weight is often gained back. HAES seeks to support people of all sizes in addressing health directly by adopting healthy behaviors. A primary goal of HAES is to remove the focus from your weight and focus more on the whole person, encouraging you to eat in a way that focuses on the enjoyment of food while honoring your body's cues. We call this "Intuitive Eating" – listening to your internal system that is designed to keep you healthy and provides signals of hunger, fullness, and appetite.

One method that you can use to help recognize these internal cues is "Mindfulness". There are a few steps to mindful eating, but one of my favorites is to focus on all of your senses while cooking and eating your food. Thinking about the colors, texture, aroma, taste, and even sound can help you slow down and truly enjoy your food. You'll be more likely to listen to that fullness cue too. So, be body positive, practice compassionate self-care, and hold on to that energy throughout 2022!

E-Waste Recycling Cloverdale Citrus Fairgrounds

Zero Waste Sonoma has partnered with Conservation Corps North Bay to conduct free electronics collection events. No appointment necessary for these events. All events held in the parking lot. For a full list of accepted and unacceptable items, visit the web page below.

February 25 -27, 2022

Friday - Sunday 9:00am - 5:00pm Location Cloverdale Citrus Fairgrounds 1 Citrus Fair Dr Cloverdale, Ca 95425 Website

https://zerowastesonoma.gov/e-waste-disposal



A Big "Thank You!"



The Cloverdale Police Dept. held a No-Shave November fundraiser, which raised funds by having their participants grow out their hair, whether it be mustaches, beards or goatees and donate the money, that otherwise would be spent on shaving and grooming products, to a cancer charity.

Courtney's Pumpkin Patch was the honored recipient of their fundraiser this year. The Board of Directors of Courtney's Pumpkin Patch, would like to thank the Cloverdale Police Dept. for their generous donation of over \$700.00.

Support our local businesses

Volunteer

Pick up litter • Help your neighbors • Stay informed Donate – your time, your money, your expertise





Cooking With David Maciel

Sponsored by Ray's Food Place

Love is in the air this month. I've made this dish for my wife every Valentine's Day for the last 30 years.

Salmon With Hollandaise Sauce

2 each - 6 to 8 ounce Salmon filets, skinless & pin bones removed You can substitute chicken or any white flesh fish. I serve this with white rice or a nutty rice pilaf. For the Salmon lightly salt & pepper both sides. In a non-reactive pan, on medium high heat, place two tablespoons of olive oil & cook each side for two minutes. Finish in the oven for another ten minutes at

Hollandaise Sauce

- 10 tablespoons unsalted butter (if using salted butter, skip the added salt)
- 3 large egg yolks

350 degrees

- 1 tablespoon lemon juice
- 1/2 teaspoon salt, divided
- 1/8 teaspoon cayenne, optional

Melt the butter slowly in a small pot. Try not to let it boil—you want the moisture in the butter to remain there and not steam away. Add the egg yolks, lemon juice, 1/4 teaspoon of the salt, and cayenne (if using) into your blender. Blend the egg yolk mixture for 30 seconds at a medium high speed, until it lightens in color.

Turn the blender speed to low (if you only have one speed on your blender, it will still work). With the blender running, slowly drizzle in the melted butter, continue to blend.

Turn off the blender and taste the sauce. It should be buttery, lemony and just lightly salty. If it is not salty or lemony enough, you can add a little more lemon juice or the remaining salt to taste. If you want a thinner consistency, add a little warm water. Pulse briefly to incorporate the ingredients one more time. Drizzle the sauce over the salmon and it's a wonderful meal for two.



Lightning Athletics Compete Crystal Stone



Lightning Athletics, our local competitive recreation cheerleading program, attended Jamz Youth Nationals recently in Las Vegas, Nevada. Jamz Youth Nationals is the largest youth cheerleading competition IN THE WORLD. Lighting Athletics had both of their competition teams qualify to attend Nationals at a Jamz regional competition this past fall.

Sparks, their ages 6-12 novice half year team, took 2nd place at this prestigious event, nearly winning first with only a 0.3 score difference. Vortex, their ages 9-18 full year team, placed into the top 4 within their highly impacted division, scoring well enough to be one of the few teams recognized as award winners.

We are so proud of these Cloverdale athletes and can't wait to see where this sport takes them in the future!



1143 S Cloverdale Blvd (in the Furber Plaza) • 669-5060

Pizza the Way it oughta be!