

Clouerdale Connect

Bringing our community together

Distributed FREE via USPS to almost 6000 households, businesses, and post office boxes in the greater Cloverdale area every month

September 2021





Editor's Note

Happy Fall Y'all! It's time for the 27th Annual Car Show on Saturday, September 11th and a chance to enjoy a pancake breakfast

at the Senior Center, a screening of Wayne's World at the "drive in" movies, along with all the usual festivities that accompany the event. While you're out on Saturday, drop by Good Shepherd Church and see their beautiful new stained-glass windows, check out the Skull Krusher at W Real Estate, and then go to Yvette Wendt Photography's grand opening celebration – you just might win a prize.

This September edition is packed with so much news and information that we have expanded to 20 pages to accommodate everything that's going on in Cloverdale. Hard to believe that a little over a year ago, Cloverdale Connect was just 8 pages – thank you to the entire Cloverdale community for supporting us and helping us grow.

Don't forget to vote by September 14th – just mail in your ballot to the Sonoma County Registrar of Voters. And in the meantime, do what you can to protect your health protect your health of your level ones.



Dr. Marc DeBerardinis and the Cloverdale Orthodontics team read **Cloverdale Connect** to keep everything "straight"!



Front Page Photo Contest Winner

Tami D'Angelo Congratulations! She won a \$10 Gift Card from

Rockin' A Adventure Cafe

95425

SAVE THE DATE

Cloverdale Car & Motorcycle Show Saturday, September 11 10 a.m. to 4 p.m.

Ribbon Cutting of the "new" Cloverdale High School John L. Allen Memorial Field Friday, September 17 at 7pm

Follow #shoplocalcloverdale tag @shoplocalcloverdale on Instagram.



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27th Annual Car Show, Cottage Industry Index, Oktoberfest, Skull Krusher, and more!



Check out the Pit Stop for beer, souvenirs, and raffle gift baskets!

FRIDAY, SEPT. 10

6:30-9:30pm

FRIDAY NIGHT LIVE

SATURDAY, SEPT. 11

8:00am-noon

Pancake Breakfast at Cloverdale Senior Center

10:00am-4pm

CAR & MOTORCYCLE SHOW

in Downtown Cloverdale

After the Show

Join the Alexander Valley Film Society for a twilight Drive-In screening of



generously hosted by The Cloverdale Citrus Fair.

For tickets: www.avfilmsociety.org/outdoorsummerseries

CORRECTION! August 2021 issue, page 7 "Local Rotary Tours Cemetery" - Edna Cobb Gorden was the licensed embalmer/mortician, not Francis Gordan. The only Cloverdale police officer killed in the line of duty was Constable Albert Crigler, not Albert Kilger.



INDUSTRY NETWORK

Bob Scott & Tim McDonald

Cottage Industry Index

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Bits & Pieces: Handcrafted wood Christmas ornaments & misc. woodcrafts. 707-894-2037 Lv. message. smokeybears-one@sbcglobal.net Carolyn Ramos

Cloverdale Cottage Garden: Handcrafted Soaps contact cloverdalecottagegarden@gmail.com, Facebook

Jean Hager Home: Soy wax candles blended with premium fragrance and essential oil. Hand crafted and poured here in Cloverdale. (707) 694-8494 Jeanmhager@hotmail. com, Facebook: Jean Hager Home

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104.9FM

EMPIRE

What is Going on at the Senior Center? **Melanie Hall**

Have you or a loved one tested positive for Covid? If so, you know how physically and mentally challenging it is to get through the 14 days and maybe longer of quarantine. The effects of this virus can be devastating and long-lasting. I believe that all who can vaccinate should. We need to do it for each other because we care about our community, county, state, country, and humankind. I am Covid weary, I'm tired of wearing my mask, but this is not over yet. So, for now, I am vaccinated, will get a booster when it is time and will continue to wear my mask because I care about you and me.

The Senior Center is working with the County and Curative to provide a test site for our community. Every Tuesday, 8:00-1:30, the Curative Mobile Unit is here for self-administered Covid testing. Curative recommends making appointments at Curative.com.

Visitors coming to the Senior Center must show proof of their vaccination, as it is a requirement to go inside the building. In addition, masks are required while in the building unless eating or drinking.

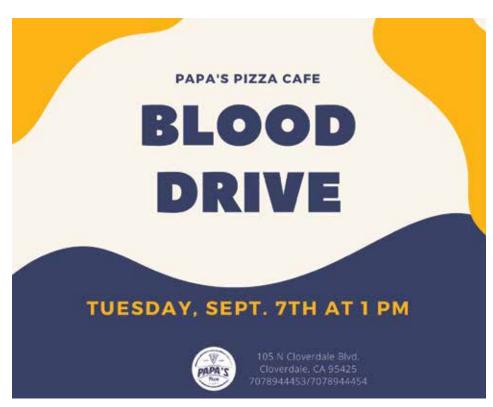
September 11, 8-12, the Center will be preparing a pancake breakfast to start your day off right before the Car and Motorcycle Show. Price is \$8, 10 years and up, \$5 for ages 4-9, and ages three and under are free. We hope to see you there.

On a very happy note, Senior Center member Ann Gillis will turn 101 years young in September. We are throwing her a party to celebrate on **September 14**, **4-6** p.m. Please RSVP by September 8.

September 24, 10-12, we will host a flu shot clinic here at the Center. Please call to reserve your appointment.

Ceres Community Project presentation will take place on Tuesday, September 28, 10-11. Ceres provides medically tailored meals to meet the nutritional needs of people with chronic and acute illnesses. Meals are free or low-cost, depending on your income level.

To find out more about any of these activities, please call the Center at 707-894-4826.



Cloverdale Library News

Donna Romeo

Sonoma County Library is here to help with your back-toschool needs. Are you a parent of a school-age child or restaurant, were sure to lose all their food supplies. Emptying children? A student yourself? Maybe you want to enrich your their freezers and refrigerators, they barbecued ribs and life and embark on your own personal learning journey. We've cooked nearly 300 pizzas in their parking lot, offering free food put together a list of resources that you may find useful during to anyone who needed it. In December of 2020, the Nixons, the school year and beyond! All you need is a Sonoma County including sons Elliott and Harrison, who also work at Papa's, Library card for access.

Want to know more or need help getting started? We are happy to help! You can apply for an eCard at sonomalibrary.org call us at (707) 894-5271, or better yet come staff members. We are open Mondays and Tuesdays from 12-7 and Wednesdays through Saturdays from 10-5.



Papa's Pizza - Michele Armanino

Have a hankering for a hot, bubbly pizza, juicy ribs, tangy chicken wings or a garden salad all made fresh from local ingredients? Papa's Pizza, owned and operated by Mike and Denaire Nixon, will satisfy your cravings. Cozy up to the bar, sip some local wines and sample beers on tap.

The freshest ingredients for Papa's menu are locally sourced by nearby distributors. "Our staff arrives every morning at 8 a.m., slices locally grown vegetables, makes fresh dough and our own marinara sauce." Denaire said. The result is a menu with a variety of scrumptious, soft crust Italian pizzas. To sip along with your pizza, Wilson, Mercury, Ramazzotti and J. Rickards are popular wine choices and, there are ten beers on tap, four of which are IPAs selected by Jessica Wilson, the restaurant's beer sommelier.

In 2015, the Nixons purchased the building that houses the restaurant's current location on N. Cloverdale Blvd. Twentytwo year old Mike acquired Papa's Pizza in 1993 when it was located on First Street. "It took one year to fix up the new location but we tripled our sit-down business," Denaire said. Ribs, wings and salads have been added to the menu. The restaurant now has a generator, a giant conveyor oven and a newly done patio for private parties featuring a unique metal lattice fence designed by Sam Beeson.

When the October 2019 fires dangerously encroached on Cloverdale, Denaire and Mike, without electricity in the through Facebook, raised \$5,000, matching donations, for the Cloverdale Food Pantry. In addition, they continue to support many of the children's sports programs in town.

"I want to thank the community of Cloverdale." Denaire in and get your personal library card from one of our friendly heartfeltly said. "Because of their support throughout the Pandemic, we were able to keep all our employees, because people ate pizza!!"

CLOVEREADY

Evacuation Guide

AN EMERGENCY SUPPLY KIT

Backpacks work great for storing these items (except food and water) and are quick to grab.

EMERGENCY SUPPLY KIT CHECKLIST:

- Three-day supply of non-perishable food and three gallons of water per person
- Map marked with at least two evacuation routes
- Prescriptions or special medications
- Change of clothing
- Extra eyeglasses or contact lenses
- An extra set of car keys, credit cards, cash or traveler's checks
- First aid kit Flashlight Battery-powered radio and extra batteries
- Sanitation supplies
- Copies of important documents (birth certificates, passports, etc.)
- Don't forget food and water for you and your pet!

ITEMS TO TAKE IF TIME ALLOWS:

- Easily carried valuables
- Family photos and other irreplaceable items
- Personal computer information on hard drives and disks
- Chargers for cell phones, laptops, etc.



REMEMBER THE SIX P'S

KEEP THESE SIX "P's" READY IN CASE IMMEDIATE EVACUATION IS REQUIRED:

- People and pets
- Papers, phone numbers, & important documents
- Prescriptions, vitamins, and eyeglasses
- Pictures and irreplaceable memorabilia
- Personal computer hard drive and disks
- Plastic (credit cards, ATM cards) and cash

3 & 4

PRE-EVACUATION PREPARATION STEPS

When an evacuation is anticipated, follow these checklists (if time allows) to give your home the best chance of surviving a wildfire:

OUTSIDE THE HOUSE

- Gather up flammable items from the exterior of the house and bring them inside (patio furniture, children's toys, door mats, trash cans, etc.) or place them in your pool.
- 2 Turn off propane tanks.
- 3 Move propane BBQ appliances away from structures.
- 4 Connect garden hoses to outside water valves or spigots for use by firefighters. Fill water buckets and place them around the house.

- 5 Don't leave sprinklers on or water running; they can affect critical water pressure.
- 6 Leave exterior lights on so your home is visible to firefighters in the smoke or darkness of night.
- 7 Put your Emergency Supply Kit in your vehicle.
- 8 Back your car into the driveway with vehicle loaded and all doors and windows closed. Carry your car keys with you.
- 9 Have a ladder available and place it at the corner of the house for firefighters to quickly access your roof.
- Seal attic and ground vents with pre-cut plywood or commercial seals.
- 11 Monitor your property and the fire situation. Don't wait for an evacuation order if you feel threatened and need to leave.
- 12 Check on neighbors and make sure they are preparing to leave.

INSIDE THE HOUSE

- 13 Shut all windows and doors, leaving them unlocked.
- 14 Remove flammable window shades and curtains. Close metal shutters.
- 15 Move flammable furniture to the center of the room, away from windows and doors.
- 16 Shut off gas at the meter. Turn off pilot lights.
- 17 Leave your lights on so firefighters can see your house under smoky conditions.
- 18 Shut off the air conditioning.
- 19 Locate your pets and keep them nearby.
- 20 Prepare farm animals for transport and think about moving them to a safe location early.

Copy courtesy of CAL FIRE.



Play Golf!



Many Cloverdale residents enjoy playing golf at Tayman Park and also the practice and learning facilities which include a year-round covered three-tier driving range. Local golfers like Raymond, Randy, George, Jeff, Jim, John, Pat and more have been often spotted on the course.

Located less than 20 miles from Cloverdale, Tayman Park Golf Course is home to huge oak trees, a challenging layout, diverse fairways and sweeping views of Fitch Mountain and the Dry Creek Valley. Golfers enjoy the tests and the challenges of the rolling terrain and undulating greens.

Pictured is Raymond Pesce at Tayman Park

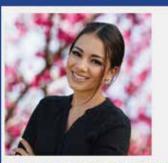


Livestock Powered Fire Hazard Reduction

Companies like Falk Livestock in Stewarts Point offer professional livestock services for large-scale projects. With a herd of over 600 Katahdin sheep that can be brought to your property for grazing - an effective method for fire risk management. They start with a minimum of 300-400 sheep for projects 50 acres or more and scale up depending on the size of the property, the amount available to graze, and the goals of the project.

Sheep and goats are an ecological-friendly way to reduce fire fuels in natural areas such as ranches, nature preserves, California State Parks, and rural communities. By preventing fuel build-up, targeted grazing can minimize the risk of fire hazard. Using livestock to eat grass, brush, and other foliage reduces the chance of a fire breaking out and means there is less fuel to burn, making any fire less intense.

Falk Livestock's sheep graze in a traditional 'mob' style with many animals grouped together. The herd eats between 30-70 percent of the biomass available in a pasture or field. As they graze, their hooves press a percentage of the biomass into the ground, allowing water to absorb into the earth and protecting the soil from erosion.



Tife is better with a plan! 707.894.3315
Alexa Woo Agency

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Auto | Home | Life | Business



Transmission Trouble?

One early sign of transmission trouble is the smell of burning transmission fluid, which indicates that the transmission is overheating. Transmission fluid not only lubricates, it also removes the heat of friction to an oil cooler (mini-radiator). Most automatic transmission fluids are designed to operate at about 175 degrees F. At higher temperatures, the fluid oxidizes, turns brown, and begins to exhibit a burning odor. As the fluid's lubricating qualities and friction characteristics become compromised, varnish begins to form on internal parts such as the valve body. In addition, rubber seals harden, leaks form, and the transmission begins to slip. In time, the clutches burn out, and the transmission fails. We know that a regularly scheduled maintenance is less money, time, and headache. That's why our ASE-certified technicians provide the preventative maintenance that can stop transmission trouble before it makes a big stink.

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CYNTHIA'S DOG GROOMING

Presents:

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Dog of the Month

Cloverdale Transportation Options



Sonoma County Transit provides local service in Cloverdale via Route 68, the Cloverdale Shuttle. The Shuttle operates Monday thru Saturday between the hours of 7:25am and 4:05pm. The route terminus is the Furber Ranch Shopping Center on South Cloverdale Blvd. The Shuttle connects the shopping center with the Kings Valley Apartments, the Senior Center, the downtown Plaza and adjacent residential neighborhoods.

The Cloverdale Shuttle is free for all riders under Sonoma County Transit's "Fare-Free" program. The Cloverdale Shuttle's "Fare-Free" program is subsidized by the City of Cloverdale.

In addition to local service, Sonoma County Transit's Route 60 provides intercity service that connects Cloverdale with Healdsburg, Windsor and downtown Santa Rosa where transfers to other Sonoma County Transit Routes, local Santa Rosa CityBus services and regional services provided by Golden Gate Transit can be made. Route 60 operates on a daily schedule.

Fares on Route 60 are zone-based and vary between \$1.50 & \$3.00 for adults, \$1.25 to \$2.75 youth and \$0.75 to \$1.50 for seniors.

Sonoma County Paratransit provides paratransit services, in accordance with the Americans with Disabilities Act, during the same hours and days as Sonoma County Transit's fixed-route service. Local and intercity paratransit services are provided in Cloverdale.

For more information on ADA paratransit services and Sonoma County Paratransit, contact Sonoma County Transit's ADA paratransit coordinator at 707-585-7516.

In addition to cash fares, Sonoma County Transit provides several transit pass options, including the regional "Clipper" card.

Let's Travel Craig Clark

As restaurants and other businesses are starting to request proof of covid vaccination, here is a link to a CA government website for a QR code (shows proof of vaccination) that can be emailed to you: https://myvaccinerecord.cdph.ca.gov/

Now that cruises have started again here's a list of essentials not to forget to pack:

A power adapter, a power strip for multiple devices, chargers, a basic first aid kit with band aids, emergency contact list, hand sanitizer and wipes, medications, masks, ID (very important), vaccination card, ziploc bags, snack bars/packs, and a sweater.

Money-Saving Tips from a Flight Attendant

Fly First, Not Last – When flight attendants travel on stand-by, they generally try to get on the first flight of the day, and you should too. It may be early, but these flights are usually cheaper because fewer people voluntarily pay to wake up and travel to an airport before 7 a.m. If you're looking to arrive on time, choose the first flight of the day for that specific airplane. Chances are it remained overnight at the airport, therefore your plane is already in position for your flight. Airlines try extremely hard not to delay an aircraft's first flight of the day because it'll cause a ripple effect for all of the flights that specific airplane will operate for the rest of the day.

Miles Aren't Just For Round Trip Tickets

One of the biggest perks of joining an airlines' loyalty program, aside from earning elite status, is the ability to accrue miles that you can cash in for free flights. Over the past few years, the industry has drastically changed how those miles are earned, dropping the one mile earned for one mile flown formula and transitioning to miles earned per dollar spent. However, when it comes to redeeming those miles, everyone is on an even playing field. The most common thought is to exchange miles for a free round-trip ticket, but many don't realize you can use your miles for a 50 percent discount on a round-trip reservation.

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Eagle Pride Booster Club, Inc. A Non-Profit 501 (c) 3 Organization P.O. Box 571, Cloverdale, CA 95425 Tax EIN #01-0819485

Eagle Pride Boosters Club 2021 - 2022 MEMBERSHIP FORM

Name: _____ Email: _____

Address: ____ Phone Number: _____

CHS Alums please note the year and name of family graduate/s:

SUPPORTER LEVEL:	LEVEL:	AMOUNT	AMOUNT DUE:
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	Silver Member: Website & Outside Gym Banner.	\$100	
	Gold Member: Website & Outside Gym Banner.	\$250	
	Football Banner: Individual Logo Banner at Games	\$300	
	Basketball Placard: Individual Logo Placard in Gym	\$200	
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	Other Amount of Your Choice		

[] I would like to help or become a member of the board.

Please make checks payable to: Eagle Pride Boosters Club and mail to the address below: Eagle Pride Boosters Club PO Box 571 Cloverdale, CA 95425

Thank you for supporting the Eagle Pride Boosters for the 2021-2022 season!

Please contact: eagleboosters@sbcelobal.net with questions.



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3351 Tenth Street, Clearlake ca 95422 Amber Ann Lapine

Whisker Talk

Brigid Wasson

"Helping pet lovers live their best life"

"Fire Season" is an unfortunate reality in today's world. Are you prepared? Here are five tips to help keep you and your pets safe.



- 1) Personality Knowing your pet's personality will help you better plan an evacuation strategy. Skittish dogs and cats will hide and be difficult to catch at the last minute. Keep them confined if evacuation is a possibility.
- 2) Supplies Stock up ahead of time. Remember the crazy lines at the gas stations and the empty toilet paper shelves at every store? Have an easy to access stash of pet food, meds, water, and anything else you may need.
- 3) Identification SUPER important as pets can become lost in the confusion of disasters. A collar with ID tag and registered microchip will increase the chances of your pet being returned to you.
- 4) Transport Does your pet travel well? Cats must be in a carrier, and dogs should be in the cab or in a secure crate in the back of a truck.
- 5) Location Arrange a place to evacuate now before disaster strikes. Ask a friend or relative in a different area if you and your pets can stay in the event of an emergency.



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Meet World's Youngest Pro Monster Truck Driver Beverlee Laird



Thirteen-year-old Shane Plato, "Skull Krusher", from Cloverdale has been amazing crowds at shows, mostly in California, since he was 5 and driving a 1/3 scale truck. After driving a ½ scale truck for several years, with the support of his parents Charlene & Lee Plato, owners of Healdsburg Collision, Shane advanced to a full-scale truck in June at a show in Santa Maria. At his recent show in Chico, he performed a "stoppie" after coming over a jump, placing the truck upright on the two front tires. Of course, the crowd loves him especially the kids! Before many of the shows they have "pit parties" where you can see the trucks up close. His impressive truck is a 10,000 pound behemoth with 1,500 horsepower and 5 ½ ft tall tires! Shane always has a line of families wanting to meet him & get an autograph. When he's not driving his truck doing wheelies, stoppies, and wowing the crowds, Shane enjoys hanging out with his friends, playing football, baseball, and basketball. Stop by the W Real Estate parking lot, at 114 Lake Street, during the car show on September 11 to meet Shane and see his truck "Skull Krusher".



Red Foods: Healthy for the Heart Gina Berry, MS, RD, CLT

Last month we talked about eating a rainbow of foods to get a variety of nutrients to help keep you healthy. Vitamin A, for example, is orange and is found in carrots, mango, papaya, and apricots. This month we focus on red foods such as tomatoes, red bell peppers, watermelon, strawberries, cherries, and raspberries. Red fruits and vegetables contain phytonutrients called anthocyanins and lycopene, which give them their red hue. These phytonutrients reduce inflammation, fight viruses, protect against heart disease, and improve the immune system. Phytochemicals found in red foods also help safeguard against prostate, cervical, and lung cancers. Anthocyanins are powerful antioxidants that offer antimicrobial and anti-inflammatory effects. Lycopene is especially useful as it can help the body move fat away from the intestines and blood vessels, keeping it away from the heart. Red foods are not just the color of your heart, they help protect it too! The bioavailability of lycopene is actually enhanced by cooking, so be sure to include a little marinara sauce or salsa roja in your meal planning! Remember to eat the rainbow everyday so that you can boost your immune system and protect your heart.



Cloverdale Car & Motorcycle Show Returns Mary Jo Winter

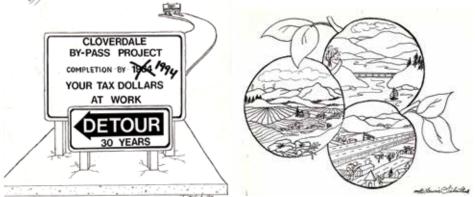
The **27th Annual Cloverdale Car & Motorcycle Show** is slated to run from 10 a.m. to 4 pm. on Saturday, Sept. 11 in downtown Cloverdale.

Did you know the opening of the Cloverdale Bypass was the impetus for this popular annual event?

Three days before the official ribbon cutting ceremony on March 2, 1994, pedestrians, horses, llamas, bicyclists, roller skaters, skateboarders and others were invited to stroll up and down the northbound lanes of the soon-to-open highway for several hours. The southbound lanes were reserved for a small parade of antique automobiles.

After having Highway 101 cut through the center of town for so many years, it was time for a celebration. Originally dubbed "Take Back the Street," the name was soon changed to the "Cloverdale Street Celebration," with the first event taking place two weeks later on March 15.

The Chamber sponsored a contest to find an appropriate logo for t-shirts commemorating the event. Laurie Siebenthal submitted the winning design (right below), which highlighted the area's amenities, like vineyards, the river, the Geysers, and the new highway going around town, while Al Delsid's limited edition tongue-in-cheek design pointed out the "30-year detour."



The original all-day celebration included a Car Rally between 1st and 3rd Streets, a Sidewalk Art Show, Merchant Sidewalk Sales, Karate Demonstrations, Face Painting, Bingo, a Dunk Tank, Farmers Market, Food, Beer & Wine Tasting, Storytelling & Puppets, an Oklahoma skit and music, music, music.

Over the years, as the event grew, the name was changed again to the Cloverdale Car & Motorcycle Show.

This year's celebration begins with a **Pancake Breakfast** from 8 a.m. to Noon at the Cloverdale Senior Center and ends at the Citrus Fair with the Alexander Valley Film Society's twilight Drive-In screening of "Wayne's World."

Visit cloverdalechamber.com and avfilmsociety.org for more information.

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Railbiking on the Skunk Train Route

In the early 1880s, lumbermen C.R. Johnson, Calvin Stewart, and James Hunter joined together to expand timber operations in Mendocino County. By 1885 the Fort Bragg Railroad was formed to make transporting lumber easier and played a vital role transporting families and workers who set up logging camps along the route.

The nickname "Skunk" originated in 1925, when motorcars were introduced. These single unit, self-propelled motorcars had gasoline-powered engines for power and pot-bellied stoves burning crude oil to keep the passengers warm. The combination of the fumes created a very pungent odor, and the old timers living along the line said these motorcars were like skunks, "You could smell them before you could see them."

California Western Railroad was initially operated as a division of the Fort Bragg mill (Union Lumber Company, Boise-Cascade). In the mid-1960s, Arizona-based Kyle Railways began managing the railroad and purchased it in 1987. In August 1996, a group comprised entirely of local Mendocino Coast investors purchased California Western, marking the first time in its 111-year history that the line would be operated as an independent business. Today the Skunk Train is owned and operated by Mendocino Railway.

Electric-powered and virtually silent, the custom-built, patent pending, two-person railbikes breeze along the world-famous Redwood Route, along scenic Pudding Creek, over majestic wooden trestle bridges, and into the heart of the ancient redwoods of Mendocino County.

Disembark at Glen Blair Junction for a 50-minute layover to enjoy a picnic or hike deeper into the redwoods. The Railbikes Explorer Package includes fare for two people on a side-by-side railbike, with a certified guide leading you on the historic Skunk railroad from the coast to Glen Blair Junction. It's a one and a half or two hours round trip starting at Fort Bragg.

The new train and railbike calendar is now online www.skunktrain.com so begin planning your trip now to explore the world-famous Redwood Route. The Skunk Train continues to observe best practices for sanitization, social distancing, and mask adherence aboard both the trains and railbikes, and will always prioritize the safety of staff, guests, and community.



Cloverdale Chamber of Commerce President Erin Mewes on a recent railbiking adventure

$\overline{J_{F_{\!\!D}}}$

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Cloverdale Interact Club



Members of the Cloverdale Interact Club were on hand to greet new and returning students at the annual Cloverdale High School Roundup. The Roundup is an orientation and familiarization program as the start of school approaches. Interact is for high school students who

put service high on their agenda. Rotary's Robert Redner (standing) joined the Interact members.

Interact members worked on the Little Library at Kleiser Park, honored essential workers during the shut down and worked on Russian River cleanup.

Insurance Moratoriums Stall the Escrow Process Anne Miserlian Baker

As we get further into fire season, we risk the threat of insurance moratoriums. What does this all mean to you? This means if you are in the middle of purchasing a home (in escrow) then a moratorium could add days and weeks to your closing. The seller may not be willing to wait.

What is an insurance moratorium? If there is a wildfire in your zip code, chances are high that insurance companies will stop issuing policies. Consequently, if you are in the middle of buying a home and your insurance agent hasn't bound your policy, you will not be able to close escrow until the moratorium has ended.

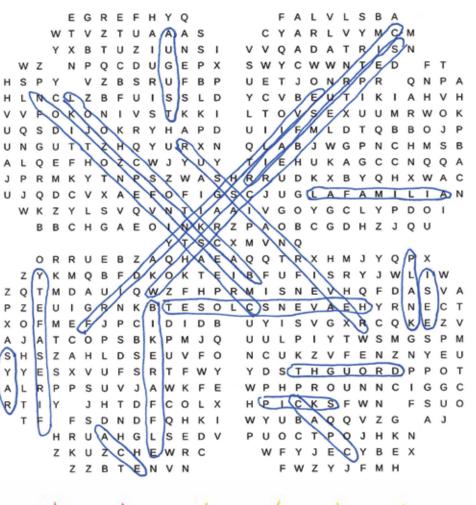
What can you do to prevent the stall of your home purchase? Purchase homeowners insurance as soon as you are in contract. You can bind your insurance policy ahead of time with a future effective date to take place on your scheduled closing date. Binding insurance is a promise of insurance by the insurance company. Ask your insurance agent or your lender for the binder.

If you do not get your insurance bound ahead of time and a moratorium is put into place, an appraiser will need to return and confirm the house is still standing after the moratorium has ended. This can add a week or more to your anticipated closing date.

It's very important that you stay in contact with your real estate agent and ask lots of questions.

Homeowner Tip: Review your homeowners insurance policy with your insurance agent because rebuilding costs have gone up significantly within the last 12 months.

Word Search Solution for August Puzzle





Congratulations to Mark Grandy winner of Second Life Bicycle Rescue bike raffle sponsored by erin mavis clothing and Cloverdale Connect! money raised went directly to provide FREE bicycles, renovated by David Maciel, for children in need. Mark Grandy has generously donated the bike he won to be raffled off on Saturday September 11th during the Car Show Pancake Breakfast at the Cloverdale Senior

Multipurpose Center, with all proceeds benefitting CSMC. (pictured are Erin and David)



Important Phone Numbers

Keep important Cloverdale phone numbers at your fingertips by displaying this FREE magnet in your home or business. info@cloverdalconnect.com

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Pizza the Way it oughta be!

What's Rockin' in the Coffee Business?

Michele Armanino

Relax, there's no danger involved when you drive up to the jungle themed Rockin' A Adventure Café at 1313S. Cloverdale Blvd. No chance of getting bitten by a viper or dangling perilously off a cliff while falling into a booby trap! You are just going to experience some very tasty coffee and tea drinks.

Five years ago, Trevor Ambrosini, twenty-six, moved from Humboldt County to Cloverdale to help his dad, Earl, a general contractor, build the existing gas station on the open lot at So. Cloverdale Blvd. The proprietor of the gas station wanted a donut/coffee shop on the premises and Trevor had always hoped to own a themed business. Enter Ambrosini with his self-constructed, brown-shingled, adventure-styled mobile trailer, ready for action!

Ambrosini's great grandparents emigrated from Italy to Ferndale to start a dairy farm. To brand their cows, they used an iron with an imprinted "A" that sat above two curved lines resembling a rocker. Trevor honored his grandparents by naming his café, The Rockin' A Adventure Café.

"When we started the cafe, we thought we would mostly attract travelers off the freeway. But ninety percent of our customers are locals. One lady enjoys her daily triple shot, white mocha banana lattes so much that another customer thought we should name the drink after her!"

"It's not just about the coffee," Trevor pointed out. "Even though it's only three minutes out of your day, it's all about the experience. Buying coffee should be the least stressful thing that you do on a daily basis. What makes our Café inviting is that we offer as many as fifty coffee and soda flavors. You could actually have a different drink every day of the year!" The Café's thoughtful drink menu also includes great choices for kids, including smoothies and Italian sodas. Some fun Halloween happenings are in Trevor's crystal ball, where cider chais and a mobile pumpkin patch will be included in the town's fall festivities. A themed family style restaurant is on his bucket list, too. Now, you just know that's going to be a Rockin' place!

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August Weather Recap for Cloverdale

Average High Temperature 90°F

Average Low Temperature 54°

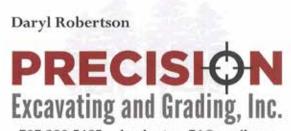
Total Rainfall 0.00 inches





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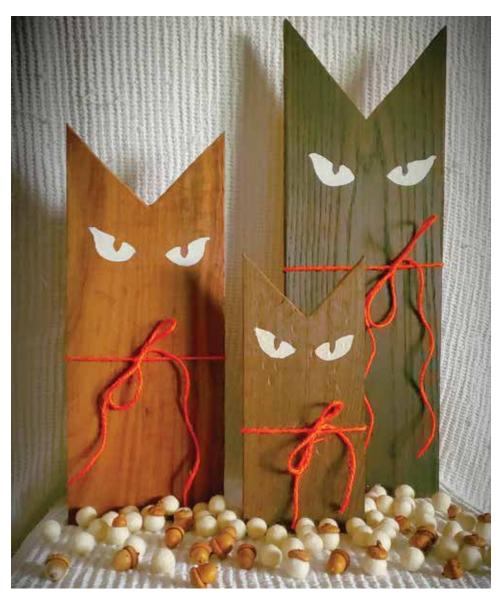
Call to enroll: 707-318-3951



The Creative Corner Christy Latchford

Once again, my mama is correct. The older you get the faster time flies. The first day of Fall is just around the corner and of course on its coattails the barrage of holidays we all love or dread. They arrive either way. I had not thought I would be putting a Halloween idea in September, but I find when walking my mama's dogs so many people have been doing house upgrades throughout time at home due to Covid and there a treasure trove of wood scraps being put out for free.

Once school starts up any semblance of calm disappears, last minute supplies for Halloween can not only be pricey, they can also be hard to come by if one waits too long. I will go ahead and make a guess that if you are reading this you are most likely an adult and so I figure why not throw out a fun idea ahead of time when one can pick up parts needed by walking around, scraps from projects left in the garage or pallet pieces.



A simple piece of wood with a notch cut out can be fashioned into a spooky or sweet cat and kiddos can paint the eyes themselves or cut out and glue felt. If indoors that is all that is needed for simple and cool decor and if you would prefer outside on the porch? Either coating with spar urethane or Shou Sugi Ban as I did on the tallest cat (which is actually white oak) will keep it safe for outdoor uses over the years. Let us also not forget nature's gifts to us; acorns! Intact they scream FALL, just finding the hats? They can easily be glued to felt balls and up the Fall vibe. Upcycled, festive and fun!



The Cloverdale Rotary Club welcomed three new members recently: Al Myers of Edward Jones, Alexa Woo of Farmers Insurance and Debbie Howell of Alexander Valley Healthcare are greeted by Membership Chair Ann Elston as President Jim Novak looks on.

Dress Up Time



something for everyone

Beautiful hand-made gifts, locally made in Humboldt by a momma who grew up in Cloverdale.

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FOR ANY QUESTIONS PLEASE CONTACT YVETTE AT 707-483-2571

Cloverdale Memories Gary Murray

I'm a long-time resident of our little town. My Family started West in 1811 from up-state New York and my Great Grandparents arrived in Cloverdale in 1855, My other Grandparents went on to Yorkville and Anderson Valley. Anderson Valley was named after them per the Anderson Valley Historical and a book they have on the History of Anderson Valley.

Growing up in Cloverdale in the 60's was priceless. We always found something to do.



Pictured are me and my buddies in August of 1965. Deer Season had just opened. We would cruise town all day long on the week-ends. From where the Owl Cafe was to Foster Freeze (now Goodwill) Bottom left is Frank Kenney, top left Jeff Wolfe, right top me Gary N. Murray, below me Leon Evans and a HUGE ELK HEAD. Frank's dad owned Joe's Bar where the Plaza is now. He had this Huge Elk

Head hanging above the Bar. We took it down one weekend, put it in the back of a Jeep along with our rifles. We even put a Deer Tag on it. We covered it up with tarps making it look like we just killed this HUGE DEER - never mind that someone had spray painted one eye silver and also his nose silver as it hung in the bar. Off we went cruising. First turning around in the Owl so people would see this huge deer we had killed. But just as they got close enough, we took off through town to Foster Freeze. We had no cell phones or computers. Just an AM radio listing to KFRC 610 Doctor Donald Rose DE JAY.

The bottom photo is of Cloverdale late 20's early 30's. It would cost you \$5.00 if you drove across Preston Bridge faster than a man could walk. It was a covered bridge too.





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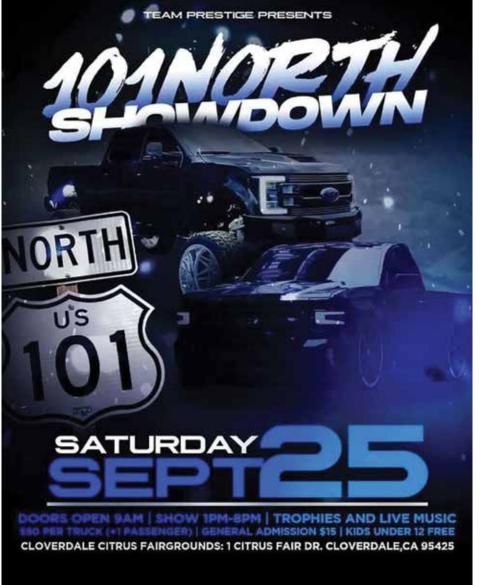
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Lynmarie Hoyer has been a Rotarian for more than 25 years, participating on many local and international projects. The restoration of Kleiser Park ten years ago was just one of the many Cloverdale Rotary initiatives. Her dog, Ollie, helps out by carrying the container holding bags for pet waste.

13th Annual Asti Tour de Vine October 9, 2021



Join your hosts, Cloverdale Rotary Club, for the 13th annual Asti Tour de Vine, a **25k**, **50k**, **100k**, **100m** (century) bicycle tour. The tour takes place Saturday October 9, 2021 in Northern Sonoma County, California's breathtaking wine country

and is hosted by the Cloverdale Rotary Club. We have many rides to choose from, including the easy carefree 25k for the beginner rider and our extreme 100 mile challenge we call the Rockpile Rumble. The additional out and back 25 mile journey will get your heart pounding and your thighs burning as you climb nearly 2,000 feet, enjoying the breathtaking views of beautiful Lake Sonoma. Along the way, enjoy our harvest-themed rest stops and healthy foods and snacks which are included with your registration, SAG support too. At the end of your ride, a bountiful luncheon, prepared by the Cloverdale Rotary Club and served with wine, awaits you in Cloverdale on the grounds of the Historic Mount Carmel Church, about 100 yards north of the Asti Winery. This delicious bountiful lunch is included in each riders paid registration. Additional lunches can be purchased for \$35.00 for family and friends during the online registration process. The Rotary Club of Cloverdale will adhere to Sonoma County Public Health Dept. guidelines in place at the time of the event. Register on line at https://www.astitourdevine.com/

Washington Middle School Breakfast

Washington Middle School is now serving breakfast at the students' morning break. As a reminder Breakfast and Lunch is free to all students. Welcome back to school!

4H Looking for Volunteers

Harvest 4H (Cloverdale) is looking for adult volunteers to lead project groups or provide instruction to kids on a "guest speaker" basis. Specifically looking for a volunteer with Archery experience to lead our Archery Project Group. Volunteers must be able to enroll in 4H, take volunteer training, and be fingerprinted. For more info: email Harvest.4H@yahoo.com



contagious, more

than 2x as

contagious as

previous variants.

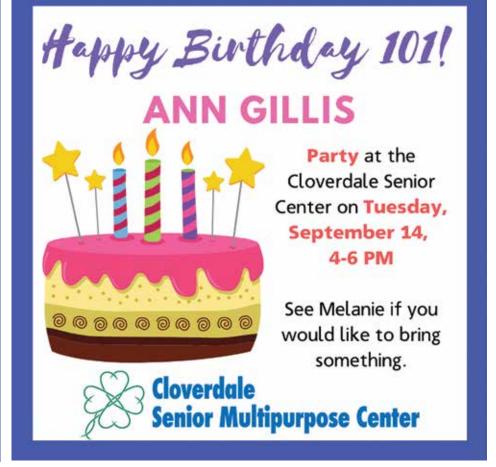
Per the CDC website

TUESDAYS 8 AM - 2 PM

available but appointments are

recommended. Curative.com

Some walk-up tests are



Elvia Osnaya Receives Rotary Award



Cloverdale Rotary President Jim Novak recently presented a fourth Paul Harris Award to Elvia Osnaya. The award recognizes individuals who contribute or have contributions made in their name of \$1,000 to the Rotary International Foundation. The foundation supports ending Polio forever, providing clean water and sanitation, supports education and protecting the environment, among other things.

Congratulations to Cloverdale Businesses

In a recent "Reader's Choice" survey in the daily Santa Rosa newspaper, these Cloverdale businesses placed high in the" Best of Sonoma County" ratings:

Norcal Skydiving Vine Ridge Senior Living Erin Mavis Clothing Dahlia & Sage Community Market Erica Bishop/State Farm Ins. Jules Stove & Chimney Works





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Citrus Fair CEO Moving On

Katie Fonsen Young, chief executive officer at the Cloverdale Citrus Fair since 2017, is leaving that position to become the new executive director of the John Jordan Foundation. "I've appreciated the opportunity to work with the Cloverdale community for the past four years," remarked Katie.



Saturday, September 18th, 10 AM - 2 PM

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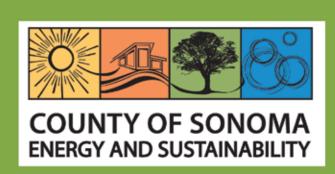
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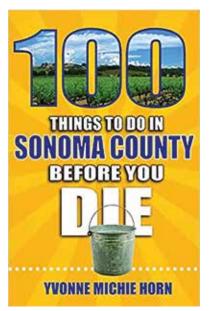
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Insider Guide to Sonoma County Activities



Harness up and zip through a redwood canopy, view all 21 California missions in one day, get buried up to your chin in a relaxing bath of hot cedar shavings with 97 more items to do as you make your way through 100 Things to Do in Sonoma County Before You Die. From its stunning wave-dashed shoreline to its lush vineyard-quilted valleys, along the way you will discover that world-class wine with food to match is just one aspect of what this beautiful and bountiful part of the world has to offer. Try out a roving cooking class at Rel-

ish Culinary Adventures or enjoy an unforgettable meal at a Michelin-starred restaurant in an 1873 farmhouse. Applaud musicals and dramas at the 6th Street Playhouse or explore the great outdoors and watch for whales at Bodega Head. Pedal off through the countryside, paddle a ribbon of river, enjoy a wealth of cultural experiences all that and more as you turn the pages of 100 Things to Do in Sonoma County Before You Die. While not a guidebook in the traditional sense, resident and acclaimed travel writer Yvonne Michie Horn as insider guide, this book invites a nooks-and-crannies exploration of the entire county.

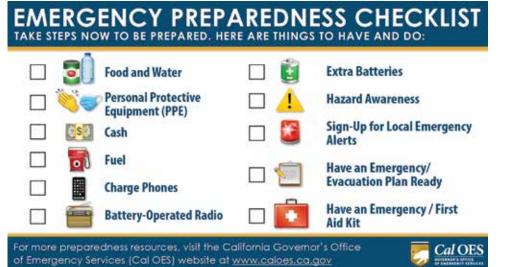
Travel writer and photographer Yvonne Michie Horn makes her home in Sonoma County, where her family has lived for three generations. She has written for **Bon Appetit**, **Golf Digest**, **Quarterly Review of Wines**, and metropolitan newspapers across the United States, including the **Los Angeles Times** and **San Francisco Chronicle**. She has won two Lowell Thomas Awards (considered the Oscar of travel writing); is a member of the **Society of American Travel Writers**, **Bay Area Travel Writers**, and **Garden Communicators International**; and maintains two websites, **WineryWeddingGuide.com** and **TheTravelingGardener.com**.



						CI	2021/22 INSTRUCTIONAL CALEN OVERDALE UNIFIED SCHOOL D		
YEAR	M	T	W	Th	F			180	
JULY				1	2			Г	August 19, 2021 - June 9, 2022
2021	×	6	.7	8	9			١.	Non Instructional Days
	12	13	14	15	16			0	September 6: Labor Day
	19 26	20 27	21 28	22 29	23 30			ı	November 11: Veterans Day
AUGUST	20	3	4	5	6	Aug 10&11	Washington Round Up	⊢	November 22-26: Thanksgiving Break December 20-January 4: Winter Break
700001	ءُ ا	10	11	12	13		CHS Round Up	ı	January 17: MLK Day
l .	16	17	18	19		Aug 17	Jefferson Back to School Nt. (TK & K)	9	February 17 - 21: Local & Pres Holidays
	23	24	25	26		Aug 19	First Instructional Day	ı	March 21-25: Spring Break
	30	31				Aug 26	Jefferson Back to School Nt. (1st -4th)		**April 15: Emergency Day
SEPTEMBER			1	2	3	Sep 2	Washington Back to School Nt.	Г	**April 18: Emergency Day
	≫	7	8	9		Sep. 6	Labor Day Holiday	L	May 30: Memorial Day
	13	14	15	16	17			21	** Emerg. Closure Makeup Days: Instructional
	20	21	22	23	24			ı	days if emergency closures occur.
	27	28	29	30				┺	Jefferson School
OCTOBER	4	5	6	7	1 8			ı	TK-3rd: 8:10 - 2:20 / Wednesday 1:05
	11	12	13	14	15	1		21	4th: TBD / Wednesday 1:05 Trimester Grading Periods:
	18	19	20	21	22			141	1st Trimester End Date: November 12 = 61
	25	26	27	28	29			ı	2nd Trimester End Date: March 4 = 59
NOVEMBER	1	2	3	4	5			✝	3rd Trimester End Date: June 9 = 61
	8	9		×	12	Nov 11	Veterans Day	ı	TK & Kinder Back to School Night: August 17
	15	16	17	18	19	Nov 16-19	Washington Conf & Minimum Days	16	1st - 4th Back to School Night: August 26
	$> \infty$	XS.	28	285	26	Nov 22-26	Thanksgiving Break	ı	Parent Conferences & Minimum Days:
	29	30				Nov 30-Dec 3	Jefferson Conf & Minimum Days	L	November 30 - December 3 & March 16-18
DECEMBER			1	2	3			Т	Open House: May 26
	6	7	8	9		Dec 15-17	CHS Finals & Minimum Days	L	Family Day on the Green: June 1
	13	14	15	16	17	Dec 17	Districtwide Minimum Day	13	
	\gg	×Ç	*2	×	×			ı	Washington School
1441114 507	Ž,	×	28	×Ç	×	Dec 20-Jan 4	Winter Break	┺	5th-6th: 8:05 - 2:55 / Wednesday 1:15
JANUARY	~	×	5	6				ı	7th-8th: 8:05 - 3:00 / Wednesday 1:25
2022	10	11 18	12 19	13 20	14 21	Jan 17	Martin Luther King Day	18	5th - 8th Grading Periods: September 24
	24	25	26	27	28	Jan 17	Martin Corier King Day	100	1st Quarter End Date: October 22 = 46
l .	31		20	-				ı	December 3
FEBRUARY		1	2	3	-4			✝	2nd Quarter End Date; January 14 = 42
	7	8	9	10	11	Feb 14-16	Washington Conf & Minimum Days	ı	February 25
	14	15	16	×C		Feb 17	Local Holiday	17	3rd Quarter End Date: April 1 = 46
	\bowtie	22	23	24	25	Feb 18821	Presidents' Holidays	ı	May 6
	28	_	_		_			┺	4th Quarter End Date: June 9 = 46
MARCH	١.	1	2	3	.4	Mar 16-18		ı	Back to School Night: September 2
	14	8 15	16	10 17	11	Mar 16-18 Mar 18	Jefferson Conf & Minimum Days District Wide Minimum Day	18	Parent Conferences & Minimum Days:
		19	×3			Mar 21-25	Spring Break	100	November 16-19 & February 14-16 Open House: May 19
	28	29	30	31	$\overline{}$	mar 21-20	Oping break	ı	8th Grade Promotion: June 9
APRIL					1			✝	Cloverdale High School
	4	5	6	7	8			1	8:00 am - 3:15 pm / Wednesday 2:06
l .	11	12	13	14	> 5	Apr 15	Emerg. Closure Makeup Day	19	Grades 9-12 Grading Periods:
	14	19	20	21	22	Apr 18	Emerg. Closure Makeup Day	ı	September 24 = 26
	25	26	27	28	29			┺	October 29 = 25
MAY	2	3	4	5	6	May 6	Community Unity Day	1	1st Semester Ends - December 17 = 29
	9 16	10 17	11 18	12 19	13 20	May 10	Washington Ones Usuas	21	February 25 = 34 April 22 = 33
	23	24	25	26		May 19 May 26	Washington Open House Jefferson Open House	["	April 22 = 33 2nd Semester Ends - June 9 = 33
	200	31	20	20		May 30	Memorial Day	1	Finals & Minimum Days:
JUNE		*	1	2	3	Jun 1	Jefferson Family Day on the Gre	en	December 15-17 & June 6-8
	6	7	8	9		Jun 6-8	CHS Finals & Minimum Days	1	Community Unity/Min Day: May 6
	13	14	15	16	17	Jun 9	Last Day of School/Min Day	7	Graduation: June 10
	20	21	22	23	24			1	Districtwide Minimum Days
	27	28	29	30				ļ.,	December 17 * March 18 * June 9
								180	Board Approved: May 4, 2021



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Cloverdale Chamber of Commerce Business Member Benefits

- Referrals Chamber members' businesses receive preferred referrals
- **Special Publications and Lists** The Chamber publishes updated dining and shopping guides for the general public and visitors. They are also displayed in the outdoor kiosk in front of our office.
- Labels and Lists Affordable complete direct mailing opportunities available only to members only. We can supply our member directory to other members only.
- **Promotional Displays** Display your business cards and promotional materials in the Chamber office.
- Active Promotion Your business is promoted to other Chamber members, newcomers, established residents, and visitors who are encouraged to do business with you. We recommend you provide information to us so that we can include it with our monthly Welcome Bags hand-delivered to new Cloverdale homeowners (and renters, if landlords provide addresses to us.
- **Visitor Center** The Chamber office is also a Visitor Center, part of the Sonoma County Tourism Bureau; out-of-town visitors make inquiries about local businesses, lodging, dining, recreation, and shopping.

Advertising Opportunities

- On-line "Business Update" is sent to members on a regular basis. There is no cost to submit your business highlights which get distributed via email to member businesses.
- Online Member Directory This directory receives the second and third highest number of hits on the Cloverdale website! Your listing is linked to your website, if provided.
- Maps Periodically updated printings; events calendar and advertising spots or listings.
- **Sponsorships** of Chamber Activities, such as the Annual Car & Motorcycle Show.
- **Discounted Advertising Opportunities** Sonoma County Tourism Publications offers our members a discount.

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Courtney's Pumpkin Patch

"Visit Courtney's Pumpkin Patch and see how the memory of one teen comes alive each year."

On Saturday, October 2nd from 11-5 p.m. Courtney's Pumpkin Patch will take place outside in the lot next to Dahlia and Sage Community Market in Cloverdale.

Pumpkins and Gourds for sale in all colors, sizes and shapes including gourds and specialty pumpkins, Ooops the Clown with his amazing balloon twisting and magic show, Frenchy, the Face Painter, air brush tattoos by Ipolani, Photos with a Giant Pumpkin with Chelsea, Halloween candy and goodies, music, food, beer and wine. And, not to be missed: the silent auction featuring donations from the community, which includes wine, tours, restaurant dining, activities, spas, getaway packages and much more. New this year: local clubs, sports & non-profit organizations will have informational booths and sign-up sheets.

We thank **Dahlia and Sage Community Market** for their generous support to this community event, benefitting the Courtney Jade Davis Memorial Scholarship at CHS as well as local cancer patients. CPP is a 501© (3) non-profit tax-exempt charity. www.courtneyspumpkinpatch.com

In the spirit of this unique community, we hope you will be able to join the festivities.



Help Grandkids Prepare for the Future Alvin Myers and Dolph Green

Grandparents Day, Sunday September 12th,, is almost here. If you're a grandparent, you may want to use this day as an opportunity to think about how you can help provide for your grandchildren's future.

For example, you could establish a 529 education savings plan, which can be used to pay for qualified expenses at colleges and at some trade and vocational schools.

You could also open a savings account for your young grandchildren. And you can encourage them to add to it by offering to match their contributions. You might also want to establish a custodial account, known as UTMA or UGMA, which can be funded with most types of investments.

And when your grandchildren become young adults, starting out in the working world, you could offer to help them with a down payment for a house. They might also benefit from some financial advice and guidance, so you might want to introduce them to a financial professional.

By helping your grandchildren at different points on their road through life, you can make their journey more pleasant – and, in the process, you'll gain a lot of satisfaction, too.





Oktoberfest Is Coming Sue Cummins

Coming soon is an opportunity for the entire town to enjoy a fun filled day at the Citrus Fairgrounds. Saturday, October 2nd is the annual Cloverdale Oktoberfest.

The funs starts at noon and continues until 6pm. Food will be served from noon until 5pm.

This event is sponsored by the Kiwanis Club of Cloverdale and the Cloverdale Citrus Fair. There are activities for everyone in the family, including lots of vendors, live German music and so much more! There will be a "Kids' Zone" with plenty of fun activities for them to do. The featured band is the "Showcase Band of Sonoma". Their German music is upbeat and they have a huge following of fans who will tell you they are worth hearing!

Bear Republic is the beer sponsor and the Cloverdale Kiwanis are providing the wine. Kiwanis is serving the food, featuring bratwurst with caramelized onions, sauerkraut, German potato salad, dessert and beverage for \$12, purchased in advance at the Citrus Fair Office. Cost raises to \$15 on October 2nd. Children's meals include hot dogs, chips and drink for a mere \$5. Come in costume if you want and be prepared for some great family fun for all.





Help is available in Cloverdale again!

LegalAid will be in Cloverdale on the first and third Thursday of the month 10 am by appointment.

Contact Legal Aid for an appointment: Elder Hotline (707) 340-5610, Housing Hotline (707) 843-4432, General (707) 542-1290



311 N. Main Street, Cloverdale, CA 95425







FAMILY SWIM						
Mon/Wed/Fri	4:15-5:50pm					
Sat & Sun	12:15-4:30pm					

ADULT SWIM (ages 13+)

Tue/Thu 4:15-5:50pm Sat & Sun 4:30-5:50pm

COVID GUIDELINES/RESTRICTIONS:

As of August 3rd, the County of Sonoma has mandated that face cov erings are worn indoors by all, regardless of vaccination status. This includes the locker rooms at the pool. Face coverings may be removed when in the pool and while showering, Although not a legal mondate, the Sonoma County Health Officer recommends use of face coverings, regardless of vaccination status, in crowded outdoor settings.



POOL FEES

RESERVATIONS NOT REQUIRED

Family Swim Pass \$10

54

54

Day Pass:

Seniors 55+

Adults 18+

Youth Under 18



- REMINDERS: Pool closure policy - Pool will be closed in the event: Air temperature falls below 65 degrees
 Any unsafe conditions as determined by staff, such as: Lightning or thunder occurs
 - Unhealthy air quality: AQI greater than 150
 Uesafe pool chemistry or water quality
- Pool capacity Pool capacity depends on staff present, with a n of 25 swimmers per lifeguard on stand. Ge - Weekdays: max 25 swimmers - Weekends: max 50 swimmers in Family Swim max 25 swimmers in Adult Swim
- Lane lines are available during Adult Swim by request

Sonoma County Family YMCA +1111 College Ave+ Santa Rosa, CA 95404 707-545-9622 + Fax: 707-544-7805+ www.scfymca.org

707.894.6054 | 1215A S Cloverdale Blvd reddoorremedies.com

We are hiring! Red Door Remedies is currently searching for a Budtender to join our team.

Applicant must be 21 and older, able to pass a background screen, friendly, personable, well groomed, has a hands-on knowledge of cannabis in all of its forms, have prior experience working in cannabis, with cash handling and Treez familiarity a plus. This is a full time position to include weekends and pays \$15 an hour. This person will provide customer service in a kind and understanding manner, help with shop upkeep, sticker and stock products, count inventory, help set up and work onsite and offsite events and support other team members. Please submit a resume and cover letter to: lisavmstar.reddoor@gmail.com

Busting COVID Vaccine & Testing Myths

Myths abound regarding the COVID vaccine. Alexander Valley Healthcare (AVH), Cloverdale's wellness and primary care center partner, is here to bust myths and keep us all healthy. Here are the facts:

Boosters: As of 8/18/2021, the CDC recommends EVERYONE who had an mRNA vaccine should receive a third dose of the vaccine eight months after their second dose. For example, if you had your second Moderna dose in February, the earliest you're eligible for the booster is the first week in October. Pfizer and Moderna vaccines are both mRNA vaccines. Like a recipe, the mRNA vaccine instructs our bodies to recognize the virus and to make antibodies to fight it. You will likely be protected from the virus but if you do get it, symptoms will be lessened, or absent.

What about the Johnson & Johnson (J&J) Janssen vaccine? The J&J Janssen vaccine was released in the U.S. in March 2021. It is based on a harmless version of a different virus to deliver information to the body that helps protect you. No recommendation for a J&J booster dose has been released. Go to https://www.cdc.gov for more information.

Which vaccine should I get for the booster? Your third dose should be the same brand as the first and second.

Oh no, I forgot what brand of vaccine I got the first time! That's ok! All COVID vaccines administered in the state of California are registered in the state's vaccine database. Call or come into Alexander Valley Healthcare for your vaccine record.

Where can I get a booster? Various entities provide the public with boosters including AVH. Check for dates and times and schedule your booster appointment at: www.alexandervalleyhealthcare.org

You can still get a booster vaccine from AVH, even if you are not an AVH patient or did not receive your initial COVID vaccine from AVH. AVH is here to support our wonderful patients and community in conquering this pandemic.

Where can I get tested for COVID? Free testing at AVH is available by appointment for anyone. Call 894-4229 to request a COVID test appointment.

Visit www.alexandervalleyhealthcare.org for up-to-date COVID information.

COURTNEY'S PUMPKIN PATCH

October 2nd - 11 to 5 pm Dahlia & Sage Community Market 115 E. 2nd Street, Cloverdale

What to Expect

PUMPKINS, PUMPKINS, PUMPKINS Beer, Wine, Food & Music & Goodies OOOP'S and Friends Balloons, Face Painting, Magic Show Silent Auction Airbrush Tatoos Photos with a Giant Pumpkin Local clubs, sports & non-profit Information Booths

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Ready For School



Rotarians cleaned the lawn furniture at Cloverdale Kleiser Park as school is about to start. Rotary adopted the park ten years ago. Serving our community for 95 years: That's Rotary. Pictured are Bob Cox, Joan Tillman, Will Jopson and Bonnie Wlodarczyk.

Cooking With David David Maciel

Sponsored by Ray's Food Place

Creamy Lemon Chicken

This is a great sauce that has a very creamy texture without butter. It can be used on chicken, fish or veggies. I serve it with pasta or rice but a nice salad can work as well

Ingredients

Two chicken breasts boneless & skin off

1/4 cup olive oil

1/4 cup lemon juice

½ cup vegetable stock or water can be used

One large egg yolk

½ cup chopped garlic & parsley mixed well

Flour for dredging

Lay the chicken on a flat surface and cut horizontally and open the chicken like a book

Lightly salt and pepper each side then dredge in flour.

Heat the olive oil in a sauce pan large enough to fit the chicken comfortably. Place the floured chicken and brown on each side about ten minutes on medium heat making sure not to burn the flour.

Add the garlic & parsley mixture and veggie stock, mix well. Cover and simmer for ten minutes

While that cooks, add the egg yolk to the lemon juice and mix very well with a pinch of salt

Uncover the chicken and add the lemon mixture stirring to insure it mixes well. The sauce will start to thicken quickly. If is too thick add a little veggie stock. Let simmer for a minute or two.

fail and propel white-hot pieces of metal over the terrain.



road/trail contact throwing sparks.



may ignite grasses and brush.