





### Editor's Dote

I've always loved December and not just because it's my birthday month. In December the holiday lights go up, the decorations come out, people are

generously donating and making an effort to help others and there are lots of special activities going on.

What family traditions do you have? We always went to the San Francisco Opera House to see the Nutcracker Ballet every year. We'd get all dressed up. That tradition started when I was a little girl and it continued when my daughter was growing up. And we never opened presents on Christmas Eve – had to wait until Christmas morning after Santa had come - whether you believed in him or not. Then the tradition of driving around looking at Christmas lights started when I was in my teens and I still do it. I coerce whomever I can to come with me and we get hot cocoa and see as many homes as we can in one evening, judging which house looks the best while listening to holiday music in the car.

I wish you all a wonderful Holiday season. Hug the people you love and then hug them again.

I'll see you around town!





### Front Page Photo Contest Winner

Carissa Gibson
Congratulations!
She won a
\$10 Gift Card
from

Zini's Diner

Santa's Elf reads

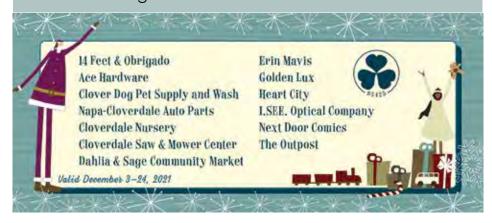
Cloverdale Connect

to see who has
been naughty and
who has been nice!



### **Shop Local Cloverdale**

This Holiday Season, the Cloverdale Chamber of Commerce is encouraging residents to support Cloverdale retail businesses. At Winter Festival, on Dec. 3rd, coupons will be handed out and available in local shops. The Holiday Coupon lists 13 local retail businesses offering specials and discounts of their choosing from Dec. 3rd through Dec. 24th.





## Seasons Greetings from Jane & Ron.

Wishing everyone in Cloverdale and around the globe a safe, fun and prosperous 2022 with your friends and family.

**COMPASS** 

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### Jane & Ron Pavelka

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Furber History, Sustainable Practices, Holiday Card, Clover Theater, and more!



## Sustainable Practices At Cloverdale High Michele Armanino

Melissa Matson is a passionate Cloverdale High School teacher instructing her students in a CTE (Career Technical Education) Sustainable Practices class. Students are learning that caring for their environment also means speaking out about their concerns and proactively working with local government to make environmental changes within their own community.

Sonoma Clean Power's on-campus presentations educate Cloverdale High students all about renewable energy (useful energy collected from renewable sources such as wind and solar power.) Matson directs her students through a project as they construct a miniature model of Passive Solar Home, a modern-looking home which features abundant natural light, maintains a year-round stable temperature and has low impact on the planet. Using mathematical formulas, students measure the pitch of the roof and eaves of the home while studying the sun's effect on the home at different times during the year.

Windows are strategically placed to efficiently utilize sunlight by keeping the house cool in the summer and warm in the winter. Consideration is given as to what

appliances, heat pump filters, car chargers and smart thermostats best suit the solar home.

Students' comprehensive planning also includes a drought resistant landscape, educating pupils about plants that best thrive in their local climate.

Matson guides her students in recognizing the health of natural ecosystems, becoming a responsible citizen within their own community and making solutions for future economic success. An eventual field trip to Sonoma Clean Power Advanced Energy Center will inspire students to start thinking about their planet. An anticipated goal is for students to work with the Mayor of Cloverdale on the City's twenty-year plan, preparing them to actively contribute to a sustainable future. Matson also hopes to direct her students in a school-wide energy audit where they will take an active role in determining and possibly reducing the school's energy usage. A field trip to Lake Sonoma Fish Hatchery will increase student awareness about habitat protection and the effects of water management on endangered species and dams. Well informed students at Cloverdale High are paving the way for a cleaner, energy efficient environment for us all.

## SHOP LOCAL...HERE'S WHY WE ARE YOUR NEIGHBORS

- \* LOCALLY OWNED BUSINESSES PROVIDE EXPERTISE
- \* LOCALLY BASED PROFESSIONALS MAKE OUR TOWN UNIQUE
- \* LOCALLY SUPPORTED BUSINESSES CREATE JOBS



HEART CITY
A MODERN FIVE AND
DIME OWNED BY ERIN
MAVIS. THE STORE IS
FILLED WITH STOCKING
STUFFERS FOR ALL AGES.



NURSERY
GARY, ASHLEY AND
SCOTT HAVE EXPANDED
TO BRING YOU EVEN
MORE OPTIONS IN
HOME DÉCOR.

**CLOVERDALE** 



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WHERE FRIENDS AND
FAMILY GATHER FOR
GOOD FOOD AND CHEER.

WOLF HOUSE

**BREWING** 





COMPANY
SARAH AT I. SEE.
OPTICAL COMPANY,
OUR NEWEST RETAIL
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WHOLE FAMILY.

SEE. OPTICAL



RISTORANTE ITALIANO

JOSE AND MARY SERVE OLD-SCHOOL ITALIAN DINNERS WITH A MODERN TWIST.

PIACÉRE

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## The Joy Of Being A Special Needs Parent Swathi Chettipally

What do you see in this picture? I see perfection. I see focus. I see persistence. I see the artists had difficulty in coloring those tiny pieces yet, the individuals didn't give up completing the given project. Painting wine corks!

Who is the person viewing them? It's me, a mother of an autistic child. These Christmas ornaments were painted at the Clearwater Ranch in Cloverdale. Our children with various special needs painted them to use them as decorations for our 2021 Christmas tree.

We are using these simple projects to bring our kids together at the Ranch. We host Ranch Parties once a month where we, as special needs families, get an opportunity to join likeminded people to socialize with. If you want to know about us or join us, please look up www.CRanch.net.





ESTATE PARK

RETAIL THERAPY

Free Photos with Elf on a Shelf

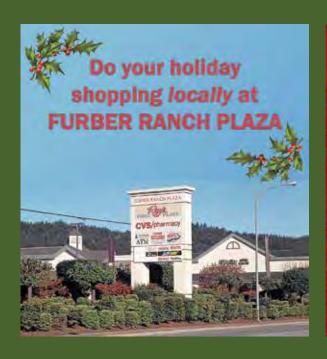
Dec 4, 11am - 2pm

Drop off letters to Santa before 12/19 Gifts for Children & Adults

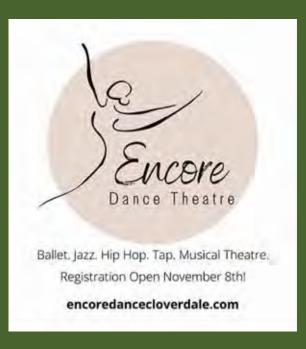
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### **Cloverdale Church Guide**

Church of Christ P.O. Box 462 Cloverdale, CA 95425 Phone: 707.894.8687

Jesus Christ Latter Day Saints 1011 S. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church 1085 S. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.391.2235





Christmas Eve Candle Light Service

Join us for a special celebration of the birth of our Savior, Jesus Christ

Christmas Eve – Friday, December 24th @ 5:00 PM

Bring a lawn chair and dress warm – this is an outdoor service.

### Grace Lutheran Church

890 N. Cloverdale Blvd. Cloverdale, CA www.GraceCloverdale.org

Jehovah's Witnesses 27100 Dutcher Creek Rd. Cloverdale, CA 95425 Phone: 707.894.4490



If you are looking for a church that:

- · Is Faithful to the Word of God
- Teaches that the Bible is without error
- Enjoys music that has blessed Christians for years
- Desires to have a spirit of thanksgiving 24/7

Worship Sundays 10:30 am

Parkside Christian Chapel 553 W. 2nd St. Cloverdale, CA 95425 Phone: 707.894.2893

St. Peter's Catholic Church 491 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.2535

The Bridge Foursquare 50 Commerce Lane Ste. C Cloverdale, CA 95425 Phone: 707.894.5050

United Church of Cloverdale 439 N. Cloverdale Blvd. Cloverdale, CA 95425 Phone: 707.894.2039

Living Water Church 450 S. Franklin St. Cloverdale, CA 95425 Phone: 707.894.3274

### **Lightning Athletics Cheer Burrito Feed**

Lightning Athletics Cheer hosted their annual benefit dinner with a Drive-Thru Burrito Feed on Thursday, November 11 at the Cloverdale Citrus Fair. All proceeds from the event fund their JAMZ Nationals Competition in Las Vegas



this January. A special thank you to Vine Ridge Senior Living, Los Pinos Market and Tammy Azcarate for their contribution to the event's success. Tammy and her daughter were the driving force behind the wonderful food the program was able to provide for the evening. See Lightning Athletics next at Winter Festival!

### Sandy McMillan



Sandy McMillan passed away peacefully at home on October 29th. Sandy is survived by her parents Pat and John, sister Debbie, brother Craig, and her three children, Cory, Tabitha, and Travis Kitowki. Sandy is also survived by many nieces and nephews; Kenneth, Lindsey, and Casey Berry, and John and Jayson McMillan, and granddaughter Hazel (Tabitha), and grandniece Dakota.

Donations may be made in Sandy's honor to Santa Rosa Junior College Foundation to support a scholarship in her name, online at https://santarosajc.ejoinme.org/donation or mail to 1501 Mendocino Ave, Santa Rosa, CA 95401.

### **Prodigal Rock**



Bruce Halbohm painted this rock and left it in Gold Beach Oregon in July 2018. Looks like it took another road trip back to Cloverdale and ended up in the flower bed at Piacere restaurant.

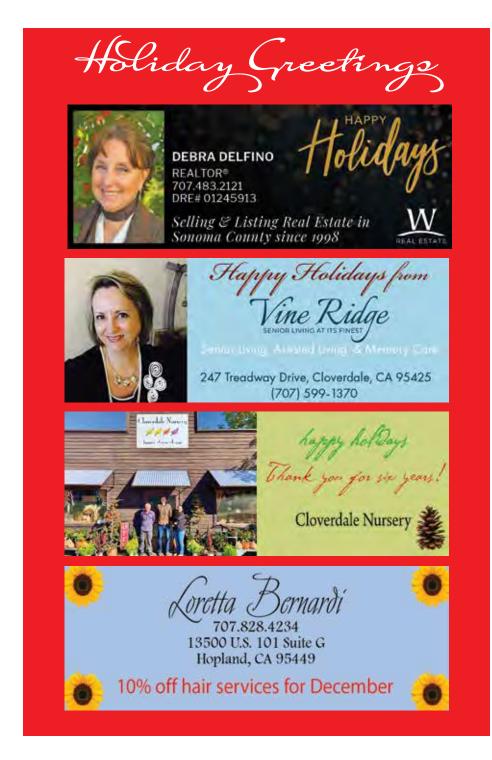


### **New Business Opens In Cloverdale**



About 5 years ago Amy and Brian Reis and their three children moved to Cloverdale. When the pandemic hit, Amy and Brian found themselves at home with their children most of the time taking on the teacher role and knew it was the perfect time for a new venture

so they started Reis Mobile Auto Repair, a full service mobile mechanic service. For over 15 years, Brian has been an auto mechanic working at high end luxury dealerships and has been awarded and named one of the top ten automotive technicians in the nation. They are committed to providing a stress-free experience to both new and returning customers and are excited to see where this new adventure takes them. Amy and Brian look forward to being a great addition to the Cloverdale community.



### **Our Community Cares**

Angela Cordova has been busy organizing donations, collecting names, delivering food and gifts this Holiday season. With the generous participation of St. Peter's Catholic Church and lots of people in the Cloverdale community, she has already delivered small sized turkeys and hams to the Senior Center for Melanie Hall to distribute for the Holidays. In addition, donations are being used to purchase gifts for kids with the children at Honeybee's Playgarden doing all the gift wrapping. It's not too late to participate. Angela is still accepting financial donations and also could use donations of holiday gift wrap. The deadline for donations is December 15th. So far those receiving gifts and or food are 22 families /52 children, 35 seniors and 11 single people and the list keeps growing thanks to our Cloverdale community.

### It Was a "Dickens" of a Good Time Mary Jo Winter



Thirty years ago, Cloverdale kicked off the 1991 Christmas season with a two-day Dickens Christmas Faire throughout the downtown area, an annual event that continued through 1994.

Folks passing through might have thought someone hit the switch on a time machine and the town had been transported back to the mid-1800s. People in period costumes were everywhere.

Merchants decorated their windows and store fronts. Shoppers were invited to stop by, peruse their wares and partake of some holiday refreshments. Strolling carolers, musicians and even a Barbershop Quartet entertained downtown visitors throughout each day.

There were photos with Santa at a couple of businesses and storytelling for children by the community's beloved librarian, Ann Marie Murphy.

Dressed in their Dickens-era finery, townsfolk walked up and down the boulevard, visiting the stores, restaurants, and various street vendors. Another popular spot was the outdoor Pub hosted by



the Chamber of Commerce where thirsty shoppers could find ale or hot mulled wine on tap.

The Cloverdale Lions hosted the community caroling around the town Christmas tree at 7 p.m., followed by a Dickens-themed Costume Ball at Ye Olde Veterans Memorial from 8 p.m. to midnight.

This was in the days before the Bypass was completed and the Downtown Plaza built. Back then, one of the local ranchers



would donate a large fir tree from their property – usually 38-40 feet tall – that would be set up, secured and decorated by City crews on the northeast corner of Cloverdale Blvd. and Broad Street.

The colorful lights on this huge tree fairly screamed "holiday cheer," and made a welcoming nighttime sight for locals, visitors, and those just passing through.



## Cloverdale Theta Zeta Sorority Thanks Our Community Carolyn Ramos

The Craft Show Committee would like to thank all the folks who came to the Vets Memorial Bldg. on Nov. 6th for the Theta Zeta Sorority craft show and congratulations to all the basket winners this year. A big "Thank You" to **Cloverdale Connect** for promoting the show in both the October and November issues.

The Theta Zeta Sorority is planning our craft show again in 2022, but of course, it will be dependent on what's going on in the world. Please mark November 5th on your 2022 calendars when we will once again provide the community with our annual craft show, providing a light lunch, and a raffle for the wonderful gift baskets. Our show has been going on annually for 26 years and we look forward to seeing you all on Nov. 5th, 2022.



### City of Cloverdale Critical Drought Update

moisture.



The significant rains we received o in October alleviated some of the heightened fire concerns that the drought help to generate. The rains were a good start to the official water year that starts in October. As of mid-November, the current storage level at Lake Mendocino is over 20,200 acre-feet. However, Lake Mendocino is still at historic lows and several additional storms are needed to bring their storage

level up to normal. Ongoing conservation is necessary to save water. In response to the drought, the State Water Resources Control Board issued a Curtailment Order to cease all diversions from the Russian River on August 2, 2021. The Order issued to the City and other municipalities and water suppliers requires reduction of water use to 55 gallons perperson per day, measured as gallons per capita daily ("GPCD"). On August 31st, the City petitioned the State Water Board to address the City's Minimum Health and Safety Needs and requested that the State Water Board Water Rights Division authorize the City to use 104 GPCD, instead of 55 GPCD. The City received notification that our Petition for Minimum Health and Safety Needs was approved by the State Board.

Your individual efforts and sacrifices have made tremendous progress toward addressing the historic drought and the current Stage 4 Water Shortage Emergency. Continued conservation efforts are necessary to ensure we meet our conservation requirements and to ensure that the City complies with the terms and conditions of the petition approved by the State Water Board. Additional conservation by all water customers is necessary to ensure we meet the State's strict standards and do our part to conserve our water supply. Here are some water conservation tips and tricks.

#### Look for and fix leaks.

- Dripping faucets and worn toilet flappers are common types of leaks found in the home:
- Check your water meter, wait a few hours without using any water, and check your meter again. If your meter changes, you probably have a leak
- To find a leak in your toilet, place a few drops of food coloring in the tank and wait 10 minutes. If color shows up in the bowl, you have a leak.

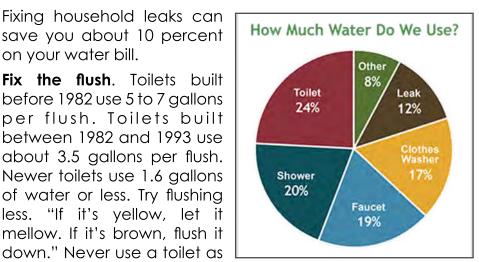
save you about 10 percent on your water bill. Fix the flush. Toilets built before 1982 use 5 to 7 gallons per flush. Toilets built between 1982 and 1993 use about 3.5 gallons per flush. Newer toilets use 1.6 gallons of water or less. Try flushing less. "If it's yellow, let it mellow. If it's brown, flush it

a garbage can.

Fixing household leaks can

and make repairs promptly.

with pipe tape and a wrench.



Take shorter showers, or fewer showers. Challenge yourself to take a 5-minute or less shower. Replace your showerhead. There are many low-flow options available.

Examine pipes and valves under your sinks to check for

Check your irrigation system regularly to look for leaks

Don't forget your garden hose. If it leaks at the spigot,

replace the hose washer and ensure a tight connection

**Save water at the faucet**. Replacing faucets with low flow options can reduce water use by as much as 30 percent or more without sacrificing performance. Use a machine dishwasher if you have one and avoid pre-rinsing dishes. Machine washing generally uses less water, energy, soap, and time.

While you wait for water from your bathtub and sinks to warm up, try saving it in containers like milk jugs or buckets for reuse. Use the water you collect to water plants and make coffee, and flush the toilet by dumping water into the bowl with one quick pour into the bowl to create a strong flush.

Run full loads of laundry and dishes. Only run appliances when you have a full load for washing.

Let your lawn go brown. Explore alternative landscaping and irrigation options like rock gardens, native and drought tolerant plants, and rainwater harvesting.

#### Avoid washing your car at home.

For more information about how to meet the City's water shortage emergency, please visit the City's website.



In Toying Memory

**Christina Lepe Durate** 

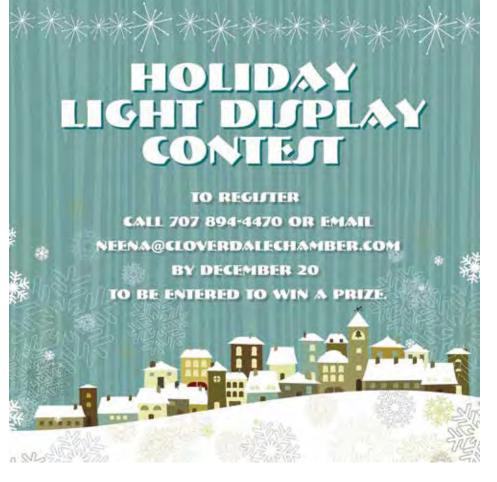
### **Cloverdale Wrestling Club Signups**

Cloverdale Wrestling Club will be holding SIGNUPS 1st-5th grades (Ages 6-11) on Monday, December 6, 2021 from 6-7pm at the Cloverdale Veterans Memorial Center (205 W 1st St. Cloverdale, CA 95425).

The cost is \$95 per wrestler (Price includes sweatshirt, T-shirt & uniform). Checks, cash & Venmo accepted (@cloverdalewrestlingclub-77). To participate in tournaments, you will need to purchase a separate \$50 USA Wrestling card (information will be provided at signups).

Practice starts Monday January 10, 2022 at the Citrus Fair Burnside Hall. The season runs thru 1st week in April 2022. Times & practice days TBD. There will be a parent meeting prior to the 1st practice to discuss health order protocols & other necessary Info.







## Joan Elaine (Ottoboni) Dunlap-Still

Joan Dunlap-Still passed on Friday October 22, 2021, at the age of 81. Born in Healdsburg in 1940 to Louise and Ada Ottoboni, Joan spent her life in Cloverdale. Joan worked as a

bank teller locally, primarily in Healdsburg at Bank of the West. Joan loved to bake and crochet Afghans, especially baby blankets and hats. She will be greatly missed by her children, Denise (Rick), Diane, Jefferson (Angelica), Denis (Carla), and Rodney her step-son, granddaughter Ashley (John) and great-granddaughters Madeline and Ada, as well as her sister Valerie (Al) and many extended family members and lifelong friends. Joan was predeceased by her parents Louis and Ada, her sister Vivian, her sons-inlaw Dennis and Wendell and her late husband Leroy. A celebration of Joan's life will be held at a later date.



### Passport Troubles Craig Clark

Here's a cautionary story about timely passport renewal. My passport was due to expire in March, 2022 so I applied for renewal on July 12, certified mail with a return receipt requested thinking I had plenty of time before my December international trip. The return receipt wasn't returned until mid-August, and that was the first red flag. Checking online for passport status the message was, passport being processed and could take up to 16 weeks. That was the second red flag! I wasn't about to wait around and not have a passport for my December trip, so I contacted Senator Feinstein's office for help. I had to provide the necessary information, but once that was done the Senator's support team got to work to make things happen. A week and a half later my passport was in hand. The point is, don't be shy about reaching out to your elected representatives for travel help if needed.

**Princess Cruises** is sailing again round trip from San Francisco with coastal and Mexico itineraries and Airport Express is operating buses from the Sonoma County airport to the cruise ship pier and back.

Here are some ideas for an inexpensive vacation from Smarter Travel:

**San Antonio, Texas** In the heart of Texas, San Antonio is known for its historic charm. With plenty of green spaces and outdoor attractions, spend a whole day exploring outside without spending any money. Stroll the stone paths of San Antonio's River Walk, tour The Alamo. Fly from Santa Rosa or non-stop from SFO.

**St. Augustine, Florida** With a combination of beaches, history, and charm, you can't do much better than St. Augustine. This quaint city, with its centuries-old buildings, historic fort, and brick-lined streets feels like a little bit of Europe in Florida. There are tons of free attractions in St. Augustine. Explore the 42 miles of white sand beaches, take the free ferry to Rattlesnake Island and Fort Matanzas, visit Fort Mose Historic State Park, or visit one of the many distilleries/wineries for complimentary tastings. Southwest has direct flights from OAK to Jacksonville 35 miles north, and connecting flights from Santa Rosa and SFO.

### Alexander Valley Healthcare Honored for Response to COVID-19 Pandemic

Alexander Valley Healthcare received the Spirit of Sonoma Award earlier this year for its important role in ensuring local access to COVID-19 testing and vaccinations.

The Cloverdale Chamber of Commerce nominated Alexander Valley Healthcare citing its bold and proactive responses to setting up testing, as well as vaccination programs for local residents and employees "while many cities and organizations were working to develop procedures (and policies)."

"We exist to serve our community, so it was such a priority for us to ensure the community had access to testing and vaccines during such a fraught time," said the AVH CEO Deborah Howell. "We are honored to receive this recognition and privileged to receive acknowledgement from beyond our community."



Neena Hanchett, Chamber Director and Board member, Cloverdale Chamber of Commerce, Deborah Howell, CEO of AVH, Dr. Shellie Burdick, former Chief Medical Officer of AVH, Jeanne Cox, Vice Chair AVH Board of Directors

The Chamber's nomination also stated that AVH provided comprehensive COVID-19 testing and vaccinations "in a timely, efficient and effective manner to our small and often centrally disenfranchised community." The Chamber said the actual sign-up process was very easy and AVH's handling of the testing and vaccinations was well-organized, ensuring widespread usage. As the only medical provider between Healdsburg and Ukiah, AVH provided a critical service as the total number of vaccinations thus far in 2021 exceed 12,800.

The Spirit of Sonoma Awards are presented annually to honor those who contribute to the economic development and enhancement of the Sonoma County communities in which they live.

AVH continues to lead our community in the fight against COVID-19 by providing access to both testing and vaccinations as well as for flu vaccinations. In addition, the AVH staff is busy providing COVID booster shots and vaccines at the schools for children 5-11 years old.

Please visit the website for pop-up vaccination locations as well as the ongoing scheduled vaccinations every Thursday from 2 – 6 pm, whether for the primary series or a booster per the CDC eligibility guidelines. Also, receive free COVID-19 testing from AVH, 9 am – 6 pm, Monday through Friday.



### Furber Ranch Gerald French

After the Gold Rush of 1848, agriculture was the new gold being discovered. It once was said when you planted a fence post in Cloverdale, it soon grows into a tree. Looking for adventure, Alan Furber Jr. and Craig Furber's great-grandfather, Elbridge Furber, left New Hampshire in the 1870's looking for gold in Mexico and California, however his gold ore shipments were continually robbed. He decided to supply fresh chickens to restaurants in San Francisco and that's when he married Mary Jane Treadway, in 1874.

Mary Jane Treadway's family came from England in the 1700's and was related to Betsy Ross. Her family traveled across the Isthmus in the 1850's by foot, but she and her sister Sara were carried across by natives since it was too dangerous for the children to walk. The family, looking for gold, settled in Poverty Bar, in the Mother Lode, which no longer can be found on the map. They moved to Lodi and started farming.

Elbridge and Mary Jane had two children - Fidelia and William. The family lived in Oakland and San Francisco. In 1879, doctors advised Mary Jane for the sake of her health to move to Cloverdale for its better climate.

Elbridge purchased 640 acres of land from Tom Hopper, which was known as a Spanish Land Grant, Rancho de Musalacon. It was so primitive they had to carry water from a spring quite a distance to the house. The first improvement was to pipe water to the home. He established a large Chinese labor camp and soon the land was cleared with orchards and vineyards planted. Wheat and barley were later added. Then he bought sheep and hogs. His winery produced 100,000 gallons of wine yearly.

The children were home-schooled, but later traveled by horse and buggy to the Cloverdale school. After school, the kids had many chores at home. After many years of success, the winery closed when Prohibition began. The remains of

Merry Christmas

Happy Holdays

Cloverdale!

Michael Laird
Real Estate as Art
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lairdhomes@comcast.net
www.lairdhomes.com
Always available to answer any of your real estate questions

the winery are still visible today and the winery is still on the records and can be resurrected.

Mary Jane died in 1899 and Elbridge died in 1916. Their daughter Fidelia became a well-known artist, traveling to Hawaii, teaching there, and traveling to Alaska. Fidelia married George Harlow, a Petaluma judge, in 1931. She died August 22, 1970. After Elbridge died, his son William took over the ranch. William had two sons, William (died at age 2 years) and Alan Mardis Furber. Alan married Helen Dubs of Sausalito and had two sons, Alan Jr. and Craig. The family lived in Sausalito for 11 years, then moved to the ranch in Cloverdale where William Sr. died in 1956.



Soon it was apparent that ranching was not Alan Jr.'s vocation. After graduating from high school, he went to Santa Rosa Junior College, then to SF State where he received a BA in Industrial Arts with a minor in Art. Later he went back to SF State and obtained his teaching credential. Brookhaven School in Sebastopol hired him as their Industrial Arts teacher from 1968-1983. Alan said this was one of the most rewarding times of his life, teaching the students woodworking skills. Some of his students became accomplished professional cabinet makers, carpenters and woodworkers.

Alan married Patricia Ann Rumbaugh and had two daughters, Amy and Andrea and three grandchildren. Alan and Patricia divorced after 15 years. Alan's brother Craig was married to Suzanne and their hobby is enjoying the outdoors at the Furber Ranch riding horses.



Pictured Alan Sr., Alan Jr., and Craig Furber

Alan Sr., Helen, and their sons Alan Jr. and Craig formed a partnership in 1988 to develop the Furber property. Craig Furber, then Vice President at First National Bank, had the financial experience and with Alan Jr.'s interest in building, they helped plan and build Furber projects. The first project was Rancho de Amigos subdivision where they built 110 homes. The Furbers gave the City of Cloverdale six acres for a public park. The second project was the Furber Ranch Plaza where Ray's Food Place, CVS Pharmacy, Mountain Mike's Pizza, Super 8 Motel, McDonald's, O'Reilly Auto Parts, Redwood Credit Union, The UPS Store, Subway, E's Nails, H & R Block, Happy Donuts, Flavor Fiesta, Thai Spice, RKA, Wine Country Real Estate Networks, Clover Dog Pet, El Molcajete are now located.

### **Whisker Talk**

Brigid Wasson, First Street Pets

### "Helping pet lovers live their best life"

Should pets be given as gifts? This question is sure to start a lively discussion in any group of animal folks. Most people will say no, absolutely not, gifting pets is a bad

idea. The new owner won't want the pet and it will soon be abandoned, given away or taken to the nearest shelter. For years I believed this rhetoric until I found out that it just isn't true.

There are many reasons that people give up a pet: finances, health, and housing, just to name a few. Most people don't want to give up their pets and do so only when they don't find a better option. As it turns out, the origin of the pet has no bearing on whether it will be given up or spend its life with the original owner. In fact, studies have shown that sometimes the owner has even more of a bond with a gifted pet because there is a sentimental connection with the gifter, likely a close friend or family member.

That said, use common sense when thinking of gifting a pet. Dogs and cats live around 15 years and will require food, health care, grooming, and exercise. These and other needs cost time and money. Horses are wonderful companions but are quite expensive, especially if the owner must keep them at a boarding stable. Smaller pets like a rat or hamster are less costly and don't live as long, but they still require proper care.

If you are giving a pet to your children, you will more than likely be the primary caregiver. If the recipient is your spouse, you will both be providing care and sharing expenses. When gifting a pet to someone outside of your home, make sure this is something they want and are prepared to have in their life. Discuss it with them ahead of time, or with their spouse or other family members. If your gift isn't well received you could find yourself with a new pet.

**Happy Holidays from First Street Pets!** 

### Cloverdale Little League Baseball



Cloverdale Little League recently elected a new board president, Sjarina Hester, and she is excited to get the 2022 season underway. Kristin Bongiovanni is serving as Coach Coordinator.

The first paperwork drop off will be Dec. 8 from 5p-7p @ Daly Field. The new registration system will be open very soon. The new season starts in April 2022.

For information, contact cloverdalelittleleague@gmail.com

707.577.8277



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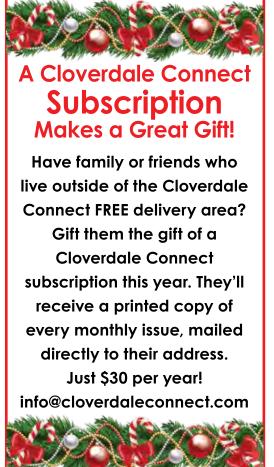
Hunter Douglas - Shutters - Valances & Draperies - Floor plans - Color consultation Room Makeover - Personal Shopping

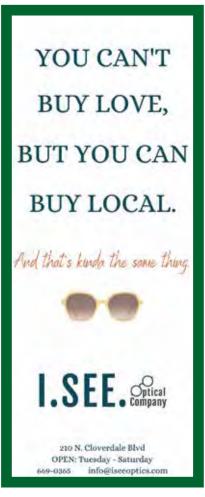
Jeannie Griffitts, Owner thefinishingtouchesids.com

(707) 894-8665 fintchids@vbbn.com



Cloverdale students enjoyed a special visit from Smokey Bear.











Walk-ins and Appointments welcomed





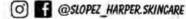


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## DAHLIA&SAGE

### CLOVERDALE

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## Cloverdale Arts Alliance Gallery Presents "ATTITUDE"

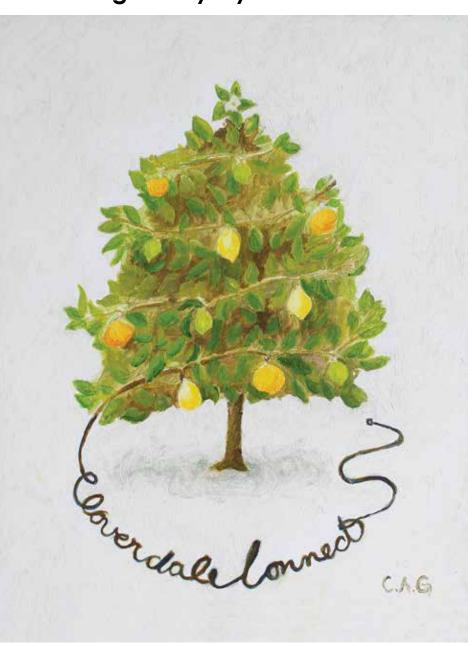
The Cloverdale Arts Alliance Gallery, located at 204 North Cloverdale Blvd., offers its latest art exhibition, "ATTITUDE," from November 20, 2021 – January 15, 2022. Due to COVID-19 concerns there will be no Artists' Reception for this exhibition.

Guest artists for this exhibit are Michele Morehouse, Ceramics, Shelby Young, Painting, and Marcia Brauer, Painting. Resident artists are Laura Paine Carr, Jane Gardner, Pamela Heck, Terry Holleman and Hanya Popova Parker. Jane Gardner, Ceramics, is the featured resident artist for "ATTITUDE".

For more information, visit call (707) 894-4410.



### Cloverdale Connect Holiday Card Designed by Cyndi Gonzalez

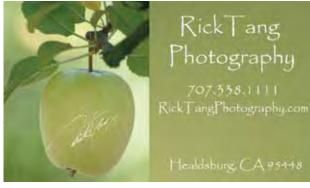


Congratulations to Cyndi Gonzalez for her creation of the winning design of this year's Cloverdale Connect holiday greeting card. This beautiful design incorporates a citrus tree shaped like a Christmas tree and the Cloverdale Connect name spelled out in a decorative ribbon. This card will be mailed out to our advertisers, our contributing authors and others on our Holiday Card list. Cyndi receives a \$50 gift card from Ray's Food Place as our 1st Annual winner.

### **November Cloverdale Weather Recap**

Average High Temperature 66°F • Average Low Temperature 45°

Total Rainfall 2.62 inches



#### Zini's Diner

796 S. Cloverdale Blvd. Cloverdale CA (707) 894-9444 Breakfast Lunch Dinner

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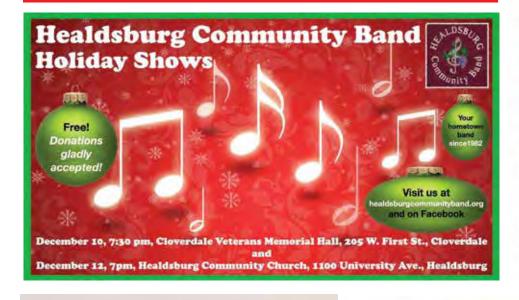




### Kiwanis Club of Cloverdale is selling See's candies for Christmas

For local delivery or pickup call Laurie Kneeland at (707) 328-2147

Kiwanis Club of Cloverdale is very proud to sponsor the Dolly Parton Imagination Library for our Cloverdale kids ages 1-5





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### Cloverdale Fire **Protection District**

Thursday, December 9, 2021 1:30 PM - 6:00 PM 451 S. Cloverdale Blvd Cloverdale, CA 95425



Scan the code to make your appointment.

Appointments encouraged. For more information or to schedule a donation. call 877-258-4825 or visit us at vitalant.org



All donors receive a Bucket Brigade T-shirt as our thank you.



Laurie Kneeland 707-328-2147 Mobile Notary



Katie Silva, DVM Amy Smith, DVM

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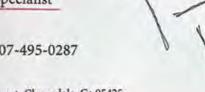
530 N. Cloverdale Blvd. Cloverdale CA 95425

Open M-F 6am - 6 pm

Call to enroll: 707-318-3951

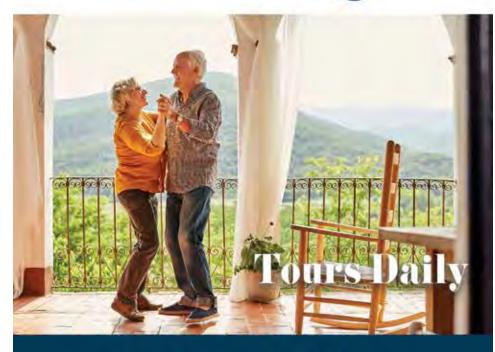
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The Cloverdale Lions Club



### Meet SOS Community Counseling's Cloverdale Clinic Manager

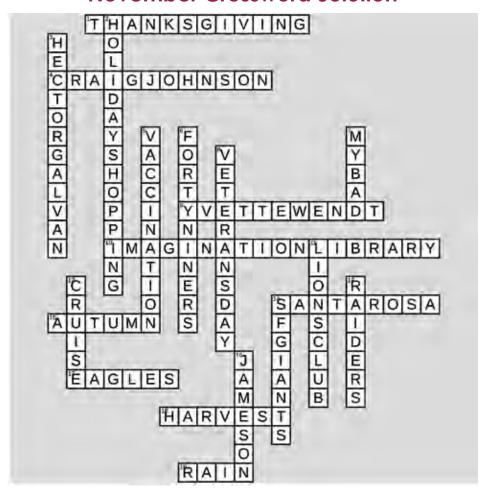


Kristie Walthard is SOS Community Counseling's Cloverdale Clinic Manager and Counseling Associate. With a master's degree in counseling psychology from Santa Clara University with an emphasis in health psychology, she is a Registered Associate Marriage and Family Therapist (#120630) and a Registered Associate Professional Clinical Counselor (#8380)

who provides psychotherapy to individuals, couples and families for concerns ranging from stress, anxiety, and depression to relationship difficulties, grief, and trauma. Kristie's counseling services are overseen by a licensed therapist while she is completing the hours for licensure to make sure her clients receive quality care.

Kristie completed her traineeship as a Bereavement Intern for Pathways Home Health Care and Hospice in Sunnyvale, CA where she provided grief counseling to those who recently lost a loved one. In addition, she completed a postdegree placement as a Counseling Associate with the YWCA Golden Gate Silicon Valley in San Jose, CA where she provided counseling services to high school students. She also worked in the agency's clinic counseling people who were survivors of domestic violence or sexual assault. She has a special interest in working with people who are grieving the loss of a loved one as well as those who are coping with chronic illness or disability, end of life, and those who are survivors of trauma.

### **November Crossword Solution**









Complimentary Exams Invisalign and braces for Adults and Children

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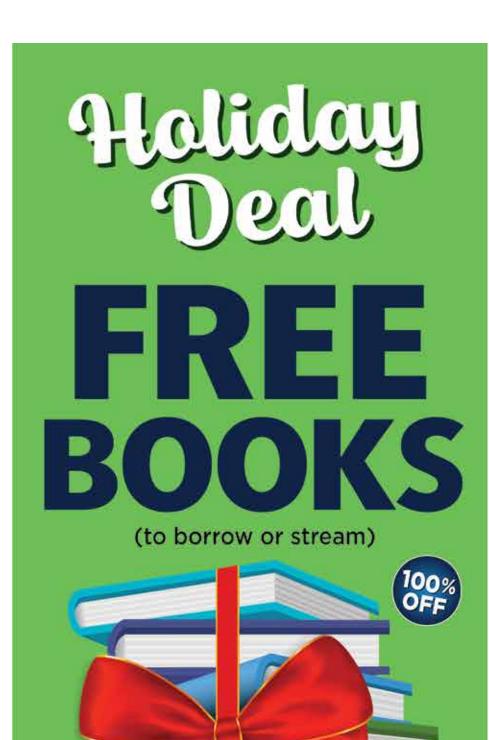
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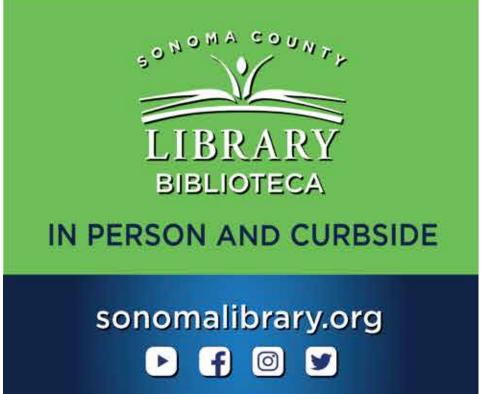






## Black Friday Deals All Year Long

Music • Movies • Games • eBooks Fine Free • Online events





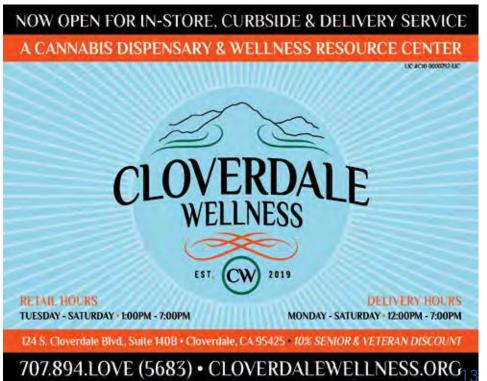
## Keeping Food Safe This Season Gina Berry, MS, RD, CLT, Certified ServSafe Instructor Sponsored by

## DAHLIA&SAGE COMMUNITY MARKET

The holidays mean delicious food, potlucks, and enjoying time together with family and friends, but we also must be extra vigilant about food safety. Nobody wants to get sick with food poisoning after a great holiday party. Approximately 1 in 6 Americans get sick and 3,000 people die each year due to food borne illness. All the usual food safety rules apply, so be sure to wash your hands frequently with soap and water and keep perishable foods in the refrigerator below 40 degrees. Usually people remember to keep meat, poultry, deli meats, and seafood cold, but don't forget about those deviled eggs and tasty side dishes such as a fresh green salad or mashed potatoes. Those can harbor bacteria too! In fact, some of the most common causes of food poisoning are leafy greens, rice, and potatoes. Symptoms may show up in 2-6 hours or even 1-2 weeks after eating contaminated food.

Place your roast or bird in the refrigerator (never on the counter) for a few days to thaw. Be sure to thoroughly cook meat (145 for beef, pork, lamb and 165 for poultry). Do not let your leftover food sit out for more than 2 hours at room temperature and be sure to eat them up within 7 days.

An easy festive potluck dish I love is Caprese Skewers: 1 cup balsamic vinegar, cherry tomatoes, mini fresh mozzarella balls, fresh basil leaves, salt and pepper. Bring vinegar to a boil in a small saucepan, then lower the heat and simmer until it reduces to a thin syrup consistency. Let cool. Thread a cheese ball, basil leaf, and tomato onto each toothpick. Sprinkle with salt and pepper, drizzle with balsamic reduction. Keep them in the refrigerator until it is time to enjoy!



### Our Cloverdale Community Cares sponsored by



Jane & Ron Pavelka (Cloverdale Lions





**Alexander Valley Healthcare** 



### Cloverdale Lions Annual Christmas Tree Lot

The Cloverdale Lions Christmas Tree Lot, located on Cloverdale Blvd. on the hill in front of ACE Hardware is now open.

Open every day from 3pm to 8pm. Hurry in as they sell out quickly! Support the Cloverdale Lions who support our Cloverdale community.

### **David Maciel Gives All Year Long**



**Baby Clothing Drive** 



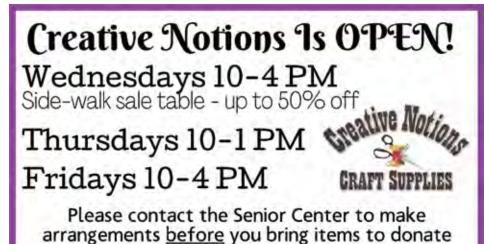
David Maciel, through his charity, Second Life Bicycle Rescue, works tirelessly refurbishing bicycles and then gifting them to children who need a bike in our Cloverdale community. In addition, he has some adult bikes that he fixes up and then offers in exchange for a donation which helps keep Second Life Bicycle Rescue going. You'll find David and his bikes at craft shows, events, on Facebook and riding his own bike bicycles. You'll make a child happy.

LIFT is teaming up with LovedTwice, a local nonprofit that collects and donates clothing to low-income families. We are now accepting new and gently used baby clothes sizes 0-12 months. Blankets, bibs, and board books are also welcome. Please make sure donations are clean, folded, stain-free, and buttoned up. Please drop off all donations at LIFT in Cloverdale - Mondays or Wednesdays from 12-4pm or around the Cloverdale community. Support Second Life Tuesday, Thursday, Fridays from 8am-12pm, now thru Dec 12th. Bicycle Rescue with your financial donations or donations of You can also pop in during any scheduled class. Just leave the donations in the collection bin. If you need to schedule a pick up outside of these hours, please reach out to Natalie Pesce via Facebook messenger for info. Tis the season of giving so clean out those closets, get organized, and help support local mamas and babies in need.



The US Marine Corps Reserve has a Toys for Tots box at Zini's Diner





(707) 894-4826 M-F 8:30-4 PM

### The Creative Corner — Christy Latchford

the strongest of spirits this past year and with the holidays upon us, I find this year a need to simplify a bit and do my best to enjoy them as they occur. Of course, I love Christmas and all the lights and cheer it brings so how to not pour hours upon hours into decorating inside this year, while still creating a sense of calm and holiday cheer? Then it hit me; go simple and create something personal to my husband and I while leaving most of the boxes up in the rafters for another year.

A couple of 12' x 4" x 1" pine boards, 2 sizes of dowel rods, wood glue, 1" construction screws and paint and our minimalist trees came to life. The great thing about a dowel tree is one can decorate in any way that suits them. Perhaps the favorite ornaments of each family member, a place to hang Christmas cards or for us; a way to showcase design elements we love in our home. They can be tabletop size or reach the ceiling, but the best part is they don't take up a lot of space while definitely adding some holiday spirit!

Of course, the other thing to consider is for those with smaller homes or spaces this offers up a creative solution as well! For this particular variety the tops of the boards were cut at 50° angles and both the bottom cuts and the holes for the dowel rods were cut at 20°, but creativity and individuality can

The complexities we have all been surviving have worn down be given free reign and perhaps a more Dr. Suess like shape will come to life. The point is my friends and neighbors, the holidays are in fact up to you to decide how you want to celebrate and if you are tired like me this year, simplicity might just be the ticket.





### **Happy Birthday Dana Johnson**

It's a December birthday for Cloverdale Connect publisher, editor and marketing consultant, Dana Johnson. Born at Ross Hospital, Dana has lived in Fairfax, Healdsburg and Cloverdale, never moving far from where she started. Having spent her career in radio, television and print

advertising, during the pandemic she made the decision to provide a community paper for our Cloverdale area as a way for people to stay connected.

She also handcrafts soap, sits on the board of directors at Westminster Woods Camp and Conference Center, serves on the Hunger Task Force and runs the Free Clothes Closet in Windsor.







CLOVERDALE CLINIC: 311 N Main St Cloverdale CA MAIN OFFICE: 319 S E St Santa Rosa CA FOR INFO/APPT: (707) 284-3444 WEB ADDRESS: www.soscounseling.org

### SOS \* SOS

While SOS stands for Support Our Students, it is also a universal code for "Help." Here at SOS, our counselors are available to help with such things as:

- Stress and Anxiety
- Depression
- Relationships, family challenges & transitions
- Building self-esteem, self-empowerment & personal growth

Services are available for all community members:

- Individuals, couples & families
- Children, youth, adults and seniors

Contact SOS @ (707) 284-3444 for more information.

#### ABOUT SOS COMMUNITY COUNSELING

SOS is a non-profit counseling agency (TIN #81-0676520) and training program that provides therapeutic services in Sonoma County in-person at three community clinics and via Telehealth. Our associates and trainees are supported in their training with weekly clinical supervision, and ongoing training to advance them in the field of therapy.

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### Thank You From Courtney's Pumpkin Patch

On behalf of the Board of Directors for Courtney's Pumpkin Patch, we would like to thank the following businesses and people for their generous donations and help:

Dahlia and Sage Community Market (Frances and Kerry) Cloverdale Police Dept.

(Officer Carlos Nunez)
Eagle Tech (Randy, Gina, Russell)
Wolf House Brewing (Kevin)
Alexander Valley Vineyards
Preston Vineyards (Lou Preston)
United Rentals (Jose Garcia)
North Coast Brewing
Cloverdale Arts Alliance

Adam, Trinity, Shasta and Kylie

Vlasak, Michelle Yanglin, Jayden and Rhea Russotti, Paul Sullivan, Anita and Craig Mills, Curtis Waller, Authentic You Massage. R Nail Salon, Terry Yanglin, Sonoma Train Town, Railroad Station Bar and Grill, Eddie's Cocina, El Azteca Mexican Restaurant, La Hacienda, Virginia Ashburn, Panaderia El Palomo, Thai Spice, 101 Thai Way, Catelli's, Michael and Tracy Valva, Clover Dog, Cloverdale Nursery, Plank, Larry Suyeyoshi, Duck Horn Vineyards, Moe's Eagles Nest, E's Nails, First Street Barber, Nancy and Russell Burres, Vanessa Suyeyoshi, Cloverdale Xpress Oil, Body Sculpting by Lindsey, Burke's Canoe Trips, Kashaya Marrufo, El Milagro, Ace Hardware, Penny Royal Farm, Pat Kraegal, Vichy Springs, Benbow Inn, Little River Inn, David's Restaurant, Costeaux Bakery, Jordan Bartholdy, Catie Legro, Cloverdale Performing Arts Center, Six Flags, Bolt Fabric, Coldstone, Ramazzotti Wines, Caroline Legro, Animal Hospital of Cloverdale, Trione Winery, Jamie Brown, Kokomo winery, Taqueria Guadalajara, Healdsburg Bar & Grill, Shelby Johnson, The Ranch at Lake Sonoma, Steele & Hops, Riley Huls, Foxtail Golf Club, El Taco Grande, San Francisco Zoo, Open Hearts Band (John Reece), Chelsea Judith, Rued Winery, Graziano Wines, Mark Wiget, Nails by Tiffany, Zini's Diner, Kay Staretz, Healdsburg Golf Club, Snoopy Gallery, Dutcher Crossing, Davis Family Vineyards, Anytime Fitness, Angel and Rose Peralez, Silver's at the Wharf, Anderson Valley Brewing Co., Ipolani and Shawn Bovee, Trader Joe's, Pedroncelli, Sonoma State University, Janet Seaforth, Amista, River's Edge, Skunk Train, Fernando Gonzalez, Trading Post, Hardwear Clothing, Fritz Winery, Amy's Wicked Slush, Golden Lux, Adrian Gonzalez, Sawmill Saloon & Cloverdale Downtown Creamery, Estate Retail Therapy, Nova Salon, Zoe Strickland, Papa's Pizza, Erin Mavis, El Molcajete, Left Coast Seafood, Zialena Winery, Frey Vineyards, Foppiano Wines, Jaxon Keys, O'Reilly's, Bear Republic Brewing, Clover Sonoma, Anchor Charter Boats, Sonoma Raceway, Flour Girl, Soil King Garden Center, Schat's Bakery, Ukiah Valley Golf Course, Dawna Walker Kissmann, One o One Clothing, Outlander Men's Gear, Cloverdale Chamber of Commerce. Cloverdale Connect, Bronca, The Beachcomber Motel, Bobcat Studio Ceramics, Toulouse, Brooke Green, Melanie Hall, Navarro Vineyards, Carol Lemay, Robert Young Wines, CARE Foundation, Fetzer, Windsor Bike and Sports, FFA (Angelica Fernandez) Telstar Charters, Brutaccao, Grace Bockelman, Galliano & Sandra Fillipi, Keith and Holly Lemay, Robin Venuti (in memory of Joseph Rock) Mary Jo Winter, Les Mars Hotel & Chalkboard Restaurant, Young & Yonder, The Outpost, Diana Rivas Robison, CD Grant, Eric Neel, John Postma, Jeff Mogannam, Ooops and Friends, Cloverdale Girl Scouts, Blackbaud Giving Fund / PGE, Cloverdale Harvest 4-H, Theta Zeta Sorority, Ron Schultz (Bubble Science), Angela Cordova, Cairo Stolting, Kathy McQuaid, Healthy Haven Wellness (Kristi Sheehan), Rockin' A Adventure Cafe.

### Courtney's Pumpkin Patch Board of Directors:

President: Catharine Davis

Vice President: David Domeniconi Secretary: Janet Domeniconi

Treasurer: Dennis Davis Board member: Denise Heinz

### **Cottage Industry Index**

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**Bits & Pieces:** Handcrafted wood Christmas ornaments & misc. woodcrafts. 707-894-2037 Lv. message. smokey-bears-one@sbcglobal.net Carolyn Ramos

**Cloverdale Cottage Garden**: Handcrafted Soaps contact cloverdalecottagegarden@gmail.com, Facebook

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**Snake River Stamped Jewelry:** Custom stamped metal necklaces, heart shaped keepsakes, Christmas ornaments snakeriverstamped@gmail.com, Facebook and Instagram: snakeriverstamped



### **Clover Theater**



The Clover Theater has hired Paramount Sign Company of Redwood Valley to refurbish the marquee and they have begun the work. A few weeks ago, Paramount Sign sent out someone to trace the neon. They will be making all new neon that will be bright and beautiful. In addition, they

will be completely repainting the entire sign and installing a brand-new letter board.

Next steps are to do a little roof repair and take care of some drainage issues that cropped up during the recent rains. It's a big project with a lot of moving parts but everything is in progress and the Clover Theater should be open by the time this issue of the paper is printed.



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### Cloverdale Library News Donna Romeo

#### **New Streaming Resources:**



Access Video on Demand Access Video on Demand offers a collection of thousands of high-quality videos. With content from around the world: from Oscar®, Emmy®, and Peabody Award-winning documentaries,

to how-to programs, top-quality performances spanning the arts, biographies of history-makers past and present, a variety of TV shows and movies, and more.



Just for Kids: Access Video The Just for Kids Streaming Collection gives children—and their parents—a thoroughly kid-safe, advertisement-free media platform they can freely explore and enjoy. Just for Kids has the

educational videos children want to watch—Sesame Street, The Electric Company, The Wubbulous World of Dr. Seuss, The Berenstain Bears, Franklin, and thousands more—plus songs, games, and other interactives that are sure to entertain and educate.



**Qello Concerts** Qello Concerts by Stingray is the world's largest collection of full-length concerts and music documentaries streamed on-demand to just about any digital device.

Sign up for a 7-day unlimited access pass to the Qello Concerts site through the Libby App.

If you need help accessing these or any of our other many resources, come in or call the library 707 894-5271. We are available on Mondays and Tuesdays from 12-7 and Wednesdays through Saturdays from 10-5. Hope to see you at the library!





Healdsburg Senior Living is an assisted living, memory care and skilled nursing facility now accepting new residents for immediate move-in

### We are here to help!

Independent Living • Assisted Living • Memory Care
• Long Term Skilled Nursing • Short Term Rehab • Respite

Contact Lisa to set up a tour **707-687-9633**725 Grove Street, Healdsburg



### **Shop Local Cloverdale**

This Holiday Season, the Cloverdale Chamber of Commerce is encouraging residents to support Cloverdale retail businesses. At Winter Festival, on Dec. 3rd, coupons will be handed out and available in local shops. The Holiday Coupon lists 13 local retail businesses offering specials and discounts of their choosing from Dec. 3rd through Dec. 24th.

Visit any of these participating retailers: 14 Feet & Obrigado
• ACE Hardware • Clover Dog Pet Supply & Wash • NAPA
Cloverdale Auto Parts • Cloverdale Nursery • Cloverdale Saw
& Mower Center • Dahlia & Sage Community Market • Erin
Mavis • Golden Lux • Heart City • I.SEE Optical Company •
Next Door Comics • The Outpost

You will find unique items that will allow you to sail through your holiday gift-giving list. Owners and managers are your friends and neighbors. Plus, you'll save time, money, "wear and tear," and leave with a smile on your face. Local business creates jobs, a more solid economic base which in turn, encourages other businesses to open here. Happy Holidays!



## Buying a Home in December Anne Miserlian Baker

The Cloverdale real estate market has been a whirlwind for nearly a year and a half. Local residents have taken advantage of the very low interest rates and purchased the homes of their dreams. Buyers around the county have found the beauty in Cloverdale and have settled right into our community. Likewise, remote workers have left heavily populated areas and moved to our peaceful city.

That said, there has been a noticeable slowing that is normal for the holiday season. Less homes are coming onto the market. Fewer homes are going into contract each week. And, of the homes that are for sale, many seem to be sitting. Consequently, some homes are experiencing numerous price reductions.

With fewer homes on the market, it may seem wise to wait to purchase a home. However, there are excellent reasons to buy your house in December. For example, you may need a tax benefit that comes with the purchase of a home. Remember, you don't close, get your keys, until money changes hands and the deed has transferred title (see October's article).

Less competition is another good reason to purchase in December. Many buyers have set aside their home buying hats and tucked in for the holidays. If you are a buyer serious about purchasing (and closing) in December, it's time to pick an experienced, connected REALTOR. Your local sales agent will have the inside information on unlisted property that is or soon will be for sale.

Accordingly, make sure your financing is in order. If you plan to own your new home before we ring in the new year, you have some quick moving to do. Only the best lenders can perform on tight timelines.

Whether you are buying a home, selling a home, or hunkering down this season, have yourself a wonderful holiday and a very lovely, Happy New Year!



### Happy Holidays!

No doubt 2021 was a challenging year but we hope that you have had a few reasons to smile. As for us, we have had several. Our daughter graduated with a Bachelor's Degree in Canine Studies in May. She loves training dogs for service, obedience and her favorite...lots of tricks. In October, we were gifted with our first Grandchild. He is the sweetest little boy and fills our hearts. The new parents are doing amazing. As for the shop, we are celebrating 20 years and more than 80,000 car repairs. There aren't enough words to express how grateful we are for not only our amazing crew who continue to go above and beyond for our customers but also for our wonderful customers. A special THANK YOU to Nick Martinez, for being part of our 20 year adventure since the beginning! Be Happy!

Jeff & Tina Tate (707) 894-1072

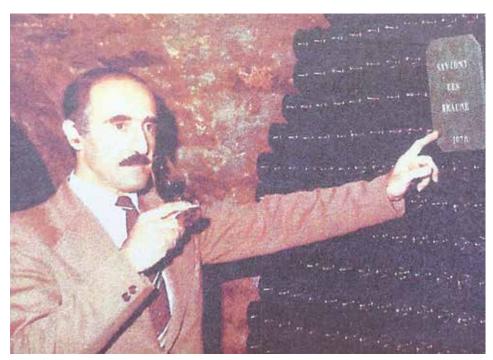
www.cloverdaleautomotive.com • 210 S Cloverdale Blvd., Cloverdale, CA





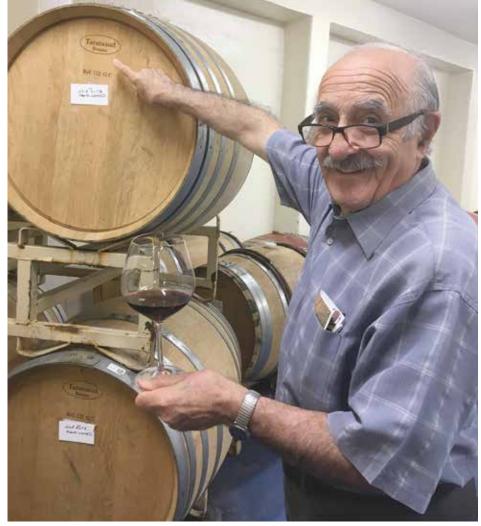
## Cloverdale Connection to Burgundy France - A Local Wine Story Andy Kotnik

My wife and I arrived in Cloverdale almost six years ago in September of 2016. We have truly enjoyed making Cloverdale our home and enjoy all the people we meet here. While walking around town not long ago, I made the acquaintance of Albert Tacvorian and his wife Andrea. We centered quickly on the topic of great wine and I discovered he was in Sales and a Wine Educator at Grand Cru Chateau, Clos de Vouget in France from the 1970's into the 1990's. Albert shared some photos of him and the beautiful wine caves in Burgundy. I wanted to share our Underground Winery and Cave so I offered to bring him to Fritz.



I brought Albert by a few days later and we immediately set about enlivening our palates in the Tasting room while enjoying the view of the Estate Vineyards. In return his historical knowledge and wine stories filled my ears and whisked me around France. We were moving on to taste some Fritz 2017 Pinot Noir when I suggested that we visit barrels in the cellar and cave. Upon our descent to the barrel room Albert's eyes immediately lit up. A French Oak Barrel from Beaune, France, caught Albert's eye, which is the town in which Albert lived while working at the Chateau. As Albert tasted the Pinot Noir he immediately remarked "It is like love in a glass"! It was truly a joy to spend time with Albert and see him relive his time in Wine Country Burgundy.

Albert's friendship, love of wine and willingness to share his abundant knowledge is just one example of why I love Cloverdale and I look forward to seeing you just to the south of town on Dutcher Creek Road at my other Cloverdale favorite place, the Fritz Underground Winery.









### Cooking With David David Maciel

Sponsored by Ray's Food Place

### **Chicken Pot Pie**

2 pounds cooked boneless, skinless chicken, shredded Salt

Freshly ground black pepper

- 4 TBS vegetable oil
- 4 TBS unsalted butter, at room temperature
- 4 TBS all-purpose flour
- 1/2 pound red-skinned potatoes, cut into 1/2-inch pieces
- 1/2 pound carrots, peeled and cut into 1/2-inch pieces
- 1 medium yellow onion, peeled and diced
- 2 garlic cloves, minced

Pinch cayenne (optional)

2 cups good-quality canned chicken broth

1-2 TBS heavy cream

1/2 cup shelled fresh peas or frozen peas

Approximately 1/2 pound frozen puff pastry, defrosted following package instructions

1 large egg

Melt the butter in a large, tall saucepan. Add flour and whisk to ensure there are no lumps before adding the chicken stock. Cook this mixture for 5-10 minutes over medium heat until thick, while continuously stirring.

Season with the salt, pepper, and cayenne (if using). Add the cream and stir to combine. Add the shredded chicken, potatoes, carrots, onion, and garlic to the sauce. Cook the vegetables in the sauce for two to three minutes. Transfer the filling into a clean bowl and chill in the fridge for one hour, or until cool.

Preheat the oven to 400°F / 200°C.

Roll out the puff pastry, place in a baking dish.

Carefully spoon in your chilled filling into dish.

Break the egg in a small dish and add a tablespoon of water or cream. Whisk with a fork and brush this egg wash on the edges of dish. Lay your pastry over the top, being careful not to stretch the pastry. Seal the edges of the pastry by lightly pushing it onto the rim of your dish to make sure it is secure. Brush the top and sides with more egg wash. Place on baking sheet and bake for 25-35 minutes. Bake until pastry is a nice golden brown. Let cool for five minutes before serving.





### New Business Ventures for Kristi Amann

Kristi Amann, owner of The Villas Assisted Living in Cloverdale, will be taking over Management of Clearwater Lodge on December 1st. She is hiring Lead CNAs or Experienced Caregivers for the following shifts: 6:30 am to 2:30 pm, 2:30 pm to 10:30 pm, 10:30 pm to 6:30 am. Email: clearwaterlodgecloverdale@gmail.com or text 925-918-1262 for more information.

Kristi's new business, Healthy Haven Wellness, a new wellness shop, is opening soon. It will be located at 116 E. First Street (old Savvy on the First). Healthy Haven Wellness will have a healthy coffee shop, juice bar, gluten free/vegan option grab and go items, wellness and cooking classes and a commercial kitchen. They are looking for the following: gluten free / vegan baker, Wellness Providers to teach classes and offer services, chefs that want to teach Cooking Classes, utilize their commercial kitchen or showcase their healthy organic products in their grab and go section. Email h2wellnessinfo@gmail.com or text 925-918-1262 for more information.

