

Artist: Joe Cotruvo



Local Resources

Events • People

Cloverdale Connect

Bringing our community together

November 2021



Editor's Note

I read an article recently by Pete Golis and he said "millions of Americans are choosing not to return to their old jobs" referring to the last 20 months. And it made me think about my own life in the last 20 months. Some changes I've been forced to make due to circumstances beyond my control and some changes I've made by choice. The pandemic has changed shopping habits, religious service attendance, service club participation, Holiday gatherings with friends and family and I have uncluttered spaces in my house that I have been putting off for years. How has your life changed? This Thanksgiving, I am thankful for change, thankful for rain, thankful for new babies in the family and thankful as always for friends. I hope everyone has a very special Thanksgiving Holiday, gathering with friends and family for an abundant meal and has a chance to go around the table and share what you're grateful for this year. And just as important, a heartfelt Veterans Day salute to my bonus son, Rico and my late father Bob. Thank you to all who have served.

I'll see you around town!

Dana



Cloverdale Connect's newest reader, Jameson Toews, is already enjoying the paper

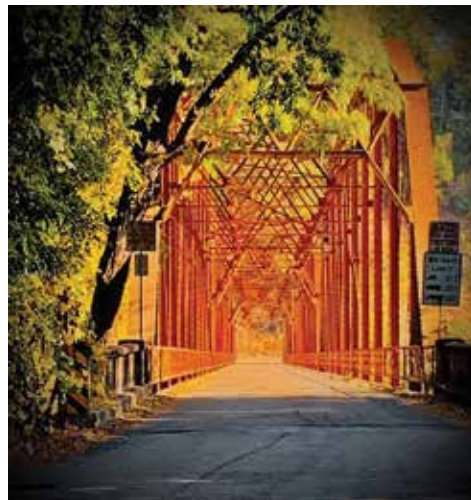
Front Page Photo Contest Winner

David Maciel

Congratulations!

He won a
\$10 Gift Card from

Zini's Diner



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*Look
Inside!*

Cloverdale Connect PO Box 404, Cloverdale, CA 95425

Cloverdale Walking Tour, Tribute to Mark Gandy,
All School Reunion, and more!

FOOD, WINE, GIFTS, LIVE MUSIC & GOOD CHEER!

2021
FRIDAY
DEC
3RD
4:30
TO 8:00

COOKIE DECORATING
IN THE PLAZA STARTING AT 4:30

SANTA ARRIVES
IN THE PLAZA AT 5:30

IT'S A WONDERFUL LIFE
A SPECIAL VIEWING AT THE CLOVER THEATER

Attention Artists – young and old! Design our annual Holiday Card that we send to our valued advertisers, columnists and business associates. The contest is open to everyone, every age.

To select the winning artist, we will look for artwork that creatively incorporates *Cloverdale Connect* into the artwork. All symbols and interpretations of the Holiday Season are welcome. Be sure to include your name, age, address, email and phone number.

Format is a 300dpi (very high-resolution) pdf, jpeg, or original drawing 3.5" x 5".

Use crayons, markers, paints, pastels – anything colorful.
Be creative and have fun creating your artwork.

Submit artwork to info@cloverdaleconnect.com or mail to P.O. Box 404 Cloverdale, CA 95425

Please note: We cannot return original artwork.

**Deadline is Friday November 19th.
Winner will receive a \$50 Giftcard from
Ray's Food Place**

The Human Virome

Gina Berry, MS, RD, CLT

Sponsored by

DAHLIA & SAGE
COMMUNITY MARKET

You may have heard about the microbiome – a collection of microorganisms such as bacteria that live in our intestinal tract (and weigh around 2 pounds!) But, most people have never heard of the virome! This is a group of trillions of beneficial viruses that we share our body with and your virome is as unique as your fingerprint. Scientists are just beginning to understand this essential human ecosystem. Many of these viruses have important jobs throughout the body. One function researchers have discovered is that some viruses in your virome actually regulate our microbiome and keep the bacteria in check so that bacteria don't override our bodies. Viruses also seem to play an important role in the regulation of our immune system, autoimmune diseases such as irritable bowel syndrome, and mental health.

One way we can ensure that we have a healthy virome is to foster a healthy microbiome since there is a symbiotic relationship between them. Eating plenty of fresh and colorful fruits and vegetables, especially locally grown produce, will help improve diversity of intestinal organisms. Also, be sure to eat foods that contain probiotics such as yogurt, kefir, kombucha, sauerkraut, kimchi, miso, or pickled vegetables.

Clowerdale Connect Published monthly, direct mail distribution 5813, and at participating merchants

Editor, Publisher, Advertising: Dana Johnson • **Graphic Designer, Comptroller:** Vickie Norris

707.322.3403 • info@cloverdaleconnect.com • adsales@cloverdaleconnect.com

production@cloverdaleconnect.com • billing@cloverdaleconnect.com • **CloverdaleConnect.com**

Spotlight on Our Cloverdale Youth

Dragon

Eleanor Kruger

Once upon a time
In a land far, far away
Where and when most decent stories start
Lives a dragon.

This dragon
Is bright red
Or royal purple
Or forest green
Or Caribbean blue.

This dragon
Is clever and sly
Or bold and proud
Or bookish and intelligent
Or cheerful and selfless.

This dragon
Is a nerd
Or a class clown
Or a theater kid
Or a shy introvert.
This dragon
Is tired
Of pretending to be normal.
Simple.
Plain.

And longs to break free.
To soar over the mountains
And skim over the oceans
And dive through the clouds.

Free to be
Bold

Or kind
Or purple
Or nerdy

And always
Unique.

Free to be
Itself.

You are the dragon.
Break free.



114 Lake Street | Cloverdale, CA 95425
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Happy Thanksgiving



571 MONACO CIRCLE | CLOVERDALE

Original Owner...Shows Pride of Ownership! Step into this tastefully updated and meticulously maintained home. All new kitchen with stainless steel appliances, Corian countertops, garbage disposal and under cabinet lighting. Also features central heat/air, ceiling fans throughout, hardwood floors downstairs and new carpet upstairs, updated bathrooms, newly painted, vaulted ceilings, dual paned windows, and newer hot water heater, heater, window coverings, low flow toilets in all 3 bathrooms and insulation. Beautiful mountain/hill view. Slab off back deck/platform has electrical ran for hot tub. Walking distance to schools and downtown Cloverdale.

TEDI SPAIN & MARIA KENNEY | 707.292.3060

\$684,950



213 ALBANY STREET | CLOVERDALE

This is the popular Windsor model that features two bedrooms, two full bathrooms, a breakfast area and a den. There is a spacious living room/dining room combo with a gas fireplace and slider out to a large covered patio. The 2-car garage has a bump out" area suitable for a large work bench. The front and back yards are fully landscaped with automatic sprinklers. The 55+ community features a club house with exercise room, craft rooms, meeting rooms, and a pool and spa. There are tennis, bocce and horse shoe courts as well as walking paths and miles of hiking trails accessible.

MICHAEL LAIRD & ELSIE RICHARDSON | 707.495.2045

\$619,000

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Welcome Jameson Timothy Toews



Fannie and David Toews are thrilled to announce the birth of their son, Jameson, on September 26th. Baby Jameson weighed 7 lbs. 14 oz. and was 20". Jameson was welcomed into the family by brother Jax and sister June.

Everyone is doing well and resting at home in Oregon. Fannie Toews is the daughter of Cloverdale Connect publisher, Dana Johnson.

The Cloverdale Lions Club

24th Annual Toy Run

Sunday, Dec. 5, 2021

9 - 11 am
Registration

12 - 1 pm
Pack Ride with
Santa Claus

1 - 2 pm
Lions Famous BBQ



Music
Ride Pins
(for the first 250)

Raffle Prizes
50/50 Raffle

Full No Host Bar
Silent Auction

\$10 ADMISSION + ONE NEW UNWRAPPED TOY

The Cloverdale Citrus Fair 1 Citrus Fair Dr., Cloverdale, CA

So rain or shine drive, walk or ride over for a great time and for a great cause!

LET'S HELP THE KIDS

We sincerely thank you for helping the kids in the community.

For additional information, please contact Lion Richard at (707) 280-6990 or Lion Jerry at (707) 696-1841
Facebook: CloverdaleLions CloverdaleLionsClub.com

Cloverdale Church Guide

Church of Christ
P.O. Box 462
Cloverdale, CA 95425
Phone: 707.894.8687

Jesus Christ Latter Day Saints
1011 S. Cloverdale Blvd.
Cloverdale, CA 95425
Phone: 707.894.2910

Cloverdale Seventh-Day Adventist Church
1085 S. Cloverdale Blvd.
Cloverdale, CA 95425
Phone: 707.391.2235



Good Shepherd Episcopal Church

Sunday Services At 10:00am
Coffee Hour Immediately Following
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gscclloverdale@gmail.com | 122 N. Main St, Cloverdale | (707) 891-6015

Grace Lutheran Church
890 N. Cloverdale Blvd.
Cloverdale, CA 95425
Phone: 707.894.2330

Jehovah's Witnesses
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Parkside Christian Chapel
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Phone: 707.894.2893

St. Peter's Catholic Church
491 S. Franklin St.
Cloverdale, CA 95425
Phone: 707.894.2535

The Bridge Foursquare
50 Commerce Lane Ste. C
Cloverdale, CA 95425
Phone: 707.894.5050

United Church of
Cloverdale
439 N. Cloverdale Blvd.
Cloverdale, CA 95425
Phone: 707.894.2039

Living Water Church
450 S. Franklin St.
Cloverdale, CA 95425
Phone: 707.894.3274

2nd annual
**Holiday
Craft
Fair** *Cloverdale
Citrus
Fair*

*join
us!*

**shop small
local creators
unique holiday gifts
hand crafted items**

*beer
wine
food*

**When: Nov 13, 2021
Time: 10am to 4pm
Where: exhibit hall
@fairgrounds**

Celebrating Fall



Residents of The Villas
recently created these
beautiful Fall pictures.
Paula, John and
Genie participated.

RETAIL STORE NOW OPEN!

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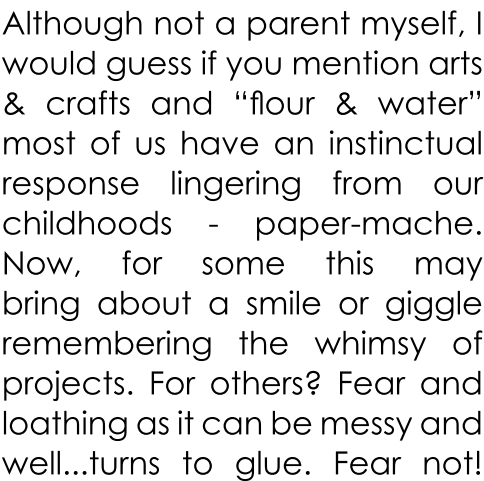
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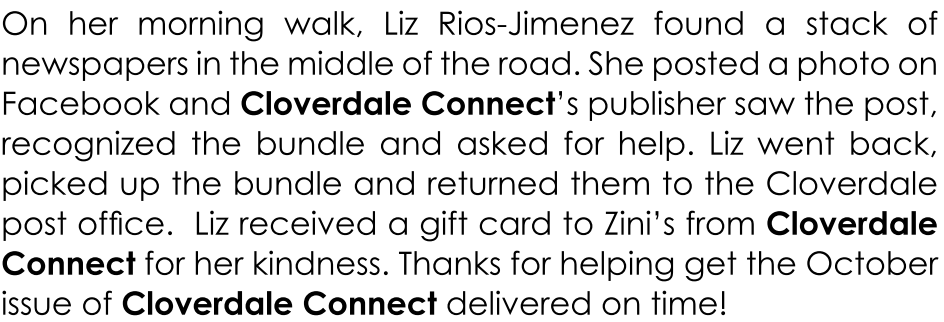
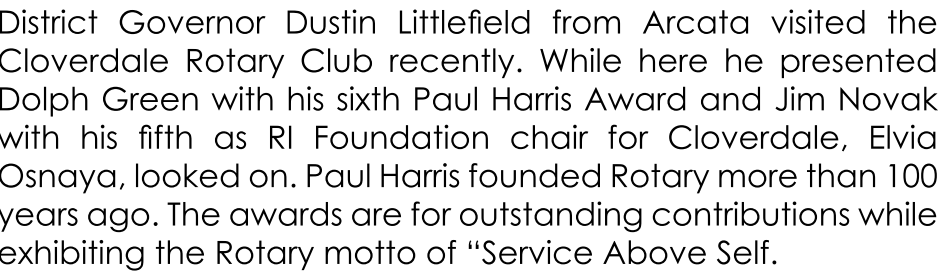
Nothing a well-placed plastic bag or tarp can't help with.
Why paper-mache?

With the whimsy of holidays starting to pop up around town, paper-mache is a great and cheap medium that can entertain young and old alike and with its reasonable price tag and use of leftover materials, the sting of throwing away once the holiday has passed is less sharp.

Paper-mache can use strips of old papers or honestly anything with an open texture (to absorb glue). It can also be done as a pulp (thank you blender!) and sculptures can be made and more texture achieved. Another winning element is once it has cured it can be painted, glittered or whatever makes you smile.

A recent project I have been working on that started with 2 pieces of posterboard from dollar general, a layer of plaster strips (I need this to last longer than the holidays) and a pulp layer of paper-mache was the perfect texture I wanted to achieve for my milk carton that is going to be a collection vessel for an upcoming pop up at Cloverdale Nursery, November 6th, 10a-1p to raise money for our local food pantry. Basic recipes for paper-mache: 1 part all-purpose flour, 2 parts water & salt is optional. Blend until smooth and then strips of paper can be dredged through or paper pulp can be added and mixed and voila!

Rotary Paul Harris Awards



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The Cloverdale Museum of History New Exhibits

A collection of over 100 Pomo Baskets is on display in the second-floor exhibit hall of the Museum's History Center. The exhibit is part of a private collection on loan to the museum from Silver Galleto, Vice Chair of the Cloverdale Rancheria. Workshops are planned. Exhibit display throughout 2022.

William "Pop" McCray and his wife Mary were the proprietors of the famed recreational resort "The Old Homestead" in Oat Valley at the north end of Cloverdale. They created a memorable experience on the Russian River for visitors from everywhere. Fabulous old photos and artifacts from the Museum's collection are on display. Curated by Museum member and art historian Jennifer Jordan.

"...It was 1946, during WWII, on the island of Guam, where four men happened to meet." Alex Rorabaugh, Ernie Reuser, Fred Gummerson and Swen Gummer went on to build The Builder's Lumber Company, securing Cloverdale's place in the history of lumber in Northern CA. Images from the book, "Builder's Lumber Company as told by Alex Rorabaugh are features of the exhibit.

Open Hours: Friday 11 - 2, Saturday 11 - 2, Sunday 11 - 3
215 N. Cloverdale Blvd, Information:
707.894.2067 office@cloverdalehistory.org

Cloverdale Lions Annual Christmas Tree Lot

The Cloverdale Lions Christmas Tree Lot, located on Cloverdale Blvd. on the hill in front of ACE Hardware will be open soon. The first load of Christmas trees will be here the middle of Thanksgiving week and sales will start the Friday after Thanksgiving Day. Open every day from 3pm to 8pm. Hurry in as they sell out quickly! Support the Cloverdale Lions who support our Cloverdale community.



The Mystery of the Metal Bits

Recently Ben Brockman saw all these metal pieces strewn about the intersection. He called the police and they said they would send someone out when they get a chance. Ben had about 15 minutes before he had to head to work so he went down there and got to work. The box weighed at least 15-20 pounds. There are hundreds of them. If anyone knows what they are can you let us know? If anyone wants them for whatever reason send a message to info@cloverdaleconnect.com and we'll get the message to Ben.



Facts From The Past Kay Wells

Right next door to the History Museum, on the north side, stands the 2nd oldest commercial building in Cloverdale. This simple false front structure was built in 1875, and housed the Shaw Mercantile, then the post office until 1879.

It then became home to the Cloverdale Reveille, the longest continuous newspaper in operation, longer than any other newspaper in California. Throughout the years it has housed two jewelry stores, several restaurants, Photographix and Low Knob Press. The building is listed on the National Register of Historic Places. Now the occupant is Bolt Fabric and Home, with its wonderful variety of seasonal items and fabrics to tempt those who sew and quilt.

This information is from the Museum's new Walking Tour Brochure, "5000 Steps to Times Gone By", available at the Museum. Put on your walking shoes and spend several hours learning about the history of our town through its historic buildings.

Happy Thanksgiving

We thank you for the opportunity to work together and for making us feel at home in our community.

Alvin L. Myers
Financial Advisor
231 North Cloverdale Blvd
Cloverdale, CA 95425
707-331-2267
alvin.myers@edwardjones.com

edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Whisker Talk

Brigid Wasson, First Street Pets

***“Helping pet lovers live
their best life”***

Dogs love to run and to play with others. This can be a challenge for dog owners who live in homes with little or no secure outdoor space. While I'm out walking, I often see folks running their dogs in parks not meant for this purpose. I avoid trouble by walking far away from the loose dogs, but this could become a problem for others with fearful or reactive dogs, not to mention a traffic hazard.

Cloverdale residents have long wanted a dog park, and there is a current initiative moving in that direction. The process is not a simple one, involving land use, neighborhood impacts, development, insurance, and more. It's not just a matter of fencing off an area and turning dogs loose. If the creation of a dog park in Cloverdale is important to you, check out the Facebook page Cloverdale Dream Community Dog Park. There you can keep abreast of activities including strategy meetings at Clover Dog and City Council meetings when the matter is on the agenda.



A Cloverdale Connect Subscription Makes a Great Gift!

Have family or friends who live outside of the Cloverdale Connect FREE delivery area? Gift them the gift of a Cloverdale Connect subscription this year. They'll receive a printed copy of every monthly issue, mailed directly to their address. Just \$30 per year – info@cloverdaleconnect.com

Fitness At The Grange

Cloverdale community fitness instructor, Gris Alonso Soto, is teaching at the Cloverdale Grange four days a week.

Gris scales the workout up or down to fit all abilities and fitness levels with fitness classes accessible to all.

Low cost of \$5 per class

Schedule for Cloverdale Grange Hall all **7:30pm - 8:30pm**:

Monday and Wednesday ZUMBA

Tuesdays and Thursday's Boot Camp

Holiday Craft Fair

weather pending

**SATURDAY, NOVEMBER 20, 2021
10 AM TO 3 PM**

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Handmade crafts and fun gift items

This is always a fun community event

**Outdoors, Masks Required,
COVID Precautions in Place**

Hosted by Our Cloverdale Senior Multipurpose
Center Parking Lot at
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Cloverdale, CA. 95425
Street Parking



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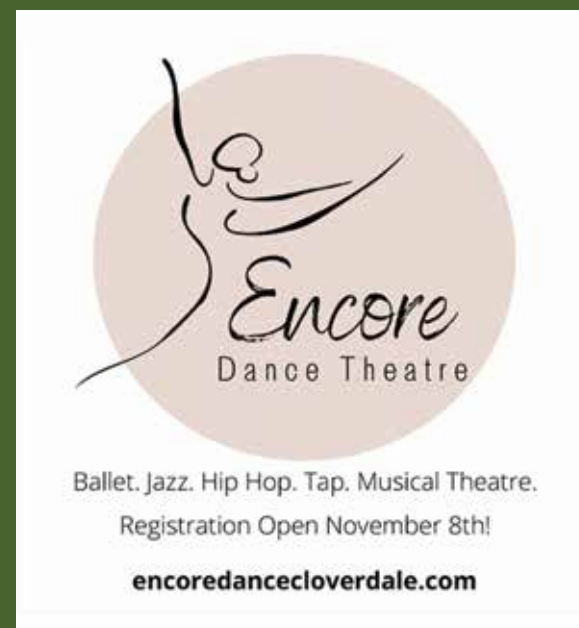
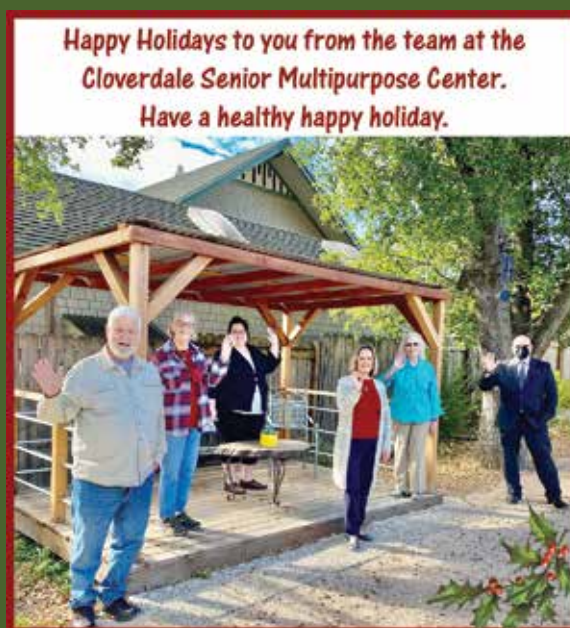
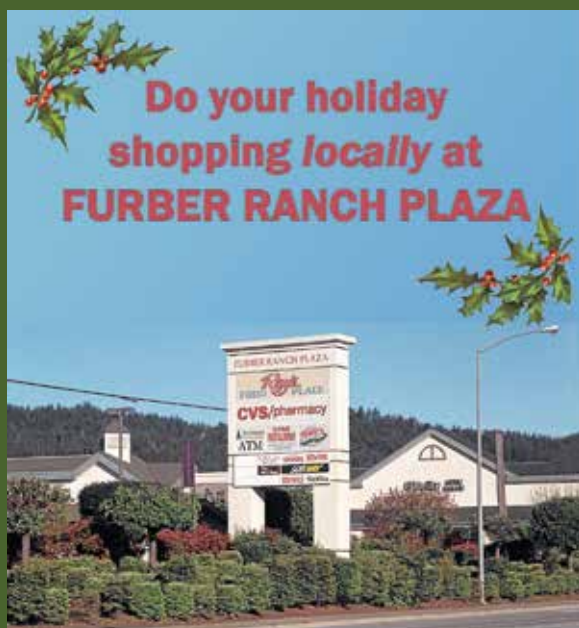


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The best way to avoid premature failure of a vehicle's automatic transmission involves a complete fluid change (including flushing, filter change, cleaning the transmission pan, and installing a new pan gasket) at manufacturer-recommended intervals. This thorough fluid-changing procedure also allows the auto technician to carefully inspect the transmission pan for metal debris. While all transmissions have some degree of metal in the transmission fluid (which is collected by an internal magnet to keep it away from moving parts), excessive metal may indicate a serious problem. If so, the sooner the problem is diagnosed, the better. Otherwise, regular fluid/filter/gasket changes help preserve the good working order of this essential component and guard against leaks.

And while we're talking about flushes, don't forget about cooling system, brake fluid and fuel injection flushes! A little preventative maintenance now can save you some big headaches later on.

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Robert E. "Bob" Mills, Jr.

Long time Cloverdale resident, Robert E. "Bob" Mills, Jr., age 82, passed away, surrounded by his family on Saturday, September 26th. He was preceded in death by his parents and his brother, Lee Mills, all of Fort Bragg.

He leaves behind his wife, Edna, his love for over 61 years, his children (including one bonus), Robert Mills, Michael Mills, Kelley Spain, Rebecca Mills, Daniel Mills, and Shanna Knight, his grandkids and his little old blind dog, Browne. Dad had 5 Kids, 12 grandkids and 16 great grandkids, and lots of nieces and nephews, and he loved every one of us. We are missing him!



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ALWAYS FREE

Cloverdale Connect provides our readers with local news each month at no cost, supported by our local businesses, including FREE home delivery. We will NEVER ask you for a donation. *Cloverdale Connect* keeps local journalism alive for FREE.



Beginning Rock Painting Class

Location: Cloverdale Senior Center, 311 N Main St, Cloverdale, CA 95425

Time/Date: 10:00 - 12:30 Monday, November 15, 2021*
and 1:30 - 4:00 Friday, December 3, 2021*

*Subject to change/cancellation depending on changing state and county covid mandates.

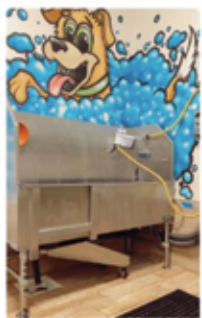
Cost: \$10 senior center members/\$13 community members

Classes taught by: Cloverdale Rocks & Fairies



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BUT YOU CAN
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IMPORTANT PHONE NUMBERS

707 Area Code unless otherwise noted.

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Emergency Resources

Alexander Valley Healthcare894.4229
Animal Hospital of Cloverdale894.3951
California Highway Patrol576.2175
Cloverdale Ambulance894.5862
Cloverdale Fire Department894.3545
Cloverdale Police Department894.2150
Healdsburg District Hospital431.6500
Sonoma County Sheriff565.2511

Schools

Cloverdale Unified School District894.1920
Cloverdale High School894.1900
Jefferson Elementary School894.1930
Washington Middle School894.1940
JEH Continuation School894.1925

Utility Resources

Comcast894.7848
Dish Network894.7848
PG&E800.743.5000
Recology (Garbage)800.246.0291

Transportation Resources

Cloverdale LOCAL Bus800.345.7433
Sonoma County Transit / Bus576.7433
Sonoma County Airport Express837.8700

City Resources

Chamber of Commerce894.4470
Cloverdale Citrus Fair894.3992
Cloverdale City Hall894.2521
Cloverdale Post Office894.4607
Cloverdale Public Library894.5271
Cloverdale Water/Sewer894.1700



Jane and Ron Pavelka
Jane: 707.480.1268
Ron: 707.480.5424
rpavelka@pavelkas.com
www.pavelkas.com



Cloverdale Connect
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info@cloverdaleconnect.com
www.cloverdaleconnect.com
707.322.3403

Important Phone Numbers

Keep important Cloverdale phone numbers at your fingertips by displaying this FREE magnet in your home or business. This valuable gift is provided FREE to the community by Jane & Ron Pavelka and *Cloverdale Connect*. Supplies are limited so request your magnet right away – info@cloverdaleconnect.com or 707.322.3403.



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Harold Allen Mires

A celebration of life with military honors was held on Saturday Oct. 16, 2021 at 1:00pm at the Veterans Building. Harold was a Navy military veteran, a trucker and a hunter and fisherman and a great life partner to Cherna. He enjoyed building soda can airplanes and enjoyed dancing and being with people. He also belonged to the Flying Club and the American Legion. He loved going to Zini's. Harold is survived by his lifetime partner of 26 years, Cherna Alliston. He is also survived by his three adult children - Mike Mires, Carolyn Paulson and Ron Mires and also survived by Cheryl Yeazell and two grandchildren, Brittany & Brandon.



**Law Offices of
James F. DeMartini**
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Paula S. Hall, Esq.
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My Recent Cruise to Alaska on the Majestic Princess

Craig Clark

The Majestic features several attractions that no other vessel in the Princess fleet has. There's an array of dining options including the specialty restaurants – Harmony, featuring upscale classic Cantonese dishes and Bistro Sur La Mer—with menus crafted by Michelin-star chefs. There is also the Chopsticks Noodle Bar, Lobster Grill, Crown Grill, International Café, Alfredo's Pizzeria, the buffet now called the World Fresh Marketplace, Bakery, the 2 main dining rooms, tea and juice bars, lounges and open deck bars and room service. I purchased the beverage package so I could enjoy the lounge and bar offerings and order champagne with dinner without concern for a bill at the end of the cruise.

The Majestic Princess has one of the largest retail spaces of any ship. Designer brand from Cartier, BVLGARI and Chopard, as well as luxury watches from OMEGA, Blancpain and Gucci. Plus, Swarovski, Chanel, Estée Lauder, Clinique, Lancôme and Calvin Klein, in addition to standard items like shirts, jackets, souvenirs, and stuffed animals.

Up on deck 17 is an indoor garden at sea, the Conservatory that features an indoor pool and bar, as well as a solarium-style lounge that wraps around the front of the ship. It's lined with floor-to-ceiling glass windows, making it prime real estate for glacier viewing on an Alaska cruise.

On Deck 16 the Sea Walk is an over the ocean glass walkway that curves out 28 ft. beyond the edge of the ship. There was also the lighted fountain show in the evening choreographed to music. Everywhere I went on this ship the staff was professional and very courteous. I liked this ship so much that I am returning in March for a 7 day Mexico Riviera cruise.

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Cannabis as Medicine – Then and Now - Daniel Frankston

Did you know that pharmaceuticals like Eli Lilly, Park-Davis (now Pfizer) and Squibb were the largest cultivators and retailers of cannabis in the early 1900s? Prior to prohibition, cannabis was prescribed for a variety of ailments such as epilepsy, migraines, sleeplessness, to compose nervous disquietude, and to relieve pain.

Fast forward almost 100 years where a wellness movement emerged extolling the medicinal value of the now 'illegal' cannabis to help alleviate sleeplessness, nausea, anxiety and chronic pain. The growers and farmers determined to

provide help to patients were met with fierce opposition by pharmaceuticals and moneyed-interests who saw no profits in an easily grown 'weed.'

The legalization of medical cannabis in more than 35 states has turned the tables once again. Today, people are using topical salves to treat arthritis and localized pain, gummies and edibles to assist with sleep disorders, and vape cartridges to combat anxiety and depression. With a vast array of helpful benefits, it's easy to understand why cannabis has become one of the most useful medicines of the 21st century.

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Shelby Forman

Shelby Forman, at a young age of 31, passed away on Oct. 22nd in the high desert near Death Valley doing what he loved to do: exploring old mines and driving his jeep in open terrain and on old dusty roads.

A longtime Cloverdale resident, Shelby touched the lives of many people during his short time with us. Shelby is survived by his parents, Bob and Trisha Forman, and his sister Chelsea Forman. A celebration of Shelby's life will be held November 29th from 1pm - 3pm at the Citrus Fair Tea Room. Please collect a rock, plant a tree, or take a hike in memory of Shelby.

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Pavelka's Puns

I've always wondered if song birds get upset with hummingbirds for not knowing the words.

October Cloverdale Weather Recap

Average High Temperature 73°F

Average Low Temperature 47°

Total Rainfall 9.25 inches

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Cloverdale Kiwanis Club Dolly Parton's Imagination Library

Every child will have books of their very own, at no cost to you, thanks to the Kiwanis Club of Cloverdale and Dolly Parton. Each month a new, carefully selected book will be mailed in your child's name directly to your home.

Dolly Parton's Imagination Library is a free gift to your child. All you have to do is read often to inspire a lifelong love of reading. Eligibility: children under the age of 5 in Cloverdale, be a resident of Cloverdale, submit an official registration form, notify the Kiwanis Club of Cloverdale any time your address changes, read with your child and have fun!

Please contact the Kiwanis Club of Cloverdale: P.O. Box 367 Cloverdale CA or Julie Carter, Cloverdale Kiwanis Literacy Chair, julie@juliecarter.org, 707-548-9706.

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2022 Cloverdale All School Reunion

The Cloverdale All School Reunion will be held on June 26, 2022 so mark your calendar now and don't miss it. This great event will be held at the Citrus Fair Exhibit Hall.

Anyone that has attended any Cloverdale school in any class from the 1930's to 2021 is welcome. All school employees are welcome too. Be sure to bring your family and friends.

Other entertainment for the weekend includes private parties, Friday Night Live Music and a Golf Tournament on Saturday morning in Healdsburg. More details will be available soon.

Please email Cloverdalereunion@hotmail.com or message Cindy Price on Facebook if you have questions.

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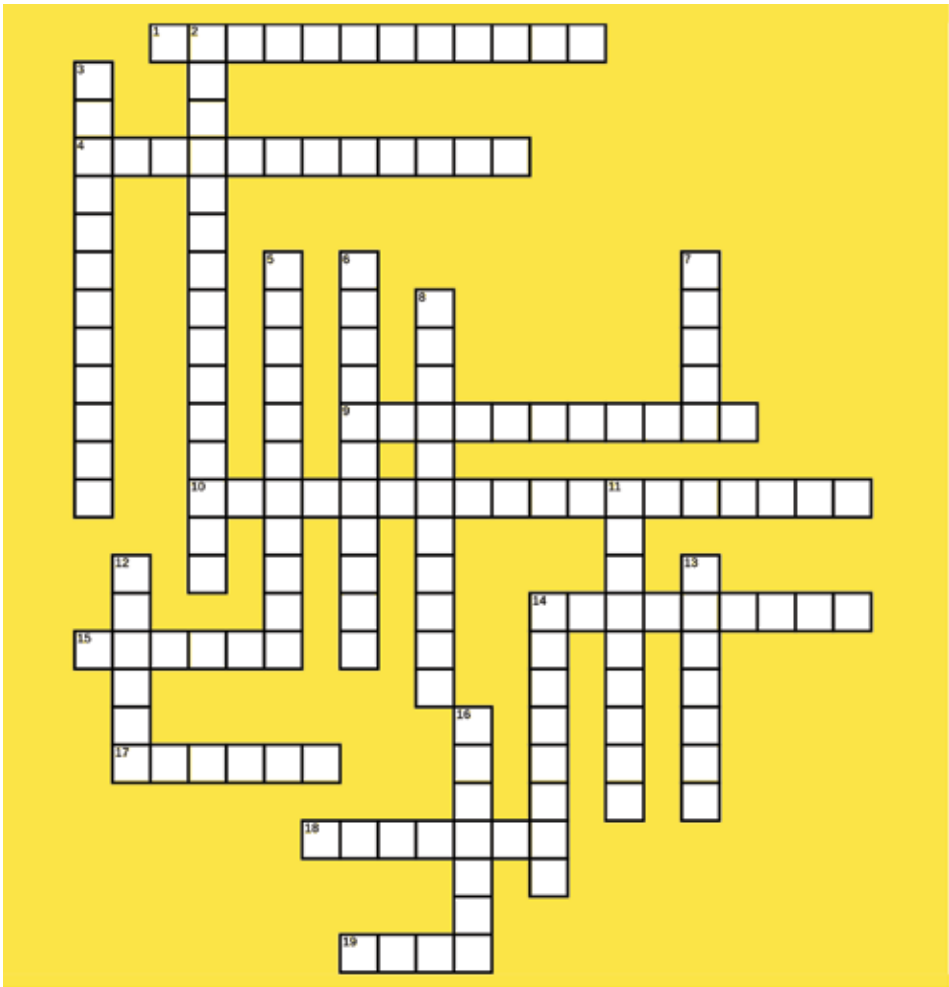
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1 November holiday	2 December purchases
4 Cloverdale public works utility manager	3 Cloverdale's certified Arborist
9 Cloverdale photographer	5 Virus protection
10 Kiwanis & Dolly Parton free book program	6 San Francisco NFL team
14 Four syllable city near us	7 Oops, my fault
15 Fall	8 November Day of Honor
17 Local Cloverdale team	11 Hosts of annual Christmas Tree lot
18 Bringing in the grapes	12 Vacation at sea
19 What we need a lot more of	13 Former Oakland NFL team
	14 SF Major League Baseball Team

Kiwanis Christmas Wish Program

This year the Kiwanis Club of Cloverdale will be doing the Christmas Wish Program. We will be putting trees around town with the children's wishes on the trees for you to pick up along with instructions. This program is for families in need to help with Christmas gifts for their children. Monetary donations can be made by sending a check to: Christmas Wish Program 217 N. Cloverdale Blvd. Cloverdale, CA 95425.

The trees will be located at:

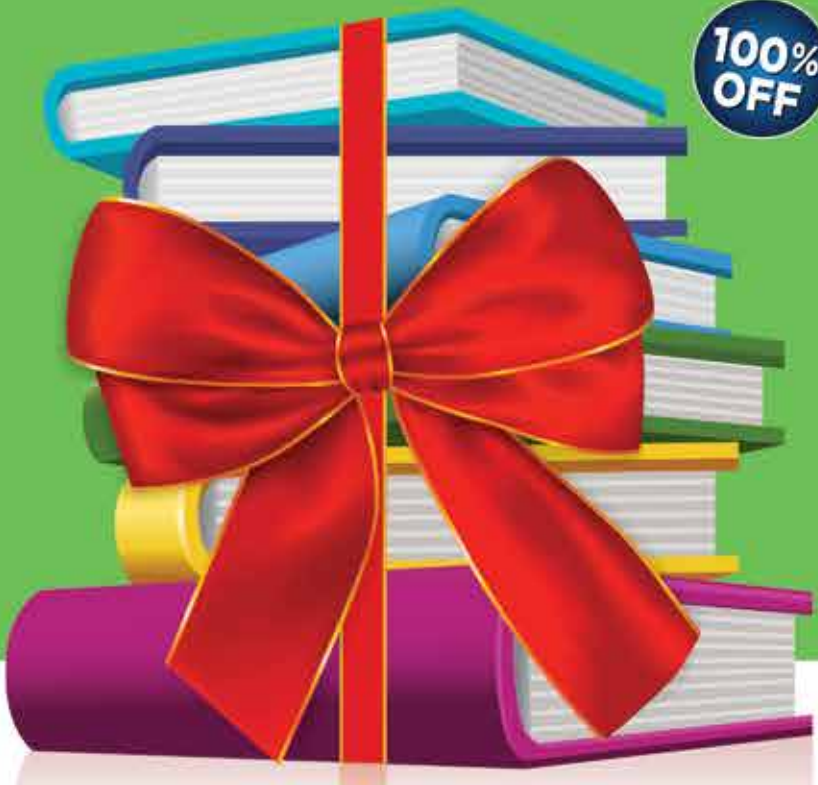
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Tribute to Mark Grandy

Melanie Hall



During a recent interview, when asked: “Who were the greatest influences on your life and why?”, Mark Grandy replied: “My parents, without whom I would not exist, and Japanese imperialism of the 1930s & 1940s, without which my life would have been very different. I’ve come to view my life as an accidental one, responding to circumstances and opportunities that have come my way, and somehow managing to survive. I’ve had some incredible experiences, and some wonderful friends. As with most people, there have been heart-rending difficult experiences, too. If I have a “Superpower”, it is that I most clearly remember those positive and happy experiences of my life.”

Mark’s favorite accomplishments were finding and marrying his wife and having his daughter. When Mark was going to Cal Berkeley, he got a job in a donut shop and that is how he met his wife and best friend.

When I asked Mark what five words he thought described him best he hesitated long enough for my friend Anna and me to describe him. Our words for him are compassionate, giving, loving, kind and unselfish. With tears in his eyes, Mark responded that he turned out to be the person he is because of his parents.

It was Mark Grandy who arranged for a cool ride with the Cloverdale Police Department for 101-year-old Ann Gillis and a ride with the Cloverdale Fire Department for 100-year-old Erma Burden. He was responsible for the happy birthday message to both of these young women on the Citrus Fair marquee and made sure that both Ann and Erma had a special birthday cake. He is the person responsible for spearheading the City Council to issue a proclamation for Ann Gillis on her 100th birthday and presented it to her.

Mark finished my interview with these words; “I HAVE given a lot of thought to my life in recent years. Robert Burns’s poem (“To a Mouse”) comes to mind: “The best-laid schemes o’ mice an’ men gang aft a-gley [go often astray].” Mark passed peacefully October 19.

Cloverdale Craft Show

Saturday November 6th

9am - 4pm

Cloverdale Veteran's Bldg

205 West First Street

The Holidays are Coming!!

Vendors from Sonoma & Mendocino counties will have plenty of handmade items for you

Members of Theta Zeta will be offering a light lunch & desserts

There will be a raffle of beautiful gift baskets, put together by the craft show committee



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Cloverdale Rotary Hosts Pedal For Protein



Fighting hunger is a global goal for humanity. The Rotary Club of Cloverdale hosted Pedal for Protein which is a group ride sponsored by the Presbytery of the Redwoods' Hunger Task Force based in Napa, California. Cloverdale Connect publisher and editor, Dana Johnson, serves on the Hunger Task Force. All funds raised are donated to Northern California Food Banks for local food pantries and one international hunger relief project.

The riders stayed in Rotarian homes and a hosted breakfast was at the Vets Hall before they continued on their journey. The group focuses on protein for the undernourished as that's generally the most expensive part of any diet. A portion of the funds raised goes to Redwood Empire Food Bank which in turn supports the Cloverdale Food Pantry. Overnight Rotarian hosts included James Novak, Russ Klein and Mark Thayer. Leading the cooking team was Jim DeMartini assisted by Frank and Karen Crivello, Bob Cox, and Russ Klein.



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New Kiwanis of Cloverdale Leadership



It's going to be a good year with the new dynamic duo-Gene Lile and Dennis Stead at the helm as co-presidents.

Recommendations for Attending Public Events Robert Bauer

When coming to an event that requires proof of vaccination, like the Cloverdale Performing Arts Center, there are several ways to accomplish this:

- 1) Keep a paper copy of your vaccine record in your purse or wallet to present to our staff at the door.
- 2) You can go to California's Covid 19 Vaccine Record website, register, and create a pin. Then, when entering the theater you can bring up your record from the website. Alternatively, you can download, or take a screen shot of your record, and save it in your photo gallery and easily pull it up when entering the theater.
- 3) Simply take a photo of your record, and save it to your photo gallery.

Any of these methods will give you access to our wonderful world of entertainment.

Rotary Welcomes New Member



Rotary Club of Cloverdale Membership Chair Ann M. Elston welcomes Peter McAweeney as the newest member while club President James Novak looks on.

Creative Notions Is OPEN!

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Cloverdale Library News

Donna Romeo

Science Flix



ScienceFlix™ is an online resource that focuses on science for students spanning grades 4-10. This resource has more than 20,000 science-related videos and articles that cover six areas, including earth science, space science, life science, health and the human body, physical science, and technology and engineering.

MakeMake



A digital library with 200 Spanish language eBooks for children. Discover exciting animated and interactive books, all in Spanish! MakeMake also includes resources for parents and educators, to help develop Spanish language literacy in children from birth through elementary school. With an interface entirely in Spanish and developed in Colombia, the MakeMake collection is simple to access and use.

Teen Resource Center



Engaging, easy-to-access topics grouped into the three broad areas of health, financial literacy and personal growth. Includes access to over 35 eBook titles specifically for teens and links to support groups, hotlines and more, plus a searchable database of frequently asked questions complete with helpful, relevant answers.

These are new electronic resources at the library! Come in and learn more about them. We are open Mondays and Tuesdays from 12-7 and Wednesdays through Saturdays 10-5 or call us at 707 894-5271 and speak to one of our friendly staff members.

Fundraiser for Cloverdale Food Pantry



Don't miss the fundraiser for the Cloverdale Food Pantry Saturday Nov. 6, 10am-1pm at Cloverdale Nursery, hosted by Jude & Christy Anne Latchford on behalf of Good Shepherd Church and Cloverdale Community Church. Jude's knitted hats for just \$5 each - 100% of the purchase price will go to the Food Pantry.

Sponsor a hat for \$5 and donate the hat to Wallace House for those in need. Christy Anne is raffling a new set of the first 5 books by award winning Canadian author Louise Penny (who is the inspiration for the new addition of the grown-up free library on Muscat). Raffle tickets are \$5.00. Debbie Ward, who works at Bolt Fabrics, donated a quilt that she made for a raffle. A 5" x 7" official signed photo of Giants Buster Posey is in the raffle. All raffle proceeds will be donated to the Food Pantry. Cash donations are welcome and baked goods will be sold. All funds will be collected in a container created by local artist Christy Anne.



Photos from the Heart

Michele Armanino

When photographer Yvette Wendt snaps a client's photo, you won't hear "cheese!" "I'm just naturally personable and love getting people to laugh and smile," she said. Her interactive and candid photography style produces photos that reflect natural, spontaneous expressions.

Yvette, a thirty year Cloverdalian, began her love of photography when she was in high school. "I always had a camera in my hand," she said laughing. "In fact, when we had our ten year high school reunion, I was the one who supplied most of the pictures for the slide show. Photography is a gift that lasts forever," Yvette remarked. "Photos capture a moment in time, like when a baby first sits up, or a toddler takes their first steps." Clients have complimented Wendt on how comfortable she makes their families feel during a shoot, especially their teenagers, who are sometimes reluctant to have their pictures professionally taken.

Wendt, a self-taught photographer, specializes in utilizing soft, natural light, shooting many of her photos outdoors an hour and a half before sunset which results in a beautiful exposure. Yvette's one-room studio is located at 118 E. First Street, but her favorite locations for photo shoots are outdoor areas around West Dry Creek Road, Hopland and the white stairs leading up to Francis Ford Coppola's Restaurant are always a favorite.

The majority of Wendt's photography includes children, newborns, where Yvette says she gets her baby fix, maternity, senior graduations, family photos, where she delights in watching the family grow through the years, weddings and commercial events.

During shelter-in-place, Yvette decided to devote a week to porch pictures, (photos of people on their porches taken through a long distance lens) and donate the money to the Cloverdale Senior Center and Cloverdale Food Bank. Three and a half weeks and one-hundred and twelve sessions later, she raised \$7,600. In addition, her grand opening raffle on September 9, raised \$2,600 for Cloverdale High school's photography class and Prom Night.

"My job is so fulfilling," Yvette said. Her generous contributions will help provide a decorated venue and D.J. for Prom Night.

Cloverdale Kiwanis Provides FREE Baby Diapers

Need diapers and live in Cloverdale or Geyserville? Contact Carolyn at 707-510-1517 and the Cloverdale Kiwanis Club will provide them for you FREE of charge.

Cloverdale Wrestling Club SignUps

On Dec. 6, 2021, the Cloverdale Wrestling Club will hold club signups for ages 5-7 and ages 8-11 (K-6th). The season runs Jan. 10, 2022 through March.

There are still many big details to work out (facility use, Covid guidelines etc.) so email cloverdalewrestlingclub@gmail.com if you are interested or call (707) 893-7477

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Home Selling Staging Tips for the Holidays

Anne Miserlian Baker

There is a lot of work that goes into selling a home. Inspecting, painting, cleaning, decluttering, depersonalizing, repairing, simple updating and staging are at the top of the list. After days, weeks, and oftentimes months of preparation, the home is ready to show.

What if the home is finally ready to be sold between November and December, the heart of the holiday season? Should all of the holiday decorations be showcased this year? Perhaps not all.

The same rules apply to holiday staging. Keep things neat, clean, decluttered and depersonalized. Likewise, keep the themes simple and color schemes neutral. The goal is for the buyer to see their own items in place of yours.

Curb appeal is still extremely important. Do your blow up props flatten into lifeless piles when the air is turned off during the day? Will the buyer question the fastenings for strings of lights attached to the house? Perhaps, these are better left in the box until next year. Instead, consider simple porch decorations and a tasteful wreath for the entry door.

Holiday decorations inside your home should be minimal. Personalized ornaments and decorations should not come out this year. Instead, create a cozy ambiance with neutral throw blankets for your furniture and small arrangements on tables and mantles. Also note, the base of a large Christmas tree can make a room feel small. Instead, consider purchasing a small to medium potted tree this year.

On a practical note, we need rain and hopefully will see a wet Winter. That means people will be coming into your home with wet coats, shoes, umbrellas and the like. Have a rug, coat rack and umbrella stand ready. Provide chairs for the easy removal and replacement of shoes and shoe covers if acceptable. These simple additions will help the buyer decompress and become ready to look at your home.

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Bruce Bergman



Our family would like to announce the passing of Bruce Bergman on October 24th, 2021. We lost him after a short battle with health issues that arose as a result of numerous falls. Bruce was born in San Francisco on March 5th, 1937. Bruce moved to Cloverdale in 1969 where he served as a teacher, coach and Dean of Students at Cloverdale High until 1996. Bruce is survived by his wife Andrea; daughter Dana Hurt (Steve) and their children Brett and Amy Jo; son Craig (Patrice) and their children Brian, Lindsay and Gavin. At Bruce’s request there will be no formal services.

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Welcome Dr. Cary Wheeler D.O. New Chief Medical Officer at AVH

Anne Hilow

Dr. Cary Wheeler, D.O. recently accepted the Chief Medical Officer (CMO) position at Alexander Valley Healthcare. Born and raised in Redondo Beach, she and her family live in Ukiah.

Why did you become a physician?

While obtaining my Sociology degree, with a minor in Spanish, at Chapman University, I studied abroad in Central and South America. It was there I witnessed extreme poverty as well as a dire need for healthcare. Deeply affected by the experience, I chose medicine to help those in need with a special interest in providing quality medical care to people with limited access. After matriculating through Touro University College of Osteopathic Medicine, I completed my Family Medicine Residency at Kingman (AZ) Regional Medical Center. I'm board certified in Family Medicine, Osteopathic Manipulative Treatment, Addiction Medicine and certified in integrative holistic medicine.

As a D.O. or Doctor of Osteopathic Medicine, you underwent additional training than allopathic doctors (MDs)?

An osteopathic physician has the same training as an allopathic doctor (MD) with the addition of training in a type of musculoskeletal therapy known as osteopathic manipulation. Osteopathic medicine takes a more 'whole body' approach to diagnosis and treatment. Osteopathic manipulation can be used to treat many conditions like musculoskeletal pain, headaches, joint pain and, recurrent ear infections in children and much more.

Why a CMO?

I've been with AVH a long time and have a vision of how we could improve patient care. With the new Health and Wellness Center on the AVH roadmap, we'll be growing and will need a solid foundation in place.

What about COVID-19?

The only way we're going to stop this pandemic sooner is by getting vaccinated. I encourage everyone to get their flu and COVID-19 vaccinations. If you don't do it for yourself, then do it for your elderly grandmother, next door neighbor or your kids.



What's your favorite hobby?

I recently started woodworking. My first project was a loft bed for an exchange student we hosted. I have also made a desk and dining room table. Currently I am learning about Japanese joinery. Japanese tools are more elegant and don't require as much force.

You're also a mother?

I have three daughters ages 9, 12 and 18. My oldest daughter was two years old when I began medical school, my second was born during my fourth year and the third during my third year of residency.

Dr. Wheeler and the other providers at AVH are accepting new patients and all insurances. For more information including schedules for COVID-19 and flu vaccinations, please contact Alexander Valley Healthcare at: 707-894-4229 or AlexanderValleyHealthcare.org.



Harvest 4H

Harvest 4H is open to kids 5-19 years old. They meet the 2nd Monday of the month at the Scout Hut at City Park at 6:30pm, and have project groups for Arts & Crafts, Creative Writing, Food Preservation, Gardening, and Rabbits. Email Harvest.4H@yahoo.com for more info.

City Employees – City Treasures

Eleanor Gomez

My husband and I attended our first "Coffee With The Mayor" last month at the Cloverdale Senior Center where I learned about two city employees, Craig Johnson, and Hector Galvan, who ought to be considered city treasures. Craig is a Public Works Utility Worker, overseeing the care and maintenance of all the public buildings in Cloverdale. He is virtually a walking encyclopedia of knowledge about Cloverdale's infrastructure and how it works. On the day of the event, Craig was celebrating his thirty (30) year anniversary with the City of Cloverdale. Incredible!

Hector is equally impressive. He is in charge of our parks and is responsible for keeping them safe and alive for everyone's use during an unprecedented drought. To conserve water, the sprinklers have been turned off and he has reverted to the old school and time-consuming method of using a water cart filled with reclaimed water to water the grass. Talk about dedication! Hector is a certified Arborist, responsible for the health of our city's trees. Ask him anything you want to know about trees, and he will gladly have an answer for you.

I was deeply struck by their collective passion, commitment and work ethic as I listened to each of them speak that day. As a new resident of Cloverdale, I want to publicly thank Craig Johnson and Hector Galvan for all that they do for the residents of Cloverdale. You are both an inspiration!



CYNTHIA'S DOG GROOMING

Presents:

Duke

Dog of the
Month



Special Needs Kids and the Holidays

Swathi Chettipally

Being a mom of three kids, holidays were always challenging to me. Having a special needs daughter (autism) and two typical boys was not easy while their dad had a job which wouldn't let him take off during the holidays. Many times, I felt like a single mom even though my husband is a very caring and involved dad to my kids.

I wouldn't invite anyone home nor would I go anywhere if invited. My middle child who was very outgoing and always active wanted to do something fun during holidays. He would ask me, "what fun things are we doing?" and "where are we going?" at least a month in advance.

It was just us four (my three kids and myself) during holidays until recently. I would make sure that my kids were entertained by driving them around, cooking their favorite food, doing fun stuff and somehow I managed to get through the holidays.

Now that my kids have grown up, both sons moved out and my husband retired from his job as an ER physician, it's us both with our daughter Siri.

Siri loves to learn new skills and this is what she made last week for the first time. Coasters for the holidays!

Being a mom is a gift which keeps on giving no matter how old the kids get.



Cloverdale Eaglets loved the firemen and were a little scared of the alarm.



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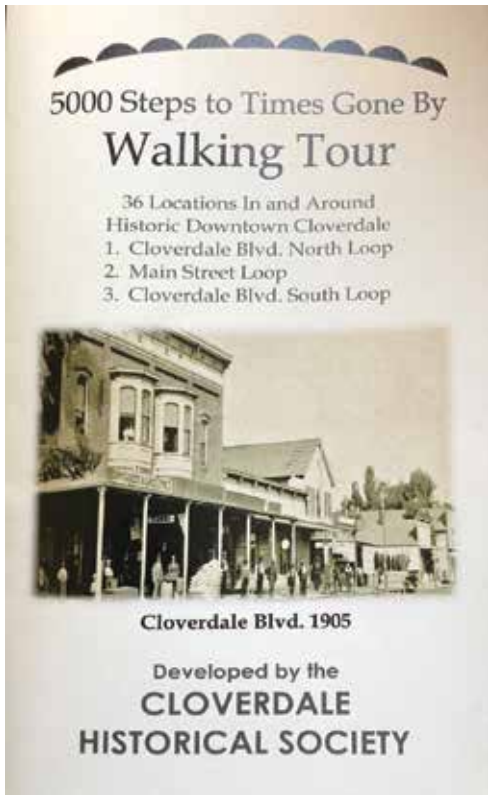


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Cloverdale Historical Society Walking Tour

Lynette K. Chandler



How many steps would you take to learn about the historical homes and other buildings in downtown Cloverdale? The Cloverdale Historical Society has developed a walking tour brochure of Historical Downtown Cloverdale that takes you to 36 locations that were part of Cloverdale's history. Titled 5000 Steps to Times Gone By this Walking Tour gives you pictures, and stories of buildings, people, places, and times gone by. Which is the oldest business building? Which buildings might be haunted? Who was the first female mortician in Cloverdale and

where did she practice? Where is an orange tree that is over 100 years old? Where did the Citrus Fair begin?

You can start or end your tour at the Gould Shaw house, the oldest documented home in downtown Cloverdale. Here you can walk through the home, enjoy a cup of coffee in the lovely garden, and walk through the History Center Museum to see the original bank vault, the old stagecoach, original tools used in farming, logging, and the wine industry, and our ongoing exhibits. The most recent limited exhibit presents unique (and not to be missed) baskets made and donated by Pomo Indians and provides information about the Pomo Indians and their culture.

Come pick up the walking tour brochure at the History Center, 215 North Cloverdale and begin your journey to the past.

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Kiwanis Annual Crab Feed

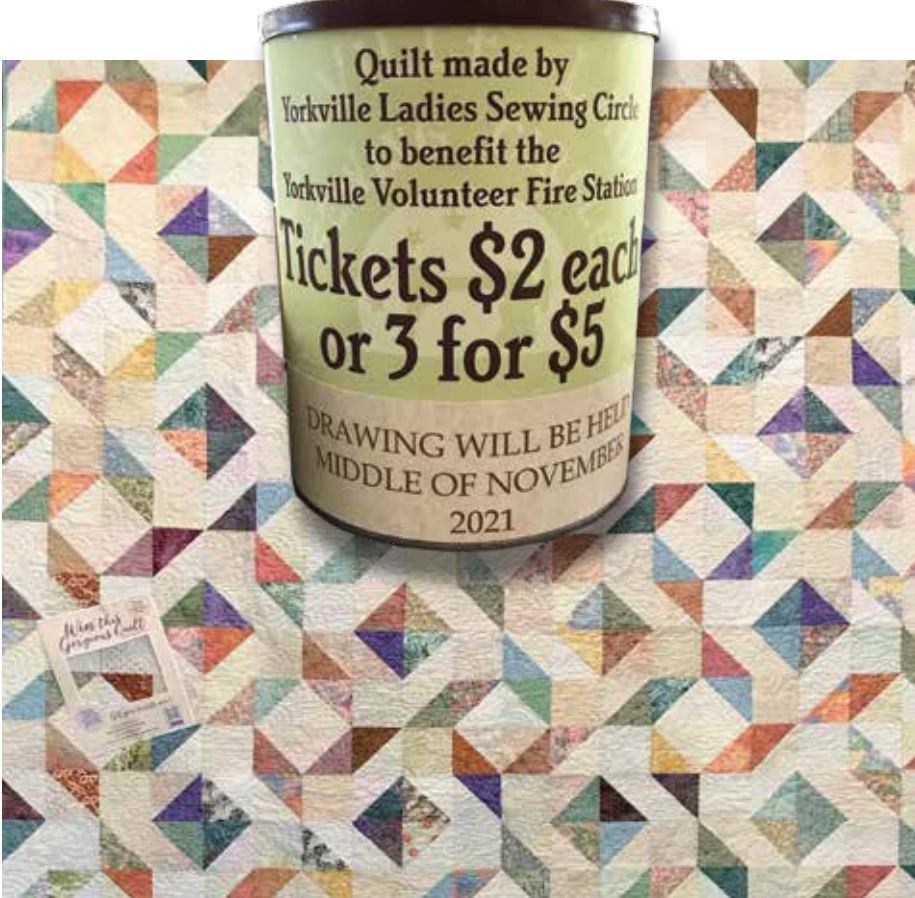
Sue Cummins

The Kiwanis Club of Cloverdale is sponsoring its 19th Annual Crab and Pasta Feed on Saturday, December 4th and everyone is invited. Due to the COVID-19 pandemic, the Feed for the second year in a row will be a “Drive-Thru” at the Cloverdale Citrus Fair from 4-7pm. Tickets are \$50 and this price includes cracked crab, pasta, salad and dessert. For an additional \$10, your dinner can also include a bottle of wine. Tickets must be purchased in advance, and they will most likely sell out early. Get yours today at the Cloverdale Citrus Fair, or from a Cloverdale Kiwanis Club member. You can also make a credit card purchase by calling Laurie at 707-328-2147.

The Kiwanis Club of Cloverdale believes strongly in the International Kiwanis motto, which is, “Kiwanis – Changing the world one child and one community at a time.” The local club is a group of volunteers dedicated to improving our community. We perform many hands-on service projects and raise funds to support our schools, scholarships, the Boys and Girls Club, 4-H, Scouting, children’s literacy and many other worthy causes. Proceeds from this event will be used to support our club’s contributions to the local community.

Quilt Raffle

The Yorkville Ladies Sewing Circle Raffle Quilt is now on display at Bolt. Tickets are available for the drawing to be held in mid-November. Help support the Yorkville Volunteer Fire Station.



Cooking With David

David Maciel

Sponsored by Ray’s Food Place

Cheesy Brussels Sprouts Au Gratin

Fresh Brussels sprouts are in season and I love this dish especially at Thanksgiving. It’s a great side dish with turkey or as an evening meal. Even picky eaters will like this one.

Skip the bacon if you are vegetarian

INGREDIENTS

5 slices bacon
3 tbsp. butter
2 small shallots, minced
2 lb. Fresh Brussels sprouts, halved
Kosher salt
1/2 tsp. cayenne pepper
3/4 c. heavy cream
1/2 c. shredded sharp white cheddar
1/2 c. shredded Gruyère

DIRECTIONS

1. Preheat oven to 375°. In a large oven-safe skillet over medium heat, cook bacon until crispy, 8 minutes. Drain on a paper towel-lined plate, and then chop. Discard bacon fat.
2. Return skillet to medium heat and melt butter. Add shallots and Brussels sprouts and season with salt and cayenne. Cook, stirring occasionally, until tender, about 10 minutes.
3. Remove from heat and drizzle with heavy cream, then top with both cheeses and bacon.
4. Bake until cheese is bubbly, 12 to 15 minutes. (If your cheese isn’t golden, switch oven to broil and broil 1 minute.)

Note: If you’ve never made this before, Brussel sprouts are in season...make this one. I sprinkle bread crumbs on in the last few minutes to give it some crunch

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